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FALL/WINTER
2023-2024

SINCE 1978

- ◆ EAT
- ◆ PLAY
- ◆ RELAX



- ◆ Gourmet & Gluten Free
 - ◆ "Meat Cute" in the Catskills
 - ◆ Tap, Taste, Visit
- Out & About in
Catskill Country & More!

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- Plan meals ahead
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- Preparing healthy food and beverages

My Plate

- Eat foods from every food group
- Make half of your plate fruits & vegetables
- Make half your plate whole grains
- Vary your protein routine

Activity

- Add physical activity to your daily routine



**Call us to
arrange workshops
in your town!**

Delaware County Office for the Aging

Call the SNAP-Ed Coordinator at 607-832-5750

DelCoEatHealthy@gmail.com



*SNAP-Ed is funded by USDA's Supplemental Nutrition Assistance Program or SNAP.
This institution is an equal opportunity provider.*

Catskillcountry

FALL/WINTER 2023-24 • SINCE 1978

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Caban Company at the Hobart Exchange.

The unmistakable crackle of vinyl records has found new life, blending seamlessly with the historical backdrop of the Catskills.

In recent years, there's been a growing fascination with analog experiences, driving a resurgence in all things vintage, and vinyl records are at the forefront of this trend. Millennials and Gen Z, despite being digital natives, are among the most passionate collectors, with a desire for tangible experiences in a screen-dominated world.

Vinyl isn't just about the music; it's about the experience. Lowering the needle onto the record, the faint static before the music begins, the large, artistic album covers - evoke nostalgia, even for those too young to remember vinyl's heyday.

Vinyl records, with their characteristic grooves and iconic cover art, have long been emblematic of music culture. Their inception dates back to the late 19th century, with Emile Berliner's invention of the gramophone record, a flat disc that served as an alternative to Thomas Edison's cylindrical phonographs. Initially made from shellac, records faced challenges like short play times and fragility. It wasn't until the 1930s and 40s that the shift to vinyl, or more precisely polyvinyl chloride, became mainstream. The transition was revolutionary; not only were vinyl records more durable, but they also boasted better sound quality.



The 12-inch LP (Long Play) format, introduced by Columbia Records in 1948, became a game changer, allowing multiple tracks on each side and providing a platform for the concept album. Through the decades, despite challenges from cassette tapes, CDs, and digital music, vinyl has endured, even experiencing a significant resurgence in the 21st century. Its longevity is a testament to its unique sound quality and the tactile, immersive experience it offers listeners.

CATSKILLS SOUNDS

Independent record shops and vinyl lounges and restaurants are sprouting in the region, offering visitors a unique experience that combines the rich cultural tapestry of the Catskills with the vintage charm of vinyl records.

The resurgence of vinyl is more than just a trend, it's a return to authenticity. Digital music, with its convenience, has taken away the tangibility and ritualistic nature of listening. Vinyl



Caban Company at the Hobart Exchange.

brings that back, and in a place like the Catskills, it reinforces a connection to a time when life was more straightforward and genuine.

ward and genuine.

Local establishments are combining the vinyl experience with other offerings, like artisanal coffee shops where you can sip a latte while listening to a record, or vintage inns where rooms come equipped with a record player and a selection of classics. Another place, **The Print House**, 1070 Main Street, Fleischmanns in Delaware County, housed at the former Purple Mountain Press from which the bar derives its name, offers wine, food, cocktails and of course, music. If the doors are open, you can get something to eat. Find them on Instagram or Facebook, or call 845-254-3444. Open weekdays at 4 p.m. and at 1 p.m. on weekends,

If looking to start or add to a vinyl collection, visit:

Delaware County - Sounds Good Catskills at 119 Main Street, Andes, a used record store. www.soundsgoodcatskills.com

Caban Company at The Hobart Exchange, 645 Main Street, Hobart. Find them on Facebook and Instagram.

Ulster County - Everything Nice at 110 Canal Street in Ellenville, selling new and second-hand vinyl and books. Open Friday through Sunday. www.everything-nice.co

Greene County - Spike's Record Rack, a brick and mortar store at 395 Main Street, Catskill. spikesrecordrack.com 518-618-1311, spikesrecordrack@gmail.com



Participants in the 2023 Hobart Festival of Women Writers dance to Eddie Sauer's Mint Julep, performed by Ray McKinney and his orchestra, played on vintage vinyl at Caban Company, inside The Hobart Exchange.

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TAP, TASTE, VISIT

A Spirited Journey

The Catskills are not just for nature enthusiasts, but for those on a quest for artisanal libations. Craft beverage producers throughout the Catskills promise a spirited journey of discovery, delight, and delectable drinks.

Craft brewers and artisanal producers are inspired by the region's pristine waters and fertile land and have delved deep into the world of brewing, distilling, and fermenting.

Whiskey Wanderings

Start your journey with a visit to the **Do Good Spirits**, 10 Union Street, Roscoe, offering Bootlegger brand small batch bourbon from a mash of New York corn, rye, and malted barley, distilled

rich mouthfeel and lasting, complex tasting bourbon with every sip. Do Good Spirits, garage bar and eats and tasting room are located in a 1929 former firehouse and barrel house. *Sullivan County.*

dogoodspirits.com

Union Grove Distillery is a farm licensed craft distillery located at 4311 State Highway 28, Arkville. They offer Drie Brook Rye Whiskey, made from a mashbill of 75% rye and 25% malted barley. They offer an expanded spirit line of award-winning Vly Creek vodka, Catskill Mountain Maple Spirit, and FirGin. Flavors of the Catskills are found in every bottle. *Delaware County.*

uniongrovedistillery.com
or 607-287-0208.



Photo from Union Grove Distillery Facebook



photo from dogoodspirits.com

Do Good Spirits' building.

using time-honored methods in traditional pot stills. The bourbon is stored in white oak barrels to patiently await harvesting. The whiskey is not chill-filtered and delivers a

Mill, 34 Howell Street, Walton, is open Friday and Saturday at 3 p.m., with food truck fare. *Delaware County.*

awestruckcidlers.com

For more event details and latest listings go to www.CatskillCountry.com



photo from waysidecider.com

Wayside Cider, located at 55 Redden Lane, Andes, has found its home in two lovingly restored barns, tucked behind Main Street. You cannot only drink and take away bottles (or cases) of our cider, but, stay awhile and eat some farm to table food. Wayside carries a range of micro/farm/biodynamic beer, spirits, and wines from around New York state. *Delaware County.*

waysidecider.com

Strickland Hollow Distillery Tasting Room and Bottle Shop, 70 Main Street, Delhi, showcases the best spirits, ciders, beers and wines made throughout New York where you can taste everything they make at their distillery. Strickland Hollow offers spirits, wine, beer, cider and cooking classes, among other offerings.

stricklandhollowfarm.com

Beer with a Backdrop

A craft beverage trail is not complete without beer. **The Catskill Brewery**, 672 Old Route 17, Livingston Manor, offers just that with its selection of craft beers, each uniquely echoing the flavors of the region. Brewed with sustainable practices, every sip seems to contain the essence of the surrounding landscapes. The Catskill Brewery is a 7,050 square foot facility that houses two bev-

erage businesses – a state-of-the-art brewery, and an importer of organic fruit nectars from around the world. The 5,000 square foot brewery is a single-story steel structure with a central clerestory that brings in daylight throughout, and a dedicated grain milling room with dust capture filtration to ensure good air quality in the work environment. Food is also available in their tap room and beer garden. Known for their core beer line Devil’s Path, Ball Lightning and Nightshine, The Catskill Brewery offers a wide selection of beer with options for every palate. *Sullivan County.*

catskillbrewery.com

Muddy River Farm Brewery with locations at 15544 County Highway 23, Unadilla and 107 Winney Hill Road, Oneonta, offers farm-fresh craft beers brewed at the headwaters of the Susquehanna River with unique taproom experiences. Whether you want to chillax on the grass at their Unadilla taproom or hobnob with your pals at our new state-of-the-art brewery in Oneonta, Muddy River is a great place for friends and family to gather for all life’s occasions. *Delaware and Otsego Counties.*

muddyriverfarmbrewery.com

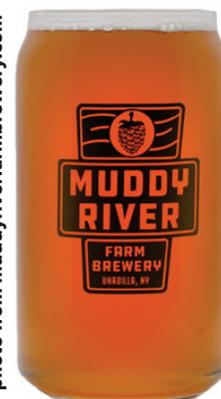
Catskill crated beverages offer a journey like no other. Amidst the stunning vistas, every crafted drink tells a story of passion, dedication, and an unwavering commitment to quality. As you sip your way through the region, you’re not just tasting beverages; you’re imbibing the very spirit of the Catskills.



photo from Catskill Brewery's Facebook

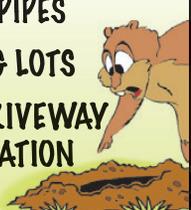
Mill Brook Ridge, pale ale.

photo from muddyriverfarmbrewery.com



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OUT & ABOUT

IN CATSKILL COUNTRY

The Out & About calendar of events is a (by county) list of events that were available at the time of publication. To check for weekly updated event listings please visit www.catskillcountry.com

DELAWARE COUNTY

**SATURDAY SEPT. 30,
SUNDAY, OCT. 1**

Annual Cowtown Scramble: Creamery Field Vintage Baseball Park, Bovina Center, 11 a.m. Saturday and 9 a.m. Sunday. Delaware County is home to three vintage baseball teams that play under the Delaware County Vintage Baseball Association (DCVBA). DCVBA offers opportunities to enjoy playing and watching 19th century-style baseball, connecting new generations to the tradition of baseball in Delaware County towns dating back to 1825. Vintage baseball (spelled more often as two words until 1896) is a loose term for amateur baseball played by the various rules, customs and equipment of the 1800s. Men and women play with wooden bats and in some cases no gloves, in period accurate attire to replicate the game as it was played during its formative years. Grab a blanket or chair and enjoy a game; all games are free. Times and games are subject to change and weather. www.delco-vintagebaseball.org

SUNDAY, OCT. 8

The Nude Party: A septet will perform at West Kortright Centre, 49 West Kortright Church Road, East Meredith. 4-6 p.m. Food and drinks served starting at 3 p.m. www.thenudepartymusic.com

MONDAY, OCT. 9

Several Species: Mycology and Herbalism Meet-Up: a chance for herbalists, mycologists, foragers, growers, medicine makers, and the curious to gather and talk. The group meets on the second Monday of each month, from 5-6:30 p.m., in person at Bushel, 106 Main St, Delhi, or on Bushel Zoom. For more information, visit www.bushelcollective.org/events/monthly-herbalism-club-online-2022-03-14

SATURDAY, OCT. 14

Delhi Polecats v. M.A.C.: Hamden was playing baseball before Crawford Field, off the intersection of Rt.10 and Launt Hollow Road, was transformed from part of a dairy farm into a baseball field in the 1940s. Admission is free, though a hat will be passed and donations are encouraged. Join us for the Polecats' first day in uniform in Hamden! T Parking is available on one side of Launt Hollow Road or SR-10 a short walk away. Refreshments will be served at some games, but bring a picnic or visit a local hot spot and bring something over. Crawford Field, Launt Hollow Road, Hamden. 12-4 p.m.

SUNDAY, OCT. 15

Delphi Trio: 3-6 p.m. First Presbyterian Church, 96 Main Street, Stamford. Reservations recommended; FOMAdmin@friendsmusic.org; 518.918.8003. By donation.

SATURDAY, OCT. 21

Trunk or Treat: Second annual Trunk or Treat at the Delaware County Fairgrounds in Walton. 11 a.m. to 2 p.m. melsteinbrech@gmail.com

SUNDAY, NOV. 5

Pumyua: (pronounced bum-yo-ah) a Yup'ik Inuit word meaning "encore" or "do it again." www.pumyua.com Roxbury Arts Center, 5025 Vega Mountain Rd, Roxbury. 3-5 p.m.

MONDAY, NOV. 13

Several Species: Mycology and Herbalism Meet-Up - a chance for herbalists, mycologists, foragers, growers, medicine makers, and the curious to gather and talk. The group meets on the second Monday of each month, from 5-6:30 p.m., in person at Bushel, 106 Main St, Delhi, or on Bushel Zoom. For more information, visit www.bushelcollective.org/events/monthly-herbalism-club-online-2022-03-14

SUNDAY, NOV. 19

Benedict Kloeckner, cello & Danae Doerken, piano: 3 p.m. at First Presbyterian Church, 96 Main Street, Stamford. Reservations recommended; FOMAdmin@friendsmusic.org or call 518.918.8003. By donation.

GREENE COUNTY

FRIDAY, OCT. 6

Ongoing - First Fridays Catskill Stroll: Main Street, Catskill. All-day community celebrations o. Shops are open late and offer specials like sips & snacks, pop-ups, music, discounts, and fun. Complimentary cocktails, mocktails and snacks from HANY's HARVEST to celebrate their recent rebrand from 5 - 7. From 7 to 8 p.m., gather for CAMP NOW vs CITIOT. Get seats for The Talent Showcase and Songwriter Salon at 8 p.m. Drinks, bites, tunes, singing and vibes all night. For more information email firstfridaycatskill@gmail.com

Catskill Mountain Maker Camp: Come make, learn, spectate; something for everyone, no matter your skill level. Science, ingenuity, and creativity for all ages; demonstrators from all over the world. 348 Sunside Road, East Durham. For more information visit blackthorneresort.com email info@blackthorneresort.com or call 518-634-2541.

SATURDAY, OCT. 7

Windham's 27th Annual Autumn Affair: Come celebrate fall foliage at the 27th annual Autumn Affair Columbus Day Weekend, Oct. 7 and 8 from 10 a.m. to 5 p.m. daily. A popular favorite bringing friends, neighbors and visitors together to celebrate the season amidst the beautiful Great Northern Catskills. More than 50 vendors on both sides of Main Street: local crafts and food in addition to many sidewalk sales and food specials offered. Live music both days from 1 to 5 p.m. For more information visit movingwindham.com

forward.com or call 518-764-3872.

16th Annual Gavin's Guinness Oktoberfest: Free admission. Outdoor heated tent & indoor pub. Beer truck, and live Irish music. Hours: Friday, 7-9 p.m. Saturday and Sunday: Noon to close. 118 Golden Hill Road, Cornwallville; gavin-sinn.com or call 518-634-2582.

SATURDAY, OCT. 14

2nd Saturday Trunk Sales: Catskill Trunk Sales at Bridge & Water St. parking lot. Cars \$10, trucks \$15. It's good to re-use all things - clothes, home goods, antiques, good craftwork, plants - all sorts of good finds. 48 Bridge Street, Catskill. For more info email CultivateCatskill@gmail.com

FRIDAY, OCT. 20

Halloween City and Oddities Market: Every year brings out an incredible group of like-minded souls with an incredible vendor expo/market, live entertainment and performances. Friday 5 to 10 p.m., Saturday 10 a.m. to 10 p.m., Sunday 10 a.m. to 5 p.m., 348 Sunside Road, East Durham. For more information visit blackthorneresort.com email info@blackthorneresort.com or call 518-634-2541.

SATURDAY, OCT. 21

Fall Vendor Festival: 10 a.m. to 3 p.m. sponsored by Green County Women's League; proceeds go to Green County Cancer Patients. Historical Catskill Point, 1 Main Street, Catskill. Vendors, food, raffles, entertainment. For more information call 518-965-4998 or email greene-countywomenleague@gmail.com

FRIDAY, OCT. 27

Halloween Karnival Bauernball Weekend: 430 Winter Clove Road, Round Top. For more information greathnortherncatskills.com or 518-622-3751. Traditional Halloween weekend fun for the entire family. Pumpkin carving, costume contests, trunk-or-treat, live entertainment, and a haunted house - a few of the activities to look forward to this weekend - Oct. 27 - 29. 348 Sunside Road, East Durham. For more information visit blackthorneresort.com email info@blackthorneresort.com or call 518-634-2541.

continued on page 13



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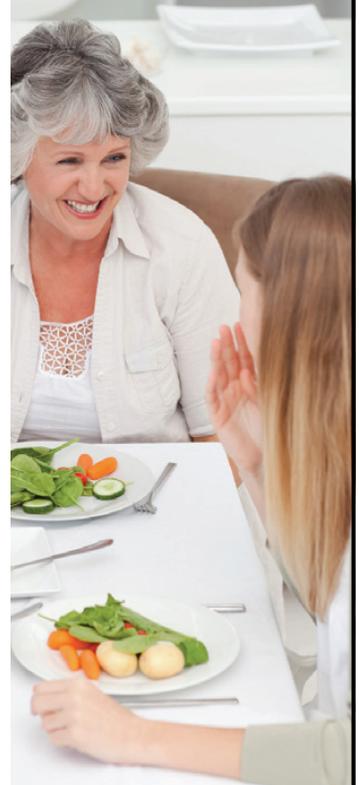
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Olivia – Walton, NY

SUNDAY, OCT. 29

Hudson at Catskill Open Team Tournament: Bob Murphy Memorial - Team Event. Bergen Bassmasters, Keitech USA, MegaStrike and the NYTBF. \$130 per boat includes Lunker and \$10 launch fee - payback 85% plus. Boat numbers assigned as applications received. Make entry fee check (\$130 per boat) payable to the Bergen Bassmasters. Registration check, signed application (boat and rider) and copy of boater's insurance must be received by Oct. 20, 7:30 a.m. to 3:30 p.m. 10 Main Street, Catskill. For more information visit facebook.com/bergenbassmasters/about, or email info@bergenbassmasters.com

SATURDAY NOV. 4

Operation Support the Military 2023: Raise funds for care packages for Troops and Veterans 11 a.m. to 3 p.m., Elks Lodge, 45 North Jefferson Ave, Catskill. Opening ceremony 11 a.m., doors open at 11:30 a.m., posting of colors at 1 p.m. Raffles, door prizes, food, kid crafts, karaoke by DJ Herby. Drawings at 3, pick up by 6. For more information email president.ny13@bluestarmothers.us or visit our Facebook at Greene County Region NY13 Blue Star Mothers.

FRIDAY, NOV. 11

Festival of Trees: The Fortnightly Club of Catskill celebrate 27 years with this year's event. Opening night kickoff Nov. 11 from 7 to 10 p.m., Nov. 12 from 10 a.m. - 5 p.m. and Nov. 13 from 10 a.m. to 4 p.m. Anthony's Banquet Hall, Leeds. Come feel the holiday spirit - silently bid on the beautifully decorated trees and wreaths. Food, vendors and gift ideas, live entertainment and Santa. Reservations suggested; proceeds go to the local community. 746 Route 23B, Leeds. For more information visit Festival of Trees, Fortnightly Club of Catskill's Facebook, email thefestivaloftrees@yahoo.com or call 518-943-2044.

SATURDAY, DEC. 9

Athens Annual Victorian Stroll: 1 - 5 p.m. Family ice skating rink at Athens Riverfront Park; bring your own skates. Families and friends gather for a free, fun-filled day. Up and down the historic village's Second Street, Athens Riverfront Park and all around the village,

businesses, residents and community organizations host family-friendly activities, free goodies to eat and entertainment galore, with nods to Athens' past. 24 Second Street, Athens. For more information visit athensculturalcenter.org email info@athensculturalcenter.org or call 518-945-2136.

OTSEGO COUNTY

FRIDAY, SEPT. 29

Stand Up Comedy at Foothills with North Country Comedy Tour: From 7 p.m. to 9:30 p.m. Laughs, drinks and good times with the area's best stand-ups. \$20 in advance, \$25 day of show. Cash bar for 21+. Foothills Performing Arts & Civic Center, 24 Market Street, Oneonta. For more information visit <https://www.eventbrite.com/e/stand-up-comedy-at-foothills-with-north-country-comedy-tour-tickets-697502026337?aff=ebdssbde> [stsearch](https://stsearch.com)

Firepit Fridays Summer Concert Series ft. Grateful Upstate Toodeloo Band: From 8 p.m. to 11 p.m. We hope you'll join us for live music, beer, food, and a bonfire. Free to attend, beer and food will be available for purchase. Blankets and chairs are welcome. All ages. Ommegang, 656, County Highway 33, Cooperstown.

Mr. Paperback: Benefit Concert for Bigger Dreams Productions - Starting at 8 p.m. Join Mr. Paperback for a benefit concert for Bigger Dreams Production. Admission by donation. Cash bar. Doors open at 7 p.m. Show at 8 p.m. Foothills performing Arts & Civic Center, 24 Market Street, Oneonta. For more information visit <https://www.facebook.com/events/1716121272148992/>

SATURDAY, SEPT. 30

Drops to Hops Bike Race: Starts at 10 a.m. Day of race check-in and registration will take place from 8:30-9:30 a.m. "A" race -45.35 miles. "B" race 23.14 miles. Individual registration received on or before Thursday, September 28, 2023: \$40. Individual registration after Thursday is \$55. WNote: Athletes must be 16 years old or older to participate. Brewery Ommegang, 656 Co Hwy 33, Cooperstown.

Heroes & Legends: From 7:30 p.m. to 9 p.m. Kicking off our 7th Anniversary season is "Heroes and Legends," an extraordinary concert that promises an unforgettable evening of musical prowess. Foothills Performing Arts & Civic Center, 24 Market Street, Oneonta. For more information visit <https://www.eventbrite.com/e/heroes-and-legends-tickets-699800581377?aff=oddtcreator>

SUNDAY, OCT. 1

Fall Foliage Excursion: From 11 a.m. to 1 p.m. Picturesque ride through the Susquehanna River Valley. Travel along the tranquil Susquehanna River, through farm fields with beautiful views, and forests with colorful foliage. Our open air car with its new permanent canopy makes for a perfect view of the colors, rain or shine. Cooperstown & Charlotte Valley Railroad, 136 East Main Street, Milford. For more information on Ticket Prices and other dates to visit call 607-432-2429 or visit <https://www.cooperstowntrain.com/fall-foliage-excursion/>

WEDNESDAY, OCT. 4

Meet WSKG CEO at Priya Darshini, Max ZT, Dave...: From 5 p.m. to 10 p.m. Meet and Greet with WSKG CEO, Natasha Thompson followed by a live recording of Expressions episode for later broadcast. Origins Cafe, 558 Beaver Meadow Rd, Cooperstown. For more information visit <https://www.eventbrite.com/e/meet-wskg-ceo-at-priya-darshini-max-zt-dave-eggar-jeff-coffin-taping-tickets-694996131137>

FRIDAY, OCT. 6

Cider Week New York: Held from Friday October 6 to Sunday October 15. 2023 Event details to be determined... Stay tuned. NY Cider Week festivals are a production of the New York Cider Association and are intended to cultivate an appreciation for New York's orchard-based cider by showcasing New York cider in bars, restaurants, bottle shops, and beyond. For more information on locations and events visit <https://ciderweeknewyork.com/events-2/>

continued on page 18



'Meat Cute' in the Catskills:

A CARNIVORE'S GUIDE TO DELAWARE COUNTY

Delaware County is a carnivore's paradise. From its lush valleys to its quaint towns, there's a meaty treasure waiting to be discovered. Here's our "Meat Cute" guide to the most satisfying and savory delights of Delaware County.

Bovina Farm and Fermentory,

2951 County Road 5, Bovina Center. Celebrate the last of summer's harvest and the beautiful fruits of autumn with celebratory farm meals served by candlelight at long communal tables.

Four courses are prepared with ingredients from their gardens and larder and neighboring farms, each course paired and accompanied with house beer. In the colder months, they turn to the warmth of the tavern for a season of celebratory meals.

photo from bovinafarmfermentory.com

Rabbit dish.

Due to seasonal ingredients, menus are decided in the days leading up to each meal, making it impossible to accommodate all dietary preferences. Menus are not released ahead of time. Previous menu items include lamb meatballs, beef tongue with greens, toutiere' with pork and venison, a sweet potato soup and mushroom pie - made with local ingredients.

bovinafarmfermentory.com

The Old Schoolhouse Inn & Restaurant, 28218 State Route 206, Downsville. Listed on the National Register of historic places, The Old Schoolhouse Inn & Restaurant is a feast for the eyes as well as the tastebuds. The building is an



photo contributed by The Hamden Inn



authentic schoolhouse and high school was taught upstairs where the banquet facilities are located; first and second grades were taught where the bar now resides and fifth and sixth grades were taught where the main dining room is. Classes were held in the building until 1939. Now guests can enjoy a the Schoolhouse's famous all-natural farm-raised Texas longhorn burgers and various steaks, on special. One and two pound packages of Texas longhorn burger are also for sale.

oldschoolhouseinn.com, 607-363-7814



photo from The Old Schoolhouse Inn & Restaurant's Facebook

The Old Schoolhouse's infamous Texas Longhorn burger, complete with fry "horns".



photo from brushlandeatinghouse.com

Brushland Eating House, 1927 County Route 6, Bovina Center, is an out-of-the-way eatery on the first floor of an old farmhouse with floor-to-ceiling windows, a giant bar, and wooden banquettes. Dinner is a three-course family-style meal with a menu that changes weekly, reflects the seasons and supports local farmers. Their founding tenet is of celebrating the ordinary - the excitement of sharing a meal with strangers, of drinking enough sparkling wine to start singing along with the playlist, of eating food that at once feels nourishing, familiar and yet completely brand new. Menu items include items such as locally raised pork, house-cured lamb, hanger steak, collards, plums, pickles - and cake. Dinner is served Thursday, Fri-



photo from Packin' Heat Bar & Grill's Facebook

day and Saturday.
brushlandeatinghouse.com

Packin Heat Bar & Grill, 38 West Street, Walton. Opened in July 2021 with a plan to serve fresh, local ingredients and a little heat if you like it that way. Their wings, burgers, brisket, and more can be spiced with one of their three house-made signature spice dry rubs. If you can't take the heat, the maple bacon bourbon jam burger, smoked brisket sandwich, and shrimp mac and cheese are a few fan favorites that will surely make you want to come back for more. Packin Heat features American Wagyu beef from Co-Mar Farm in Meridale, locally grown microgreens and seasonal veggies. From date night to big family brunch, happy hour to take out lunch, Packin Heat offers
packinheatbarandgrill.com

Hamden Inn, 35769 State Highway 10, Hamden. Their "smalls" and "biggs" menu hits just right with items like steak frites, with a teres major cut with red wine jus, seasonal vegetable, and of course, fries; pan roasted salmon, chicken parmigiana, and its namesake "Hamden Burger." A rotating special menu includes items like seared scallops with braised beef and crispy fish or beef tacos.

hamdeninnandlounge.com

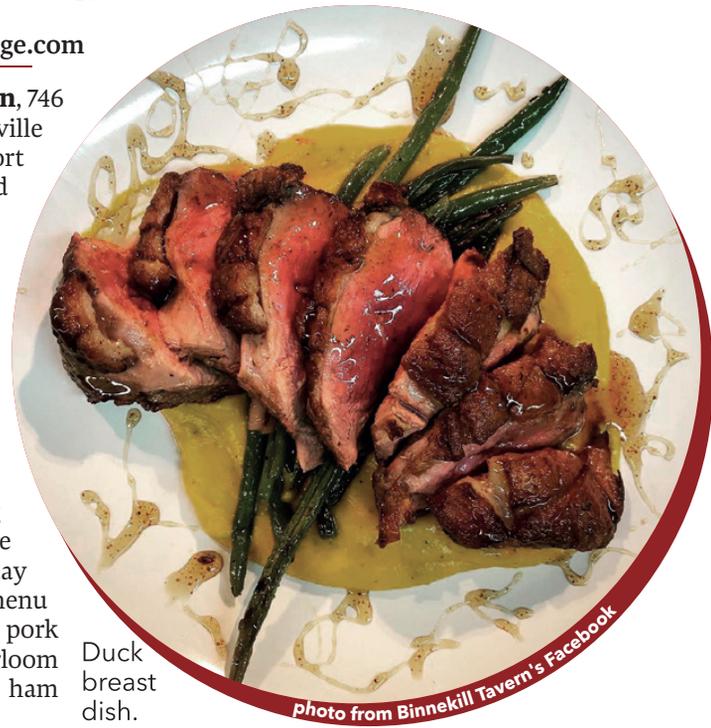
The Binnekil Tavern, 746 Main Street, Margaretville offers mountain comfort food and handcrafted cocktails in northeastern Delaware County. This is a local favorite focused on Swiss-German cuisine. The tavern re-opened in 2018 and dinner of locally-sourced, rustic food can be enjoyed by the fire or on the dining terrace with stunning mountain views. The tavern is open Thursday through Sunday and menu items include crispy pork belly steam buns, hierloom fruit salad with speck ham



photo contributed by The Hamden Inn

and rosemary syrup, braised short ribs and more!

binnekill.com



Duck breast dish.

photo from Binnekill Tavern's Facebook



photo by Benjamin Patton

Bison graze on East Brook Road in Walton.

The Fierce Grizzly, 53530 State Highway 30, Roxbury. The Fierce Grizzly is committed to bringing classic continental cuisine to this corner of the Catskills. Housed in a former tin shop previously owned by railroad magnate Jay Gould, The Fierce Grizzly is open for lunch and dinner Thursday through Sunday. Menu items include slow-cooked spoon roast, crab cakes, strip steak, and a variety of meat-laden sandwiches including a classic Reuben, soppressata, roast beef and a BLT.
thefiercegrizzly.com

Cody Shane Acres Buffalo, 90 Crystal Creek Road, Walton. Cody Shane Acres is a small scale buffalo farm located in Walton that sells buffalo meat by the retail cut. Buffalo is a natural food with a delicious and unique taste and is a healthy alternative to beef. The buffalo are grass-fed, which creates a more sustainable footprint; and there are no additives, growth hormones, or antibiotic feeds. Cuts for sale include New York strip steak, ground meat, stew, roast, sirloin tips, hot dogs, and ribs.
codyshaneacres.com

The Andes Hotel, 110 Main Street, Andes. The Andes Hotel is a local and visitor favorite serving lunch and dinner with menu items such as baby back ribs, New York strip steak, lamb gyros, smash burgers, prime ribs, surf and turf and much more.
theandeshotel.com

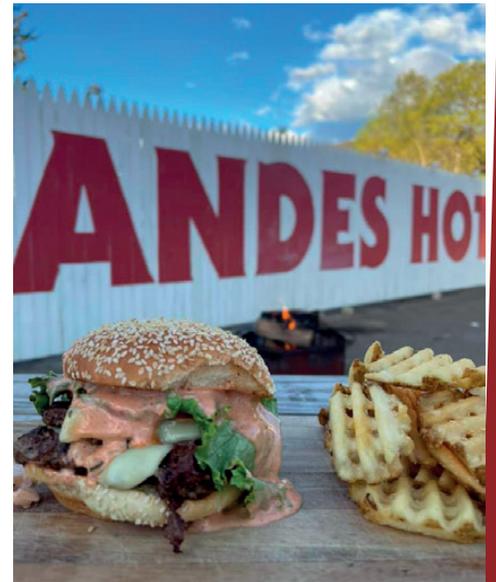


photo from The Andes Hotel Facebook
The Smash Burger.

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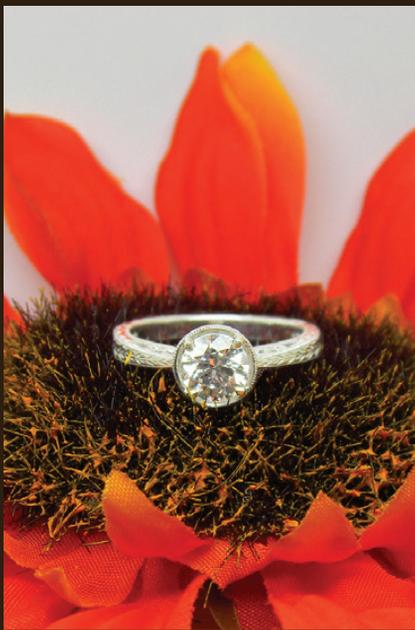
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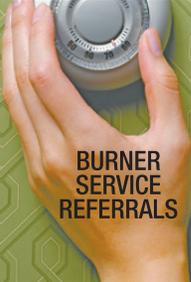
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photo contributed by Emily Shepard

SCHOHARIE COUNTY

FRIDAY, SEPT. 29

Moon Light Paddles: Paddle on the lower reservoir, Mine Kill State Park, 161 Mine Kill Road, North Blenheim, and watch the moon rise. Paddle is subjected to weather conditions. Follow us on Facebook for more details and information, or visit www.news10.com/community/?ipid=promolink-block2#!/details/Moon-Light-Paddles/11731940/2023-08-30T00

Full Moon Night Walk: from 6:30 to 8 p.m. - walk when the moon is full along the Aboretum's woods and fields exploring nature at night. Instructor: George Steele, nature educator. Location: The Meeting House. Registration: Members/\$5, \$15/family; non-members -\$15/person, \$25/family. Landis Arboretum, 174 Lape Road, Esperance. landisarborum.org/events/summer-nature-and-nature-games-2-2-2 or Facebook at www.facebook.com/events/528205932812436

SATURDAY, SEPT. 30

Guided Walking Tour - Village of Cobleskill: 5:30 to 7:30 p.m. Spend an evening exploring the historical character of downtown Cobleskill. Designed to end

after sundown for the story of the Nov. 27, 1900 night-time murder of nightwatchman Matthew Wilson. \$10 adults, \$5 ages 9-17. Tour meets at the public parking lot, corner of Main (Rte. 7) and Union streets, Cobleskill (GPS - Mart Cleaners.) Rain or shine. No reservations needed. No advanced ticketing. More information on this and other tours: www.turningpoint1777.com or facebook.com/turningpoint1777.

Gallupville Coffee House: 913 NY-443, Gallupville: Live Music with Greg Bucking Bucking - guitarist, songwriter, vocalist, and producer from 7 to 9 p.m. For more information visit www.gallupvillehouse.org/events/gallupville-coffee-house-live-music-with-greg-bucking

SUNDAY, OCT. 1

Market in the Meadow: A Schoharie County Farmers Market from 12-5 p.m. in Bier Meadow; Market in the Meadow. Food trucks, live music, beer, and favorite local businesses. Check our events page to keep up to date on bands, food trucks, and other events. www.waywardlanebrewing.com/event-calender

FRIDAY OCT. 6

Cider Week New York: (Oct. 6 - 15) Event detail to be determined... Stay

tuned. Cider Week festivals are a production of the New York Cider Association intended to cultivate an appreciation for New York's orchard-based cider by showcasing New York cider in bars, restaurants, bottle shops, and beyond. For more information visit ciderweeknewyork.com/events-2

SATURDAY, OCT. 7

Fall Paddle: A beautiful paddle up the Schoharie creek; admire the fall colors. Paddle is subject to weather conditions. Mine Kill State Park, 161 Mine Kill Road, North Blenheim. Follow us on Facebook for more details and information, or visit parks.ny.gov/events/event.aspx?e=165-34753.0

Schoharie County Arts Trail Driveabout: a self-guided tour throughout Schoharie County during peak foliage season from 10 a.m., to 4 p.m. Schoharie County Arts hosts its first Arts Trail Driveabout. This county-wide event will celebrate the creativity of area artists and artisans by encouraging the public to visit studios or designated venues. For more information: www.schohariearts.com/art-trail-driveabout.html#

Pumpkin Festival: (Oct. 7, 8) from 11 a.m. to 3 p.m. Games, pumpkins, animals, food, vendors, and U-pick flower field (weather permitting). Music and entertainment will be added. Empty Pockets Ranch, 5172 State Route 145, Cobleskill. For more information visit our Facebook page at Empty Pockets Ranch.

SUNDAY, OCT. 8

Second Sunday Open Mic: (and Nov. 12) from 2:30 to 5 p.m. Calling musicians & performers to the Gallupville House for a family-friendly event. Gallupville House, 913 NY-443. For more information visit www.gallupvillehouse.org/events/second-sunday-open-mic-2023-10-08-14-30

Fall Foliage and Tree ID workshop: Autumn has come, and leaf colors are changing. Take a walk with us from 2 to 3 p.m. as we enjoy fall foliage and the gorgeous views of the Schoharie Valley. We'll explore what's going on with the change in leaf color and do some tree identification. Instructor: George Steele, nature educator. Location: Meeting House. Registration: Members: \$5/person, \$15/family; non-members: \$15/person, \$25/family. Landis Arboretum, 174 Lape Road, Esperance.

SATURDAY, OCT. 14

Early Technology Day: 10 a.m. to 4 p.m. Visitors - watch and participate in the process of flint knapping (the ancient art of making chipped stone tools), fire making, cordage making, atlatl spear throwing and early archery. Iroquois Museum, 324 Caverns Road, Howes Cave. For more information visit www.iloveny.com/event/saturday-october-14-from-10-to-4-early-technology-day/64302

Schoharie County Harvest Fair: 10 a.m. to 5 p.m. at The Old Stone Fort. Vendors, food and the museum will be open. Old Stone Fort Museum & Schoharie County Historical Society, 145 Fort Road, P.O. Box 171, Schoharie. For more information visit www.facebook.com/events/659853245534522

SUNDAY, OCT. 15

The Caves of Wright: with local expert starts at 3 p.m. Join us for a special event to learn about our local cave system. More details to come. Gallupville House, 913 NY-443. For more information visit www.gallupvillehouse.org/events/the-caves-of-wright-with-local-expert

SATURDAY, OCT. 21-22

Porcupine Quill Embroidery Workshop: with Seneca artist Jamie Jacobs. This master artisan demonstrated his award-winning quillwork in 2022 and visitors asked to learn. Iroquois Museum, 324 Caverns Road, Howes Cave; www.iroquoismuseum.org/workshops-events

SATURDAY, OCT. 28

Comedy Night at Bull's Head Inn: 105 Park Place, Cobleskill. Saturday, Oct. 28, with headliner Chris Monty. www.bulls-headinncobleskill.com/event/comedy-night

Annual Halloween Owl Prowl: Landis Arboretum, 174 Lape Road, Esperance, 7 to 8:30 p.m. - an end-of-the-warm-season program. Learn about the owls of the Arboretum woods, listen for and explore the nocturnal birds of prey with instructor George Steel, nature educator. Location: Meeting House. Registration: Members: \$5/person, \$15/family; non-members: \$15/person, \$25/family. www.facebook.com/events/172936762195962 or landisarboretum.org/events/annual-halloween-owl-prowl-2

SATURDAY, NOV. 11

Holiday Craft & Wares Fair: 10 a.m. to 4 p.m. Get into the holiday spirit in the historic and beautiful Gallupville House, 913 NY-443, Gallupville, and shop with local producers, vendors and craftspeople! www.gallupvillehouse.org/events/holiday-craft-wares-fair

FRIDAY, NOV. 17 (THROUGH 19)

46th annual Holiday Craft Bazaar: with only handmade items will be held daily Nov. 17-19. For daily times go to www.schoharieheritage.org or our Facebook at www.facebook.com/events/703347791799042. Homemade foods and baked goods available. Schoharie Colonial Heritage Association, 143 Depot Lane, Schoharie.

SATURDAY, NOV. 25

Decorating with Native Greenery: Landis Arboretum, 174 Lape Road, Esperance. 9 a.m. to 12 p.m. Nothing says the holidays like wreaths and swags. If you want to learn the secrets of creating holiday decorations using native greenery, join us for a make-and-take adventure. Registration fee includes greenery, ribbon and decorations. Bring a pair of pruners to clip greenery, and any additional decorative elements you'd like to place in your creations. Instructor Donna Vincent, floral designer. Location: Library (adjacent to the greenhouse) registration: Members: \$40/person; non-members \$50/person. For more information: www.facebook.com/events/612940916830993 or landisarboretum.org/events/decorating-with-native-greenery-2

SATURDAY, DEC. 9

Christmas at the Palatine House Museum: 102 Warner Hill Road, Schoharie, starts at 12 p.m. Come experience Christmas as it was in the 18th Century in Palatine House Museum. Check back at visitschohariecounty.com/events?imgoing-event=christmas-at-the-palatine-house-museum-64785869f2384972b49045b0 for updates on time and more detailed event information, or www.schoharieheritage.org Palatine House Museum.

FRIDAY, DEC. 15

Sludge at Clappers Glass Bar: A great night of music at Clappers Glass Bar, 295 Main St, Schoharie, playing favorite 90s music and classic rock and classic country. Get ready to be Sludged; www.facebook.com/events/9335366083202129

SULLIVAN COUNTY

SUNDAY, OCT. 1

The Harvest Festival: Week 6 Parking \$7. 11 a.m. to 4 p.m. What you can expect: More than 80 regional vendors, a delectable food truck court, corn & hay mazes. Don't miss out on the Festival Stage and take-home art projects in the Creative Learning Tent. 200 Hurd Rd. Bethel Woods Center For The Arts, Bethel. For more information visit <https://sullivan-catskills.com/api/event/812/the-harvest-festival-week-6/https://www.bethelwood-scenter.org/>

MONDAY, OCT. 2

Oktoberfest And Luncheon: \$55, 10 a.m. to 3:30 a.m. Starring the Alex Meixner Band. After Show (approximately 3:15) Departure or Stay and Play Bingo in the Forum NightClub. In addition to the day trip use our facilities at the hotel, including our Game room (bocce, shuffleboard courts, table tennis & billiards), our Indoor Pool & jacuzzi, fitness center, and daily activity schedule. 356 Villa Roma Rd, Villa Roma Resort & Conference Center, Callicoon. For more information visit <https://sullivan-catskills.com/api/event/639/oktoberfest-and-luncheon/https://villaroma.com/>, kmullally@villaroma.com or call 845-887-5014.

FRIDAY, OCT. 6

Haunted Theatre Tours: (October 6, 7, 13, 14, 20, 21, 27, and 28 at 6:30 p.m.) Three floors, more than 20 scare stations, 30 plus ghosts, ghouls, monsters, goblins, and other deranged characters. Need I say more. Archie, the Rivoli Theatre's resident ghost, invites you to his annual Haunted Theatre event. 5243 Main St. Sullivan County Dramatic Workshop, South Fallsburg. For more information visit <https://www.scdw.net/index.php/shows/>, email scdwwebmaster@gmail.com, or call 845-436-5336.

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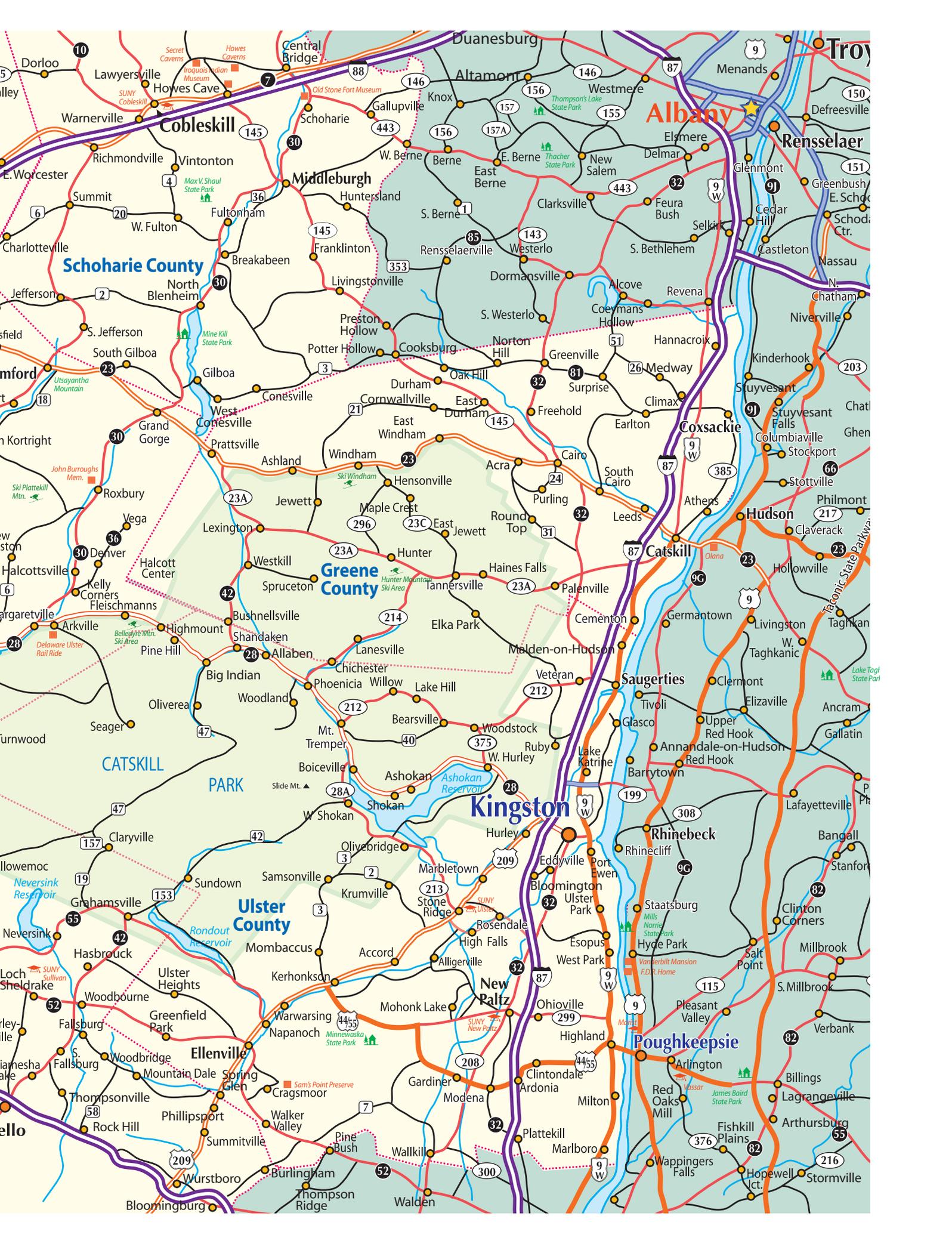
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www.goodtastefoodmarket.com





photo from Buck Brook Alpacas Facebook

NARROWSBURG - One weekend spent in Narrowsburg, a historic hamlet in the town of Tusten, in Sullivan County may not feel like enough time to fully explore the area nestled next to the Delaware River between the Pocono and Catskill Mountains. Using this guide of carefully curated local picks, you can hit as many hot spots and hidden gems in 48 hours as you can handle.

Day One

- Begin your weekend with a warm breakfast at **Tusten Cup**, 8 Main Street, Narrowsburg. Tusten Cup staff believe coffee is a daily ritual, It's open seven days a week. Pair your drink with an anytime breakfast item, or a salad, sandwich, or sweet. Orders can be placed online for pickup ahead of time at their website: www.tustencup.com

- After breakfast visit a playground for personal growth, healing, and community con-

nection at **The Chi Hive Gym and Wellness Space**, 22 Main Street. Purchase a drop-in pass and participate in a studio, fitness, or Pilates class with Chi Hive instructors, or lead your own way with a workout in the gym space using top of the line treadmills, ellipticals, bikes, free weights, squat racks, and more. www.thechihive.com

- If a gym isn't your thing, but you still want to get exercise, visit three unique walking trails totaling 2.5 miles. Start with the **De Mauro Trail** and let it lead you to the

Historic Main Street Trail which connects to the **River Flats Trail**. The River Flats Trail ends back at Main Street where many businesses open their doors for lunch, including **The Laundrette** at 20 5th Street. The lunch and dinner menu features a variety of wood-fired, specialty pizzas, appetizers, salads, soups and more, with vegan and gluten-friendly options. The Laundrette also offers a uniquely crafted cocktail menu, wine, and on-tap beer and cider. [www.thelaundrette.](http://www.thelaundrette.xyz)

xyz

- After lunch, spend the afternoon at **Buck Brook Alpacas**, a family-run Alpaca farm located on one of the tallest peaks in Sullivan County. Visitors can interact with and experience the joy of alpacas by feeding them or taking them out on a walking trek.

Buck Brook Alpacas offers farm tours, walks, workshops, yoga classes, gem mining, and other activities.

Before leaving, stop in at the farm store to browse their alpaca-wool accessories and blanket collections, all made from alpaca-wool taken right from the farm. buckbrookalpacas.com



photo from tustencup.com



photo from Buck Brook Alpacas Facebook



photos from The Creek House Grill Facebook

Mussels and fries (top), loaded Bloody Mary (left).



• Finally, end your night at **The Creek House Grill**, 19 Lower Main Street, Callicoon, just down the road from Narrowsburg, for traditional pub fares and a new American-style cuisine. With a full bar, dining room, and outdoor seating in spring, summer, and fall, a visit to The Creek House Grill is more than just dinner. Start a dinner debrief with a drink from the bar, paired with a Creek House Grill starter from their dinner menu. Take some

time to enjoy the appetizer, drinks, and conversation before ordering one of their select entrée or sandwich options, and finishing off the meal with a house-made dessert. www.thecreekhousegrill.com

Day Two

• To start your second day - after waking up in one of many local rentals - treat yourself to toasty baked goods from **Bridge Street Bakehouse**, 127 Bridge Street. The bakehouse offers special seasonal baked goods as well as staples like cheese rolls, cakes, muffins, breads, and other selections, that fill the cases. www.bridgestreet-bakehouse.com



Photo from [bridgestreetbakehouse.com](http://www.bridgestreetbakehouse.com)

• After eating, head over to the **Delaware Valley Arts Alliance** buildings and spend the rest of your morning with your eyes on visual, performing, literary, and media art programs on display at their three locations at **Elaine Giguere Arts Center**, 37 Main Street, **Tusten Theatre**, 210 Bridge Street, and **Shop DVAA**, 41 Main Street. A community calendar of art events can be found at the Delaware Valley Arts Alliance's website delawarevalleyartsalliance.org/community-calendar



photo from Fort Delaware Museum's Facebook



photo from Fort Delaware Museum's Facebook

• A must-see before leaving Narrowsburg is the **Fort Delaware Museum of Colonial History**, located at 6615 state Route 97, Narrowsburg. Fort Delaware Museum of Colonial History was founded by former Sullivan County Historian James W. Burbank, and opened in 1957.

Fort Delaware is an authentic depiction of the life of the Delaware Company Pioneers who settled in the Upper Delaware Valley in 1754. At Fort Delaware, the daily life of the wilderness

settler is explored through exhibits, crafts, demonstrations and tours. The Fort is a reconstruction of the original frontier Cushetunk settlement on the Delaware River, with its stockades and stout log homes, which offered the only protection from hostile Native Americans, and later English troops. thedelawarecompany.org

• Finish off the weekend at **Estelita's Restaurante**, a restaurant that serves the colorful, fresh flavors of Central America in their Latin-inspired dishes. Sit down with a fresh starter, like shrimp ceviche or a classic order of chips and salsa, paired with a cocktail or margarita. Choose your main dish with options like a fiesta burger, signature tacos, fajitas, and skirt steak. www.estelitasrestaurant.com/menu

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- Submission Rules:**
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 - Feature the Catskills - outdoors, activities, animals, food, farms or shopping
 - Include your name, mailing address, date and location where the photo was taken along with a brief description of the photo.
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Extend Your Visit to Delaware County to Last a Lifetime

photo contributed by Donald Fassbeger

While exploring the beauty of Catskill Country, consider Delaware County for a change of your business address. You'll find our area offers many competitive advantages to help you increase your profits and improve your quality of life.

Businesses of all sizes and descriptions call Delaware County home. They know these advantages add up to big profits, satisfied employees, and secure futures for their families.

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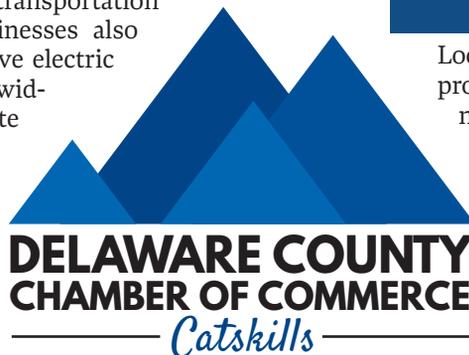
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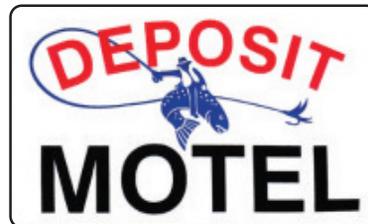
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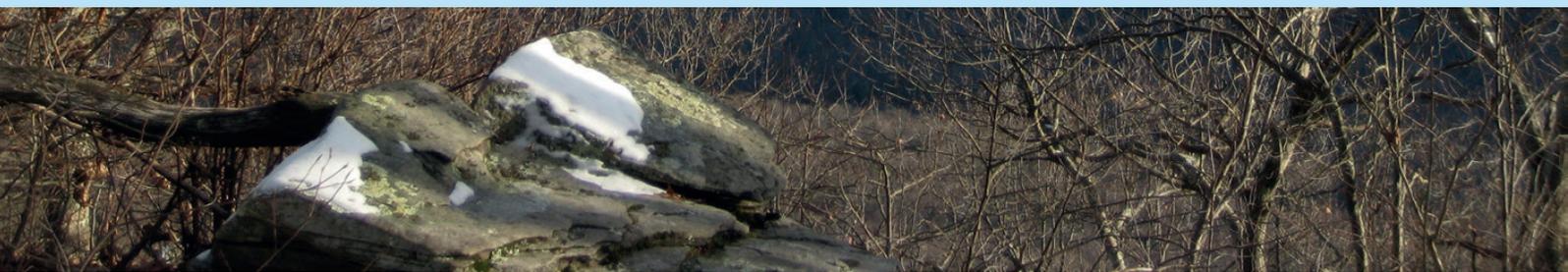


photo contributed by Peter Manning

Ashokan Reservoir.

Just as I complete the climb, the sunlight leaps through a large break between two cloud banks and casts an intense light on the mountainsides up to my right. The trees take on a bronzish

tinge, hinting at fall and turning the page from just yesterday. Right in front of me are the brilliant yellow-green clusters atop the golden-rod stalks, upright and hopeful that they may join their neighboring kin, whose magical deep-yellow blooms now hang and sway in the breeze as they begin to bend

their stems groundward. Throughout the field, this green-to-yellow spectrum is on full display in colors only nature can deliver. If there is such a thing as time, I can see it cast across this field and the mountainside above me, expressed in these colors of seasonal evolution. The moment is deep yet fleeting, as the opening in the clouds begins to disappear. Simple yet profound. I pedal home.

It doesn't take much to step into sacred time, where the cyclical permeates and the linear fades. Or, as author John Hanson Mitchell puts it, ceremonial time is when past, present and future can be realized in a singular moment. Surely then, the influence of place has much to offer for enjoying the older ways we've gotten away from, as the metronomic influences occupying our immediate perceptions close in. The ability to step into nature is convenient in the Catskills, and it often comes with the desire to climb a

mountain. A hiker can ascend through millions of years of Devonian strata and at least a couple of forest types in an hour or so. Living in Phoenicia for a time, the canyon-like slopes seemed to call, even nag at us to climb them. Maybe there was some subconscious dynamics at play; leaving the older rocks in the valley behind and striving for the youngest ones on top. Or simpler, to extend the day's sunlight and beat the afternoon shadows that consume the valley.

Romer Mountain (1978') and Mount Pleasant (2812') form a consistent wall that begs to be climbed. Knowing the property owner at a key location, we approached him to confirm permission. Offering guidance, he said, "When you see the sign that says 'no trespassing' that's where you go into the woods." A memorable exchange.

This was long before the Phoeni-



cia East Branch Trail occupied that ridgeline. We managed to undertake this bushwack at the peak of one of those years when the caterpillars were stripping all the leaves from the trees. Swinging everywhere from their silky strands, the worms' munching and the plopping of excrement on the under-story leaves was quite audible - as we moved our arms like we were opening curtains or doing the breaststroke to forge forward. Fortunately, this subsided, and we soon traversed Cross Mountain (2503'), an appropriately named land bridge that eventually leads to the lower slopes of Wittenberg Mountain (3780').

The route we took approximates where the current trail goes. However, the trail is masterfully threaded across this unique stretch so that it captures almost every viewpoint. There is a somewhat surprising amount of open rock along the way. One map includes nine stars (viewpoints) along the eight-mile length of this trail that runs

from Lane Street near Phoenicia to its junction with the Wittenberg-Cornell-Slide Trail. Note, this junction is about three miles from the Woodland Valley parking area, so the full one-way hike is 11 miles. References to this trail can be confusing, but if we focus on the name, it helps us understand where this trail goes.

The East Branch is referring to the East Branch of the Neversink River, which runs up into the town of Denning. So there's a western segment of the trail from Denning to Woodland Valley that's marked with yellow blazes. The trail described in this article is the eastern section, marked with blue blazes. This newer section shifted the 2.6-mile segment of trail from Woodland Valley Road to the ridge that crosses the three mountains mentioned above, thereby realizing a more complete off-road connection between the East Branch and Phoenicia.

While it's fun to write about adventure in a 'real-time' way, the practicality

of getting out there for a fuller journey does not readily present itself. But this limitation makes it more special when the opportunity does occur. It's been almost five years since my brother and I hiked the Phoenicia East Branch Trail. The prospect of returning has grown stronger. The memory of moving along those outcrops with those ever-changing views recalls the flow of time as an unfolding succession of moments, each one offering a glimpse into something deeper and strung together by what lies ahead. It's that possibility of entering William Blake's eternity in an hour. Not that you'll catch it every time - far from it, actually - but the chance that you might is an anticipation filled with life.

Peter Manning is the Executive Director of the Catskill Mountain Club. To learn about CMC projects, events, membership, and to join the mailing list, visit catskillmountainclub.org

photo contributed by Peter Manning
Wittenberg Mountain.



A Culinary Journey Through the Catskills

Gourmet
&
Gluten-Free:

With increasing awareness about health and wellness, many individuals are opting for specific dietary patterns – be it gluten-free, vegan, keto, paleo, or low-carb. Restaurants that don't cater to these needs risk losing out on a significant customer base. Acknowledging dietary restrictions not only diversifies the clientele but also paints the establishment as sensitive and inclusive.

An increasing number of consumers are making food choices based on their values. Menus that reflect ethical sourcing, sustainability, and environmental considerations appeal to the growing demographic. Incorporating locally sourced ingredients or plant-based options can resonate with ethically-conscious diners. Catskills restaurants are well known for their seasonal, local ingredients.

Abundant local produce makes for a vibrant farm-to-table dining experience. The region is replete with family farms, dairies and orchards which helps eateries craft seasonal menus, built around what's harvested, ensuring visitors are served fresh and flavorful dishes.

With a burgeoning food scene, the Catskills boasts an array of specialty food places and a culinary journey that caters to both gourmands and those with dietary considerations or restrictions.

The Catskills are the culinary epicenter of authenticity and innovation with a rich tapestry of landscape and history, and is one of the most inviting destinations for a culinary adventure.

In a time marked by a fast-paced culinary evolution, it has become necessary for restaurants to continually innovate their menus. The reasons largely

revolve around keeping pace with ever-changing customer tastes, and growing dietary considerations.

Restaurants and eateries need to meet diverse palates and demands. The world has shrunk. Globalization has brought about a confluence of cultures, and with it, diverse cuisines. Customers today are well-traveled, well-informed, and curious. They demand authenticity and appreciate a creative twist. For a restaurant to remain relevant, it must cater to these varied palates, blending traditional flavors with innovative recipes; and they must address dietary concerns.



Photo from Catskill Momos Facebook

Charting the Savory

Aroma Thyme Bistro - Ulster County

Vegans and meat eaters alike will delight in the organic, wholesome menu at the green-



photo from aromathymbistro.com
Burrata salad with fresh mozzarella.



photo from The Arnold House's Facebook
Roasted local peaches.



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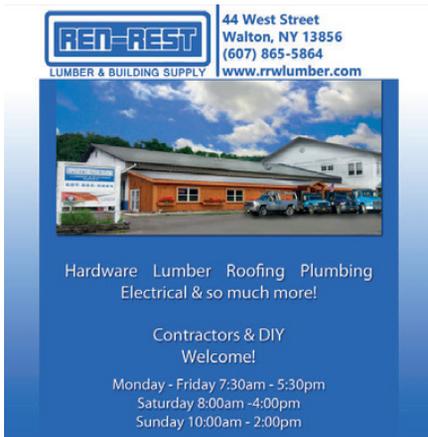
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photo from aromathymbistro.com

Tofu veggie bowl.



photo from The Arnold House's Facebook

Black bean veggie burger with herb aoli.

certified Aroma Thyme Bistro in Ellenville. Their locally sourced, creative cuisine has earned top ratings from Zagat. They also feature locally produced wines, beer and spirits and have been recognized by Wine Spectator for their extensive wine list. 165 Canal St, Ellenville.

aromathymbistro.com

See & Be Kitchen - Greene County

Farm-to-table cooking with a veg-forward focus, featuring Ben's Bread and Chrissy's creative dishes. Besides sourcing local ingredients – locally milled flours, butter, milk, fruits, vegetables, etc. and working with local farms, the owners partner with local organizations to support not-for-profit missions and goals. They believe good food should be accessible to all people. 466 Main Street, Cairo.

seeandbekitchen.com

On the Rim - Ulster County

Along with their Puerto Rican culture they added mix of Dominican, Cuban and American dishes. On The Rim unifies people in the cycle of traditional Latin cuisine with an American flare. Serving menu items such as *pernil*, *chuleta*, *chuleta kan kan*, and more. 150 Canal Street, Ellenville.

onthe-rim.com

Pure City - Ulster County

Everything on their menu is vegan except ice cream. Most dishes can be made gluten-free. They can cook with a wheat-free soy sauce and replace items that have gluten in them (regular noodles replaced with rice noodles). 100 Main Street, Pine Bush.

purecityny.com



photo from See & Be Kitchen's Facebook

Tofu breakfast sandwich.

The Arnold House - Sullivan County

The tavern serves lunch and dinner with locally sourced ingredients like Beaverkill trout and locally made pasta among other items. It's tavern food with a twist - like pesto and cremini mushroom flatbread and Cajun grilled rib eye. The restaurant is community focused and runs a "Single Bite" campaign, providing meals for people in need. The establishment, owned by Sims and Kirsten Foster, has sister sites Piccolo Paese and The DeBruce, among others, also located in Sullivan County. 839 Shanderee Road, Livingston Manor.

thearnoldhouse.com

Catskill Momos - Delaware County

Authentic Tibetan Momos. The menu is limited, with seven kinds of momos and four dishes of hand-pulled noodles served in stir-fries and soups. Menu items include mushroom tofu momo and chickpea momo. 607-746-2233.

191 Main Street, Delhi.

Origins Cafe - Otsego County

The community foundation that operates the cafe creates accessible opportunities to explore cultural traditions of the world through food and music, and boasts good, clean, fair food for all. Menu items include lemon dill hummus and seasonal vegetables, carrot ginger soup, a harvest quiche, roasted vegetable enchilada and smoked gouda polenta, among others. A breads & spreads board features focaccia and baguette served with roasted eggplant dip and pickled vegetables. The cafe also features live musical entertainment events. 558 Beaver Meadow Road, Cooperstown.

originscafe.org

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Cabaret: Comedy Night Featuring Tom Cotter 7 p.m. - 9 p.m. Premium: \$65, General Admission: \$55. Join hosts Scott Samuelson + Eddie Dudek as The Bradstan Cabaret Series concludes with comedian Tom Cotter on October at 7 p.m. "America's Got Talent" runner-up and breakout star Tom Cotter has taken the comedy scene by storm with his high energy, rapid-fire comedic style. Event starts from 8th October and the ending date is 8th October. 1040 State Route 55, The Eldred Preserve, Eldred. For more information visit <https://theeldredpreserve.com/entertainment/tom-cotter/>, or email info@theeldredpreserve.com

TUESDAY, OCT. 10

Tribute to Paul Anka and Luncheon: \$55 Starring Lou Villano. After Show (approximately 3:15) Departure or Stay and Play Bingo in the Forum Night Club. In addition to the day trip schedule use our facilities at the hotel, including our Game Room (bocce, shuffleboard courts, table tennis & billiards), our Indoor Pool & jacuzzi, fitness center, and daily activity schedule. 356 Villa Rd. Villa Roma Resort & Conference Center, Callicoon. For more information visit <https://villaroma.com/events/tribute-to-paul-anka-and-luncheon/>, email kmullyally@villaroma.com, or call 845-877-5014.

SATURDAY, OCT. 21

Godstock: Free, Recurring Event. Recurring on the 3rd Saturday of October. From: 12 p.m. to 5 p.m. GodStock at the original Woodstock event at Bethel Woods, NY. 99 Myers Road 200 Hurd Rd, Bethel Woods, Bethel. For more information email [lighthouseministries@gmx.com](mailto:ighthouseministries@gmx.com) or call 1-845-985-706.

TUESDAY, OCT. 24

Caesar's Extravaganza and Luncheon: 10 a.m. to 3:30 p.m. \$55. Starring Biagio Benvenuto. Our Famous Caesar's Extravaganza Luncheon is a seven-course banquet fit for a king. Wine on every table & dining room staff in full costume. After Show (approximately 3:15) Departure or Stay and Play Bingo in the Forum Night Club. In addition to the day trip use our facilities at the hotel, including our Game Room (bocce, shuffleboard courts, table tennis & billiards), our Indoor Pool &

jacuzzi, fitness center, and daily activity schedule. 356 Villa Roma Rd For more information visit <https://villaroma.com/events/caesars-extravaganza-and-luncheon-2/>, email kmullyally@villaroma.com, or call 845-887-5014.

SATURDAY, OCT. 28

Halloweenfest: 12-3 p.m. Veterans Park. Sullivan Street, Wurtsboro Board of Trade, Wurtsboro. For more information visit www.wurtsboro.org, or email info@wurtsboro.org

MONDAY, OCT. 30

Tribute to The Troops & Luncheon: \$55. Starring Joey Arminio and Family & Doc Holiday. After Show (approximately 3:15) Departure or Stay and Play Bingo in the Forum Night Club. In addition to the day trip schedule use our facilities at the hotel, including our Game Room (bocce, shuffleboard courts, table tennis & billiards), our Indoor Pool & jacuzzi, fitness center, and daily activity schedule. 356 Villa Roma Rd. Villa Roma Resort & Conference Center, Callicoon. For more information visit <https://villaroma.com/events/tribute-to-the-troops-and-luncheon/>, email kmullyally@villaroma.com or call 845-887-5014.

FRIDAY, NOV. 10

All About Deer Event: fee is \$5 for Conservancy members or \$10 for non-members. Join the Delaware Highlands conservancy for a talk about White-tailed deer and other members of the deer family. Space is limited and prior registration is required. Children must be accompanied by an adult. 571 Perkins Pond Rd. Delaware Highlands Conservancy, Beach Lake, PA. For more information visit <https://delawarehighlands.org/events/all-about-deer/>, email rachel@delawarehighlands.org, or call 570-226-3164.

FRIDAY, NOV. 17

Stardust Ballroom Dance: Resort Weekend Prices Starting at \$645 per person based on double occupancy 3 days/2 nights. Your ALL-INCLUSIVE package includes: Accommodations: Over 40 Hours Dance Workshops. 2 Hour Workshops for Beginners in Hustle, Salsa, West Coast Swing, & Argentine Tango. Dancing Day and Night. 7 Meals (Break-

fast/Lunch/Dinners), 356 Villa Roma Rd. Villa Roma Resort & Conference Center, Callicoon. For more information visit <https://villaroma.com/events/stardust-ballroom-dance-resort-weekend-november/>, email infor@stardustdance.com or call 845-794-4982.

Turkey Talk: 4-5 p.m. Event fee is \$5 for Conservancy members of \$10 for non-members. There's no better time to talk about the turkey than - you guessed it - Thanksgiving. Join the Delaware Highlands conservancy to learn about all things turkey. Space is limited and prior registration is required. Children must be accompanied by an adult. 571 Perkins Pond Rd. Delaware Highlands Conservancy, Beach Lake, PA. For more information visit <https://delawarehighlands.org/events/turkey-talk/>, rachel@delawarehighlands.org, or call 570-226-3164.

THURSDAY, NOV. 23

Thanksgiving Day 2023 Eventin: Sullivan Catskills Upstate NY - Free talk & Meditation with Buddhist Monk 1-2 p.m. Enjoy a meaningful, spiritual Thanksgiving Day event, a free talk & guided meditation with Buddhist Monk at Kadampa World Peace Temple in Glen Spey, New York. In this Thanksgiving talk, learn how to truly embody the virtues you value. Everyone is welcome. Great for beginners. We sit in chairs. 47 Sweeney Rd. Kadampa Meditation Center, Glen Spey. For more information visit <https://www.kadampanewyork.org/publictalks>, email info@kadampanewyork.org, or call 845-856-9000.

FRIDAY, NOV. 24

Black Friday Free Talk & Meditation with Buddhist Monk: in Upstate NY "Contentment- The most Precious Possession" In this special talk in the Sullivan County Catskills Upstate New York, Buddhist Monk Gen Samten will be giving encouragement on how to train in contentment so that you can find confidence, inner strength, and deep joy. Everyone is welcome, no experience needed. We sit in chairs or on some meditation cushions. Tea & conversation after program. 47 Sweeney Rd. Kadampa Meditation Center, Glen Spey. For more information visit <https://www.kadampanewyork.org/publictalks>, email infor@kadampanewyork.org, or call 845-856-9000.

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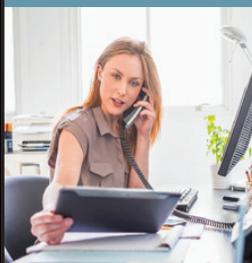
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Oct 1-31	Energy Awareness Month
Sat Oct 21	Festival of Frights
Nov 5-26	Sunday Afternoon Movies
Dec 1-31	Festival of Trees
Sat Dec 9	Holly Jolly Party

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 Scan for Info

WEDNESDAY, NOV. 29 & 30

Holiday Show and Luncheon: 10 a.m. to 3:30 p.m. \$55. After show (approximately 3:15) Departure or Stay and Play Bingo in the Forum Night Club. In addition to the day trip use our facilities at the hotel, including our Game Room (bocce, shuffleboard courts, table tennis & billiards), our Indoor Pool & jacuzzi, fitness center, and daily activity schedule. Come celebrate the holiday season with Rock This Town Orchestra's Christmas Spectacular... It's a holiday show that is highly energetic and visually stunning like no other playing hits from the Brian Setzer Orchestra, Stray Cats, as well as your favorite Christmas classics. Playing hits such as Rock This Town, Jump Jive & Wail, Sleepwalk, In The Mood, Jingle Bells, Santa Claus Is Coming To Town, and many more. 356 Villa Roma Rd. Villa Roma Resort & Conference Center, Callicoon. For more information visit <https://villaroma.com/events/holiday-show-and-luncheon/2023-11-29/>, email kmullyally@villaroma.com, or call 845-887-5014.

SATURDAY, DEC. 2

“Over and Under the Snow” and Craft: 12-1:30 p.m. Join the Delaware Highlands Conservancy's Education and Volunteer Coordinator Rachel Morrow as she reads the story Over and Under the Snow by Kate Messner. Learn all about where animals go and what they do when snow is on the ground. Following the reading, we will create a small craft for you to take home. Space is limited and prior registration is required. Children must be accompanied by an adult. 571 Perkins Pond Rd. Delaware Highlands Conservancy, Beach Lake. For more information visit <https://delawarehighlands.org/>

events/over-under-snow/, email rachel@delawarehighlands.org, or 570-226-3164.

ULSTER COUNTY

SATURDAY, SEPT. 30

Hudson Valley Garlic Festival A two day celebration of all things garlic: Farmers, food, demos and entertainment. Cantine Veterans Memorial Complex, Washington Avenue Ext, Saugerties, NY 12477, United States. Cost is 5-10\$. Starts September 30 @ 10:00 a.m., October 1 @ 5:00 p.m. For more information email info.hvgf@gmail.com

FRIDAY, OCT. 6

13th Annual O Positive Kingston Festival: Art, music, and wellness programming. Free event. 6-11 p.m. October 6 through 8. Uptown Kingston Wall Street and North Front Street, Kingston, NY, 12401.

SATURDAY, OCT. 7

Belleayre Fall Festival: The weekend will be jam packed with fun-filled activities for the entire family. Sample the German style food & beverages courtesy of Sodexo, listen to live music, take in the sights with a fall foliage gondola ride, decorate a pumpkin, and more. Free event, 10 a.m. to 5 p.m. Belleayre Mountain, 181 Galli Curci Rd. Highmount, NY 12441. For more information visit <https://www.belleayre.com>, or call 845-254-5600.

SUNDAY, OCT. 8

Belleayre Fall Festival: The weekend will be jam packed with fun-filled activities for the entire family. Sample the German style food & beverages courtesy of Sodexo, listen to live music, take in the sights with a fall foliage gondola ride, decorate a pumpkin, and more. Free event, 11 a.m. to 5 p.m. Belleayre Mountain, 181 Galli Curci Rd. Highmount. For more information visit <https://www.belleayre.com>, or call 845-254-5600.

16th Annual Italian American Festival: Presented by the Ulster Italian American Foundation, the beloved annual festival brings together food vendors, street performers, live music, and Italian culture to the Rondout Waterfront. By far, the delicious food is the biggest draw

each year with a plethora of food to enjoy. In addition, there will be Italian wines, street performers, dancers, singers, craft vendors, a spaghetti eating contest and the presentation of the 2023 Signor and Signora of the year. Free event. 12 - 8 p.m. For more information visit <https://ucitalianamericanfoundation.org/>

SATURDAY, OCT. 14

5th Catskill Covered Bridge Rally: This is a noncompetitive tour open to all cars. Starting at the Catskills Visitor Center on State Route 28 in Mount Tremper, the course follows 13 rivers and creeks and crosses several historic Covered Bridges on a 135 mile romp through the Catskill Park and Forest Preserve. Guided by custom maps, this is a wonderful drive for people who enjoy driving our beautiful region. Cost is 50\$, starts at 10 a.m. For more information visit <http://www.1903autorun.com>, or contact Rally Master Robert Selkowitz at 1903autorun@gmail.com, 845-657-6982.

Woodstock School of Art Grant Arnold Exhibition: This exhibition by curator Bruce Weber will be the first extensive study of Grant Arnold and the Golden Era of Woodstock Lithography, 1930-1939. Free event. 2-4 p.m. Woodstock School of Art, 2470 NY-212. For more information visit woodstockschoolofart.org, or call (845) 679-2388.

FRIDAY, DEC. 1

Kingston Snowflake Festival: Uptown Kingston will usher in the holiday season with its annual Snowflake Festival. This year promises to dazzle guests of all ages with an array of holiday-themed performances, exhibitions, entertainment and open stores offering treats and warm beverages to all visitors. The snowflake Festival will start at 6 p.m. and continue through 8 p.m. with both indoor and outdoor attractions throughout the Historic Stockade District. For more information visit <https://kuba.network/snowflake/>



CALENDAR
ADD YOUR EVENT TO THE CALENDAR
 Visit www.CatskillCountry.com and submit your FREE listing under the News and Events tab.
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