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Swainsboro, Georgia • July 29, 2020 **VOLUME 161, NO. 31** Twin City Elementary Beta members place in national competition

The last few months, National Beta members from Twin City Elementary have been working diligently to submit entries for the National Beta Virtual Convention. In late July, they were able to celebrate that hard work when the following was announced:

• Judson Underwood took fourth place in Woodwork

• Lawson Frye placed sixth in Speech

TCE's club originally competed and received awards at state convention held in Savannah in December 2019. Their victories at the state level provided an opportunity to compete at the national level.

The National Convention, originally



FRYE

planned to be held in Fort Worth, Texas, was canceled due to health and safety concerns stemming from the coronavirus pandemic. However, more than 12,000 Junior Beta (grades 4-8) and Senior Beta (grades 9-12)



UNDERWOOD

students were able to represent their schools in the first National Beta Virtual Convention.

TCE's club also qualified and competed nationally in Songfest, Fiber Arts, Mathematics, and Portfolio.



– EMANUEL COUNTY

Photo credit: Wanda Thompson Scarboro JOSHUA JOHNSON

School doors are opening!

Whether online or in person, school is resuming for most students and teachers in Emanuel County this week. Coronavirus cut the last school year off in March, prompting a four-month summer. Now, Emanuel County Schools are set to resume August 3 with traditional school as well as a virtual academy. Joshua

Johnson, 5-year-old son of Stillmore on August 7. Andy and Jessica Johnson of Twin City, is shown preparing his supplies for his first day of kindergarten at Swainsboro Primary School.

David Emanuel Academy is set to resume a few days after the public school system with students and faculty members reporting to

No matter what school you go to or what learning option you'll be taking part in this year, stay focused and, most importantly, stay safe!

ONE DOLLAR

In the meantime, check out the Back To School tab inside this edition for important information about the upcoming school term.

GHSA gives green light for fall sports Georgia followed in the end of the 2019-2020

by HALEI LAMB

With a 12-0 vote last the footsteps of both school year to be valid Monday, July 20, the Carolinas in delaying the through July 27, 2020, the start of fall sports, namely football for the home state. North Carolina and South Carolina decided July 15 to postpone their high school seasons until at least September 1. Since COVID-19 crept closer to home, the GHSA has consistently, as far back as May, taken small steps toward the eventual approval to play in fall 2020. The governing body of Georgia high school athletics began with approving an exception to allow physicals valid through

first official date for practice for 2020-2021.



(L-R) HOSPITAL EMPLOYEES MARTHA ANDERS, SARAH SUTTON LEWIS, CHELSEY SUTTON, AND JENNIFER CARAWAY SHOW HOW TO CORRECTLY MASK UP

EMC joins #MaskUpGA campaign

Emanuel joined has Center #MaskUpGA, a campaign to encourage all Georgians to make the choice to wear face coverings when in public settings and to social distance when possible to slow or stop the spread of COVID-19 in the state.

The purpose of the campaign is to encourage organizations, businesses, and individuals to post on social media pictures or videos of themselves wearing masks and to accompany these posts with #MaskUpGA and a message about why they "mask up."

"This campaign is about Georgians coming

Medical together for the greater good," said Damien Scott, CEO of the hospital in Swainsboro. "We, along with Gov. Brian Kemp, urge everyone to make the choice to wear a mask as part of collective efforts to stop the spread of this virus. Together, we can help keep our state healthy and well."

> Research and data show that wearing face coverings helps reduce the spread of COVID-19. According to the Centers for Disease Control and Prevention (CDC), wearing masks is "a critical tool in the fight against COVID-19 that could reduce the spread of disease, particularly when

used universally within communities." The CDC further states that wearing masks potentially slows the spread of the virus from one person to another.

As Emanuel Medical Center ensures its ability to treat all patients who come through its doors and prepares for potential surges, it is more important now than ever that Georgians remain healthy and do their part to stop the spread of COVID-19.

Along with Emanuel Medical Center, several organizations around the state have committed to However, dates for the joining the campaign's efforts.

Georgia High School Association's board of trustees decided fall sports would still be played this season. The decision included a short postponement of the start of football across the state, but the silver lining is no games will be canceled and all other sports are set to begin on schedule.

Whether or not the GHSA would proceed with fall sports this year remained in question due to the coronavirus pandemic.

As a result of the trustees' approval, high school football will now start September 4. This is a 2-week pushback from the original start date of August 21. Dates of the state finals have been delayed two weeks as well, moving from December 10-12 December 24-26. to championships have yet to be set as of July 27.

From there, the GHSA approved a restrictive conditioning plan which began June 8, allowing teams to begin working out at that time with stipulations like group maximums of 20 people, specific sanitation procedures, social distancing requirements, and other similar measures.

In June, the GHSA increased the group maximum from 20 to 25 and began permitting the use (Continued on page 2A)



Obituaries......4A Church Page......5D Sports News....C Section Editorial Columns.....4C Classified Listings.....2D Legal Notices.....3D



Scattered Thunderstorms High Low 73° 87 Today's Forecast



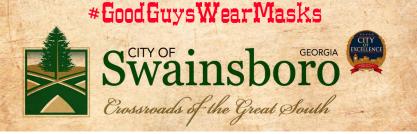
2A The Forest-Blade • *www.EmanuelCountyLive.com* • Swainsboro, Georgia • July 29, 2020

Good Guys Wear Masks

In the old west wearing masks, meant you were up to no good. Today it means you are fighting the spread of the villain, COVID 19.

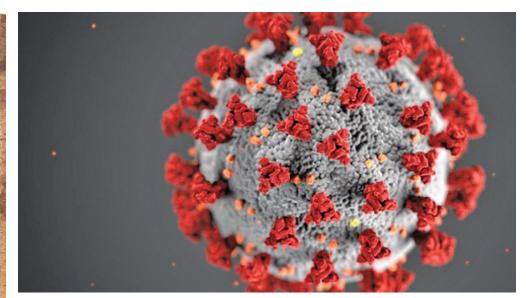


The CDC reminds you that face coverings and masks of all kinds significantly reduce the chance of infection of COVID 19.



YOUR FAIR SHARE OF **RESOURCES AND POWER HAS NEVER BEEN MORE IMPORTANT.**

GET COUNTED.



Active cases of coronavirus *up to 84*

According to the were as follows: county commissioners' noon update before press time Tuesday, July 28, the total active cases of COVID-19 in **Emanuel County has** jumped to 84.

There have been 406 total confirmed cases. Of those confirmed cases, 317 patients have recovered while five have died. Altogether, 3,164 patients have been tested; 243 of those patients are awaiting results.

Tuesday's active count of 84 indicates an increase from last week. The active count on Tuesday, July 21, stood at 44. Since then, the count has continued to increase.

The comprehensive

GHSA gives green...

(From front page) of some sport-specific equipment. However, no scrimmaging of any kind (one-on-one, seven-on-seven in football, live batting practice that allowed a catcher and hitter within 6' of each

• 44 active cases

• 281 confirmed cases recovered 233 patients

- 4 deaths
- 2,842 total patients tested

• 346 patients awaiting results

The overall upward trend of active cases has, for the most part, been ticking upward by the day from July 21 to the active count of 84 on July 28. Specifically, there were:

• 47 active cases on Wednesday, July 22

- 46 active cases on Thursday, July 23
- 55 active cases on Friday, July 24
- 74 active cases on Monday, July 27

Data is not reported numbers for July 21 on the weekends.

> On July 15, the GHSA elected to implement the use of football helmets beginning July 20 with stipulations that schools must sanitize the helmets in between workouts and prohibit student-athletes from using locker rooms. All the while, the GHSA has continued to expect schools to report any and all positive COVID-19 cases. Safety has remained the GHSA's top priority throughout, which is why the vote on July 20 included the delayed start of football. The board of trustees took up a vote prior to last Monday that called for all fall sports to remain on schedule, but that vote failed 8-4 due to concerns for schools from bigger districts with denser populations and higher

coronavirus cases. The delay would give these schools time to recover and better prepare for the season.

With the 12–0 approval on July 20, football began mandatory practices July 27 with full practices set to begin August 1. August scrimmage games have vet to be approved but could be moved back two weeks as well. Cheerleading, cross country, one-act play, softball, volleyball, and flag football, a new addition to GHSA's fall sports slate, will begin as normal. Under the new start dates, Swainsboro will begin the season September 4 at home on Tiger Field against Metter while ECI will begin that same night on the road against Savannah Christian.

The death count maintained at 4 since June 19 until last Thursday, July 23, when it added another 1 deceased person to bring that total to 5.

The Emanuel County **Board of Commissioners** remains the go-to for the most current, cumulative list of coronavirus cases here locally. The commission works jointly with Emanuel Medical Center, East Healthcare Georgia Center, and the health department to provide an update everyday Monday through Friday at noon on Facebook. To receive these updates, follow the Emanuel County Board of Commissioners and turn on your notifications.

COMPLETE YOUR 2020 CENSUS TODAY.

Visit www.my2020census.gov or call 1-844-330-2020 for more information

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other, or conditioning/ activity that didn't allow for social distancing) was permitted.

By July 1, the GHSA gave the nod to up the group maximum to 50 if able to be done safely and allowed cheerleading, softball, and volleyball tryouts. No helmets, shoulder pads, girdles, knee, or thigh pads could be worn by football players at that time. That particular restriction would give within two weeks, perhaps the biggest indicator that fall sports, football, including would go on after all.

WE APPRECIATE OUR MILITARY AND **ALL YOU DO FOR OUR COUNTRY!** View our local active duty list at www.EmanuelCountyLive.com Voul

Send your changes to news@emanuelcountylive.com

The Forest-Blade

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Downtown Swainsboro receives 2020 National Main Street Accreditation

The City of Swainsboro has been designated as a 2020 Accredited Main Street AmericaTM program. Accredited status is Main Street America's top tier of recognition and signifies a demonstrated commitment to comprehensive commercial district revitalization and proven track record of successfully applying the Main Street ApproachTM.

"We are proud to recognize this year's 860 Nationally Accredited Main Street America programs that have dedicated themselves to strengthening their communities," said Patrice Frey, president and CEO of the National Main Street Center. "These Accredited Main Street programs have proven to be powerful engines for revitalization by sparking impressive economic returns and preserving the character of their communities. During these challenging times, these Main Street programs will be key to bringing economic vitality back to commercial districts and improving quality of life during the recovery process."

The City of Swainsboro's performance is evaluated by the Georgia Department of Community Affairs Office of Downtown Development, which works in partnership with Main Street America to identify the local programs that meet ten rigorous performance standards. Evaluation criteria determines the communities that are building comprehensive and sustainable revitalization efforts and include standards such as fostering strong public-private partnerships, documenting programmatic progress, and actively preserving historic buildings. Swainsboro's Main Street Program is managed by the Downtown Development Authority (DDA), which has been a catalyst in the revitalization of downtown Swainsboro. As one of the five original Georgia Main Street Cities designated in the 1980s, Swainsboro reclaimed its accreditation as a state and national Main Street City in 2016 and has worked diligently in maintaining the distinction since. In 2019, five downtown Swainsboro properties received physical improvements and five new businesses were opened, creating 20 new Approximately jobs. 1,900 volunteer hours were invested in downtown projects and special events held in the district, which drew more than 36,000 people downtown over the course of the year. "Partnerships among the City of Swainsboro, Downtown Development Authority, volunteers, and other local businesses and organizations have been the key to our maintaining an



CITY OF SWAINSBORO LOGO

active downtown with ies like ours, the Main an exciting atmosphere full of shops, restaurants, and unique events," said Lynn Brinson, Director of Downtown Development. "The National Main Street Center and Georgia Main Street Program have been wonderful assets in our quest to continually improve downtown Swainsboro and stimulate our local economy."

Main Street America accreditation and Georgia Classic Main Street designation bring many benefits including technical assistance and training opportunities in the areas of historic preservation, architecture and design, and economic development, among others; special access to a variety of funding programs; and the support of a network of partner communities Director of Downtown and organizations. "Anyone who cares about Swainsboro can be very proud of the work our DDA does and the recent accreditation it has received. For smaller cit-

COI

Street program is a valuable tool to help maintain an energetic and attractive town center. It's just another way to show the pride we have in our town," said Mayor Charles Schwabe.

Swainsboro's Main Street Program is led by the City of Swainsboro's DepartmentofDowntown Development and the Downtown Development Authority of Swainsboro Board of Directors. The 2020 DDA Board of Directors is composed of: Gary Mason, board chair; Dr. David Davis; Stephanie Flanders; Anna Gambrell; Daisy Reeves; Jim Roberts; James Ward; Mayor Charles Schwabe (ex-officio); Ken Warnock (ex-officio); and Michael Bright (ex-officio). Lynn Brinson is the



Dear Friends of East Georgia State College,

In my letter to students this week, I asked each of them to consider the importance of personal responsibility in making our campuses healthy and safe this fall. I also wrote to our faculty and staff. I told them that, having served as a faculty member for decades, I know, however, that messages like this have a far greater impact when they hear this message from faculty and staff.

I know that many of you have regular, direct and personal contact with our students. Your advice to them is something they take very seriously. As you talk with them, please discuss the importance of personal responsibility in keeping our campuses healthy and safe this fall.

Here is the message I shared with students. Your"top ten" list certainly won't be identical to mine. The important thing, however, is that you talk with students about the importance of exercising personal responsibility in keeping our campus healthy and safe. I implore you to have these conversations with our students.

My Message to Students

"Earlier this week, I had a phone conversation with a student about returning campus this fall. We talked about the many things the college is doing right now to make our campus healthy and safe this fall --- things like installing protective shields around campus, requiring and providing some protective face coverings, scheduling your classes so that there will be room for social distancing, and so much more. We also talked about the fact that the effectiveness of these steps depends upon the exercise of a high level of personal responsibility by each and every member of our Bobcat family. Here is my top ten list of the things we discussed:

- Respect the space of others. When you meet someone on campus, you don't know their unique situation. They may be particularly susceptible to the COVID-19. If they are exposed, the impact of COVID-19 on them may greater. They may be going home later that day to care for a family member who is particularly susceptible to COVID-19. Observe social distancing standards during your conversation.
- Respect yourself and remember the investment in your future you are making by choosing college. Your own future is dependent on the choices you make about protecting yourself.
- Wear your protective face covering proudly. If it is a cloth face covering, launder it regularly. It is a sign that you respect others and yourself.
- Remind others. This doesn't need to be confrontational or disrespectful. We all remind each other regularly about things like wearing seatbelts. I'm not offended when someone says, "Seatbelt on, Bob?" I wouldn't be offended if someone said, "Mask up, Bob."
- Wash your hands frequently and vigorously with soap and water.
- Use hand sanitizer stations regularly.
- Stay informed. As new information about COVID-19 safety emerges, listen learn and adapt.
- Enjoy finding creative new ways to communicate in a COVID-19 environment. Many of these methods of communicating will become useful tools which will help you succeed in your career once the pandemic ends.
- Reach out to others frequently using your new communication skills. Many are lonely and isolated during this unprecedented time. They need your voice.
- Be optimistic. All of us a struggling together to adapt and survive. I can see already how it is making us stronger in so many ways.

I am looking forward to seeing a sea of colorful, creative masks (all six feet apart) as I look out from my office on the first day of class.'

- Please stay healthy and safe.
- Bob Boehmer, President
- East Georgia State College

UPCOMING EVENTS:

July 31 - Semester Grades Available August 1 - Fall Application Deadline August 3 - Accelerated Term Classes Begin August 10 - Full Term/Session I Classes Begin - Augusta August 17 - Full Term/Session I Classes Begin - Swainsboro and Statesboro

For more information on EGSC's schedule and response to the ongoing COVID-19 outbreak, visit www.ega.edu/COVID19



Did you attend classes at EGSC?

Development.

To keep up with the latest news and announcements from downtown Swainsboro, follow along on Facebook @downtownswainsboro.

D APPLICATION FEE MOST AFFORDABLE TUITION IN GA! & THE MOST THERE IS STILL TIME EAST GEORGIA <u>STATE COLLEGE</u> OFFERS... • 14 ASSOCIATE DEGREES WITH DISCIPLINARY DISTINCTION 3 TARGETED BACHELOR DEGREES TRANSFER PATHWAYS TO GEORGIA SOUTHERN, AUGUSTA UNIVERSITY AND MORE SCHOLARSHIPS TO FIT EVERY NEED ENGAGING, SUPPORTIVE PROFESSORS AND STAFF GEOR **SMART FROM THE START!** swainsbord · statesbord · augusta · online | WWW.EGA.EDU **4A** The Forest-Blade • *www.EmanuelCountyLive.com* • Swainsboro, Georgia • July 29, 2020

SEND A CARD TO SOMEONE EXPERIENCING THE LOSS OF A LOVED ONE.



Nehemiah 8:10

for the joy of the Lord is your strength.

Sunday School Sunday Morning Worsł Sunday Night Wednesday	6:00 pm 7:00 pm
Pastor Dean Martin II www.perfectedlove.com	(478) 237- 4598 1127 Hwy 80 East Swainsboro, GA 30401
JOY OF THE	LORD
IS MY STRE	NGTH (

For His Glory Ministries

PLEASE JOIN US FOR OUR TUESDAY NOON DAY BIBLE STUDY

"DISCOVERING PURPOSE" JULY 7,14,21,28 2020 12 O'CLOCK NOON Eastern Time Zone,11 O'CLOCK Central Time Zone. Join Zoom Meeting https://us04web.zoom.us/j/4693476721 Meeting ID: 469 347 6721 OR One Tap Mobile +19294362866.4693476721# US (Eastern Time Zone) +13126266799,4693476721# US (Central Time Zone)

ALSO LIVE OF FACEBOOK



Charles Henry Drake, 91

Lifelong Swainsboro resident Charles Henry Drake, 91, died from a heart attack Thursday, July 23, 2020 at his home. Born August 17, 1928, Drake was a man of many interests. After high school graduation, he briefly attended the University of Georgia but finding it not to his liking and wanting to get out on his own, he decided to enlist in the Navy because he wanted to go to sea. His parents, Charlie Alonzo Drake and Annie Matilda Drake of Swainsboro were not thrilled but eventually agreed. At the age of 17, he headed to Macon to enlist. He then found himself headed to basic training at the Naval Station Great Lakes in Illinois.

Drake eventually ended up at Pensacola, Florida, where he worked on the flight line loading guns on planes. He was then transferred to the Naval Air Station in Chamblee and there, he soon began to lose his Navy interest and decided to leave after two years of service.

He liked the Navy but liked Jackie Youmans better. They were married May of 1948. Over the years, their family expanded to having sons Chris, Phil, and Alan. In 1960, they moved to the country outside of Swainsboro, where they raised their boys and eventually welcomed grandchildren and great-grandchildren. Country living brought the tending of a garden, raising animals of all types, growing and

Dr. James R. "Chicken" Martin, 77

Dr. James R. "Chicken" Martin of Cartersville passed away the morning of July 19, 2020 at his home.

He is survived by his wife, Bobbie Martin, along with his sons, grandchildren, and tions may be made to great-grandchildren. "Jim," as he was commonly known, was 77-years-old. He was originally from the Kite and Swainsboro area.

selling pine trees, and lots of fishing in their pond.

His field of work covered many varied areasdriving a truck for the gas company, opening his own tile and flooring business, and working at the post office and at Perry's Auto Auction. His main area of skill and expertise was construction, and that became his main area of employment for 20+ years, from which he retired in 1993.

One of the main joys in life was gathering with friends, especially his Jaycee friends, and it was not unusual for Jackie and him to entertain a large gathering at their home with a fish fry, crab boil, or barbecue and Brunswick stew dinner. His love of family and friends was always evident. Their Douglas was born May three sons gave them a quiver-full of 12 grandchildren and, eventually, 23 great-grandchildren. His infectious smile, laughter, hugs, and funny comments warmed and endeared many to him.

He was preceded in death by his wife of 71 years, Jackie, and his son, Chris.

Graveside services were held Monday, July 27, 2020 at 10 a.m. at Swainsboro City Cemetery with Rev. David Unkles officiating. Visitation was held Sunday, July 26, 2020 from 6 until 8 p.m. at Tomlinson Funeral Home. COVID-19 guidelines were followed.

Tomlinson Funeral Home of Swainsboro was in charge of arrangements.

He pastored southern Baptist churches in Georgia and Alabama for

> for 57 years. In lieu of flowers, contribumemorial Wounded Warriors, Tunnel2Towers, or first responders. Leaf Cremation of Acworth was in charge of arrangements.

most of his adult life and

was married to Bobbie

Hazel Armstrong Douglas, 79

for Hazel Armstrong Douglas, 79 of Swainsboro, was held Monday, July 27, 2020 at 7 p.m. at Chapman Funeral Home with Reverend Emory Fennell and Reverend Jack Whitehead officiating. The family received friends Monday, July 27, 2020 from 6 until 7 p.m. at Chapman Funeral Home. In compliance with guidelines set by the CDC, the 6' rule was enforced during the visitation and service. She passed away Friday, July 24, 2020 at Oxley Park Health & Rehabilitation following an extended illness. Ms. Hazel Armstrong 30, 1941 in Swainsboro to the late Curtis "Mr. Curt" J. Armstrong and Gladvs Giles Armstrong. She worked Creston/Argo at Mills and retired from Walmart. She enjoyed fishing and watching Hallmark movies. Douglas was preceded in death by her parents and brother, Curtis 'Cobb" K. Armstrong. Survivors include her

A memorial service

DOUGLAS

daughters, Julie (Jeff) Raines of Statesboro and Sherry (Steve) Claxton of Swainsboro; grandchildren, Wesley (Amy) Way, Jeremy (Erin) Way, Dustin (Delane) Way, Steve (Hannah) Claxton Jr., Casey Claxton, Ashley Raines (Brian Darby), and Brittany (Kevin) Douglas; sister, JoAnn H. Cannon of Swainsboro; sister-in-law, Marilyn Armstrong of Swainsboro; 13 great-grandchildren; one great-great-grandson; and several nieces, nephews, and friends.

Honorary pallbearers was the staff of Summer Willow.

Chapman Funeral Home of Swainsboro was in charge of arrangements.

Debra E. Anderson, 59

Debra E. Anderson, J. Anderson; 59 of Twin City, died Thursday, July 23, 2020 at her residence.

Mrs. Debra Ε. Anderson was born April 30, 1961 in Glen Burnie, Maryland, daughter of the late George Raymond Bowman and Jeanette Virginia Blumquist Bowman. She was a homemaker.

Anderson was preceded in death by her parents; brother, Bill Bowman; and her sister, Jeanne Cook.

children, Jessica Bowman, Raymond Anderson, Angel Anderson, and Virginia Anderson; grandchildren, Ciera Bowman, Raymond Anderson Jr., and Derek Anderson; great-grandchild, Harley Greenhaw; two brothers, Jimmy Bowman and Eric Bowman; and one sister, Tera Harnish.

The family will have a private memorial service at a later date.

Tomlinson Funeral Home and Crematory Survivors include of Swainsboro is in her husband, Duane charge of arrangements.

Make your fulleral, cremation of centerery plans in advance. We are only one CALL away to help you plan.

• Cremation • Traditional Funeral • Cemetery Property • Funeral Costs • Celebration of Life

Chapman Funeral Home and crematory service "Committed To Serve Our Family And Friends" 427 N. Main St. • Swainsboro 478-237-3800

You're Invited To Attend Swainsboro First United **Methodist Church** 319 W. Main St. 237-7535 Rev. Davis Unkles, Pastor Sunday Morning Services Are Broadcast By WXRS 100.5 FM at 11:00 A.M.

Sunday

9:00 AM - Contemporary Service 10:00 AM - Sunday School 11:00 AM - Traditional Worship

5:00 PM - Jr. & Sr. MYF 6:00 PM - Evening Worship

Wednesday Night

5:30 PM - Bible Study 6:30 PM - Family Dinner 7:00 PM - Chancel Choir



PLEASE JOIN US!

Franklin Wright Clark, 73

Clark, 73 of Stillmore, died Friday, July 24, 2020 at

Medical Emanuel Center in Swainsboro.

He is survived by his wife, Alice Wilkerson Clark of Stillmore; sons, Frank Clark and Chuck Clark, both of Florida; a stepson, Bobby Beasley Jr. of Swainsboro; daughters, Jenny Rowland of Lyons and Alicia Beasley of Aline; brothers, Gary Clark of Tennessee and Kevin Clark of Florida;

was born September Mr. Franklin Wright nine grandchildren; and two great-grandchildren. 13, 1943 in Millen, son of the late Ben Franklin Funeral services were held Sunday, July 26, Johnson Annie Margaret Gay 2020 at 2 p.m. at Rock Worship Center with Johnson. He worked Rev. Ronnie Collins as a diesel and auto officiating. The family mechanic for many received friends from 1 years, and he attended p.m. until the hour of Elam Baptist Church. the service. Burial took place at Stillmore City were held Cemetery. All social dis-July 28, 2020 at 10 tance requirements were a.m. at Elam Baptist observed. Church Cemetery with

Wood Funeral Home was in charge of arrangements.

Garfield church to hold

back-to-school event

Garfield United Methodist Church announces its "Back to School with Jesus" event set for this Saturday, August 1. The event will begin at 6 p.m. at the church's location, 105 Monroe Street, and will feature the movie Soul Surfer. Popcorn, drinks, and school supplies will be provided to children in attendance. All are welcome.

Millen, died Friday, July

24, 2020 at Emanuel

Mr. Ben F. Johnson

Sr.

and

services

Tuesday,

Medical Center.

Graveside

Ben F. Johnson, 76

Ben F. Johnson, 76 of Reverend Jody Bryant officiating.

> Survivors include his wife, Bette B. Johnson; son, Charles Johnson (Ginger); daughter, Cindy Johnson (Alexis); grandchildren, Brittany Johnson and Sawyer Johnson; brothers, Raymond Blackburn and Randy Blackburn; sister, Brenda Mathern; and many nieces and nephews.

Tomlinson Funeral Home and Crematory of Swainsboro was in charge of arrangements.

Family and friends invited to Holy Zion

Holy Zion Church of Metter on Mincey Street will have a family and friends gathering August 2. The guest church for the event will be Mount Gilead. Pastor Hagins, Master and Mr. David Cross, and Sister Shirley Passmore will be the speakers. Refreshments will be served. Pastor Johnny Ray Jones invites all.

Mary Esther Trammell, 79

Mrs. Mary Esther Trammell, 79 of Metter, died Sunday July 26, 2020 at Emanuel Medical Center in Swainsboro.

She was preceded in death by her husband, William H. Trammell, and her parents. She is survived by daughters, Dori (Billy) Daniels of Metter, Cynthia Diane Gentry of Chattanooga, Tennessee, and Lisa Turbyfill of Oak Park; a brother, Gene Fields of Swainsboro; sister, Maude Strange of Oak Park; five grandchildren;

and numerous great grandchildren. Funeral services will

be held Thursday, July 30, 2020 at 11 a.m. in the chapel of Wood Funeral Home with Rev. Byron Waters and Rev. Wayne Roundtree officiating. Burial will take place at New Hope Cemetery in Swainsboro. Visitation will be Wednesday, July 29, 2020 from 6 to 8 p.m. at Wood Funeral Home. All COVID-19 requirements must be observed.

Wood Funeral Home of Metter is in charge of arrangements.

Dorothy Mae Reed, 76

A virtual memorial service for Dorothy Mae Reed, 76, was held Monday, July 27, 2020 at 1 p.m. She died July 23, 2020.

Dorothy Mae Reed, affectionately known by her friends and family as "Bay" or "Dot," was born in Emanuel County on August 6, 1943 to Tressie and Raymond Freeman. She was raised in Summertown and graduated from Emanuel County High School in 1963. She later moved to New Jersey, where she spent most of her life. She met and married Fred Reed Sr., known as "Coffee." To this union, two children were born: Fred "Butch" Reed Jr. and Gregory Reed. She dedicated her life to Jehovah and got baptized in August 1973. Reed served faithfully in the Paterson North Congregation until she and her husband relocated to Georgia in November 2015 She was a devoted wife and mother who loved to travel, spend time with friends and family, and cook. Reed was well-known for her sweet potato pie and signature southern fried chicken. She by her mother, Tressie King Freeman; father,



REED

Freeman Raymond Sr.; brothers, James Freeman, Raymond (Mary) Freeman Jr., and Samuel Freeman; and sisters, Linda Freeman, Larry Jean Freeman Williams, and Shirlene Freeman.

Survivors include her loving husband of 53 years, Fred Reed Sr.; two sons, Fred Reed Jr. and Gregory Reed; one daughter-in-law, Andrea Reed; sisters Nettie (Willie) Dixon and Annise (Nathaniel) brothers. Hughes; Bobby sisters-in-Freeman; law, Tina Freeman ages all interested parand Mildred Freeman; grandchildren, Darius Christopher Reed, Reed, Zhane Butler; great-granddaughter, Lelah Butler-Knapp; and a host of nieces, nephews, other relatives, and friends.

Hide, Find, Win a **Prize:** SPD's Treasure Hunt for Kids continues

Adventure is calling and prizes await! With school beginning next week, don't let the kids' opportunity to participate in Swainsboro Police Department's Treasure Hunt for Kids pass you by!

Throughout the month of July, Swainsboro Police Department officers have ventured through the city to hide rubber balls for local children to find. Once a ball is hidden, a special clue is dropped on Swainsboro Police Department's Facebook page to provide hints to participants in the second annual event. Once the clue is dropped, children, accompanied by a guardian, are encouraged to set off on an adventure to find the hidden ball. After locating the hidden ball, the child is to report to police headquarters and exchange their ball for a prize!

Take a view at all the prizes offered by Swainsboro Police Department by visiting The Forest-Blade's Facebook page, Emanuel County Live. There, you will find live coverage featuring SPD Chief Randy Ellison, who explains the rules of the game and provides a glimpse of all the offered prizes.

To view recent winners and prizes won thus far, visit Swainsboro Police Department's Facebook page. Also, be sure to stay tuned in and current with Forest-Blade readings for future publication of all winning participants. Happy hunting!

Need help with your Census form? Franklin Memorial Library will assist Have you filled out the mation such as

census yet? For many people who received a census form in the mail, it was a quick and easy process to fill out and return. However, some individuals might not have received a mailer, or maybe some individuals misplaced theirs. No matter the case, Franklin Memorial Library is ready to help anyone still needing to complete their 2020 Census.

The library has del-(Beverly) egated a computer for census users and encourties to make an appointmation such as your Social Security number, financial information, or political party affiliation. The information from the census counts the number of people living in areas in order to allocate resources accordingly. Information from the census will determine how much money is given to the local area to support the library, firefighters, school lunches, road maintenance, and more.

"I think it is imperative that every citizen fills out the census report because the funding for our county is based on the numbers that come from the census reports," said David Morgan, board chairman for the Emanuel County public library.

Have you filled out your CENSUS form?



Canoochee Missionary Baptist Church

Sunday August 2nd 11:00

Revival August 3rd, 4th & 5th 7:00pm Speaker

Brother Cody Zorn

Canoochee Garfield Rd, Canoochee, GA



Mosley's Funeral arrangements.

ment. Assistance with typing will be provided if needed.

Another option for census completion (in English) is offered by phone. To utilize this option, call 844-330-2020.

Though short and was preceded in death Home of Swainsboro easy, the census is vitalwas in charge of ly important. It does not ask for sensitive infor-

As recipients of government funding, the library invites all to participate in shaping the future by completing the census today.

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BILLY 💳

SENATE

Camp Invention goes virtual this summer

Camp Invention, a nationally recognized program of the National Inventors Hall of Fame®, has been a popular summer destination for young people across the country. This year, due to the COVID-19 pandemic, *Camp Invention Connect* was created. A hybrid program offering both offline activities and optional online sessions, *Camp Invention Connect* enables hands-on exploration by delivering a set of four activity kits, packed full of fun material, directly to each participant. The national camp has been held at East Georgia State College for the past eight years. This year's all-new, at-home edition was held the week of July 13-17.

Jean Schwabe, Fulford Community Learning Center Director, served as the lead coach for this years' experience. Erin Youmans, MMGYSTC Coordinator, Macy Fagler, Swainsboro Primary first grade teacher, and Kim Hooks, MMGYSTC STEM Teacher served as coaches for the three groups of campers. Nordson Corporation very generously provided fifty-seven scholarships for the camp and has served as a corporate sponsor each year.

Camp Invention challenges students to find their "inner inventor" by learning the process of innovation and promoting STEM (science, technology, engineering and mathematics) learning. In addition, the camp builds confidence, leadership, perseverance, and problem-solving skills. In these unprecedented times, these lessons are even more valuable.

This year's curriculum, *ELEVATE*, featured video challenges from Inventors Hall of Fame inductees encouraging students to be confident in their ideas and explore their ability to innovate. The hands-on modules included:



• Camp Invention Flight LabTM: Imaginations soared as the campers learned about flight with gliders, rockets, heliballs and hand-copters. They built a cityscape from upcycled materials, navigated planes through a storm and took apart a flight simulation robot.

• Design Thinking ProjectTM: Campers learned the value of their creativity as they brought their biggest ideas to life. To become successful innovators, they created sketches, built prototypes, designed logos and learned how to pitch their invention while protecting their intellectual property.

• Rescue SquadTM: Using teamwork and problem-solving skills, students protected the Earth's ecosystems. Inspiring activities included creating pods to compete in zipline races, exploring energy conservation, eliminating pollution and helping wildlife in habitats across the country.

• Camp Invention ChampionsTM: As students discovered the unseen inventors behind their favorite sports, they applied their own ingenuity. They traded inventor playing cards, created and played their own high-energy hover-ball games, and designed and built the ultimate sports complex.

Each year, Camp Invention serves 130,000 and partners with more than 1,800 schools and districts across the nations. East Georgia State College is proud to have hosted this outstanding STEM experience for students in our area since 2012.





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Keystone Insurance Group is proud to announce that we have moved to our new location. Our new location will provide more parking space and much larger office space. Yes, we will continue to offer money saving choices for your insurance needs. It is our goal to offer an insurance plan and road map to get you the best companies at the very best rates. It's not as easy as just getting a quote... a lot of places could do that. We try to offer and track ways that you can improve your insurance premiums and experience over time. I'm proud to call you our client and look forward to serving you with all your insurance needs.

Sincerely,

1es/le

Chad Canady



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THE MCCLELLANS



LAWSON FRYE



Miss Andrews to wed Mr. Walden September 26

Mr. Gerald Bruce "Andy" Andrews of West Point and Mrs. Gina Lynn McDiarmid of Pensacola, Florida announce the engagement and forthcoming marriage of their daughter, Sarah Elizabeth Andrews, to William Isaac Walden, son of Mr. and Mrs. William Athen "Bill" Walden of Metter.

The bride-elect is the granddaughter of Mr. and Mrs. Gerald Bruce Andrews Sr. of West Point, Mr. and Mrs. Harold Cotter of Roanoke, Alabama, and the late Betty Jean Cotter.

Miss Andrews graduated in 2014 from Springwood School in Lannet, Alabama and from Georgia Southern University with a Bachelor of Science in Public Health. Miss Andrews was a member of the Alpha Delta Pi sorority. She received a Master's in Nursing from Augusta University.



MR. WALDEN AND MISS ANDREWS

the grandson of Mrs. Hilda Walden and the late Mr. Billy Walden of Canoochee and Mrs. Pat Rountree and the late Mr. George Robert Rountree of Twin City. A 2012 honor gradu-

The future groom is ate of David Emanuel

Academy, Mr. Walden graduated with а Bachelor of Science in Public Health from Georgia Southern University, where he was also a member of the Sigma Alpha Epsilon fraternity. He

is employed with The Lodge at Bethany in Statesboro.

A small family wedding is planned for September 26, 2020 at Three Oaks Farm in LaGrange. Formal invitations will be sent.

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Social News







Miss Cato, Mr. Wood to wed

Spencer and Wanda Wood of Swainsboro are pleased to announce the engagement and forthcoming marriage of their son, Mr. Zachary Wood, to Miss Caitlin Cato, of Bainbridge. She is the daughter of Dennis and Tracy Cato. The groom-elect is a 2013

graduate of Swainsboro High School. He also graduated from Abraham Agricultural Baldwin College in 2017, where he majored in Natural Resource Management. He is employed as a wildland firefighter.

The bride-to-be is a 2013 graduate of Bainbridge

High School and a 2017 graduate of the University of Georgia, where she majored in Biochemistry and Molecular Biology. She is currently a chemistry graduate student in Athens at UGA.

The wedding is planned for August 15, 2020 in Madison.





Incorporate These Habits for a Healthy Heart Lifestyle.

- Eat healthy fats, NOT trans fats.
- Practice good dental hygiene, especially
- Flossing your teeth daily.
- Get enough sleep.
- Don't sit for too long at one time.
- Avoid secondhand smoke.

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Smoking cessation: Beat the habit

by **CLIFTON**

Smoking cessation is the process of discontinuing smoking tobacco. Tobacco smoke contains nicotine and is an addictive substance leads to dependence. Nicotine withdrawal often makes the decision to quit smoking tobacco a difficult process. Some smokers are able to quit cold turkey while others need assistance to contain the urge and kick the habit. There are five major steps to intervention known as the "5 A's:" Ask, Advise, Assess, Assist, and Arrange. Emanuel County resident Ellen Gay provides advice for others interested in living a smoke-free life based on her very own

WHITLEY personal experience. Q: At what age did

> you begin smoking? A: I started smoking

> at the age of 13. Q: What prompted you to begin smok-

ing? A: Everyone was doing it and I thought

it was "cool." Q: At what age did you break the habit of

smoking? A: I stopped smoking at 57.

Q: What prompted you to stop smoking? A: After years of smoking, my doctors informed me that visible lung damage had begun to occur. Also, another breaking point was receiving a handwritten letter from my granddaughter, Tiffany Oliver, begging me to stop.

Q: What health ben-

efits have you noticed since quitting smoking?

A: My breathing is much better now than it was when I smoked.

Q: What are three things that make you glad to have quit smoking?

A: For starters, the taste of food is so much better. Breathing better has been very beneficial to my health and overall well-being as well. I'm also glad I was able to take that one worry away from my granddaughter.

Q: What method did you use to quit smoking?

A: I was prescribed Wellbutrin by my doctor. This medication made cigarettes taste bad.

Q: How long did it take for the cravings



GAY to stop?

A: I'd say the cravings for a cigarette stopped after approximately one month.

O: What recommendations do you have for others who are thinking about quitting smoking?

A: Make an appointment with your primary healthcare provider for help.

Five tips for taking control of diabetes

When it comes to type 2 diabetes-the most common type of diabetes-prevention is very important. It's especially important to make diabetes prevention a priority if you're at increased risk of diabetes, such as if you're overweight or you have a family history of the disease or you have been diagnosed with prediabetes (also known as impaired fasting glucose).

Diabetes prevention is as basic as eating more healthfully, becoming more physically active and losing a few extra pounds. It's never too late to start. Making a few activity. Exercise can help you lose weight, lower your blood sugar, and boost your sensitivity to insulin, which helps keep your blood sugar within a normal range.

Research also shows that aerobic exercise and resistance training can help control diabetes. The greatest benefit comes from a fitness program that includes both.

2. Get plenty of fiber

Fiber may help you reduce your risk of diabetes by improving your blood sugar control, lower your risk of heart disease, and promote weight loss by helping you feel full. Foods high in fiber include fruits, vegetables, beans, whole grains and nuts.

to eat, including various breads, pasta products and cereals. Look for the word "whole" on the package and among the first few items in the ingredient list.

4. Lose extra weight

If you're overweight, diabetes prevention may hinge on weight loss. Every pound you lose can improve your health, and you may be surprised by how much. Participants in one large study who lost a modest amount of weight—around 7 percent of initial body weight—and exercised regularly reduced the risk of developing diabetes by

you may be giving up essential nutrients and often craving such foods. Instead, make variety and portion control part of your healthy-eating plan. When to see your doc-

tor

The American Diabetes Association recommends blood glucose screening if:

• You're age 45 or older

• You're an overweight adult of any age with one or more additional risk factors for diabetes, such as a family history of diabetes, a personal history of prediabetes, or an inac-

simple changes in your lifestyle now may help you avoid the serious health complications of diabetes in the future, such as nerve, kidney and heart damage. Consider these diabetes prevention tips from the American Diabetes Association.

1. Get more physical activity

There are many benefits to regular physical

3. Go for whole grains It's not clear why, but whole grains may reduce your risk of diabetes and help maintain blood sugar levels. Try to make at least half your grains whole grains.

Many foods made from whole grains come ready almost 60 percent.

5. Skip fad diets and just make healthier choices

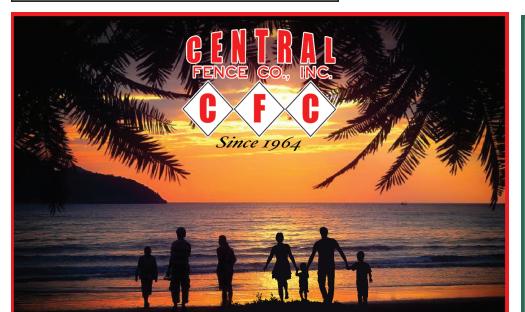
Low-carb diets, the glycemic index diet, or other fad diets may help you lose weight at first, but their effectiveness at preventing diabetes and their long-term effects aren't known. By excluding or strictly limiting a particular food group,

tive lifestyle.

After age 45, your doctor will likely recommend screening every three years.

Share your concerns about diabetes prevention with your doctor. He or she will appreciate your efforts to prevent diabetes and may offer additional suggestions based on your medical history or other factors.

Swainsboro, GA 30401

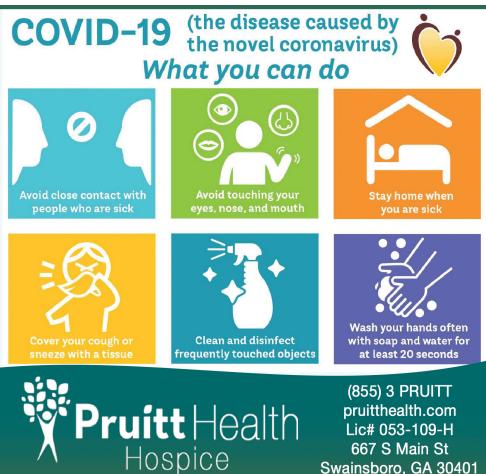


O Lord, support us all the day long, until the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then, Lord, in your mercy grant us a safe lodging, and a holy rest, and peace at the last; through Jesus Christ our Lord.

- John H. Newman, based on a 16th century prayer



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COVID-19 from an RN's perspective

by WHITLEY CLIF-TON

outbreak The of COVID-19 has been a concern for a while now. Testimonies from diagnosed individuals indicate signs, symptoms, and recovery vary from person to person. Dina Durden, a registered nurse from Emanuel County, provides firsthand experience from a nurse's standpoint who has seen and helped COVID-19 patients.

COVID-19 symptoms to look for

According to Durden, COVID-19 symptoms associated are wide-ranging and vary by individual. While some people show no symptoms, others experience more severe, life-threatening ones that can appear in a timeframe of 2 to 14 days after exposure. The most reported common symptoms include cough, shortness of breath, fever, chills, or loss of taste or smell. Some corona-



DURDEN virus patients may experience gastrointestinal symptoms like diarrhea or upset stomach as well. However, symptoms are not limited to those alone.

Durden adds that a person should seek medical assistance if experiencing any related symptoms of coronavirus. Emergency warning signs include difficulty breaking, persistent chest pain or pressure, new confusion, inability to wake or issues staying away, and a bluish change in color of lips or face.

wearing masks

Cloth face coverings are recommended, Durden says, as a barrier to prevent the spread of respiratory droplets that travel into the air and onto others, especially in places where 6' social distancing is hard to maintain. With symptoms varying from person to person, some individuals with COVID-19 may show mild or no symptoms while symptoms in others are more severe. Wearing face masks are recommended to prevent the spread of the virus, but it does not replace the need for physical distancing, Durden says.

The importance of social distancing

Medical professionals have found that COVID-19 spreads easiest through close contact, especially during prolonged periods of time. Since the virus can be spread before a

The importance of person realizes they are sick, it is important to stay at least 6 feet away from others when possible, even if no symptoms evident in you or people in your surroundings. Durden notes social distancing is considered to be highly important for those who are at higher risk for severe illness.

The importance of disinfecting

Disinfecting, she adds, is important when containing and preventing the spread of any bacteria or virus. The spread of many infectious diseases is often halted by proper use of disinfectant products. Routine disinfecting and sanitizing are always an important factor when controlling the spread of harmful viruses and bacteria.

Medical advice on the matter

Through her experience, Durden has found every case is different. Some individuals might only show a few symptoms while others may show signs of multiple symptoms. The severity of this disease can vary from person to person.

Some patients diagnosed with COVID-19 may not show serious health concerns while others have to be placed on a ventilator.



10 ways to keep your teeth healthy

1. Don't go to bed without brushing your teeth

It's no secret that the general recommendation is to brush at least twice a day. Still, many of us continue to neglect brushing our teeth at night, but brushing before bed gets rid of the germs and plaque that accumulate throughout the day.

2. Brush properly

The way you brush is equally important. In fact, doing a poor job of brushing your teeth is almost as bad as not brushing at all. Take your time, moving the toothbrush in gentle, circular motions to remove plaque. Unremoved plaque can harden, leading to calculus buildup, and gingivitis (early gum disease).

3. Don't neglect your tongue

Plaque can also build up on your tongue. Not only can this lead to bad mouth

remains a mainstay in oral health. This is because fluoride is a leading defense against tooth decay. It works by fighting germs that can lead to decay, as well as providing a protective barrier for your teeth. 5. Treat flossing as

important as brushing

Many who brush regularly neglect to floss. Flossing is not just for getting those little pieces of Chinese food or broccoli that may be getting stuck in between your teeth. It's really a way to stimulate the gums, reduce plaque, and help lower inflammation in the area. Flossing once a day is usually enough to reap these benefits.

6. Consider mouthwash Advertisements make mouthwash seem necessary for good oral health, but many people skip them because they don't know how they work. Mouthwash helps in three ways: It reduces the amount of acid in the mouth, cleans hard-to-brush areas in and around the gums, and re-mineralizes the teeth. Ask your dentist for specific mouthwash recommendations. Certain brands are best for children, and those with sensitive teeth. Prescription mouthwash is also available.

of thumb, dentists recommend drinking water after every meal. This can help wash out some of the negative effects of sticky and acidic foods and beverages in between brushes.

8. Eat crunchy fruits and vegetables

Ready-to-eat foods are convenient, but perhaps not so much when it comes to your teeth. Eating fresh, crunchy produce not only contains more healthy fiber, but it's also the best choice for your teeth.

9. Limit sugary and acidic foods

Ultimately, sugar converts into acid in the mouth, which can then erode the enamel of your teeth. These acids are what lead to cavities. Acidic fruits, teas, and coffee can also wear down tooth enamel. While you don't necessarily have to avoid such foods alto gether, it doesn't hurt to be mindful.

companies even cover more frequent dental checkups. If this is the case for you, take advantage of it. Doing so is especially helpful if you have a history of dental issues, such as gingivitis or frequent cavities.

> A Healthy Family is a **Happy** Family.

Does your family get routine wellness check-ups?

odor, but it can lead to other oral health problems. Gently brush your tongue every time you brush your teeth.

4. Use a fluoride toothpaste

When it comes to toothpaste, there are more important elements to look for than whitening power and flavors. No matter which version you choose, make sure it contains fluoride. While fluoride has come under scrutiny by those worried about how it impacts other areas of health, this substance

7. Drink more water

Water continues to be the best beverage for your overall health-including oral health. Also, as a rule

10. See your dentist at least twice a year

Your own everyday habits are crucial to your overall oral health. Still, even the most dutiful brushers and flossers need to see a dentist regularly. At minimum, you should see your dentist for cleanings and checkups twice a year. Not only can a dentist remove calculus and look for cavities, but they will also be able to spot potential issues and offer treatment solutions.

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Nancy Edge: Living with PTSD

by WHITLEY CLIFTON

In this article, childhood trauma survivor Michael Nancy Edge, Oak Park resident, talks about PTSD on a personal level and how falling victim to abuse at a young age led to her experience with this disorder.

What really happens

According to Edge, most people believe that an individual suffering from PTSD can become "better" by just visiting a doctor and receiving treatment. However, that's not always the case.

On the contrary, PTSD is a lifelong disorder that an individual has to learn to cope with. It is a process that requires continuous coping strategies and a strong support system.

Secondary trauma

Edge added that receiving support for PTSD is crucial and critical for any diagnosed individual as well as their caregivers.

What most people don't realize is PTSD does not only affect the diagnosed person; it also has an im-

Prevent the Spread!

- Stay at home when you are sick Cover your mouth and nose with a tissue when you cough or sneeze
- Cough or sneeze into your upper sleeve, not your hand

• Put used tissues in the waste basket TWIN CITY DRUG CO.

PHARMACY • BOUTIQUE • GIFTS 507 S. Railroad Ave. • Twin City • 478-763-2151 Mon. - Fri. 9AM to 6PM · Sat. - 9AM - 12PM Kent Kicklighter, Pharm D. • Kent & Malory Kicklighter, Owners pact on their loved ones and caregivers. Caregivers also need support and assistance with coping when helping an individual who has developed PTSD.

Personal advice

Edge's advice for people who have PTSD or think they might have developed it? Get help! Find a support system that works for you. Neither one person nor yourself can provide the needed support when dealing with PTSD. Although Edge considers her daily motivators for living a healthy and good life to be her husband, John, and her daughter, Delaney, she admits it takes a network of individuals to help provide needed support.

The Sunshine House in Swainsboro offers help free of charge to individuals suffering from trauma. If you are seeking local assistance, contact this organization for more information.

Coping with PTSD is daily work that requires 100 percent effort. Finding the right support group and being on the same page can make a huge impact when living life with PTSD.



EDGE WITH DAUGHTER DELANEY

Eight tips for a healthy heart

1. Stop smoking—no ifs, ands, or butts

There are many steps you can take to help protect your health and blood vessels. Avoiding tobacco is one of the best.

In fact, smoking is one of the top controllable risk factors for heart disease. If you smoke or use other tobacco products, the American Heart Association (AHA), National Heart, Lung, and Blood Institute (NHLBI), and Centers for Disease Control and Prevention (CDC) all encourage you to quit. It can make a huge difference to not just your heart, but your overall health, too.

2. Focus on the middle

That is, focus on your middle. Research in the Journal of the American College of Cardiology has linked excess belly fat to higher blood pressure and

unhealthy blood lipid levels. If you're carrying extra fat around your middle, it's time to slim down. Eating fewer calories and exercising more can make a big difference.

3. Move it, move it, move it

No matter how much you weigh, sitting for long periods of time could shorten your lifespan, warn researchers in the Archives

of Internal Medicine and the American Heart Association. Couch potato and desk jockey lifestyles seem to have an unhealthy effect on blood fats and blood sugar. If you work at a desk, remember to take regular breaks to move around. Go for a stroll on your lunch break and enjoy regular exercise in your leisure time.

4. Go fish

Eating a diet rich in omega-3 fatty acids can also help ward off heart disease. Many fish, such as salmon, tuna, sardines, and herring, are rich sources of omega-3 fatty acids. Try to eat fish at least twice a week, suggests the AHA. If you're concerned about mercury or other contaminants in fish, you may be happy to learn that its heart-healthy benefits tend to outweigh the risks for most people.

5. Know your numbers

Keeping your blood pressure, blood sugar, cholesterol, and triglycerides in check is important for good heart health. Learn the optimal levels for your sex and age group. Take steps to reach and maintain those levels. And remember to schedule regular check-ups with your doctor. If you want to make your doctor happy, keep good records of your vitals or lab numbers, and bring them to your appointments.

7 benefits of weightlifting for improving quality of life

Pain free living

- Weight training will help reduce general aches and pain that come with age as well as disorder specific pain
- Reducing overall pain levels allows for greater ease and less restrictions when moving

Mental and emotional

- Improves health related factors which can improve physical capabilities as well as emotional and mental state
- Improved physical functional capabilities allows for a more engaged and active lifestyle
- Being more active, engaged, and having more social interaction positively impacts mental and emotional health
- Weight training innately improves mental, emotional, and cognitive health which positively impacts quality of life

Urinary incontinence

2 out of every three women struggle with urinary incontinence which, frail older woman with this issue saw a 50% reduction in daily leaks due to weight training

The verdict

Weight lifting is a crucial aspect of improving the overall quality of life of older adults and elderly

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6. Consider pet therapy

Our pets offer more than good company and unconditional love. They also provide numerous health benefits. Studies reported by the National Institutes of Health (NIH) suggest that owning a pet may help improve your heart and lung function. It may also help lower your chances of dying from heart disease.

7. Sidestep salt

If the entire U.S. population reduced its average salt intake to just half a teaspoon a day, it would significantly cut the number of people who develop coronary heart disease every year, report researchers in the New England Journal of Medicine. The authors suggest that salt is one of the leading drivers of rising healthcare costs in the United States. Processed and restaurant-prepared foods tend to be especially high in salt, so think twice before filling up on your favorite fast-food fix. Consider using a salt substitute, such as Mr. Dash, if you have high blood pressure or heart failure.

8. Knit a scarf

Put your hands to work to help your mind unwind. Engaging in activities such as knitting, sewing, and crocheting can help relieve stress and do your ticker some good. Other relaxing hobbies, such as woodworking, cooking, or completing jigsaw puzzles, may also help take the edge off stressful days.

Know the difference: *Flu vs.*

What is the difference between influenza (also known as "flu") and COVID-19?

Influenza (flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a new coronavirus (called SARS-CoV-2) and flu is caused by infection with influenza viruses. Because some of the symptoms of flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and testing may be needed to help confirm a diagnosis. Flu and COVID-19 share many characteristics, but there are some key differences between the two.

While more is learned every day, there is still a lot that is unknown about COVID-19 and the virus that causes it.

Signs and symptoms

Both COVID-19 and flu can have varying degrees of signs and symptoms, ranging from no symptoms (asymptomatic) to symptoms. severe Common symptoms that COVID-19 and flu share include:

• Fever or feeling feverish/chills

• Cough

 Shortness of breath or difficulty breathing

- Fatigue (tiredness) • Sore throat

• Runny or stuffy nose

• Muscle pain or body aches

symptoms. How it spreads

COVID-19 Both and flu can spread from person-to-person between people who are in close contact with one another (within about 6 feet). Both are spread mainly by droplets made when people with the illness (COVID-19 or flu) cough, sneeze, or talk. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

It may be possible that a person can get infected by physical human contact (e.g. shaking hands) or by touching a surface or object that has virus on it and then touching his or her own mouth, nose, or possibly their eyes.

Both flu virus and the virus that caus-COVID-19 es may be spread to others by people before they begin showing symptoms, with very mild symptoms or who never developed symptoms (asymptomatic).

People at high-risk for severe illness

Both COVID-19 and flu illness can result in severe illness and complications. Those at highest risk include:

Older adults

• People with certain underlying medical conditions

• Pregnant people

Complications Both COVID-19 and flu can result in complications, including:

Pneumonia

ple who have already been infected with flu or COVID-19)

Approved treatments

People at high-risk of complications or who have been hospitalized for COVIDor flu should 19 receive supportive medical care to help relieve symptoms and complications.

Vaccine

Vaccines for COVID-19 and flu must be approved or authorized for emergency use (EUA) by the FDA. Differences

While COVID-19 and flu viruses are thought to spread in similar ways, COVIDis more conta-19 gious among certain populations and age groups than flu. Also, COVID-19 has been observed to have more superspreading events than flu. This means the virus that causes COVID-19 can quickly and easily spread to a lot of people and result in continuous spreading among people as time progresses.

The risk of complications for healthy children is higher for flu compared to COVID-19. However, infants and children with underlying medical conditions are at increased risk for both flu and COVID-19.

Differences Flu

• Flu viruses can cause mild to severe illness, including common signs and symptoms listed above.

• Typically, a person develops symptoms anywhere from 1 to 4 days after infection. • Most people with flu are contagious for about 1 day before they show symptoms. • Older children and adults with flu appear to be most contagious during the initial 3-4 days of their illness but many remain contagious for about 7 days. • Infants and people with weakened immune systems can be contagious for even longer. Young children are at higher risk of severe illness from flu.

get flu will recover in a few days to less than two weeks, but some people will develop complications, some of these complications are listed above.

• Prescription influenza antiviral drugs are FDA-approved to treat flu.

• People who are hospitalized with flu or at high-risk of flu complications with flu symptoms are recommended to be treated with antiviral drugs as soon as possible.

• There are multiple FDA-licensed influenza vaccines produced annually to protect against the 3 or 4 flu viruses that scientists anticipate will circulate each year.

COVID-19

• Other signs and symptoms of COVID-19, different from flu, may include change in or loss of taste or smell.

• Typically, a person develops symptoms 5 days after being infected, but symptoms can appear as early as 2 days after infection or as late as 14 days after infection, and the time range can vary.

• How long someone can spread the virus that causes COVID-19 is still under investigation.

• It's possible for people to spread the virus for about 2 days before experiencing signs or symptoms and remain contagious for at least 10 days after signs or symptoms first appeared. If someone is asymptom-

Multisystem Inflammatory Syndrome in Children (MIS-C)

The National Institutes of Health (NIH) has developed guidance on treatment of COVID-19, which will be regularly updated as new evidence on treatment options emerges.

While remde-• sivir is an antiviral agent that is being explored as a treatment for COVID-19 and is available under an Emergency Use Authorization (EUA), there are currently no drugs or other therapeutics approved by the Food and Drug Administration (FDA) to prevent or treat COVID-19. Studies are in progress to learn more.

• Currently there is no vaccine to prevent COVID-19. Vaccine developers and other researchers and manufacturers are expediting the development of a vaccine to prevent COVID-19.





It was Jim's birthday and his dad wanted it to be one he would long remember. So he decided to take him the Christian book store to buy him a picture of Jesus that he could hang in

his room. Upon entering the store he said, "Son, which picture of Jesus do you want for your room? Look around carefully and then tell me which one you want." After looking at most of

the pictures in the store very carefully, he said, "Dad, I want a picture of Jesus that will shine in my room when it is dark.

We live in a world filled with darkness that would, i it could, put out the light of God. But this is nothing new. Jesus said, "This is the verdict: Light has come loved darkness instead of light because their deeds are evil."

Jesus brought the light of God into a world that has been darkened by sin. But His light has a condition to it: it must be received through faith in what He did for us on the cross. Those who receive Him are made righteous.

Hear what the Psalmist said, "Light is shed upon those who are righteous -the godly." His light dissipates the darkness of despair and brings the hope of eternal life.

In Him we are no longer victims but victors and through Him we need no longer fear the darkness and despair that surround the lost and those facing death death.

It was King David who once said, "Even though walk through the valley of the shadow of death I will fear no evil for You are with "shedding You light."

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Headache

• Some people may have vomiting and diarrhea, though this is more common in children than adults

How long symptoms appear after exposure and infection

For both COVID-19 and flu, 1 or more days can pass between a person becoming infected and when he or she starts to experience illness symptoms.

How long someone can spread the virus

For both COVID-19 and flu, it's possible to spread the virus for at least 1 day before experiencing any

 Respiratory failure • Acute respiratory distress syndrome (i.e.

fluid in lungs) • Sepsis

• Cardiac injury (e.g. heart attacks and stroke)

Multiple-organ failure (respiratory failure, kidney failure, shock)

Worsening of chronic medical conditions (involving the lungs, heart, nervous system or diabetes)

• Inflammation of the heart, brain or muscle tissues

• Secondary bacterial infections (i.e. infections that occur in peo-

• Most people who

atic or their symptoms go away, it's possible to remain contagious for at least 10 days after testing positive for COVID-19.

 School-aged children infected with COVID-19 are at higher risk of Multisystem Inflammatory Syndrome in Children (MIS-C), a rare but severe complication of COVID-19.

 Additional complications associated with COVID-19 can include:

• Blood clots in the veins and arteries of the lungs, heart, legs or brain







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Brewer speaks to Kiwanis Club

The Kiwanis Club of Swainsboro held its weekly meeting Tuesday, July 21, at New China Restaurant at 7:00 p.m. with President Petite Garrett presiding.

Twenty-two members and five guests—Georgia District Governor Andy Pipkin, Lt. Governor Dan Bennett, Lindsay Bennett, Jeffrey Brewer, and Connie Brewer—attended.

The program for the evening was hosted by Pepper Fields, who introduced Jeffrey Brewer, a candidate for Emanuel County sheriff in the November 3 election. Brewer started his career in emergency medical services as a paramedic. He then worked for the Georgia State Patrol for 30+ years before joining the Emanuel County Sheriff's Office in 2014.

Brewer explained some of the things a sheriff does and some improvements he plans to make if elected in November. He also explained how gangs are one of the biggest problems in Emanuel County and how he plans to increase the number of investigators working on gang-related crimes. In closing, Brewer stated he also wants to increase the number of school resource officers and increase the number of officers undergoing active shooter training.

Georgia Kiwanis Governor Andy Pipkin inducted two new members into the Swainsboro Kiwanis Club, Tracy Mason and Monica Wren. He presented them with their Kiwanis pins and membership certificates after explaining the objectives of Kiwanis and what Kiwanis does for the children of the world.





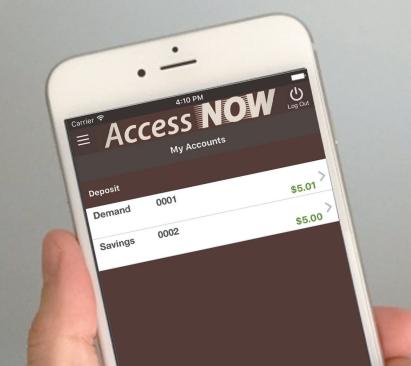
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owner, Dr. Scott Bohlke is uniquely qualified to serve as our Senator. His medical know-how and experience, combined with his time spent on the Board of Education and as the former president of the Medical Association of Georgia, give him the knowledge and resources to help guide District 4 in the midst of uncertainty and to help ensure the people of District 4 have everything necessary to be healthy, successful, and SAFE.

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- Former minor league baseball player for the Atlanta Braves
- Former Major, U.S. Air Force (1995-1999)
- Owner and practicing physician of Bohler Family Practice in Brooklet
- Graduate of the University of Georgia and the Medical College of Georgia
- Former President of the Medical Association of Georgia
- Co-founded The Hearts & Hands Clinic to provide free healthcare to those in need
- Recipient of 2011 Dean Day Smith Humanitarian Award
- Member of the Brooklet Kiwanis Club, the Rotary Club of Downtown Statesboro, the Bulloch County Chamber of Commerce, and served 4 years on the Bulloch County Board of Education
- Member of the Board of Trustees at East Georgia Regional Medical Center (EGRMC) and previously served as EGRMC Chief of Staff

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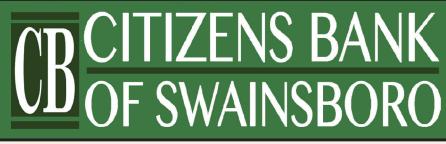
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Pavement preservation covering 60 lane miles in three counties underway

On Wednesday, July 22, one of three active Georgia DOT maintenance contracts for vital pavement preservation began in Emanuel County on US 80/State Route (SR) 26.

As part of the project, contract crews will be in the roadway applying single-surface treatment that seals the highway from future breakdowns and water damage. The work zone spans 14.5 center-line miles from the Adrian city limits at the Ohoopee River to Kite Road in Swainsboro.

Once substantial work is complete on SR 26 crews will then move to separate contracts in the following locations this summer:

• Emanuel and Treutlen counties: US 221/SR 171 from US 80/



CONTRACT CREWS AT WORK

West Street in Emanuel nance contracts total to SR 56 in Treutlen an \$880,000 invest-County. ment covering 61 lane • Jenkins County: SR miles in the aforemen-

23 from the Emanuel tioned communities. County line to US 25. Maintenance techniques These three mainte- like surface treatment

These three mainte-

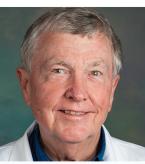
ensure more highway miles remain in good condition for longer, while stretching tax dollars further for a region covering over 7,000 lane miles.

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FIREFIGHTERS BATTLE THE BLAZE IN UNRELENTING HEAT Farm equipment destroyed by fire by BILL CAHILL, SFD PIO

On Monday, July 20, at 3:20 p.m., county firefighters from Swainsboro were sent to Ehrlich Farm Road by #356 for a reported farm equipment fire.

Engine 200 arrived to find a tractor with a sprayer attached, a boll buggy, and a 32'x 92' pole barn shelter fully involved.

An additional engine from Swainsboro, an engine and tanker from Summertown, and an engine and quick response brush truck from Dellwood were requested.

A water tanker shuttle was established between the scene and Summertown.

The weather at the time was approaching 100 degrees with a heat index of 105°. In addition to the structure, fire had spread into a wooded area, which was

with you.

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quickly contained. All units operated on scene for well over 2.5 hours.

Shortly after 7:30 p.m., a passerby saw some smoke from the smoldering debris and reported a structure fire.

County units and firefighters from Swainsboro, Summertown, and Dellwood responded and found it was only the debris burning.

The cause is believed to have been from a trash fire earlier in the day that was left unattended. Fire burned out of the pit into the woods, then the barn and equipment.



Jail Report

The following persons have been booked into Emanuel County Jail, according to Emanuel County Sheriff Tyson Stephens, on warrants obtained by one of several local law enforcement agencies, designated by each name: Drug Task Force (DTF); Georgia Bureau of Investigation (GBI); Georgia Department of Pardons and Parole (GAPP); Georgia State Patrol (GSP); Emanuel County Sheriff's Office (ECSO); Swainsboro Police Dept. (SPD); Stillmore Police Dept. (SMPD); Twin City Police Department (TCPD); Garfield Police (GPD);Dept. Adrian Dept. (APD);Police Child Support Recovery Unit (CSRU); Intensive Probation Service (IPS); or Probation Office (PROB). Alisandro Jarvier Ojeda, 34, 25 Quick Loop Rd, Swainsboro; entered7/20/20; Tag light requirements, Driving while unlicensed / Expired; released 7/20/20; SPD

Matthew Zane Screws, 37, 120 Bulkwil Dr, Lot #3, Swainsboro; entered 7/20/20; Probation/ Court/Middle State Ga Probation, Driving lic susp, Failure to stop at stop sign; released 7/20/20; ECSO

Shaquille Oneal Cowart, 27, 504 Lewis St, Swainsboro; entered 7/21/20; Crim use of article w/altered idmark, Probation/State Court/ Middle Ga Probation, Firearm/knife posses/ crime/attempt crime,

Carry a concealed weap-Hinder/appreh/ on, punish/crim, VGCSA possession Marijuana; released 7/24/20; SPD

Walter Lee Figueroa, 23, 343 Gwenda St, Adrian; entered 7/21/20; Aggr assault, Poss of firearm during commission of felony, VGCSA possession Marijuana; SPD

Arthur Troyquez Jenkins, 22, 1060 Pine Star, Soperton; entered 7/21/20; Carry a concealed weapon, VGCSA possession Mariuana, Hinder/appreh/punish/crim, Poss of firearm during commission of felony; released 7/22/20; SPD

Sylvon Nykerius Jackson, 20, 343 Gwenda St, Adrian; entered

Police Reports_____

Officers with the Swainsboro Police Department (SPD) reported...

July 17

Officer was dispatched to a Stevens Drive residence in reference to a lost wallet. Upon arrival, officer was told that the victim caught a ride and dropped his wallet in the vehicle, but the driver denied taking the wallet.

Officer was dispatched to a Mary Ann Street address in reference to a stolen vehicle.

Officer conducted a traffic stop for a vehicle traveling at a high rate of speed. Driver was charged with reckless driving.

July 18

Officer was dispatched to an address for offender failing a drug test while having a probation warrant.

Officer responded to a call at a Pughsley Street apartment in reference to someone kicking in the back door, stealing a game system and accessories

Enmarket in reference to a male who had been asked to leave several times but kept coming back and would not leave when asked.

Officers with the Swainsboro Police Department (SPD) reported...

July 20

Officer was dispatched to a N. Racetrack Street address for a shot being fired. Complainant stated the shot came from the wood line behind his residence. Officers were unable to find any evidence.

Complainant advised officer that a friend of his gave him a lawnmower deck for payment for helping him move. Complainant was told that the lawnmower deck had a previous bill for repairs, where the lawnmower was located, and that he would have to pay the repair bill for it to be released. Once the bill was paid and back in his possession, the lawnmower would be given back. When complainant went to pay the bill and pick up the lawnmower, he was advised that someone had already paid and picked it up.

that two firearms stolen from his vehicle.

Officer was traveling behind a van and observed the passenger side brake light was not working. Officer initiated a traffic stop and found the driver was unlicensed. July 21

Officer responded to help assist with apprehension of unknown suspect.

Officer was dispatched to a Lewis Street residence in reference to battery/ family violence incident. July 22

Officer was dispatched to a Flanders Street address in reference to an extremely intoxicated subject.

Officer was dispatched to a Coleman Street address in reference to someone flattening victim's car tires, believing it was her neighbor.

Officer conducted a traffic stop due to suspended registration.

report that he believes mind and would send his sister used his Social her \$2,000 instead. The

7/21/20; VGCSA possession Marijuana; released 7/22/20; SPD

Bradford Wilson, 88, 326 Hebron Rd, Garfield; entered 7/22/20; Public indec/indecent expos after 2 prior convictions; released 7/23/20; ECSO Byron Bernard

Williams, 57, 424 W. Pine St, Swainsboro; entered 7/23/20; Theft/shoplifting; released 7/23/20; SPD

Crystal Lynn Akridge, 36, 205 Lee St, Swainsboro; entered 7/23/20; VGCSA/vio ga control subst act, VGCSA/vio ga control subst act, Burglary; ECSO

Deonte Terrell Lambert, 28; entered 7/23/20; Driving lic susp/rev, Speeding 15-29

Sheriff's Reports

According to the Emanuel County Sheriff's Office...

July 1

Victim stated suspect is constantly calling and texting her with threatening messages stating he threatened to kill her and her family. Victim also stated suspect has also hit her and held her at gunpoint.

July 12

Complainant stated that the offender has sent her threatening text messages and has also slandered her name on social media. July 17

Complainant stated that her boss sent her a check from a business loan for \$8,700 and told her to cash it and give her \$5,000 back. Once the funds were received, the com-Complainant filed a plainant changed her Security number to obtain boss tried to go to the in and get money out. Victim struck a deer, causing disabling damage to the vehicle. Officer was dispatched to a call in reference to a victim complaining about the offender running a cord from the victim's well and was stealing power from him.

MPH over; released 7/23/20; ECSO

Kareem Najee Murray, 31, 2050 Gordon Hwy, Augusta; entered 7/23/20; Driving while unlicensed/expired, Speeding 15-29 MPH over, Hold for Richmond County; released 7/24/20; ECSO

Tramenkia Resha Branch, 220 41, S. Racetrack St, Swainsboro; entered 7/24/20; Probation/ State Court/Middle Ga Probation, Probation/ State Court/Middle Ga Probation, Probation/ State Court/Middle Ga Probation, Probation/ State Court/Middle Ga Probation; SPD

Matthew Quinton 35, 987 Tidwell, Coleman St, Cadwell;

ator leaking, and damage to the passenger side and hood.

Complainant stated her table, chairs, and umbrella were thrown into her pool.

July 23

Officer responded to Old Wadley Road in reference to victim stating he was sitting on a mattress that was being taken to the dump and air got under it causing it to rise and throw him to the roadway, causing road rash. Victim was flown to Augusta.

Complainant stated a dump truck passed him on a bridge and threw a rock into his windshield, causing a chip in the glass.

July 24

Victim stated he discovered his chainsaw missing from his porch and believes he knows who possibly stole it.

Complainant called the sheriff's office and stated an offender was making the victim spend all his money on house renovations and the victim is not right in his mind enough to know any better. Complainant filed a report in reference to someone stealing her unemployment debit card information and has made several transentered 7/26/20; Hold for Laurens County; released 7/27/20; ECSO Michael Anthony Scott, 49, 311 Bishop Chapel Rd, Swainsboro; entered 7/26/20; Child Support/Superior Court Contempt Order, Child Support/ Superior Court Contempt Order, Child Support/Superior Court Contempt Order, Driving lic susp/rev, Unregistered vehicle, Lic tag/unlaw mfg, Probation/Swainsboro PD/Middle Ga Probation, Probation/ State Court/Middle Ga Probation; SPD

Keyotta Caprice Mikell, 31, 418 W. Main St, Swainsboro; entered 7/26/20; Hold for out of county billing; GSP

actions taking well over \$1,200 off her card.

Complainant stated someone used her credit card to purchase \$87.48 worth of merchandise.

July 25

Officer was dispatched to the bypass and Highway 57 in reference to someone's vehicle being shot. Upon arrival, the victim stated he had a flat tire and left the vehicle parked beside the road and when he returned to get it, someone had shot it with a shotgun, causing major damage.

Offender was taken into custody without incident due to a 10-13 order issued by the probate judge.

July 26

Victim stated he was doing some work on an apartment in his complex and left for a short while and returned to find some items were missing.

Officer was dispatched to a W. Church Street address in reference to a verbal altercation.

Officer observed an oncoming vehicle with a headlight out. During the traffic stop, it was found that the driver had a suspended license.

Officer observed a brake light out on a vehicle. During the traffic stop, officer also observed the driver had a small child unsecured in the back seat and was driving on a suspended license.

July 19

Officer responded to a call in reference to property damage. Victim stated a known suspect busted a window out of her house.

Officer was dispatched to Old Wadley Road in reference to a domestic dispute.

Officer was dispatched to a N. Coleman Street address in reference to harassment.

Victim reported her unemployment debit card was mailed to her sister's house, was activated, and was used without her permission.

Officer responded to a Longview Road residence in reference to disorderly conduct.

Officer responded to

Officer responded to S. Main Street and Glenwood Road in reference to a domestic dispute.

Officer was dispatched to a Booker Street address in reference to a vehicle which had been shot on the roof. Upon arrival, the officer observed the damage to the roof of the vehicle that appeared to look like one larger caliber bullet that was possibly caused by someone shooting in the air. Complainant was scared and confused that maybe someone was trying to harm her but was advised that was not the case.

Officer was dispatched to a Warren Avenue residence in reference to a theft by taking. Upon arrival, complainant told officer that her ex moved out and took the keys and that \$400 had been taken from her residence. Complainant advised officer that she made an effort to get the keys back, but her ex would not return them. She also stated that her house keys are with the truck keys. Complainant reported funds from unemploy- bank that the account is ment.

Officer responded to a Church Street address in regard to an ex-boyfriend taking the complainant's son's birth certificate and Social Security card.

July 23

Officer responded to a Central Street address in reference to a male subject taking lottery tickets.

Complainant filed a report stating a male residing at a Lee Street address has been dump- a report from coming trash onto his property.

in reference to a stolen vehicle.

Officer was dispatched to a Green Street address in reference to a neighbor's unchained dogs aggressively barking at her and she was afraid they were going to bite her.

Officer responded to an Oak Street residence in reference to someone taking her central H&A unit.

Officers were dispatched to KT's in reference to a verbal dispute.

Officer was dispatched to a Main Street address in reference to a hit-andrun, causing damage to the rear driver's side bumper and door.

July 20

Officer received plainant stating her daughter's boyfriend Officer was dispatched had abused her 5-yearold grandson.

July 21

Complainant stated they saw two young males walking with a BB gun down Kemp Rd. Complainant later saw that the windshield of the vehicle had a hole in it, the passenger side back glass was shot out, and the tailgate was shot as well.

July 22

Deputies were dispatched to Old Nunez Road in reference to a deer hitting a vehicle. Vehicle had to be towed due to the radi-





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Editorials Columns _ Those lazy, crazy days of summer

Mama always warned us about corch whips. Those long, muscular snakes were known to wrap around your legs and beat you to death.

My sister and I had never seen one. If we ran across one in the blackberry patch, we were none the wiser.

I imagine a corch whip was as scared of us as we were of him. My sisters and I were like a wild pack of dogs when school let out in the small town of Garfield for the summer.

We roamed the countryside with frenzied voices that would wake the dead, so we gave any form of wildlife a chance to get out of the way before we crossed their paths. From the time we stepped off the school bus, we went barefoot all summer long. Wild plums and sweet blackberries didn't stand a chance of being overlooked as we combed the countryside looking for those summertime sweet, treats.

We darted in and out of dark branches and deep woods where clear, cool streams of running water were refreshments for our tired, dusty feet.

We ran breathless over freshly plowed corn and cotton fields that scorched our bare feet. We longed to find refuge from the heat of the day under the shade of a large pecan tree.

Sometimes we got caught in a sudden summer shower of rain, but we would be too far from home to outrun the weather so we stuck out our tongues and enjoyed the onslaught of rain, wind, and occasional strikes of lightning.

Nature was our greatest teacher. We learned from our neighbor, Nana May, that babies came from the big, round, wooden bumps on trees. (As you may have realized, the birds and bees weren't discussed in Garfield's grammar school. It was taboo in every respect.)

Everything in nature was either transformed by magic or miracle according to our childhood innocence. When the leaves began to change in the fall from green to red to yellow to gold, Jack Frost had visited the night before. It was magic and miracle at work.

The Tooth Fairy and the Man on the Moon were not myths but actual realities in our everyday childhood lives. As we rushed toward adolescence and adulthood, these harmless beliefs prepared us for the harsh realities of actual adult life and responsibilities to come. Somewhere been 9 and 10, the magic bubble of childhood innocence and fantasy faded from view and was gone.

The long, hot summer stretched into early fall. The last of the cotton crop was picked by hand and discarded watermelons lay rotting on the vines.

Everyone still gathered around the radio and stomped their feet to the music of the Grand Ole Opry in Nashville, Tennessee on Saturday night. The ladies passed out handheld paper fans from the local funeral home just to stay cool from the oppressive heat. Our 2-year-old baby sister

Ronnie-Johnson

bounced on Daddy's knee to the fiddlers playing "Turkey in the Straw."

Country life was good, and money was as scarce as chicken teeth. The latest issue of the Sears & Roebucks catalogue could be found and used in every farmer's outhouse, although indoor bathrooms were becoming a necessity. Most housewives were slow to accept the idea.

For the most part, though, country life went on as usual. We churned homemade peach ice cream on the front porch and sliced more watermelons than I care to count. Peanut boiling parties were

prevalent on Friday nights with an occasional havride tossed in for good measure.

There were many church revivals with fire and brimstone preaching. Money couldn't buy high class or high morals, and the devil wasn't to be found in the bottle or the needle.

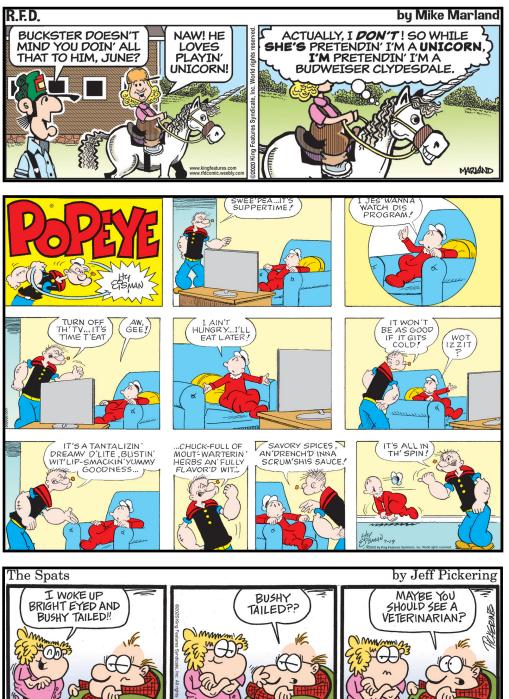
Men held their pants up by suspenders, and women lowered their dress hemlines according to their morals and Christian beliefs and upbringing.

Those times have gone with the wind, but those lazy, crazy days of summer will always be remembered by us "old timers."

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Dwight Watt

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THE SEABROUGHS FHIRD FROM LEFT, AND BACK ROW, IMMEDIATE RIGHT) WITH FELLOW CO-CHAMPIONS

Seabrough twins part of team crowned co-champion of 17U showcase

and Ced Fred Seabrough, the rising senior standouts for Swainsboro High School, added another feather to their cap when they recently played in and co-championed the 17U LakePoint LIVE Showcase. The twins are members of the Game Elite Big Five, one of the two teams who split title.

According to *lakepointhoops.com*, Game Elite 3SSB and Game Elite Big Five were crowned as co-champi-

ons of the 17U division of the LakePoint LIVE Showcase after respective wins over Aim High and Pro One.

Game Elite's 3SSB was led by Randy Brady, who scored 23 points in the win over Aim High. Jamel King scored 19 points, and James White added 15 points.

Aim High was led by AJ White with 11 points in the loss, but also received a great contribution from Omarion Smith.

Game Elite Big Five's win over Pro One included an incredible performance by Scoot Henderson, who scored 33 points in the win, including 20 in the first half. Chase Cormier and Joyful Hawkins each added 17, capping off huge weekends for each of them.

Seabrough Fred played a great championship game with 18 points, 9 rebounds, 3 assists, 2 steals, and 1 block to contribute to the 88-79 win for the

Elite Game Big 5. His brother played minimal minutes, adding just 1 rebound in the win to cap off a great 3-day tournament victory.

They are both committed to play Division I football for NC State.

Pro One had a sharpshooting performance from Matthew Sells in the loss, who knocked down five threes in the second half and finished with 21 points, with Liberty commit Brody Peebles adding 15.



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Troy Parrish Cell: 478-279-3978

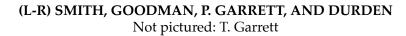
MANAGEMENT

info!

Tough on Grass, Easy On Your Wallet







Swainsboro Kiwanis officers stay educated

bers of the Swainsboro Kiwanis Club Board of Directors participated in Kiwanis International sponsored webinars to receive training for the upcoming Kiwanis year.

country through the Club Leadership Education Program (CLE), provided foundational training for position roles, expectations, and resources available for each position one can hold in his local Kiwanis Club. In addi-

Each webinar, conducted virtually by in-

tion to responsibilities

Recently five mem- structors all around the of various positions, each webinar stressed the motto of Kiwanis, serving the children of the world, and the Kiwanis statement, being a positive influence in communities worldwide.

> Swainsboro Kiwanis Club members who attended the virtual CLE

training were Dess Smith, president-elect for 2020-2021; Petite Garrett, president 2019-2020; for Jane Durden, membership committee chair; Travis Garrett, treasurer; and Tim Goodman, secretary and member of the board of directors.

'Moo-ooove' it on over!

by BILL CAHILL, SFD PIO

When the temperature is nearing 100° and you have been in the field all day, there comes a time to beat the scorching heat and cool down. Such was the case (and a sight to see!) during the afternoon hours of Monday, July 15. Pictured is a small herd of cows cooling themselves in a Canoochee Road pond while others sought relief from the sun in a small, shaded area nearby.



HERD OF COWS TAKE A DIP IN EMANUEL COUNTY POND

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EMANUEL COUNTY

OFFICIAL ABSENTEE/PROVISIONAL/EMERGENCY BALLOT

OFFICIAL REPUBLICAN PARTY PRIMARY AND NONPARTISAN GENERAL ELECTION RUNOFF BALLOT OF THE STATE OF GEORGIA AUGUST 11, 2020

To vote, blacken the Oval () next to the candidate of your choice. To vote for a person whose name is not on the ballot, manually WRITE his or her name in the write-in section and blacken the Oval () next to the write-in section. If you desire to vote YES or NO for a PROPOSED QUESTION, blacken the corresponding Oval (). Use only blue or black pen or pencil.

Do not vote for more candidates than the number allowed for each specific office. Do not cross out or erase. If you erase or make other marks on the ballot or tear the ballot, your vote may not count.

If you change your mind or make a mistake, you may return the ballot by writing "Spoiled" across the face of the ballot and return envelope. You may then mail the spoiled ballot back to your county board of registrars, and you will be issued another official absentee ballot. Alternatively, you may surrender the ballot to the poll manager of an early voting site within your county or the precinct to which you are assigned. You will then be permitted to vote a regular ballot.

"I understand that the offer or acceptance of money or any other object of value to vote for any particular candidate, list of candidates, issue, or list of issues included in this election constitutes an act of voter fraud and is a felony under Georgia law." [O.C.G.A. 21-2-284(e) and 21-2-383(a)]

> For State Senator From 4th District (Vote for One)

> > Scott Bohlke

Billy Hickman

SPECIAL ELECTION RUNOFF

For State Senator From 4th District (To Fill the Unexpired Term) (Vote for One)

> Scott Bohlke (Republican)

Billy Hickman (Republican)

Disclaimer: This is a SAMPLE ballot, which includes all races. Eligibility to vote in some races will depend on residing districts.

EMANUEL COUNTY

OFFICIAL ABSENTEE/PROVISIONAL/EMERGENCY BALLOT

OFFICIAL DEMOCRATIC PARTY PRIMARY AND NONPARTISAN GENERAL ELECTION RUNOFF BALLOT OF THE STATE OF GEORGIA AUGUST 11, 2020

Savvy Senior: *Stretching tips to help seniors gain flexibility and reduce pain*

Dear Savvy Senior, Can you offer some good stretching tips for seniors who are staying home during the pandemic? I've gotten so stiff and achy in recent years that I have a hard time doing basic activities like bending over to tie my shoes.

Stiff as a Board Dear Stiff,

Of all possible exercises, stretching tends to be the most neglected, yet nothing is more vital to keeping an aging body limber and injury free.

As we age, our muscles naturally lose their elasticity if you're not active, which can make common day-to-day activities like reaching down to tie your shoes or looking over your shoulder to back your car out of the driveway, difficult.

But the good news is, by incorporating some simple stretching exercises into your routine (at least three times a week) you can greatly improve your flexibility, as well as enhance your balance, posture and circulation, relieve pain and stress, and prevent injuries. In addition, stretching is also important as a warmup and cool-down for more vigorous activities, and leg stretching is an excellent way to prevent nighttime leg and pumping your arms. And remember to breathe when you stretch. Also, keep in mind that muscles that have not been stretched in a while take time to regain their flexibility. So be patient and go slow.

If you don't have much experience with stretching, the National Institute on Aging offers a free guide that provides illustrated examples of flexibility exercises to help you get started. Go to order.nia.nih.gov, and type in "Exercise & Physical Activity: Your Everyday Guide from The National Institute on Aging" to view it online.

There are also senior fitness programs, like SilverSneakers (*silversneakers.com*) and Silver&Fit (*silverandfit.com*), that are currently offering online flexibility and balance videos that can guide you through a series of stretching exercises you can do at home during the pandemic.

There are also a wide variety of stretching exercise DVDs or videos you could purchase at sites like *CollageVideo*. *com* or *Amazon.com*.

Yoga and Tai Chi

Another great way to improve your flexibility is through gentle yoga or chair yoga. In chair yoga you replace the yoga mat with a chair where most poses can be duplicated. This is much easier on tight, inflexible muscles. Tai chi and qi gong are also great exercise options for improving balance and flexibility. To get started, there are many DVDs and videos that offer instructions and routines for seniors you can do at home. The YMCA has also launched a new series of free, online health and fitness videos at YMCA360.org that includes gentle yoga, chair yoga and tai chi videos. Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

To vote, blacken the Oval () next to the candidate of your choice. To vote for a person whose name is not on the ballot, manually WRITE his or her name in the write-in section and blacken the Oval () next to the write-in section. If you desire to vote YES or NO for a PROPOSED QUESTION, blacken the corresponding Oval (). Use only blue or black pen or pencil.

Do not vote for more candidates than the number allowed for each specific office. Do not cross out or erase. If you erase or make other marks on the ballot or tear the ballot, your vote may not count.

If you change your mind or make a mistake, you may return the ballot by writing "Spoiled" across the face of the ballot and return envelope. You may then mail the spoiled ballot back to your county board of registrars, and you will be issued another official absentee ballot. Alternatively, you may surrender the ballot to the poll manager of an early voting site within your county or the precinct to which you are assigned. You will then be permitted to vote a regular ballot.

"I understand that the offer or acceptance of money or any other object of value to vote for any particular candidate, list of candidates, issue, or list of issues included in this election constitutes an act of voter fraud and is a felony under Georgia law." [O.C.G.A. 21-2-284(e) and 21-2-383

> For Sheriff (Vote for One)

Allen Durden

Johnny James Smith

SPECIAL ELECTION RUNOFF

For State Senator From 4th District (To Fill the Unexpired Term) (Vote for One)

> Scott Bohlke (Republican)

Billy Hickman (Republican)

Disclaimer: This is a SAMPLE ballot, which includes all races. Eligibility to vote in some races will depend on residing districts. cramps too.

Simple Stretches

Stretching exercises should focus on the muscles in your neck, shoulders, arms, chest, back, hips, thighs, hamstrings and calves. If you've had hip or back surgery, you should talk to your doctor before doing lower-back flexibility exercises.

While stretching, it's very important to listen to your body. You want to stretch each muscle group to the point where the muscle feels tight. If it hurts, you've gone too far. Back off to the point where you don't feel any pain, then hold the stretch for 10 to 20 seconds. Relax, then repeat it three to five times, trying to stretch a little farther, but don't bounce. Bouncing greatly increases your chance of injury.

It's also a good idea to warm up a little before you start stretching by walking in place





Camp Chameleon donates to shelter for 10th consecutive year

Canines occupying the Betty Gambrell Animal Shelter were tail-wagging happy when visited by Camp Chameleon attendees Wednesday, July 22. Although not all campers were able to attend the special visit, every camper is due for credit in terms of how many donations and proceeds were presented during last week's early morning visit.

According to camp directors Jodi and Jim Jarvis and their children, Wallee Kersey, Sarah Beth Kersey, and Angel Jarvis, this is the 10th year of hosting Camp Chameleon. It is also the 10th year donations were given to the local shelter.

Yearly donations made to the shelter are important to Wallee, who, as an Emanuel County 4-H'er, says it corresponds with his vet science project through Emanuel County 4-H. Contributions made on behalf of the camp are also highly important to the entire Jarvis/Kersey Family in an effort to instill goodwill standards in camp attendees.

"A focal point of Camp Chameleon that we try to year is for them to learn to serve through participation in service projects. The Betty Gambrell Animal Shelter has always been the recipient for projects hosted through Camp Chameleon. The children have always enjoyed visiting the no-kill shelter and it's animals while learning the benefits of community service," Jodi said.

Although this year dif-

by WHITLEY CLIFTON instill in our campers each fered a bit from previous years of Camp Chameleon, the Jarvis/Kersey Family reported the 10th annual summer camp event to be a great week overall. Instead of being hosted at the Jarvis/ Kersey home as normal, Camp Chameleon 2020 was held at Swainsboro/ Emanuel County Recreation Department June 29 through July 2 and featured loads of fun ac-

dance while following guidelines set by the CDC and Georgia Governor Brian Kemp.

This year's donation made to the local shelter consisted of 62 pounds of dry dog food and 35 canned dog food as well as needed supplies and toys for the shelter dogs. In addition, campers donated \$350 in monetary proceeds, and an additional

tivities for those in atten- \$150 was contributed by the Jarvis/Kersey Family, totaling a \$500 donation to be split between the Betty Gambrell Animal Shelter and the Emanuel County Humane Society.

Words of appreciation were presented to Camp Chameleon directors and

attendees by shelter manager Leta Fuentes and Swainsboro Police Chief Randy Ellison.

Live coverage of the event can be located and viewed by visiting The Forest-Blade's Facebook page, Emanuel County Live.



FUENTES, CHIEF ELLISON, AND DIRECTORS AND ATTENDEES OF CAMP CHAMELEON TAKE PHOTO WITH DONATIONS



THE "GOOD CITIZEN" BULLETIN BOARD

1. SCHOOL BELLS RING

Our Teachers/Heroes have already returned to work this week and students will return to school next week. Please do anything and everything you can to support our VALUED EDUCATORS. This will be an unusual "back to school" experience, but our Board of Education has carefully planned to make this as safe and as smooth as possible. HATS OFF TO EVERYONE INVOLVED.

2. COVD 19 NEWS

As of this week, the infection numbers in Georgia have not stabilized. According to official sources, a slight surge has been detected in Georgia. If we do not use every defense we have, the virus will not recede. So far Emanuel County has been very fortunate in responding to and controlling

Kwik-Storage **SELF STORAGE** 3061 US HWY 1 N • SWAINSBORO, GA 30401

hot spots". Now is not the time to disregard the very serious nature of the virus. Please continue to use all the protective measure available.

WASH HANDS OFTEN WEAR MASKS DON'T TOUCH YOUR FACE STAY OUT OF CROWDS IF YOU ARE SICK, STAY HOME

3. FEWER BUMPS ALONG THE WAY

Soon you will notice paving and striping taking place on many neighborhood streets in town. If your road doesn't get a nice coat of asphalt, just hang on. Thanks to the one penny tax of TSPLOST, there continues to be more paving on the way to Swainsboro. Thanks for supporting this program.

4. 2020 CENSUS

Now is the time to concentrate on bringing in the numbers to make our 2020 Census the biggest and best population count we have ever had. If you haven't filled yours out either on-line or with paper form, PLEASE don't put it off any longer. A BIGGER COUNT MEANS MORE FUNDING FOR THINGS LIKE: A NEW COMMUNITY CENTER, BETTER INTERNET SERVICE, IMPROVED MEDICAL CARE, BETTER EDUCA-TIONAL PROGRAMS AND FACILITIES, BETTER JOB OPPORTUNI-TIES AND MUCH MUCH MORE.

5. SWAINSBORD ON THE GROW

With all the negative news we see on TV and other media these days, it might be hard to notice what's really going on around us. This community is NOT standing still. People are out everyday doing what they need to do. New business continues to find its way here. New jobs continue to be advertised here. Major growth of existing businesses is in the future here in Swainsboro. Look for good news. It's still all around us!

THANKS FOR BEING A GOOD CITIZEN! HELP FIGHT CRIME IN YOUR NEIGHBORHOOD, **USE THE ANONYMOUS TIP LINE (478)237-0800**



Unit Rents Starting at \$40 per month!

2 1

2 20

PUBLIC NOTICE

Unit #6 - Burnette Unit #8 - Miller Unit #11 - Miller Unit #27 - Kirkland

All units listed above will be sold on or after Aug. 10, 2020 if balances on said units are not paid in full.

Call or Text: 478-494-5543 kwikstorage1@gmail.com **Owned & Operated by MKC Properties, LLC**



Deadline is Monday at 9:30 a.m. **NO EXCEPTIONS!**

Call Melva at 478-237-9971 to help sell your unwanted items! Homes for sale or rent • Apartments for rent • Land for sale • Yard and estate sales • Miscellaneous for sale • Pets/animals • Help wanted • Services offered

HELP WANTED

Part-Time Handyman/Maintenance Man Needed with References and Tools for Mobile Home Repairs. Call 478-216-7111.

Part-time Property Manager Needed to Show Rental Properties. Experience Helpful But Not Required. References Required. Call 478.216.7111.

CAREGIVER NEEDED: Full Time 9:00AM-5:00PM Monday-Friday. \$400/week. Must be able to pass a criminal check, have CPR & First AID certification. Must be able to assist in lifting. Must have transportation. Will be trained by a behavior analyst and will take data daily. Send resume with references to: PO Box 938, Swainsboro.

HOUSES FOR RENT

4BDR/2B. \$650 dep/\$650 mth.				
4BDR	/ 1B lo	cated	in	Mid-
ville.	\$625	dep/\$	625	mth.
4BDR	/2B	on		Lake
Luck.		9	\$950	/mth.
4BDR	/2B	locat	ed	on
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		dep/\$		
HELP	WAN	FED: S	Shee	trock,
trim,	& plu	ımber	wo	rkers.
Call		478	8.299	-8722
for	all	the	а	bove.

Unique large 14' wide, TWO MASTER BEDROOMS with TWO LARGE Jacuzzi type GARDEN TUBS and TWO SEPARATE SHOWERS! PLUSH CARPET! Large Living Room & Dining room, Laundry Room, HIGH EFFI-CIENCY Central Heat & Air for a LOWER POWER BILL! Split Roommate Floorplan. Located in small 5 unit mobile home park. REDUCED (plus deposit, nego-\$650 Call 478-227-7295. tiable).

Large 3BR/2BA High Efficiency Central Heat & Air in a small mobile home per month, \$550 park. (Plus Deposit, NEGOTIA-Call (478) 227-7295. BLE).

RENT TO OWN: 2BDR/1B Just REMODELED Mobile Home on 1 Acre Outside MULTI-FAMILY

Experienced CEMETARY LOT FOR SALE: Lot #7, Block L, 1st addition City Cemetary in Swainsboro. Best offer. Call

MISC FOR SALE

PETS/ANIMALS FOR FREE/MISSING

763.208.8389 for more info.

Animal shelter — The Emanuel County Animal Shelter has chocolate lab mix males, female Australian cattle dog mixes, male pointer, several bulldogs, and a lot of shepherd mixes (male and female). We have lots of great family dogs as well as great guard dogs. The shelter is always in need of donations of canned and bagged dog food. We appreciate any

donation. and every If you are missing a dog or have found a dog, please call the shelter at 478-237-4040 to report it. Visit us on Facebook www.facebook.com/ at EmanuelCountyShelter or visit our visitor webwww.petstablished. site, com/organization/1760/, to view our adoptable dogs.

Adoption fee is \$35. This goes to pay for part of the spaying/neutering cost. The other \$30 must be paid to the vet, by the owner after it has been spayed or neutered. Please call the shelter for details. Come visit our adoptable dogs at 343 Market St. in Swainsboro. We are open Monday through Friday,

8-4, and Saturday, 8-12.

RENTAL HOUSES/ STORAGE UNITS

HOLSONBACK RENTALS LLC: Homes - Apartments -Storage Units. 342 W Main St. 478.419.1333. Mon - Fri from 9am - 12pm, & 2pm - 5pm

MISC NOTICES

WE DO not knowingly accept advertisements that discriminate, or intend to discriminate, on any illegal basis, nor do we knowingly accept employment advertisements that are not bona-fide job offers. All real estate advertisements are subject to the Fair Housing Act. We do not accept advertising that is in violation of the law. The law prohibits discrimination based on color, religion, sex, national origin, handicap, or family status. NEED TO SEND A COPY OF ADOCUMENT, LETTER, ETC., TO SOME PLACE IN A HUR-RY? The Forest-Blade can do the job for you in minutes with its fax machine. We can also receive copies of documents. For more information come by our office on West Moring Street

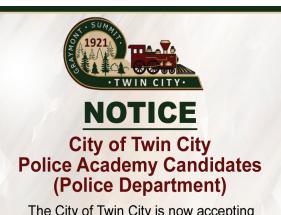
Publisher's Notice All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any pref-

erence, limitations or discrimination based on race, color, religion, sex, disability, familial status including or national origin, or an limitation or discrimination." Familial status ncludes children under the age

of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are

hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.

POSITIONS AVAILABLE CNA's: All Shifts Charge Nurse 7 am - 7 pm Laundry Aide Pruitt Health 856 Hwy 1 South, Swainsboro, GA 30401 (478) 237-7022 • Fax: (478) 237-7644 **Committed to Caring** www.pruitthealth.com



The City of Twin City is now accepting applications for candidates to attend the Police Academy. The City will cover all costs to attend and will pay a wage to the candidate while attending the academy. All approved candidates will be required to sign a contract, must have a valid driver's license, and have a high school diploma or equivalent. The City will pay a bonus upon completion of the Police Academy.



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Competitive starting wages, based on experience.

McDonald's of Swainsboro Equal Opportunity Employer

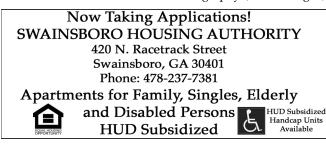


To apply, text grinermcd to



The City of Twin City is now accepting applications for a Maintenance Worker position. This is a full-time position with benefits after the ninety (90) probation period. The duties include: Maintaining and mowing grass in city parks, rights-of-way, and around the holding pond, cess pools, and spray field; assists supervisor in repairing water and sewer lines and inoperable meters; assists in the installation of water and sewer line laterals; assists in the disconnection of water supply when non-payment occurs; and performs service locates for customers.

YARD City Limits of Swainsboro. SALE: Sat, Aug. 1, from 7a -\$2,500 - \$5,000 down, \$550 11a at 110 Hicks Ave, Swains-+ \$100 Per Month Towards boro; Hwy 1 S. past Gambrell Purchase. Call 478.227.7295. Photography (look for signs).



All interested applicants should complete an employment application, which can be found online at www.twincityga.com. For more information, interested applicants may contact City Clerk Genia Ducker at (478) 763-2695.

All interested applicants should complete an employment application, which can be found online at www.twincityga.com. For more information, interested applicants may contact City Clerk Genia Ducker at (478) 763-2695.

Looking for an Opportunity?

Savannah Luggage Works is looking for people who are reliable, dependable, and quality-minded to join our team. We are manufacturing protective equipment for the Department of Homeland Security, law enforcement agencies and the military as they continue their effort to keep America safe and secure. We also have openings in our luggage manufacturing facility. We are in need of additional associates in order to meet our growing customer demand. We have an immediate need to fill the following position(s):

PRODUCTION OPERATORS ASSEMBLY LINE OPERATORS

We offer an excellent benefit package including vacation, incentive pay, bonus pay, 7 paid holidays and more.

Please apply in person between 8:00 AM and 4:00 PM (Monday – Thursday) or Friday from 7:30 AM – 11:30 AM at 3427 Hwy 297 North, Vidalia, Ga. We are an equal opportunity employer.

OFFICE ASSISTANT NEEDED "RURAL" EMANUEL **COUNTY BUSINESS**

Must be proficient in Microsoft Office Must demonstrate excellent personal and telephone skills 30 - 40 hours per week E-mail resume' and work experience to

helpwantedclerical@gmail.com

Legals.

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Ellen McClester Williams to satisfy city taxes owing to the said city for the year(s) of: 2019 in the initial tax amount of \$1,047.13 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

All that lot or parcel of land situate, lying and being in the City of Swainsboro, 53rd G.M. District of Emanuel County, Georgia, containing lot 40 x 50, more or less, and being designated on the official tax map of Emanuel. County, Georgia as Map S14, Parcel 25 and what remains of the James B. McClester Estate. Land owned by James B. McClester at his death on January 1, 1971 and whose will was probated in solemn form on June 4, 1971 and recorded in the Office of the Probate Court of Emanuel County, Georgia. Said property being all or a portion of that property described in Deeds recorded in Deed Book DO, Page 70 of the Records of the Clerk, Superior Court, Emanuel County, Georgia. (S14-025) Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Jo Anne Boone to satisfy city taxes owing to the said city for the year(s) of: 2017, 2018, & 2019 in the initial tax amount a \$634.34 Amount could include additional cost and interest. This can only be calculated when tax is satisfied. TRACT 1: All that tract or parcel of

land, together with all improvements thereon, lying and being in the City of Swainsboro, 53rd G. M. District of Emanuel County, Georgia, and being a part of the lot designated as as shown on plat made by Frank J. Ford, Surveyor, recorded in the Office of Clerk, Emanuel Superior Court, Lot #54 block D in Plat Book AV, page 589. Said lot fronts East side by lands of Mattie Colbert and as follows: North by McLeod's Bridge Rd; West by the lands of Prince Smith; South by lands of Ellen Mosley; Emanuel County Map S23 104.

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax

this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE Notice is hereby given that the city of Swainsboro has levied upon the following proper-

HELP

ty of Timothy Gene Phillips to satisfy city taxes owing to the said city for the year(s) of: 2016, 2017, 2018, & 2019 in the initial tax amount a \$791.47 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

All that tract or parcel of land lying, situate and being in the City of Swainsboro, 53rd G. M. District of Emanuel County, Georgia, fronting on Henry (Lee) Street a distance 50 feet and running back to land now or owned by the Estate of Charlie Stephens a distance of 114 feet, and bounded on the North by said Henry (Lee) Street; East by land' now or formerly

now or formerly of W. E. Peebles; South by land owned of Carrie Flanders.

Said property is the same as that conveyed by a warranty Deed dated March 18, 1982, from Ernest W. Belcher to Alton W. Lawson which is Recorded in Emanuel County Records in Deed Book H. W. page702.

Said property is also designated as Map SW 23-29 in the Emanuel County Tax Assessors Office, with a street address known as 323 Lee Street.(S23 029)

One certain tract or parcel of land. together with all improvements thereon. lying. situate, and being in the City of Swainsboro, 53rd G.M. District of Emanuel County, Georgia, and being more particularly described as follows:

BEGINNING at a point on the Southeastern side of Henry Street 228 feet Northwesterly from the corner of the intersection of Henry Street and Robert Street, said distance being measured along the Southeasterly side of Henry Street, and running thence in a Southeasterly direction along property now or formerly owned by Johnny H. Nasworthy a distance of 128 feet to an iron pin on the property of Mrs. Rosa Schwalls; thence turning and running Southwesterly along said Schwalls property a distance of 62 feet to a point on property of Bogie Bell; thence turning and running Northwesterly along the line of said Bell property 128 feet to an iron pin which is located on the Southeasterly side of Henry Street; thence turning and running Northeasterly along the Southeast side of Henry Street to the point of beginning. Said property being all of Lot 17 and part of Lot 18. Block N. of the Flanders Subdivision.

Said property is the same as that conveyed by a Warranty Deed dated April 12, 1971, from M.O. Collins to Alton W. Lawson which is recorded in Emanuel County Records in Deed Book FR, page 353.

Said property is also designated as Map No. SW23-32 in the Emanuel County Tax Assessors Office, with a street address known as 331 Lee Street. (S23 032)

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday

WANTED

in August 04, 2020, between the legal hours of sale in order to satisfy said tax this 1st day of July 2020.

Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Patricia Cox to satisfy city taxes owing to the said city for the year(s) of: 2018, & 2019 in the initial tax amount a \$1,289.43 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

All that tract or parcel of land, together with improvements, lying and being partly in the City of Swainsboro, 53rd G.M. District of Emanuel County, Georgia, and being designated as Lot No. 11, Block B in Eastwood Estates Subdivision as shown on plat of survey made by Walter K. Maupin, Surveyor, dated September 28, 1984 and recorded in Plat Book 11, Page 599, in the Office of the Clerk of the Superior Court of Emanuel County. Georgia. Said Plat is incorporated herein for a more full, complete and accurate description of said, property. Said property being bounded now or formerly as follows: Northeast by land of Hugh Braswell and land of Randy Woods Southeast by land of Ronnie Paige; Southwest by Durden Drive and Northwest by lands of Richard A. Paul.

Being the same property conveyed to Wiley R. Cox and Patricia M. Cox under Joint Survivorship Warranty Deed dated the day of January 11, 1985, recorded in Deed Book, Pages, Emanuel County. Clerk's Records Said property is designated by the Emanuel County Tax Assessor's Office as Map (S08 006C.)

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said

this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Jackey Smiley to satisfy city taxes owing to the said city for the year(s) of: 2017, 2018, & 2019 in the initial tax amount a \$1,490.39 Amount could include additional cost and interest. This can only be calculated when tax is satisfied. Tract 1. All those lots or parcels of land situate, lying and being in the City of Swainsboro, 53rd G.H. District Emanuel County Georgia in the Eastwood Estate Subdivision as shown on revised Plat of survey made by Frank Ford, Surveyor, dated January 11, 1966, and recorded in Plat Book 3, Page 238 in the Office of the Clerk Superior Court Emanuel County Georgia being Lots 4 & 5 in Block Lettered R fronting on Howarth Drive and having meets and bounds as shown on said Plat.

Tract 2. All that certain tract or parcel of land situate, lying and being in the City of Swainsboro-,53rd G.H. District Emanuel County Georgia being known as Lot 6 Block R of the Eastwood Estates Subdivision as shown on Plat Book 3, page 11 in the Office of the Clerk Superior Court of Emanuel County Georgia.S09-035 & S09-035A & S09-035B

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax

this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE Notice is hereby given that the city of Swainsboro has levied upon the following property of Betty Cardell to satisfy city taxes owing to the said city for the year(s) of: 2017, 2018, & 2019 in the initial tax amount \$1,213.80 Amount could include additional cost and interest. This can only be calculated when tax is satisfied. All that tract or parcel of land lying, situate and being in the City Swainsboro, 53rd G.M. District of Emanuel County, Georgia, designated as Lot No. Five (2, 3, & 4) in Block Lettered «D» of the South Side Subdivision and fronting a distance of 75 feet on the Northern side of Pratt Street as shown on a plat of Survey made by C.L. Gillis. Surveyor, dated March 23, 1961, recorded in the Office of Clerk, Emanuel Superior Court, in Plat Book 1, Page 363, to which reference is made as a part of this description. Said property is bounded, now or formerly, as follows: Northwest by lands, now or formerly, of Luck F. Gambrell; Northeast by Lot 4, 3, & 2, Block D, South Side Subdivision. (\$37-079, \$37-080, \$37-081)

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Loui O & Chris Bellamy to satisfy city taxes owing to the said city for the year(s) of: 2015, 2018, & 2019 in the initial tax amount a \$9,070.07 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

All that tract or parcel of land lying, situate and being in the City of Swainsboro, 53rd G.M. District, Emanuel County, Georgia, as shown on Plat of Survey made by Frank Ford, Surveyor, dated October 19, 1946, recorded in Deed Book CZ, page 210, in the Office of the Clerk of the Superior Court of Emanuel County, Georgia; said plat is by reference incorporated herein. Said property faces U.S. Highway No.1 a distance of One Hundred Twenty (120) feet and bounded as follows: North, East and South by lands, now or formerly, of P.D Leonard and West by U.S. Highway No. 1 and being the same land conveyed by P.D Leonard to James M. Smith by deed dated December 8 1945, recorded in Deed Book CX, page 24, in the aforesaid Clerk's Office and conveyed by Mrs. Grace Carter Smith to Dillard E. Keene by deed dated January 23, 1968 recorded in Deed Book FE page 182, in the aforesaid Clerk's Office and conveyed by Dillard E. Keene by deed dated August 21, 1978 to Debbie Sue Keene and recorded in Deed Book HD, page 292, in the aforesaid Clerk's Office. S20 004 Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Garfield Hills Estate to satisfy city taxes owing to the said city for the year(s) of: 2012, 2013, 2014, 2015, 2016, 2017, 2018, & 2019 in the initial tax amount \$1,885.65 Amount could include additional cost and interest. This can only be calculated when tax is satisfied. All that tract or parcel of land, situate, lying and being in the 53rd G.M District of Emanuel County, Georgia, and in the City of Swainsboro, being a part of the G.F. Flanders Subdivision and being designated as Lot #13, Block A, as shown on a plat prepared by E. Warren, County Surveyor, recorded in Deed Book AV, page 589, in the Office of the Clerk of the Superior Court of Emanuel County, Georgia. Said lot being 40 feet by 150 feet in size.

SUBJECT TO: That certain Deed to Secure Debt in favor of The Durden Banking Company recorded in Deed Book HO, page 160, Emanuel County Clerk's Records. (S23088)

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said

tax this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Wilson Motor Mart to satisfy city taxes owing to the said city for the year(s) of: 2013, 2014, 2015, 2016, 2017, 2018, & 2019 in the initial tax amount of \$1,740.93 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

All that lot or parcel of inventory and or equipment at location dba Wilson Motor Mart South Main St. Swainsboro, Ga. 30401 (P1-1095) Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Lucious Merrion to satisfy city taxes owing to the said city for the year(s) of: 2019 in the initial tax amount a \$444.02 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

Tract No. 1: All those certain lots or parcels of land situate. lving and being in the 53rd G.M. District of Emanuel County, Georgia, and being located in what was formerly the Flanders Heights Subdivision fronting 160 feet on the North side of Pughsley Street and extending back between parallel lines a distance of 145 feet. Said property being bounded on the North by the St. Phillips Masonic Lodge; on the East by the right of way of Hopkins Street; on the South by the right of way of Pughsley and on the West by land of Arsula and Lulu Allen. (S23095)

Tract No2: All those certain lots or parcels of land situate, lying and being in the 53rd G.M. District of Emanuel County, Georgia, and being located in what was formerly the Flanders Heights Subdivision fronting on the North side by lands of Lucious Merrion and extending back between parallel lines. Said property being bounded on the South by the right of way of Pughsley and on the West by land of City of Swainsboro. (S23095A)

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax

this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied

(Continued on page 4D)

CDL DRIVER NEEDED Southern Metals Recycling is

Please call our pastor Bro. Shannon Boula at 478.494.8538

Blundale Baptist Church PO Box 561 • 2675 Hwy 1 North • Swainsboro, GA About 6 miles North of Dellwood on West side of bypass

Looking for a spirit led pianist for our music ministry who will work with our choir and choir director on

Sundays and special events, such as Christmas,

Easter, Mother's Day, Father's Day, etc.

Laborer - Must have Computer Experience

Southern Metals Recycling is looking for:

HELP WANTED

and be able to lift over 100 lbs.

• Equipment Operators - Experience prefered, but not required.

Apply in person at 566 Fairground Rd., Swainsboro, GA.

looking for a CDL driver with at least 3 years experience.

Apply in person at 566 Fairground Rd., Swainsboro, GA.

HELP WANTED

Maryland Fried Chicken is looking for qualified cashiers and cooks.

Starting salary is \$8.00 per hour.

Apply in person @ 538 S. Main St, Swainsboro.

JOB ANNOUNCEMENT

The Reidsville Police Department is now accepting applications for two (2) Georgia POST Certified Police Officer positions. Certification is required through the Georgia Peace Officer Standards and Training Council. Applicants must be 21 years of age with a high school diploma or equivalent. A valid driver's license, criminal background and driving history is required. Salary is based upon experience. Insurance is paid at 100%, which includes medical, dental and vision. There are 12 paid holidays, as well as, accrual of vacation and sick time. Applications may be obtained by calling City Hall at (912)557-4786 during normal business hours, 8:00 a.m. – 5:00 p.m., Monday – Friday, with the exception of scheduled holidays.

ABSOLUTELY NO PHONE CALLS WILL BE ACCEPTED.

Private School Positions

David Emanuel Academy (Stillmore, GA) is currently seeking candidates for the following positions for the 2020-2021 school year: Janitorial/Custodial Services Bus Drivers Substitute Teachers

Middle School Girls Basketball Coach



Please send resumes to Head of School at hfree@deaeagles.com

JOB ANNOUNCEMENT

The City of Reidsville is now accepting applications for an Assistant Public Works Director. Applicants must be 21 years of age with a high school diploma or equivalent. A valid driver's license, criminal background check, drug screen and driving history is required. Salary is based upon experience. Insurance is paid at 100%, which includes medical, dental and vision. There are 12 paid holidays, as well as, accrual of vacation and sick time. A complete Job Description and Applications are available at City Hall (912)557-4786 during normal business hours, 8:00 a.m. - 5:00 p.m., Monday - Friday, with the exception of scheduled holidays.

The City of Reidsville is an Equal Opportunity Employer.

ABSOLUTELY NO PHONE CALLS WILL BE ACCEPTED.

Help Wanted

Now hiring truck drivers. We pay per mile loaded and unloaded. *For more details please call* **912-367-9160**



Now Hiring!

LPN's- Full Time/Part Time CNA's- Full Time/Part Time



*Apply in person, by phone, or at Indeed.com *Must have valid GA Nurse/Nurse Aide license

475 Washington St. Metter, Ga 30439 Phone 912-225-0109 You can speak with the Director of Nursing, Human Resources, or the Administrator. We are excited to recruit more well-trained licensed staff!

The City of Reidsville is an Equal Opportunity Employer.

4D The Forest-Blade • *www.EmanuelCountyLive.com* • Swainsboro, Georgia • July 29, 2020

(Continued from page 4C) upon the following property of Gary and Rodney Wilson to satisfy city taxes owing to the said city for the year(s) of: 2019 in the initial tax amount of \$716.90 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

All that lot or parcel of land with improvements thereon, situate, lying and being in the City of Swainsboro in the 53rd G.M. District of Emanuel County, Georgia, being shown and designated as Lot 10. Lot 11. Lot 12. Lot 13, Lot 14, Lot 15 and Lot 16 of Block "F", of the second (2nd) addition to the Lake Luck Subdivision, on that certain plat recorded in the Office of the Clerk of the Superior Court of Emanuel County, Georgia in Deed Book DR, at page 1B; reference being made to said plat for a more complete and accurate description as to the metes, bounds and location of said property.

Said property is hereby conveyed subject to any and all easements and restrictions of records in the aforesaid Clerk's office. (S06020)

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Deforest Denson to satisfy city taxes owing to the said city for the year(s) of: 2017, 2018, & 2019 in the initial tax amount a \$1,572.92 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

ALL THAT TRACT OR PARCEL OF LAND lying, situate and being in the City of Swainsboro, 53rd G.M. District of Emanuel County, Georgia designated as Lot 3 of Block C. Lincoln Park Subdivision and shown by plat of said subdivision which is recorded in the Office of the Clerk of the Superior Court. Emanuel County, Georgia in Deed Book CT, Page 1A (S22 032)

All that tract or parcel of land lying, situate and being in the City of Swainsboro, 53rd G. M. District of Emanuel County, Georgia, designated as Lot No. 16, Block D, in Lincoln Park Subdivision, fronting on the Northern side of Washington Avenue, as shown on Plat of Survey recorded in Emanuel County Records in Deed Book CT, page 1A, and Lot 16, Block A, Lincoln Park Subdivision, fronting on the Southern side of Lincoln Street, as shown on Plat of Survey recorded in said records in Deed Book CV, page 409. Said lots combined contain 0.230 of an acre, as shown on Plat of Survey made by George William Donaldson, Surveyor dated January 16, 2002, which is recorded in the Office of Clerk, Emanuel Superior Court, in Plat Book 21, page 712, to which reference is made as a part of this description. Said 0.230 of an acre is bounded now or formerly as follows: Northwest by Lincoln Street; Northeast by lands of Jones Sellers, Jr. and lands of Thelma Jones Estate; Southeast by Washington Avenue; and Southwest by lands of the Swainsboro City Council, formerly lands of Rufus Bailey, and lands of Johnny Bailey, formerly lands of Lonzie L. Davis, as shown on said plat of survey (S22 035)

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday n August 04. 2020. bet en the

Emanuel County, Georgia, fronting on the West side of North Main Street a distance of sixty-four (64) feet and running in a Westerly direction between parallel lines a distance of one hundred ninety-five (195) feet. Said property being bounded, now or formerly, as follows: North by lands of Carol A. Canady and lands of James E, Bell; East by North Main Street; South by lands of L. B. Moxley; and West by lands of James E. Bell. Said tract being a portion of those lands as shown on a plat prepared by E. Warren, Surveyor, from survey dated March 9, 1934 and recorded in Emanuel County Deed Book CK, page 3, which plat and the record thereof are by reference incorporated herein and made a part of this description. This being the same property as conveyed to William Dean Morgan by virtue of an Executor's Deed from Thomas David Scott as Executor of the Last Will and Testament of Eula Bell Scott dated January 19, 2000 and recorded in

Emanuel County Deed Book 139, pages 152-153 (S17 031) Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said tax this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Wesley Dwayne Scarboro to satisfy city taxes owing to the said city for the year(s) of: 2019 in the initial tax amount a \$803.37 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

All those tracts or parcels of land lying, situate and being in the City of Swainsboro, 53rd G.M. District of Emanuel County, Georgia, being known and designated as Lots Numbered 1 of the Mrs. S. W. Moring Subdivision. Said lots more particularly shown by a plat of survey recorded in Deed Book AX, Page 258, of the records of the Office of Clerk, Emanuel Superior Court. Said plat by reference hereto if incorporated herein for a more full, complete and accurate description of said property. Said tract of land is bounded, now or formerly, as follows: North by Thompson Street formerly referred to as an alley; South by Moring Street sometimes referred to as Moring Street Extension; and West by lands of William Donaldson and east by Alfred Lamb. (S41136)

Said property will be sold before the courthouse doors in Emanuel County. Georgia on the first Tuesday in August 04, 2020, between the legal hours of sale in order to satisfy said

this 1st day of July 2020. Tax Officer, City of Swainsboro

tax

SUMMONS AND PROCESS

IN THE JUVENILE COURT OF EMANUEL COUNTY, GEORGIA TO: EMERALD MOSER IN THE INTEREST OF: F

	0 - 7.
DOB: 06/30/2014	CASE #
18JV128	
Minor Child	

You are hereby notified that the abovestyled action has been brought by the Emanuel County Department of Family and Children Services, and the Georgia Department of Human Services, seeking to Motion to Intervene. Complaint for Custody and a Motion to Amend Disposition/ Petition for Appointment of Permanent Guardian; that said action has been filed in the Juvenile

hereby notified that you may obtain a

copy of the petition from the Clerk of

the Juvenile Court of Emanuel County,

Georgia and may file with the Clerk of

said Court and serve upon Marnique

Oliver, Petitioner's Attorney, whose

mailing address is P.O. Box 308, 115

S. Racetrack Street, Swainsboro,

Georgia, 30401, an answer to the

petition at any time prior to the Final

You are hereby commanded and required to appear before this court on

the _28th_ day of _August__, 2020 at

Hearing.

a.m., for a FINAL HEARING on this issue and show cause, if any you have, why the relief requested in the petition should not be granted. You are hereby commanded and required to appear before this Court at said final hearing or the findings of the Court will be made the permanent order of this Court in the above case. You must attend the final hearing in order to preserve your rights. At the final hearing you will be given an opportunity to show cause, if any you have, why the relief requested in the petition should not be granted

The parties notified hereby are entitled to legal counsel in the proceedings, and the Court will appoint legal counsel if any party should be unable, without undue hardship, to employ counsel

The Findings of Fact and Order of Disposition made at the Hearing will become final at the Final Hearing unless the party served by publication appears at the Final Hearing. If the party served by publication fails to appear at the Final Hearing on the petition, the Findings of Fact and Interlocutory Orders made will become final without further evidence and will be governed by the Juvenile Court Code as if made at the Final Hearing. If the party served by publication appears at the Final Hearing, the Interlocutory findings and Orders shall be vacated and disregarded, and the hearing shall proceed upon the allegations of the motion.

A copy of this petition may be obtained at no charge from the Office of the Clerk of Court between the hours of 9:00 a.m. and 5:00 p.m. Monday through Friday.

WITNESS, the Honorable Sherri McDonald, Judge of said Juvenile Court.

inis	 day	OT
	, 2020.	

Clerk, Emanuel County Juvenile Court

THE PROBATE COURT IN OF EMANUEL COUNTY STATE OF GEORGIA IN RE: ESTATE OF WILLARD GEORGE PEASE. ESTATE NO. 20E0066 DECEASED

PETITION FOR LETTERS OF ADMINISTRATION NOTICE

TO: ALL INTERESTED PARTIES and to whom it may concern:

CATHERINE L. SHEPARD has petitioned to be appointed Administrator of the estate of WILLARD GEORGE PEASE deceased, of said County. (The Petitioner has also applied for waiver of bond and/or grant of certain powers contained in O.C.G.A. § 53-12-261.) All interested parties are hereby notified to show cause why said Petition should not be granted. All objections to the Petition must be in writing, setting forth the grounds of any such objections, and must be filed with the Court on or before 10:00 A.M. AUGUST 3, 2020.

BE NOTIFIED FURTHER: All objections to the Petition must be in writing, setting forth the grounds of any such objections. All objections should be sworn to before a notary public or before a Probate Court Clerk, and filing fees must be tendered with your objections, unless you qualify to file as an indigent party. Contact Probate Court personnel for the required amount of filing fees. If any objections are filed, a hearing will be scheduled at a later date. If no objections are filed, the Petition may be granted without a hearing DON E. WILKES Judge of the Probate Court

By: Jeanie Hooks Clerk of the Probate Court P.O. Box 70 / 125 S. Main Street

Swainsboro, Ga. 30401

This 29th day of June, 2020 RICHARD M. MCNEELY, Attorney for Ashley Pollette, John Page and Mike Henry, Executors of the James L Mimbs, III Estate

NOTICE TO CREDITORS AND DEBTORS

All creditors of the estate of CHARLES A. GAY. decedent. late of Emanuel County, State of Georgia, are hereby notified to render in their demands to the undersigned according to law and all persons indebted to said estate are required to make immediate payment to me.

This the 13th day of July, 2020 WADE T. GAY, executor of the estate

CHARLES L. GAY. decedent 140 Dyches Road, Statesboro, GA 30461 Address of Executor

SUMMONS AND PROCESS IN THE JUVENILE COURT OF EMANUEL COUNTY, GEORGIA TO: TAMARA STEELE IN THE INTEREST OF:

C.S. SEX: M DOB: 04/10/12 CASE NO. 19JV235

Minor Child

You are hereby notified that the abovestyled action has been brought by the Emanuel County Department of Family and Children Services, and the Georgia Department of Human Services, seeking to Amend Disposition and appoint a Permanent Guardian for your child; that said action has been filed in the Juvenile Court of Emanuel County, Georgia and that by reason of an Order for Service of Summons by Publication dated _July 7 _, 2020, you are hereby notified that you may obtain a copy of the petition from the Clerk of the Juvenile Court of Emanuel County Georgia and may file with the Clerk of said Court and serve upon Marnique Oliver, Petitioner's Attorney, whose mailing address is P.O. Box 308, 115 Racetrack Street, Swainsboro Georgia, 30401, an answer to the petition at any time prior to the Fina Hearing.

You are hereby commanded and required to appear before this court on the ____24th__ day of _September___ 2020 at the EMANUEL County Courthouse in Swainsboro. Georgia at 10:00 a.m., for a FINAL HEARING on this issue and show cause, if any you have, why the relief requested in the petition should not be granted. You are hereby commanded and required to appear before this Court at said final hearing or the finadings of the Court will be made the permanent order of this Court in the above case. You must attend the final hearing in order to preserve your rights. At the final hearing you will be given an opportunity to show cause, if any you have, why the relief requested in the petition should not be granted.

The parties notified hereby are entitled to legal counsel in the proceedings. and the Court will appoint legal counsel if any party should be unable without undue hardship, to employ counsel.

The Findings of Fact and Order of Disposition made at the Hearing wil become final at the Final Hearing unless the party served by publication appears at the Final Hearing. If the party served by publication fails to appear at the Final Hearing on the petition, the Findings of Fact and Interlocutory Orders made will become final without further evidence and will be governed by the Juvenile Court Code as if made at the Fina Hearing. If the party served by pubDON E. WILKES Judge of the Probate Court By: Jeanie Hooks Clerk of the Probate Court P.O. Box 70 / 125 S. Main Street Swainsboro, Ga. 30401 Address 478-237-7091 Telephone Number

IN THE PROBATE COURT OF EMANUEL COUNTY STATE OF GEORGIA IN RE: ESTATE OF

SPENCER JOE (JOEY) WEBB, **ESTATE NO.** 20E0075 DECEASED

PETITION FOR LETTERS OF ADMINISTRATION NOTICE

ALL INTERESTED TO: PARTIES and to whom it may concern:

MARY ALICE WEBB has petitioned to be appointed Administrator of the estate of SPENCER JOE (JOEY) WEBB, deceased, of said County (The Petitioner has also applied for waiver of bond and/or grant of certain powers contained in O.C.G.A. § 53-12-261.) All interested parties are hereby notified to show cause why said Petition should not be granted. All objections to the Petition must be in writing, setting forth the grounds of any such objections, and must be filed with the Court on or before 10:00 A.M. AUGUST 17, 2020 BE NOTIFIED FURTHER: All objec-

tions to the Petition must be in writing, setting forth the grounds of any such objections. All objections should be sworn to before a notary public or before a Probate Court Clerk, and filing fees must be tendered with your objections, unless you qualify Contact to file as an indigent party. Probate Court personnel for the required amount of filing fees. If any objections are filed, a hearing will be scheduled at a later date. If no objections are filed, the Petition may be granted without a hearing DON E. WILKES

Judge of the Probate Court By: Jeanie Hooks Clerk of the Probate Court P.O. Box 70 / 125 S. Main Street Swainsboro, Ga. 30401 Address 478-237-7091

Telephone Number

IN THE JUVENILE COURT OF EMANUEL COUNTY STATE OF GEORGIA IN THE INTEREST OF:

SEX F, DOB 03/16/2018 T. D., CASE#

B.D., SEX F, DOB: 08/09/2016 J. D., SEX M, DOB 01/01/2015 Q. R., SEX F. DOB: 10/12/2008 CHILD UNDER 18 YEARS OF AGE. NOTICE OF SUMMONS TO: Any Unknown biological, legal,

putative father of the above named children born

to Gwendolyn Robertson at Emanuel Medical Center in Swainsboro, Georgia and the east Georgia Medical Center in Statesboro, Georgia, and Meadows Regional Medical Center in Vidalia, Georgia

You are hereby notified that the above styled action has been brought by the Emanuel County Department of Family and Children Services, and the Georgia Department of Human Services, seeking to terminate your parental rights with regard to the above referenced child that said action has been filed in the Juvenile Court of Emanuel County, Georgia; and that by reason of an Order for Service of Summons by Publication dated __July 15 . 2020, you are hereby notified that you may obtain a copy of the petition from the Clerk of the Juvenile Court of Emanuel County, Georgia and may file with the Clerk of said Court and serve upon Marnique Oliver. Petitioner's Attorney, whose mailing address is P.O. Box 308, 115 S. Racetrack Street, Swainsboro, Georgia, 30401, an answer to the petition at any time prior to the Final Hearing. You are hereby commanded and required to appear before this court on the ___22nd day of _ October__, 2020 at the EMANUEL County Courthouse in Swainsboro. Georgia at 10:00 a.m., for a FINAL HEARING and show cause, if any you have, why the relief requested in the petition should not be granted. You are hereby commanded and required to appear before this Court at said final hearing or the findings of the Court will be made the permanent order of this Court in the above case. You must attend the final hearing in order to preserve your rights. At the final hearing you will be given an opportunity to show cause, if any you have, why the relief requested in the petition should not be granted. Prior to the Final Hearing a Provisional Hearing on the petition will be held before the Court _October 8th__, 2020_at 10:00 a.m. in the Juvenile Courtroom at the EMANUEL County Courthouse, Swainsboro, Georgia.

Hearing, the Interlocutory findings and Orders shall be vacated and disregarded, and the hearing shall proceed upon the allegations of the motion.

The parties notified hereby are entitled to legal counsel in the proceedings, and the Court will appoint legal counsel if any party should be unable, without undue hardship, to employ counsel

A copy of this petition may be obtained at no charge from the Office of the Clerk of Court between the hours of 9:00 a.m. and 5:00 p.m. Monday through Friday.

WITNESS, the Honorable Sherri McDonald, Judge of said Juvenile Court. This day of

2020.

Clerk, Emanuel County Juvenile Court

THE PROBATE COURT OF EMANUEL COUNTY STATE OF GEORGIA IN RE:

DAVID KEITH JACKSON, ESTATE NO. 20E0064 DECEASED

NOTICE OF PETITION TO FILE FOR YEAR'S SUPPORT

Petition of KIMI KIGHT The JACKSON, for a year's support from the estate of DAVID KEITH JACKSON, Deceased, for Decedent's Surviving Spouse and minor children. having been duly filed, all interested persons are hereby notified to show cause, if any they have, on or before AUGUST 17, 2020, why said Petition should not be granted.

All objections to the Petition must be in writing, setting forth the grounds of any such objections, and must be filed on or before the time stated in the preceding sentence. All objections should be sworn to before a notary public or before a Probate Court Clerk, and filing fees must be tendered with your objections, unless you qualify to file as an indigent party. Contact Probate Court personnel for the required amount of filing fees. If any objections are filed, a hearing will be scheduled at a later date. If no objections are filed the Petition may be granted without a hearing. DON E. WIKES Judge of the Probate Court By: Jeanie Hooks

Clerk of the Probate Court P.O.Box 70/ 125 S. Main Street Swainsboro, Ga. 30401 Address 478-237-7091 **Telephone Number**

THE PROBATE COURT IN OF EMANUEL COUNTY STATE OF GEORGIA IN RE: DENNIS L. RINER, ESTATE NO. 20E0072 DECEASED NOTICE OF PETITION TO FILE

FOR YEAR'S SUPPORT The Petition of SHIRLEY T. RINER, for a year's support from the estate of DENNIS L. RINER, Deceased, for Decedent's Surviving Spouse, having been duly filed, all interested persons are hereby notified to show cause, if any they have, on or before AUGUST 17, 2020, why said Petition should not be granted.

All objections to the Petition must be in writing, setting forth the grounds of any such objections, and must be filed on or before the time stated in the preceding sentence. All objections should be sworn to before a notary public or before a Probate Court Clerk, and filing fees must be tendered with your objections, unless you qualify to file as an indigent party. Contact Probate Court personnel for the required amount of filing fees. If any objections are filed, a hearing will be scheduled at a later date. If no objections are filed the Petition may be granted without a hearing. DON E. WILKES Judge of the Probate Court By: Jeanie Hooks Clerk of the Probate Court P.O. Box 70 / 125 S. Main Street Swainsboro, GA. 30401 Address 478-237-7091 Telephone Number

hours of sale in order to satisfy said tax this 1st day of July 2020. Tax Officer, City of Swainsboro

NOTICE

Notice is hereby given that the city of Swainsboro has levied upon the following property of Tara D Scarborough to satisfy city taxes owing to the said city for the year(s) of: 2019 in the initial tax amount of \$656.78 Amount could include additional cost and interest. This can only be calculated when tax is satisfied.

All that tract or parcel of land situate, lying and being in the City of Swainsboro, 53rd G. NI. District,

Address Court of Emanuel County, Georgia; 478-237-7091 and that by reason of an Order for **Telephone Number** Service of Summons by Publication dated _June 30, 2020_, 2020, you are

STATE OF GEORGIA COUNTYOF EMANUEL IN RE: ESTATE OF JAMES L. MIMBS, III, DECEASED

All creditors of the estate of James L. Mimbs, III, deceased, late of Emanuel County are hereby notified to render their demands to Richard M. McNeely, attorney for Ashley Pollette, John Page and Mike Henry, Executors of the Estate of James L. Mimbs, III at P.O. Box 767, Swainsboro, Georgia 30401, according to law, and all persons indebted to said estate are required to make immediate payment

lication appears at the Final Hearing the Interlocutory findings and Orders shall be vacated and disregarded, and the hearing shall proceed upon the allegations of the motion.

A copy of this petition may be obtained at no charge from the Office of the Clerk of Court between the hours of 9:00 a.m. and 5:00 p.m. Monday through Friday.

WITNESS,	the	Hon	orable	e Sherri
McDonald,	Judge	of	said	Juvenile
Court.				
This _			da	iy of
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Clerk, Emanuel County Juvenile Court

PROBATE COURT IN THE OF EMANUEL COUNTY STATE OF GEORGIA IN RE: ESTATE OF BOBBY LEE McMILLAN, ESTATE NO. 20E0071 DECEASED PETITION FOR LETTERS OF ADMINISTRATION NOTICE

TO: ALL INTERESTED PARTIES and to whom it may concern:

KELVIN McMILLAN has petitioned to be appointed Administrator the estate of BOBBY LAA of McMILLAN deceased, of said County. (The Petitioner has also applied for waiver of bond and/or grant of certain powers contained in O.C.G.A. § 53-12-261.) All interested parties are hereby notified to show cause why said Petition should not be granted All objections to the Petition must be in writing, setting forth the grounds of any such objections, and must be filed with the Court on or before 10:00 A.M. AUGUST 10, 2020.

BE NOTIFIED FURTHER: All objections to the Petition must be in writing setting forth the grounds of any such objections. All objections should be sworn to before a notary public or before a Probate Court Clerk, and filing fees must be tendered with your objections, unless you qualify to file as an indigent party. Contact Probate Court personnel for the required amount of filing fees. If any objections are filed, a hearing will be scheduled at a later date. If no objections are filed, the Petition may be granted without a hearing.

The parties notified hereby are entitled to legal counsel in the proceedings, and the Court will appoint legal counsel if any party should be unable, without undue hardship, to employ counsel.

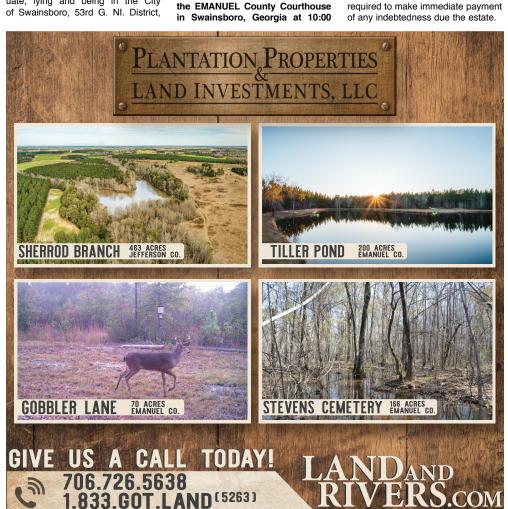
You are further notified that you will lose all rights to the child and will not be entitled to object to the termination of your rights to the child unless, within thirty days of receipt of this notice, you file:

A petition to legitimate the child pursuant to O.C.G.A. § 19-7-22: and Notice of the filing of the petition to legitimate with the Emanuel County Juvenile Court.

The Findings of Fact and Order of Disposition made at the Provisional Hearing will become final at the Final Hearing unless the party served by publication appears at the Final Hearing. If the party served by publication fails to appear at the Final Hearing on the petition, the Findings of Fact and Interlocutory Orders made will become final without further evidence and will be governed by the Juvenile Court Code as if made at the Final Hearing. If the party served by publication appears at the Final IN THE PROBATE COURT OF EMANUEL COUNTY STATE OF GEORGIA IN RE: ESTATE OF LULA PAUL ROBERTS, ESTATE NO. 20E0078 DECEASED PETITION FOR LETTERS OF ADMINISTRATION NOTICE

TO: ALL INTERESTED PARTIES and to whom it may concern:

MICHAEL WAYNE ROBERTS SR. has petitioned to be appointed Administrator of the estate of LULA PAUL ROBERTS deceased, of said (The Petitioner has also County. applied for waiver of bond and/or grant of certain powers contained in O.C.G.A. § 53-12-261.) All interested parties are hereby notified to show cause why said Petition should not be granted. All objections to the Petition must be in writing, setting forth the grounds of any such objections, and must be filed with the Court on or before 10:00 A.M. AUGUST 24, 2020. BE NOTIFIED FURTHER: All objections to the Petition must be in writing, setting forth the grounds of any such objections. All objections should be sworn to before a notary public or bfore a Probate Court Clerk, and filing fees must be tendered with your objections, unless you qualify to file as an indigent party. Contact Probate Court personnel for the required amount of filing fees. If any objections are filed, a hearing will be scheduled at a later date. If no objections are filed, the Petition may be granted without a hearing. DON E. WILKES Judge of the Probate Court **By:Jeanie Hooks** Clerk of the Probate Court P.O. Box 70 / 125 S. Main Street Swainsboro, Ga. 30401 Address 478-237-7091 Telephone Number





TWIN CITY CONCRETE 478.763.2005

25 Hwy 192 North, Twin City

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Canoochee Baptist Church Canoochee • Rev. Mark Wiggins

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Coleman Temple Holiness Church Dogwood Hill Subdivision Pastor: Rev. Robert Coleman, Sr.

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Consuming Fire Ministries 710 Sycamore St., Swainsboro • 478-299-4826 Pastor Nicholas Robertson

> Corinth United Methodist Church 1989 Meeks Road • Kite Wes Webb, Pastor • 668-3372

The Crossroads Church 529 South Main St., Swainsboro 912-237-3498 Rev. Levi Carpenter

> Dellwood Baptist Church P.O. Box 645 Hwy. 1 North., Swainsboro Rev. Joe Bedgood

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Dunamous Alliance Mission Outreach (Angel Food Ministry) Missionary Leon Griffin 478-237-7775

Eastwood Church of God 512 Thigpen Dr., Swainsboro • 237-5522 Pastor Andrew Flowers

Ebenezer United Methodist Church Kemp 706-547-6355 Rev. Clarence A. Thompson, Sr.

El Bethel Baptist Church Twin City 763-2001 • Pastor Rob Gray

Emanuel Christian Ministries 1338 Lambs Bridge Road

Emanuel Community Baptist Church Adrian

Emanuel Worship Center 915 Old Nunez Rd., Swainsboro 912-585-7571 Pastor Mike Palma

* Episcopal Church of the Good Shepherd 621 West Main St., Swainsboro • 237-7122 Rev. Curtis Johnson

Faith Outreach Deliverance Church 216 S. Green St., Swainsboro • 237-7545 Pastor Lorene Peebles God's Tabernacle 506 Railroad St. Twin City • 763-3160 Pastor Richard Herndon

Rev. Mario D. Wel

Greater St. James Missionary Baptist Church 423 Hopkins St. Swainsboro • 237-5873 Rev. Melvin Adams Jr.

Hawhammock Baptist Church 27 Hawhammock Church Rd, Swainsboro 237-3429 • Rev. Cail Pressey

Hebron Baptist Church Old McLeod Bridge Rd., Swainsboro 237-6107 Rev. Ervin Stapleton

Hillcrest Baptist Church 990 Hwy 1 North, PO Box 347, Swainsboro 334-435-3711 • Rev. Jonathan Shepard

Hines Baptist Church Old Savannah Rd Midville GA 30441 478-625-8678 • Pastor Billy Brinson

Holy Trinity Catholic Church 928 West Main St., Swainsboro • 237-6783 Rev. Peter Oyenugba Email: jbrown@glenmary.org

Home of the Apostle Outreach Ministry 106 North Green St. Swainsboro 237-9873 Apostle T.R. Pursley • Pastor Gary Hackett

Jesus Saves Church 410 West Main Street Swainsboro, Ga 30401 •478-455-4367 Pastor Brad Mckenzie

Kea's United Methodist Church Adrian, GA 31002 • 478-668-3559 Pastor Mark Hardin

Kingdom Hall of Jehovah's Witnesses 1064 Old Wadley Rd., Swainsboro 237-4525

> *Kite First Baptist Church Hwy. 57, Kite 469-5241 Rev. Burton Dixon

Lamb's Chapel United Methodist Church Lambs Chapel Rd. Near Wadley Rev. Chris Shoemaker

Lester Grove Missionary Baptist Church 213 Carver St., Swainsboro • 237-7828 Rev. Charles Holloway

Living Way Ministries 213 Oak Grove Church Rd. • 478-299-2819 Pastor Elizabeth Cleo Howard

Love In Action Worship Center 661 S. Main St. • Hwy 1 S. • 478-237-5263 Pastor Willie L. Harden, Jr.

The Message Worship Center 609 New Street Twin City • 763-2720 Pastor Paul Bowen

Midville First Baptist Church 145 Kilpatrick St. Midville, Ga • 478-589-7260 Robert Daughtry, Pastor

> Midville United Methodist Church Midville • 589-7251 • 478-589-7837 Pastor Randy Carnley

*Morningside Baptist Church Rt. 1 Soperton • Pastor James R. Bullard 478-237-0003 • Pastor Jeanette H. Hardin

Norristown Baptist Church 731 Hwy. 221 South, Norristown Rev. Dr. Hal Wilson, Pastor

Nunez Baptist Church Hwy. 297, Nunez 562-3249

Oak Chapel Baptist Church Blundale Church Rd., Swainsboro 478-469-3288 Rev. Ray Jenkins

Oak Grove Missionary Baptist Church 629 Oak Grove Church Road, Modoc, GA Rev. Alfred Cason

Oak Park Church of God 180 Hwy 86E Lyons 578-5901

Ohoopee Grove Baptist Church Hwy 297, Nunez 562-3943 • Rev. Allan Moss, Sr.

Olney Primitive Baptist 202 Thompson St, Oak Park • Elder W.H. Durrence

> Open Arms Outreach Ministry & Praise 503 5th Avenue, PO Box 395 763-3189 • 763-2432 Rev. George E. Coleman

> > Open Door Fellowship 2248 West Morning Street Swainsboro, Georgia 30401 268-2308 Pastor Dolly

Pages of Life Christian Worship Center 224 West Moring St., Swainsboro Pastor Marcellas R. Hannah, Sr.

*Pendleton Springs Missionary Baptist 649 Pendleton Springs Road, Vidalia, GA 30447 912-578-5606 Rev. J. Walter Jarrell, Sr.

*Pentecostal Lighthouse Church (Apostolic) Hwy. 1 North, Swainsboro • 237-0923 Rev. Ronnie Young

> Perfected Love Holiness Church 1127 Hwy 80 E. • 237-4598 Pastor Dean Martin II http://www.perfectedlove.com/

Piney Grove Missionary Baptist Church Cross-Green Swainsboro • (478) 589-7658 Rev. Michael Thomas

Poplar Springs United Methodist Church Adrian, GA 31002 • 478-668-3559 • Pastor Mark Hardin

* The Rock Worship Center 302 S. 2nd St. Hwy 57 Stillmore • Rev. Ronie J. Collins

Rountree Chapel 722 North Railroad Ave Twin City • 763-3284 Rev. W.E. Johnson

Rountree Island Missionary Baptist Church 2859 Hwy. 56 N., Summertown • 589-7953 Pastor Richard Lawrence Jr.

Powerhouse of Deliverance Assemblies, INC. 547 Lewis St., Swainsboro • 478-625-7028 Overseer & Founder, Apostle Antonio T. Pringle, Sr. Springfield Missionary Baptist Church

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Stillmore Missionary Baptist Church Stillmore Rev. George E. Archer, Jr., Pastor

> Stillmore United Methodist 478-299-3847 Pastor, Ross Parker

St. Paul-Noah's Ark AME 33 Humpback St., Summertown Pastor Minnie Pitts

Summertown Baptist Church Church St, Summertown

Swainsboro Chuch of Christ Brother Darnell Brown, Ministor 653 Turner Drive, Swainsboro 941-960-4747

Trinity Missionary Baptist Church 311 Mclendon Street 237-2038 Pastor Rev. Dr. Charles Wiggins Jr.

Twin City United Methodist Church 212 S. College St. Twin City 478.763.2527 • Rev. David Donnan

Union Grove United Methodist Church 1168 Herndon Rd. Midville 478.589.7251 • Pastor Randy Carnley

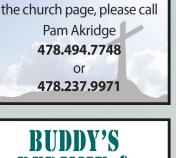
> United Primitive Baptist Church 242 W. Main St., Swainsboro Elder Paul Thomas 229-424-6486

Williams Chapel Holiness Church 415 Felix Street, Swainsboro 478-289-6060 • Pastor Apostle Clyde Fowler Sr.

> Willow Springs Missionary Baptist 1950 Hwy. 80 East, Swainsboro 237-5004

Wings of Prayer Ministries 509 5th Avenue, Twin City 478-763-2410 • 912-618-3391 Pastor James Davis





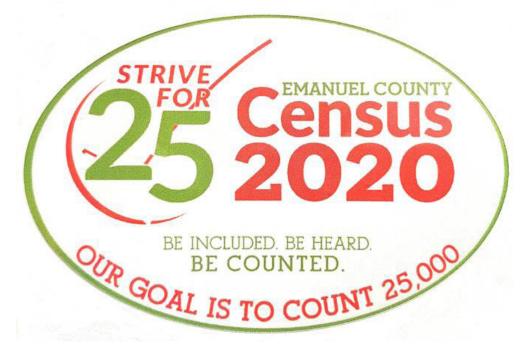
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SMOKE BILLOWS FROM PIPING AS FIREFIGHTERS WORK THROUGH THE NIGHT

Multi-county fire units battle five-hour blaze

by BILL CAHILL, SFD PIO

At 1:47 a.m. on Thursday, July 23, county firefighters from Nunez and Swainsboro were dispatched to 8796 Highway 297 for a fire in the piping of a sawdust and wood chip collection system.

Before the fire was contained and extinguished a total of six engines two from Swainsboro and one each from Dellwood, Norristown, Nunez, and Twin City—along with two quick response units, a mobile command post, a special operations rehab, and an EMS ambulance spent almost five hours at the scene.

Most of the fire was confined to the piping and silo portion of the system. Firefighters and company personnel

were kept busy with cooling the system and extinguishment. More than 4,000 gallons of water was flowed during the suppression stage. To maintain a constant water supply, engines were staged to deliver water and sent to be reloaded.

An accountability of personnel was in place due to the size of the event, heat, heat index, and the darkness of night. There were no injuries reported during the operation, but most were saturated in sweat due to wearing their required turnout/bunker gear.

Seventeen firefighters, both full-time and volunteers, responded to the call. Most of the volunteers were released by 6:30 a.m. in order to return and restock their equipment, go home, shower, and report to their full-time jobs.





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