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**New West Physicians Accepts
Million Hearts® Hypertension Control Champions Award**

*Recognizes physician group for efforts in national campaign
to prevent heart attacks and stroke through lower blood pressure*

DENVER – May 4, 2018 – New West Physicians has accepted the Million Hearts® Hypertension Control Champions Award from the U.S. Department of Health & Human Services (DHHS) for its efforts to save lives through better blood pressure control. The award was presented in a ceremony at New West Physicians’ Golden, Colo., administrative offices on May 3, 2018, by Laurie Konsella, MPA, Acting Regional Health Administrator, DHHS, Region VIII.

“It’s an honor for our organization to be recognized for our part in this important national initiative to improve health and save lives through blood pressure control,” said New West Physicians CEO Ruth Benton. “This demonstrates the important contribution that each employee and physician in our group makes to ultimately impact health care on a national scale. This also shows that a broad commitment to providing quality, affordable health care in a value-based setting can help improve outcomes and save lives.”

According to the CDC, nearly one in three American adults has high blood pressure, a leading cause of heart disease and strokes. Less than half of adults with high blood pressure have their condition under control, and millions more have high blood pressure that is undiagnosed or untreated.

Million Hearts is a national initiative led by the Centers for Disease Control (CDC) and Centers for Medicare and Medicaid Services (CMS) to prevent one million heart attacks and strokes in five years. The award recognizes health care Champions who implement patient care strategies to achieve blood pressure control rates of at least 70% or greater for their adult patients by using a variety of approaches. New West Physicians’ achieved a hypertension control rate of 83% and was one of just 24 national Hypertension Control Champions announced in 2017.

Serving nearly 200,000 metro Denver patients, New West Physicians uses an innovative, team-based approach to deliver high-quality, affordable care using proven treatments and technology while achieving high patient and physician satisfaction.

New West Physicians

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A summary of the specific steps that New West Physicians has taken and programs that it has initiated to continually improve blood pressure care and outcomes, as part of the Million Hearts Initiative is available by contacting Barbara Mahoney, Director of Marketing and Public Relations.

About the Million Hearts Challenge

The U.S. Department of Health and Human Services today launched an annual challenge designed to identify and honor clinicians and health care teams that have helped their patients control high blood pressure and prevent heart attacks and strokes. The Million Hearts Hypertension Control Challenge recognizes exemplary public and private practices and providers that achieve sustained hypertension control rates of 70 percent or above. The challenge was developed by the Centers for Disease Control and Prevention in support of Million Hearts, an HHS initiative aimed at preventing 1 million heart attacks and strokes by 2017.

About New West Physicians

New West Physicians, partnered with OptumCare, is the largest physician medical group in Colorado and has grown to 18 offices located throughout the Denver Metro area. All primary care offices are Patient Centered Medical Home (PCMH) certified Level 3, and all eligible providers are National Committee for Quality Assurance (NCQA) recognized for Heart/Stroke and Diabetes. In 2015, New West Physician was named the American Medical Group Association's (AMGA) Acclaim Award recipient, a recognition awarded annually to a medical provider that is deemed a premier role model for other health care delivery organizations nationwide. In 2013, New West Physicians received the Patient Centered Medical Home (PCMH) Best Practice of the Year Award by the Colorado Academy of Family Physicians Foundation. The highly-qualified group of board certified family practice and internal medicine physicians, hospitalists, and team of specialists are committed to providing excellent service to every patient...every time. To learn more, visit www.nwphysicians.com

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