

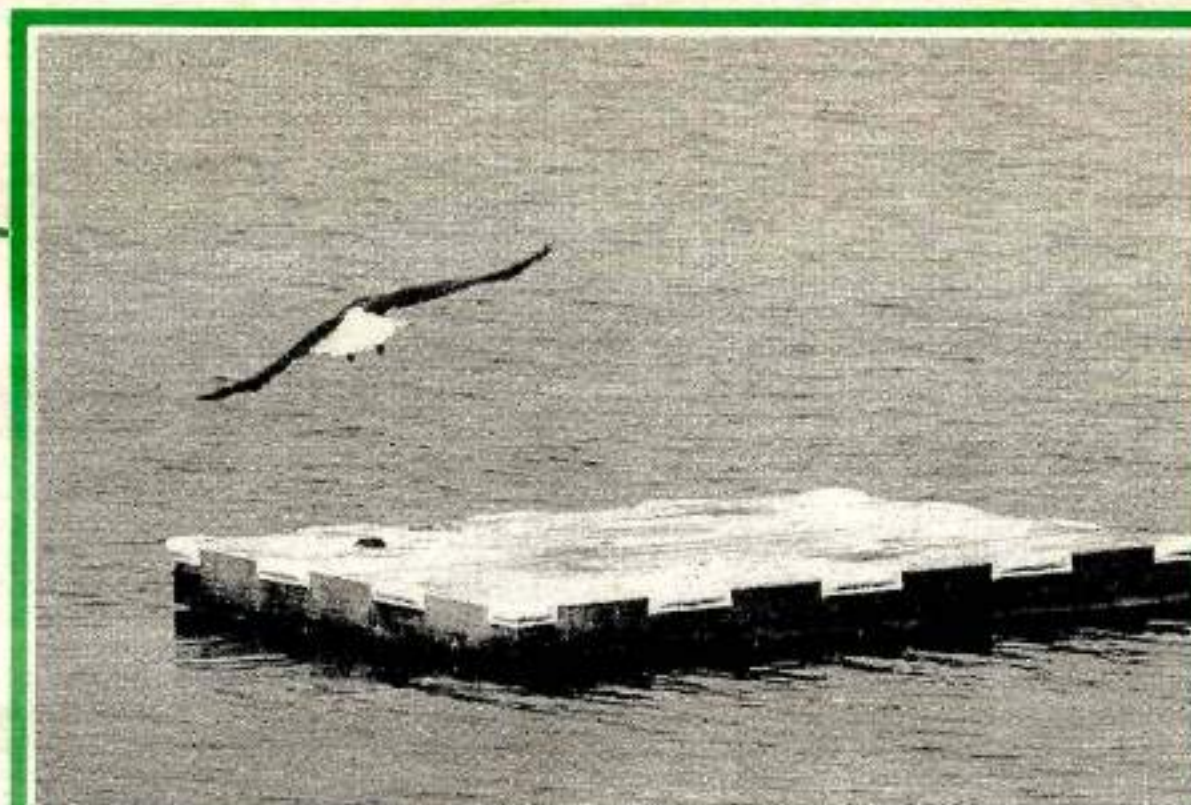
"Reno Night" is here November 7th! The big day begins at 6:00 PM and goes full blast until midnight. Come join us and play your favorite card games, dice games or Bingo! You have your choice of **Blackjack, Beat-the-Dealer Hi-Low Dice, Chuck-A-Luck, Money Wheel or Bingo.** Paul Robertson and his lovely wife will be providing DJ-type music during the evening for your listening pleasure. There will be a no-host bar providing your favorite libations. The kitchen will be open, serving those famous "Center Burgers", nachos, nachos Grande, hot dogs, chiliburgers and chilidogs! Drop in, bring your friends and try your luck! Come check out the new bathrooms, lighting in the gym and carpeting on the balcony. We're really fixing the old girl up! See you there!



Christmas Bazaar 1998

It is that time of year again, and there are still booths available. I hope everyone will try to come down this year, if for no reason than to see some of the changes wrought here at the Center, due to the continuing construction.

We will be serving a pancake breakfast this year from 9:00 AM to 11:00 AM, so come down and enjoy. If you can help in any way, or would like to rent a booth, please call Kry's Wylie at 884-4370.



On Saturday, October 16th, this magnificent Bald Eagle launched itself off the raft seen here and, after being joined by another eagle, disappeared into the forest on Von Geldern Cove where it is believed the two birds nest.

Photo by Hugh McMillan

Flavor of Fall 1998 Memories

Another Flavor of Fall under the belt. Remember the first meeting last fall when we decided on the theme Speak-Easy under a lot of giggles and enthusiasm? If you weren't there, Chef Lindsey might have been under a spell when she eagerly said that yes, she would do the job again! And then the year went by so fast that it felt like barely a month before it was summer and, as always, we thought that we should be further along with preparations than we were. But, also as always, the main crew went into high gear and steered the Flavor Wagon past the goal line with speed and flair. We are so fortunate to be a part of this wonderful group of dedicated and high energy people!

Everybody worked at their tasks and then we came together at the Center on FFF (Friday of Flavor of Fall) to present the visual result of those tasks. The air vibrated with the energy of goodwill, brainstorming and plain perspiration as people bustled hither and yon bent on their tasks. Hour by hour, the magic unfolded and the Center got transformed into the theme of the year while enticing aromas came wafting out from the kitchen. It was a day of overtime for many there and then they were back early Saturday morning to plug away at all the million details still to be decided and done. Home in the after-

noon for quick showers if you were lucky, and then back to be part of the Main Magic, as guests started knocking on Lloyd's clever contraption, the sliding wooden window in the front door.

And in they streamed, bedecked in finery befitting the fancy twenties and our equally fancy surroundings. The young waiters expertly filling up water glasses at the smartly decorated tables, the oyster bar ready, hors d'oeuvres displayed on an elegant background, bartenders ready as the music of that time enveloped us. (And the kitchen crew madly working behind closed doors as in all restaurants...) Oh, what a joy!

We talked, ate, drank, and laughed while we circulated around the silent auction tables and put down bids on things we felt attracted to. Then you had to go back and make sure you had the last bid before the tables closed, one after another, and a red ribbon was placed in front as a keep away sign.

We sat down to a delicious dinner aptly served by our young adults and as the wine flowed it was soon time for the auctioneer. Words flow out of his mouth like a river, sometimes smooth, sometimes in little rivulets, but always hanging together. We held up our giant paper lollipops with our lucky numbers and we either got the

winning bid or were outbid by somebody else...

Soon, too soon it appeared this year, the party was over. The guests lingered, as if waiting for an orchestra to strike the first tone, so they could dance maybe? Ah, planning for the future never stops!

The only things left were pay-up and clean-up. A brave few, including Claudia, stayed well into the night to start up everything back into Civic Center everyday mode.

Sunday morning at nine is a time to return every year, for those of us who think we need to help on the cleanup crew. And really, we might be tired and the work be messy, but it is by now as much a part of our Flavor experience as the festive evening before. It's amazing what a few extra arms can accomplish in team work! So, in the early afternoon the place is clean and the kitchen restored to its everyday appearance.

There are still details to attend to, money to be counted, extension cords to be returned, among other things, but we did it again! Hurrah!! And great big thanks to all that attended, volunteered and donated their special items!

More Flavor Of Fall
Memories On Page 8



UNDER MY HAT

by Irene Zimmer
Facility Coordinator

November brings the fall colors, crisp, sunny (or rainy) days and all the holiday doings we've come to look forward to! We start out with "Reno Night" on November 7th, beginning at 6:00 PM and going full blast until midnight. Come join us and play your favorite card games, dice games or Bingo! You have your choice of Blackjack, Beat-the-Dealer Hi-Low Dice, Chuck-A-Luck, Money Wheel or Bingo. The kitchen will be open, serving those famous "Center Burgers", nachos, nachos Grande, hot dogs, chiliburgers and chiliburgers! Drop in and try your luck!

On Thanksgiving Day, VFW Post #4990 and its Ladies Auxiliary will give up their holiday to serve a complete Thanksgiving Day dinner to those who have nowhere to go and would like companionship and a wonderful meal. The dinner is especially for the elderly, single parents with children, singles, couples, the homeless or needy and particularly, veterans. Reservations are needed, so please call Eileen Young at 884-4551 to sign up.

The annual Christmas Bazaar will be on Saturday, November 28th, from 9:00 AM to 4:00 PM. Krys Wylie is in charge again this year, and promises

great things for you to see and buy. Many vendors have signed up, and we are looking forward to providing the community with the chance to get that perfect gift for the special person in your life. Gates will be open at 7:00 AM for vendors to set up.

Construction plods along here at the Center. The new bathrooms are beautiful! We're still trying to get roller-skating started, but we have a few things to get completed first. We have new front doors and gym doors, new carpeting on the balcony area and new lighting in the gym. A special thanks to Al Yanity for putting the new wheels on our entire group of table carts. The carts now roll easily and won't mark up the floors! Your continued support has helped make these improvements possible. Come see what wonderful things we can achieve when we work together! Thank you all!

As we approach the Christmas Holidays, remember those who may need your help. Give generously to our local food bank, children's charities, or someone you know who could use a helping hand. Believe me, you'll feel great when you do! See you next month!

Living And Learning On The Key Peninsula

Key Peninsula Historical Society



Are you looking for a great Christmas gift? One that won't break, go out of style and mails easily? The Historical Society's book, Early Days of the Key Peninsula is the answer to your problem. It is still available at the museum or you may purchase a copy November 28, at the Key Peninsula Civic Center's Christmas Bazaar. The book has already sold over 312 copies and is sure to please even the most difficult person on your Christmas list.

With the help and expertise of Tim Kezele and Addie McMenamin, the full docent training was very interesting and enjoyed by all that attended. Another training is planned for the spring. If you are interested please call 884-2712 or 884-4538.

There is still time in November to see the exhibit From Sea to Street - A Collection of Postal Memorabilia.

This exhibit features the 98-year-old post office boxes from Vaughn, the canceling machine from Lakebay and copies of the newspaper *Discontent* that was mailed from Home. This excellent exhibit plus more can be seen Thursday and Saturday from 1:00 PM - 4:00 PM or by appointment. Call 884-4538.

If you are interested in oral history, Rosemary Brynstad is working on putting together video and tapes about the people and places on our peninsula. Elsie Olson and Joyce Niemann have been interviewed and now are working on their family tree. Keith Stiles is busy writing the history of Joemma Beach. We all look forward to this article.

REMEMBER THE MUSEUM IS CLOSED ALL OF DECEMBER AND WILL OPEN THURSDAY JANUARY 6.



THE FAMILY ROOM

Holiday Hints

The holidays are coming upon us quickly. This seems to be a time of many different types of experiences. For some, it is a season filled with the awe and wonder of childhood; sort of a "rebirth" of the spirit of love and giving. Still for others, it can be a time of great stress and anxiety. What makes the difference? How can we create a holiday season for ourselves which is both enjoyable and enriching?

Let's look at some of the causes for the stress. Often times, we find ourselves compelled to "keep up with others" or, in some cases, the fictitious families that we see in those holiday commercials. This can be especially stressful if we are experiencing difficulties in our own families or are limited financially. The commercials portray the "perfect family" where people are lovingly joined, dressed in the finest, and dining in the midst of a holiday dream home on specially designed holiday china. The message conveyed here is that this is what happiness looks like or this is what the holidays "should" be like. For most of us, this just doesn't ring true and we can end up feeling that we have fallen short or are somehow lacking.

Another common stressor is feeling torn with all of the many events to attend. Sometimes trying to go to everything is just too much. Often times,

families feel obligated to visit both sets of extended family on each holiday occasion. Families with small children end up overly tired and short tempered. The warmth of the spirit becomes lost.

Here are some ideas that might be helpful to keep in mind:

- **Keep it simple.** Take a realistic view of what is possible this year and stay within the family budget.

- **Plan ahead.** Sit down as a family, looking at all of the options for holiday fun, and make choices about how you want to spend your time.

- **Create your own traditions.** Often times we feel tied to traditions of the past. When families come up with their own traditions, they really feel connected and increase the sense of belonging within the family.

- **Maintain some sense of routine.** Remember to limit sugar and alcohol intake, get enough rest, and keep up your exercise routine.

- **Feeding the soul.** With the spirit of love and good will to all, this can be a time of spiritual renewal. Attend the spiritual activities/services that are nurturing for you.

- **Take time to notice and enjoy the wonder!!** Happy Holidays!

Margy Clair, MC, CMHC
Children's Home Society
Family Resource Center; Key Peninsula

Key Peninsula Senior Society Holds Open House

For the first time in several years, the KEY PENINSULA SENIOR SOCIETY members are planning an Open House for other seniors of the Peninsula area on November 19th, a week before Thanksgiving Day. The event is FREE to those over 55, who would like to meet and eat a Thanksgiving-type menu completely complimentary. The get-together is planned to allow interested oldsters to learn about the Senior Society and its activities.

Helen Wolniewicz, chairman of the open house, says it is to be held at 12:00 Noon at the Key Peninsula Civic Center in Vaughn, WA, one week before Thanksgiving, and although there will be no charge, seating is limited to 50 guests, so advanced reservations are required. Please phone Ruth Blakemore, 884-2720 or Rose Malmgren, 884-5052 to


reserve your seat at the festive table, before November 12th. Mrs. Wolniewicz says, "Call soon to make sure of a spot; we're looking forward to seeing all you seniors for the Open House Dinner."

The Key Peninsula Seniors meet weekly on Thursdays at 12:00 noon at the Key Peninsula Civic Center in Vaughn for a pot luck lunch and an afternoon of bridge, pinochle, cribbage and other games, plus fellowship. Other golden agers may join at any time, even though they might be unable to attend the "Open House" on the 19th.

Several members have recently joined together for some interesting trips, the most recent one to Leavenworth, WA. Future trips can be planned depending on the preference of those who wish to travel.

Regular Board Meeting Minutes

September 10, 1998



A View From Home

I've been an optimist most of my life, but I'm beginning to sense a change in my outlook. One of the factors influencing this change is the number of truckloads of carbon dioxide I see rumbling north on the Key Peninsula Highway every day.

Most people reading this are probably thinking I've finally lost my marbles, for nearly everyone knows that carbon dioxide is a colorless, odorless gas used for putting the fizz into sodas, and no one else has seen any tanker trucks of carbon dioxide on the Key Peninsula Highway.

Trees, and other green plants, have a unique method of storing carbon dioxide. Through the marvelous process of photosynthesis, they combine carbon dioxide from the air with water absorbed by the roots to produce various sugars and oxygen. The oxygen is released into the air, to the benefit of all of us air-breathing animals. The sugars are converted to starches, cellulose, lignins and other substances needed by the plants.

When a plant dies and decomposes, the stored carbon is released back into the air as carbon dioxide. If a tree or other plant is burned, the stored carbon is also released into the air as carbon dioxide. So, obviously, the truckloads of carbon dioxide I've been seeing are really carbon dioxide stored in tree trunks. The cutting and burning of forests worldwide now accounts for 22% of the carbon dioxide being released into the atmosphere through human activities, while the burning of fossil fuels, such as coal, oil, gasoline and natural gas contributes 75% of the thousands of tons of carbon dioxide entering our atmosphere each year.

But, you might honestly protest, the loads of logs being hauled out of the

Key Peninsula aren't being burned, they're being converted to paper, cardboard, lumber and other useful products, so what's the problem? The problem is that once a tree is cut down, especially an evergreen tree, it stops absorbing carbon dioxide out of the air and storing it as various carbon compounds within its tissues. That leads to more of the carbon dioxide being released from other sources staying in the atmosphere, forming a sort of blanket around the Earth, and thereby contributing to the process of global warming.

Aha! "Global warming." Now, there's a phrase guaranteed to start an argument, or at least a spirited discussion. There are at least three viewpoints on the subject: those who say it's happening; those who say it's not happening; and those who say even if it might be happening, it will ruin our economy to try to stop it. As more and more evidence is obtained, reputable scientists, that is, those not in the employ of coal, oil, or electric power companies, are convinced that it is happening. Where these scientists differ among themselves is how fast it's happening.

Are there any possible solutions to the problem that don't call for a total cessation of logging? Join us again next month for a description of some projects being tried in the U.S. and in Central America.

.....
Advertise in the
Key Peninsula
News
884-4699

The meeting was called to order at 7:30 PM by President Marty Marcus. The minutes were approved as corrected. It was MSC to accept the Treasurer's report.

A letter was received letting us know that we are exempt from the storm water fees, and that if it shows on our taxes we are to let Pierce County know for reimbursement. A letter was received from Joan Ryan letting us know that she heard about the Basketball Hoop removal, and is disappointed to see them go. She suggested that we find an alternative for them. We also received a letter from Vaughn Bay Garden Club thanking us for the use of the facilities during their anniversary. The Key Peninsula Parks department wrote to ask if they could use the facilities free of charge for 7 Tuesday evenings starting next Tuesday. It was MSC to deny this request due to the political nature of the meetings.

Mike Salatino pointed out that the letter that went out for solicitation of funds was in error when it proclaimed that the Christmas dinner was the Center's event and that it didn't state that it was by invitation.

Manager's Report: The doors are done and will be installed the 19th and 21st. Vicki McClung asked that the date be moved to after Flavor of Fall due to their redoing one of the doors with a sliding window. October 1st will see the end of this portion of the construction. The Reno Cards are done and ready to be mailed. The Mission will be starting their Sunday dinners this weekend.

Program/Group Review:

Historical Society: There will be Docent (tour guide) training on the 26th of September for those interested. Book sales are well over 300. Looking into cement area by street for an all-purpose shed.

Pioneer Day: Kathy will be calling a meeting of the last Committee to put together a notebook and start early for the next year.

Reno Night: It was MSC to use Fun Time, Music, Paul Robertson for the

nights entertainment.

Children's Home Society: Family Fun Nights will start at Vaughn Elementary soon, and Indoor Park is raring to go.

Halloween: So far the Family Center, Boy Scouts, Brownies and The Key Club are helping out. The Committee includes Krys Wylie and Cyndi Myers and her mother.

Flavor of Fall: Auction items are still needed.

Comprehensive Mental Health: Happy to be here and is pleased with their location.

Boy Scouts/Cubs: It was MSC to allow the Cubs use of the facilities a few times throughout the year, keeping in mind the scheduling with the Manager.

Old Business:

Bylaws: It was MSC to accept the Bylaws as amended.

Construction update: The carpet will be laid in hall area only on the 28th.

Nominating Committee update: It was MSC to have the Committee prepare a slate of nominees for the elective offices.

Refrigerator estimates: a new non-freon containing compressor will cost \$400.

New Business:

Pest Control: Marty will contact the supervisor about the problem.

The meeting was adjourned at 9:30.

Krys Wylie
Secretary

Key Peninsula Civic Center Executive Committee

Marty Marcus, President
884-2213

Vicky McClung, 1st Vice President
884-1940

Sylvia Huase, 2nd Vice President
884-3603

Kathy Hale, Treasurer
884-3619

Krys Wylie, Secretary
884-4370

Lloyd Miller, At-Large
884-2536

Sandy McFarlane, At-Large
884-2633

Dale Loy, Past President
884-4169

SHOULD WE BE FORCED TO PAY UNFAIR TOLLS AT THE TACOMA NARROWS BRIDGE?

Bob Oke says yes.

Beth Wilson says NO.

You decide on November 3

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VETERAN'S VOICES

By Eileen Young

Hi, welcome to November. After such a beautiful few months of sunshine, I'm hoping winter will be as "user friendly"!

Haven't heard of anyone who is ill or in hospital at this time, and for this we are thankful and we hope those of you reading this column are in the good health and can dodge the ol' flu bug this year.

Good to see Cathy Collier back on two feet again and Dee Bea Blum up and about.

The post has two new members who deserve a big welcome, they are Gary Helmick and Ernie Shreve. Anyone else interested in joining our great organization, just contact any VFW member or call 884-4551.

Now for our activities: First is Veterans Day - November 11th. The Aisle of Honor will fly 161 flags from 7:00 AM to 5:00 PM (weather per-

mitting) at the Vaughn cemetery. No services at this time.

November 26th: THANKSGIVING DINNER will be served again this year courtesy of VFW Post 4990 and the ladies auxiliary. The place is the Civic Center and the time is 3pm. SINGLES, COUPLES, VETERANS, SENIORS, SINGLE PARENTS with CHILDREN, HOMELESS ETC - ALL are WELCOME, all we ask is that you call either 884-4551 or 884-3456 and let us know how many are in your party so we will know how many turkeys and pies to bake.

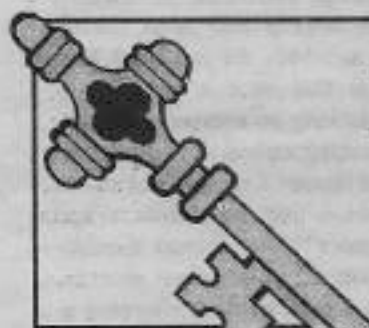
Post and auxiliary have already started to collect non-perishable food for Christmas baskets to help the needy families in our community so be sure to bring your contribution to the next meeting and help someone less fortunate come the holidays.

Walt Schmidt has again this year

been kind enough to allow the "TREES OF SHARING" to be placed in his Key Center and Lake Kathryn stores starting right after Thanksgiving. As usual, the small personal gifts will go to our less fortunate veterans in American Lake and Retsil Soldiers Home. Be sure to visit one of the TREES, select a card, purchase the

gift then wrap it and return to the store. All the gifts will be delivered to the veterans in time for Christmas and we thank, in advance, all who participate.

I leave you till next month with this to ponder: with all that is going on in our world today, what part of "THOU SHALT NOT" don't we understand?



KEY DATES 1998

BUSINESS / PROFESSIONAL GROUPS

KP Business Assoc.

Nov. 6 - 7:30 AM

Home Port Rest.

Fire Fighters Assoc.

Nov. 20 - Noon

Horseshoe Lake Rest.

Ashes

Nov. 24 - 7:00 PM

Key Center Fire Sta.

Boy Scout Troop #220

Nov. 5 - 10:30 AM

Key Center Fire Station

Cootiettes

Thursdays - 6:00 PM to 8:00 PM - KPCCA VFW Rm.

KPCCA Exec. Board

3rd Thursday - 7:00 PM

KPCC/Whitmore Rm.

KPCCA Board

Nov. 9 - 7:30 PM

Civic Center

KPCS Board

Nov. 12 - 7:30 PM

KPCC/Whitmore Rm.

KPHC Board

2nd Monday - 10:00 AM

Comm. House - Home

KP Lions Club

4th Thursday - 7:30 PM

Health Center

VFW & Auxiliary

1st & 3rd Wed. - 6:30 PM

KPCC/Whitmore Rm.

2nd & 4th Mon. - 7:00 PM

CC/VFW Room/WV Rm.

COMMUNITY SERVICES

Adult Literacy Classes

Call for Appointment

851-6552 - Gig Harbor

Angel Guild

Nov. 23 - 10:00 AM

Brones Rm./KC Library

Cancer Support Group

3rd Thursday - 1:00 PM

Brones Rm./KC Library

Children's Home Society Family Resource Center - Monday through Thursday, 9:00 AM to 3:00 PM, Key Peninsula Civic Center, Lower Level - Call: 884-5433

Food Bank

Tues. through Fri., 10:00 AM to 3:00 PM Comm. House - Home

Hot Lunch for Seniors on Wednesdays at Noon - Community House - Home

Also food & clothing assistance. For More Information, call 884-4440, 884-4514, or 857-4780.

Immunizations (FREE) Thursday, 10:00 AM to 4:00 PM at Urgent Care, Gig Har.

Key Center Library 884-2242 - HOURS: Tuesday & Wednesday 1 - 8 PM,

Thursday & Friday 1 - 6 PM, Saturday Noon - 4 PM

KP Baptist Bible Study

Wednesday - 7:00 PM - 8:30 PM

KP Civic Center

KP Baptist AWANA

Wednesday - 6:30 PM - 8:30 PM

KP Civic Center

Overseers Anonymous

Wednesday - 7:30 PM

St. Nicholas Church

Parenting Network

Nov. 3, 10, 17 - 6:30 PM

CHS - Civic Center

Positive Fathering

Thursdays - 6:30 PM

CHS - Civic Center

Seniors Exercise Program

Tues. & Thurs. - 8:30 to 9 PM Comm. House - Home

WIC (Women, Infants & Children) Every Tuesday 8:00 AM to 4:00 PM at the

Civic Center, in the Whitmore Room. Call: 884-3835 on Tuesdays for an appt.

PUBLIC MEETINGS

KP Fire Commissioners

Nov. 11 - 7:00 PM

Key Center Fire Sta.

KP Parks & Rec.

Nov. 30 - 4:00 PM

Key Center Fire Sta.

2nd Monday - 7:00 PM

Volunteer Park Annex

SELF-HELP GROUPS

Alcoholics Anonymous - Mon. through Fri. 8:00 PM - Sat. & Sun. - 6:00 AM

at the Key Peninsula Community Services in Home

Peninsula ALANON - King of Grace Lutheran Church, Purdy - Tuesday 1:30 PM

Caregivers Support Nov. 12 - 7:00 PM Brones Rm./KC Library

Grandparents Group Nov. 7 - 1:00 to 3:00 PM Brones Rm./KC Library

Contact Norma at 884-2205 for more information.

T.O.P.S. - Tuesday Evening Weigh-in 6:15 PM - Meeting at 7:00 PM - Civic Center

SOCIAL & HOBBY GROUPS

Bayshore Garden Club Nov. 20 - Meeting Longbranch Improvement

Cancer Support Group 3rd Tuesday - 1 - 3 PM Brones Rm./KC Library

KP Historical Society 1st Thursday - 7:30 PM KP Historical Museum.

MUSEUM OPEN Thursday and Saturday from 1:00 PM to 4:00 PM

LB Improvement Club Nov. 20 - 7:00 PM Longbranch Improvement

Peninsula Neighbors Nov. 10 - 10:00 AM Longbranch Improvement

Lakebay Fuchsla Society Nov. 3 - 7:00 PM Brones Rm./KC Library

Ruth Circle Meeting Nov. 16 - 10:00 AM Bible Study, lunch and

meeting at 12:00 Noon at the Longbranch Church

Senior Society Luncheon Thursdays - Noon KPCC/Whitmore Room

Vaughn Bay Garden Club Nov. - Call 884-8403 for more information.

NOTE: IF YOU WOULD LIKE YOUR ORGANIZATION LISTED HERE, PLEASE

MAIL THE INFORMATION BY THE 20th OF EACH MONTH TO: DATES, KEY

PENINSULA NEWS, P.O. BOX 3, VAUGHN, WA 98394, OR FAX IT TO US AT:

884-4053.

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2. The primary purpose of the NEWS is to serve as the communication means between the KPCCA Board (and its activities) and the residents of the Key Peninsula, generally corresponding with the defined geographical area of Pierce County Fire District 16.

3. The secondary purpose of the NEWS is to serve as a communication means between the KPCCA member organization and the residents of the same area.

4. The NEWS shall be entirely free of political bias, and shall advocate no particular religious point of view. Further, its service will be open to all local organizations and residents, subject to the availability of space and generally accepted good taste and legal considerations.

OUR GRATEFUL THANKS TO ALL WHO CONTRIBUTE TO THE KEY PENINSULA NEWS!

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AD SALES: Stephanie Carter

COMPOSITION: Combined Effort

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NEWSPAPER BOARD:

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Lloyd Miller

PROOF-READERS: Sylvia Haase,

Virginia Liebergessel, Barb Granquist,

Dick Granquist, Marty Marcus and

Ann Waldo.

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TO YOUR HEALTH

by
William F. Roes,
MD

It always seems that the cold and rainy weather of the fall in the Pacific Northwest brings out the arthritis in all of us. Stiffness and aches in limbs are common complaints, but arthritis actually involves injury and destruction of joints, and though we can't do much about the weather, you can do a lot to alleviate the suffering associated with arthritis.

By far the most common type of arthritis we see is Osteoarthritis, also known as degenerative joint disease. It's estimated over 40 million Americans have it. Almost 85% of patients over 70 demonstrate some evidence of osteoarthritis on x-ray. It tends to be familial, and women are afflicted in a 4:1 ratio over men. The most common joints involved are fingers, knees, hips, and toes in that order, with sparing of shoulders and elbows. The main symptoms are pain and stiffness, usually better after mild exercise. On examination your physician will note swelling and joint deformity, but seldom much in the way of in-

creased warmth or fluid in the affected joints. We're not sure what triggers the development of osteoarthritis, but it's clear that excessive stress on the joints plays a significant role. Recent studies suggest that changes in the protective and lubricating cartilage covering of the bones in the involved joints leads to bony destruction and inflammation.

Based on this research, some new treatments of osteoarthritis are being developed. The traditional roles of moderate exercise, weight loss, and avoiding excessive stress on the joints remain the first course of treatment. After this we have traditionally recommended pain control with acetaminophen (Tylenol), and often follow this with anti-inflammatory drugs such as ibuprofen (Motrin) or a prescription anti-inflammatory. There has been considerable interest in attempting to assist the cartilage in performing its function with the development of new injectable medication Hylagan (Synvex) which orthopedists are using with some results in advanced knee arthritis. Although somewhat different, the oral supplement, glucosamine, has shown some value in alleviating arthritis pain without the side effects associated with some of the anti-inflammatories. Glucosamine is available without pre-

scription, and the recommended dose is 500mg three times a day for a one month trial, as it takes some time to show an effect. It's often sold as a combination of glucosamine-chondroitin, but the addition of chondroitin (which is a longer chain of the glucosamine molecule) doesn't increase the blood concentration of the useful agent glucosamine over the

single preparation. I have seen cases where glucosamine has increased the blood sugars of diabetic patients, so it's a good idea to discuss this with your doctor if you're planning on trying it.

We still have some of the 1988 flu vaccine left, so if you haven't had your flu shot yet, it's not too late to stop by for a poke.

Angel Notes

by Frankie Johnson

If you were in the Angel Guild thrift store lately, you were in the right place. I hope you got there for the terrific sale on men's sweaters for 50cents!!! Then we had children's clothes for 1/2 price. What do you think it will be next? Whatever it is, it will be a real bargain!! Our gals that sort and stock do a fantastic job of keeping the best of the donations and putting very fair prices on everything. It is a lot of fun at the same time to visit while you work. Maybe YOU would like to be an Angel. It is very easy to ask at the shop or come to a meeting at the library building in the Brones room the 4th Monday of the month.

Besides the fun and bargains, the

Angels donate all proceeds right back to our area. It is amazing to think that discarded items can add up to so much help for so many. Lately we gave funds to the Key Peninsula home reading program to buy special books for parents to help kids read at home, money to support the radio station from the High School, to the new Longbranch singers for music, and to our local library for musical programs that needed funds.

The Angel Guild wants to give a big THANK YOU to Walt's grocery store for their ongoing help and special support to the guild!

Keep those donations coming and thank you all for your continued support.



Bob Oke loves a parade. He enjoys meeting the people who live in our communities, and as a Senator, he's eager to help them.

For the past eight years, Bob Oke has done just that. Meeting people, discussing issues, developing solutions, and busting into the bureaucracy is what he does best. Bob Oke has served the District well.

Bob Oke
State Senator • 26th District (R)

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117 14th Ave. S.E.
Puyallup, WA 98372

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9911 Pacific Ave.
Tacoma, WA 98444



Letters To The Editor:

Dear Folks,

It has recently come to my attention that certain members of the Board have suggested the removal of the basketball equipment from the gym of the Civic Center. The rationale, I gather, is that this equipment is not used enough to justify its continued existence as part of the Civic Center operation and that the gym might be more aesthetically pleasing without it.

I find this approach most dismaying. Here we have a facility with the unique capability to host an athletic function regardless of weather and darkness. However, instead of utilizing it more effectively, there is talk of removing these assets for what could only be described as shortsightedness.

As we approach the Flavor of Fall where the community comes together to support the Civic Center, perhaps it is time to look at new ways the Civic Center, in return, can support the community at large. There have been several studies that have shown that children who are given the opportunity to engage in athletic activities do better in school, have fewer problems at home and typically are less likely to engage in risky behavior. I would suggest to you that instead of destroying this valuable asset, perhaps we should be looking at ways to use it more fully for the benefit of the community.

One way is by making basketball

available to young people (and even adults) on a scheduled basis such as informal pick-up games once a week. Another is by competitively offering the gym for league play. By doing this you would go a long way toward repaying your community's support and at the same time make the Civic Center a focal point of its well-being.

Sincerely yours,
James D. Wilkerson

Dear Mr. Wilkerson,

The board members of the Civic Center appreciate your concerns about removing the basketball hoops from the gymnasium at the Center, and would like you to understand the reasoning behind the decision.

You probably have noticed when you visit here, that the present ceiling in the gym is in bad shape. The lowest bid received to tear down the old tiles and replace them was \$17,500. The bid for installing a suspended ceiling was \$5000. The difference in price is \$12,500. With the suspended ceiling, an active passing sport such as basketball could easily cause damage to the tiles. Starting a basketball league is not a viable possibility as there are no open times on a regular basis for scheduling league play. We do, however, plan to set up outside basketball hoops after the inside hoops are removed.

The board would like to complete

the stage area and begin children's theatre activities, plays and other entertainment programs for the whole family.

I hope you will continue to support the Civic Center and the many varied activities that we offer for the whole community.

Sincerely,
Marty Marcus
President,
Key Peninsula Civic Center Assoc.

Dear Editor:

As a parent, I am excited to bring an event geared toward my children, and all of the children in our school district, to the attention of our community. Once again, General Mills is supporting our children's education for the future with its annual "General Mills Box Tops for Education" campaign. This program helps accredited K-8 public, private, parochial and military schools raise money to purchase items that are not covered by shrinking school budgets. Many students, including my child, are currently collecting box tops from more than 60 General Mills products, but this is also an easy way for members of our community to pitch in as well.

We are urging parents, neighbors,

relatives and friends to take advantage of this great way to raise money for our children's education. Schools receive 15 cents for every qualifying General Mills cereal box top collected and 10 cents for every qualifying General Mills snack and Yoplait Yogurt multipack box top collected. A qualifying box top is labeled with the General Mills Box Tops for Education symbol, and is located on the side panel or top flap of General Mills products. Please help support children in our community and send your box tops to our school at the address listed below.

Sincerely,
Krys Wylie
Program Coordinator
884-4370, Vaughn Elementary

Letter of Thanks:

Just a note to thank the Key Peninsula Business Association and especially Barbara Heard for providing space for Kathy Best (Katy-Did, the Clown) and Frankie Johnson (Fabulous Frankie, the Clown) to do face painting at the Ciderfest. All the donations went to the Citizen's Against Crime Citizen's Patrol to help with their expenses.

Thank you
Frankie Johnson
Member of the Citizen's Patrol



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Jim Christianson



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T.O.P.S. News

by Frankie Johnson

One of the most fun and exciting events for TOPS members is Fall Rally! We just had our rally Oct. 17, 1998 at the Bremerton High School. Eighteen members of our chapter joined with about 1000 other TOPS members in an all day session to honor the top TOPS in our Western area. We got to hear the current Queen and King of Washington state tell how they lost weight to their goals. Our Queen Debbie Seerdick, from Eastern Washington, has lost 186 lbs to reach her goal. She is a lovely young woman who really inspired us. Our chapter took 2nd place in the publicity contest and got a beautiful trophy plus \$30. Julie Higgins was named our chapter JOY and represented us on stage in a very clever costume she made. The theme was TOPS... a story book ending. Julie came up with the slogan of "Don't squash your dreams... Join TOPS for a happy ending." Her costume was a big pumpkin from her legs to her neck and as she said "don't squash your dreams," she pulled the neck loose and it fell into a beautiful long princess gown of purple chiffon over red and orange. We had shirts made with the same design and logo to match for those who wanted to wear them. Carol

Bischoff, Colleen Spezia and Helen Schlipp participated in the baggy clothes parade. To qualify they had to lose more than 20 lbs. We have 18 qualified members, but the others didn't attend the rally. Mary Seidelman and Bea Gomsrud were honored as 13 year KOPS. They have each maintained their goal weight that long. Mary has never been out of her "leeway" (3 lbs over and 7 lbs. under her goal) and she received a monetary gift for her achievement. Rosalie Bust was on stage also as KIW. Alana Middleton was recognized as the youngest TOPS member present (10 years old). We were very proud of all of our chapter members.

In September there were some very significant losses by our group. Kandy VanLaanen was the best with a 14.50 lb loss. Colleen Spezia followed with 10.75 off and James Spezia got the 3rd place with a 7.75 loss. Debbie Wayno and Joy DeLuca tied for 4th place with 5.50 each. Sixteen members lost a total of 61.75 lbs and we had a net loss of 39.25. It was a great month. Marcia Nolan has had 12 weeks of consecutive losses as has James Spezia. Marcia has lost over 22 lbs. James has lost over 40 lbs. By the time this goes to press, we will be honoring Pauline Longley for reach-

ing her goal with a 20 lb loss. We salute these dedicated people. YEA gang!!!

If you want to maintain your weight or need to lose a few pounds or if you have a lot to lose, we invite you to join TOPS. Our chapter here in Vaughn meets every Tuesday night. Weigh-in starts at 6:00 PM and it is private and confidential. The meeting is from 7:00- 8:00 PM. There is NO weigh-in fee!! It costs \$20 to join that goes to TOPS INC. and \$5 per month dues to the local chapter. TOPS is a non-profit organization. There are no foods to buy. We are a self help support group. For more info call 884-4102 or just come on down!!!

Vaughn Bay Garden Club

The November 18th meeting of the Vaughn Bay Garden Club will be at 10:30 AM at the home of Joy Rakes. The program will be **Wreath Making and Decorating with Greens for the Holidays**, presented by Frank Mead. Anyone interested in joining the group may call 884-5403.

Tax Tips



by R. Marvin Keizer CTP

Check Income Tax Withholding now, taking into account the many new tax rules for 1998. If you have over withheld to date, you can reduce withholding to receive more cash in your paycheck between now and year end. If you have under withheld, there's still time to increase withholding to avoid a tax penalty.

Businesses can choose to expense - write off in the year put in service, rather than depreciate up to \$18,500 of equipment purchases in 1998 (\$19,000 starting in 1999). This is limited to small companies with equipment purchases under \$200,000. The expense is phased out when over \$200,000 to \$218,500.

Happy Thanksgiving

"Catch The Spirit"

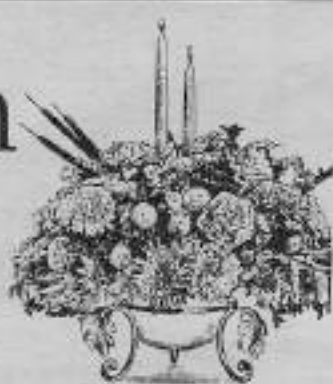
Holiday Open House - Saturday, November 21st
VISIT THE SHOP AND SEE WHAT HOLIDAY TREASURES ARE NEW FOR THE SEASON

Beautifully Decorated Trees • Wreaths • Garlands • Glass Ornaments
ENJOY HOT CIDER & HOLIDAY TREATS - CHECK OUT THE SELECT SALE ITEMS!

share the
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Thanksgiving is
Thursday, November 26

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Santa Visits 10:00 AM - 2:00 PM, November 21st
Bring the children and/or pets
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Flavor of Fall 1998 Memories



Flavor Of Fall 1998 Donors

Allen Yarity	Rose Grant
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Tom & Nancy Howard	Harm Van Slyke
Loyd & Sharon Miller	Adams Aqua Skills
Christopher Mathie	Bo-Mac Ready Mix
Active Construction	Peninsula Light Company
Horseshoe Lake Golf Course	Fred Ramsdell
Harvey Bell	Rosie Rosenbach
Tim Kezele	Key Center Trading Post
Laura Huddleston	Lake Kathryn Coast to Coast
Lynn Reaves	Key Center Pizza Plus
Key Bank - Key Center Branch	Capitol Lumber Inc.
Chuck Lyman	American Pretzel Co.
Robin Peterson	Country Options (Lee)
Sunnycrest Nursery	Sheer Magic (Gaye Williams)
Doug Applegate	Sheer Magic (Karen Legg)
Gary Gebo	Dr. Claudia Addy
Art & Soul, Gig Harbor	Key Center Rental
Robert & Ann Larson	Riley's Auto Parts & Lube
Voski Sprague	Seattle Art Museum
Jan Pukala	Seattle Asian Art Museum
John Olsson, DDS	Uddenberg's Thriftway
Phil, Kathy & Andrew Bauer	Henderson Bay Products
Randy Babich	Nicholson's Clothier
Marty Marcus	Northwest Trek
Joe & Stephanie Zampini	Tillicum Village & Tours, Inc.
Norm & Britta Brones	Key Center Chiropractic
Furniture Clinic	Jeanette Peterson
Pat Lantz	Tahoma Physical Therapy
Wreath Works	Betty Beal
Almost Home Kennel	Peninsula Gardens
Nu-Body	Pets & Pals
Telco Community Credit Union	Leon & Mary Hill
Minter Veterinary Hospital	J&B Sales
T.O.P.S. Vaughn, #1019	Dianna Home
Angel Guild	Dr. Kadzik, DDS
Steve & Jonell Ude	Howard Hawley
Custom Camera	Seattle Seahawks
Seattle Sonics	Harbor Bank
A Clean Sweep	Mike Salatino
Costless Kids	Dr. Campbell
Hugh McMillan	Tacoma Rainiers
Vicky McClung	Kristen Bottiger
Country Options	Key Center Tavern
Huckleberry Inn	John Van deBrooke
Memory Box-Moica Brethauer	Impress
Close to Home Espresso	Paul & Molly Holmes
Marie Schwenka	Bob & Elsie Vezzani
Westwynd - Ed Taylor	Donnie & Elsie Saar
James & Ruth Bramhall	Walt's Fine Foods
Sandy Adams	Don Hornbeck, DDS
Kingsbury Enterprise	W.F. Roes, Key Center Medical
Glen Pszczola	Virginia Liebergesell
Cutter Bug	Bruce & Margo Macdonald
Lois Ashley	Bargreen & Ellingson
Roland Nease	Delores & Wayne Arabright
Jeannie Crider	Cathy Beal
Tim & Kathy Hale	T.O.P.S., Lakebay, #1325
Sylvia Haase	



Marie Sullivan, Executive Secretary of the Gig Harbor Peninsula Area Chamber of Commerce, with friends at Flavor of Fall.

1998 Flavor Of Fall Volunteers

Claudia & Dale Loy	Shirley & Don Olson
Kristen & Pat Bottiger	Vicky McClung
Betty & Mike Kelley	Britta & Norm Brones
Sharon & Lloyd Miller	Brynn Rydell
Sabra & Dave Stratford	Linda & Rick Sutherland
Brad Bouquist	Mikeal Kerkes
Rob & Dianna Home	Marcia Michealson
Gary Gunn	Margo MacDonald
Rose Grant	Tim Kezele
Delores & Wayne Arabright	Jim Adams
Kathy & Phil Bauer	Rosie Rosenbach
Theresa Walters	Burt Wells
Stacy Shake	Eris Aasland
Bruce MacDonald	Gary Gebo

Guest Chef "Lindsey Babich"

Carole Chalk	Barbara Nombalais
Syd Michealson	Katie Parrisle
Connie MacDonald	Lura Whitacre
Lisa Sweening	

Dinner Servers

Veenus Kelley	Anna Brones
Britt Gundmunsen	Taylor Abrecht
Garth Rydell	Marshall Rydell
Murray Home	Claire Carlson
Emily Bruery	Kaitlin Kezele
Jaimee Niemann	Heather



THE LAW COLUMN

by Michael Misner

One of my favorite gifts as a kid was a blue-green AMF, 14-pound bowling ball that I got the morning of Christmas, 1963. I was no Buzz Fazio or Dick Webber, but I sure liked the game and thought that, with lots of work, that I might end up like my favorite kegler, Don "Chin on the Floor" Carter. You just have to love that name.

So it was that I found myself, a couple of days after the holidays, down at the Eastgate Lanes, just a 7-10 split from I-5, with my old friend Cane Hog Jones and my new ball. I didn't realize it at the time, but on that day I was about to learn the secret of old Hog's "sweet-ater-three-step-jug-handled-hookball" and, the law of trespass in the State of Washington.

Now in '63 I was skinny and short and had no business trying to throw a 14-pound ball. I was not, however, going to end up throwing a 12 pounder like I should have, especially when old Cane Hog was doing that little tippy-toe dance up to the line that he did with a 16 pound beat up old black thing that he said his "Pay-paw" used to use when killing chickens just outside of Fayetteville.

After watching me fall all over my-

self trying to be ol' "Chin on the Floor," he quietly said, "Son, wyntcha jist sit herself down for ya git hurt an lurn yerself sumthin."

Okay. It was then that I saw Hog dip his first two fingers into the holes instead of using the traditional middle two. Grinning like he's just stole himself a melon, he tippy-toed three times, slid on his left foot a couple of yards and then let go with his old "hookball." That black ball just hissed and spun and threw sparks all along the right gutter while getting itself all worked up just so it could plain kill them pins. It was fast and lethal and there were no survivors left standing. Absolute unconditional surrender, 1 through 10.

Hog stood there a while looking at what he had done when he turned back to me and, while sipping himself an "RC CoCola," he said, "let's saddle up and git us some eats."

"Fine with me," I said putting my ball back into its new white carrying case.

"I know a short-cut home," he said, and that's when I began my short career as a trespasser and an outlaw.

Next edition: We head home and into a life of crime.

Scouts Camporama

Friday through Sunday, October 16-18, KP's Boy Scout Troop 220 hosted another Scout Camporama at Volunteer Park far over 300 Boy Scouts, Webelos, and Cub Scouts, their pack and troop masters, and supporting family members who represented 22 different Boy Scout Troops from Tacoma, Olympia, Gig Harbor, and the Key Peninsula.

Highlights included, Jamboree On The-Air, which is an international event where scouts use amateur radios (Ham Radio) to talk to scouts all over the world. Contacts were made by our scouts from Scout Radio W7MIVA with Scouts in Washington, D.C., California, Whitehorse in the Yukon, Juneau and Anchorage, Alaska, West Virginia, North Carolina, Rochester, New York and Tokyo, Japan. An electronic hello and well wishes was also sent to the MIR Space station as it passed over the camporee.

Scouts also competed in "Dutch Oven Cooking." A Dutch Oven is a cast iron pot in which scouts place uncooked food, then place hot coals on the pot's bottom and top to cook the food.

Tom Nemec, the Scoutmaster of Boy Scout Troop 212 in Gig Harbor and the overall chairman for the camporee can be quoted as saying that he,

"was impressed with how all the scouts worked together, competed in scout skill competitions, and truly met (his) expectations on how scouts should act."

Your reporter can testify that, as is always the case with our scouts, when they departed Volunteer Park on Sunday, you couldn't tell they'd ever been there. The park was clean as a whistle.

If you or yours are interested in learning more about scouting, contact Bill Macaras on 884-3133, Lethaniel Ray on 857-7667, Tom Nemec at 858-3449 in the evenings, or Bill Couthran may be reached at 370-5279.

Thank You From Ashes

I want to take this time to thank all the gals that helped and worked on the rummage sale, good job done. Sorry I wasn't there to help, want to thank everyone for the lovely get well cards.

We will be having a meeting at Key Cent Fire Station #16, on November 5th, 1998 at 10:30 A.M.

Thanks again,
Darlene Brown, President

Vaughn Hosts Communities In Schools

by Hugh McMillan


Vaughn Elementary School hosted Vaughn Family Night in mid-October. Feted was Bill Miliken, founder and national president of Communities in Schools. Before Miliken was introduced by Vaughn Program Coordinator, Diane Ramsey, whose grant acquiring talents made Communities in Schools and his visit possible, upwards of a hundred students, parents, and school officials enjoyed a buffet in the school cafeteria, the site of the event.

"We don't have a child problem," said Miliken, "we have an adult problem. He emphasized that, "the

school is a great place to bring the community together. He described Communities in Schools as a, "focal point, a place to bring the community together, a safe place for children, a place to interact with parents and teachers from across the school's neighborhood."


Communities in Schools meets every Thursday at Vaughn Elementary and brings dozens of parents together, some with their children, for dinner and classes in parenting.

Contact the Vaughn school on 884-5700 for information on how you can participate in this important activity.



CIVIC CENTER

"RENOVATION ANGELS"



<p>Charles & Pauline Williamson David Till Charles & Joan Fiano Guy and Ruth Shubert Burton Wells Henry & Peggy Schmidt Leon & Mary Hill Charles & Frances Durward Marjorie Hall Steve & Susan Henshaw Lloyd & Sylvia Anderson Deborah Brewczynski Don and Marie Irvin Warren & Martha Medak Robert & Nancy Lind Leonard & Leona Winters Robert & Bessie Buckell Kenneth Pinyerd Georgia Wirth Dr. & Mrs. Alan McLean Keith Bauer Donald & Kathryn Reardon Richard & Donna Reinhard Leonard Lukin & Jeannine Haugen Ellen Lowrie John Biggs Milton & Carol Ferris Richard & Carolyn Houghton Clarence & Phyllis Pritchett Donald & Patricia Crounse Vincent H. Davies Realty One, Inc., Gig Harbor Rolf & Denise Tremblay Bud & Elaine Lefler Anna Quesnel Wallace & Theresa Emmons Olive Williams Eleanore Long Robert & Patricia McCain Robert & Aida Prichard Lakebay Roofing - Thomas Rolfzen Wayne & Laura Duncan Jeffery & Marcia Harris Gary Gebo Nancy Howard</p>	<p>Adrian & Miriam Lugo David Sammeth Virginia Liebergesell Sylvia Haase Mr. & Mrs. Daniel H. Brown Robert & Jean Thomas Frank N. Young Robert & Joan Ryan J. K. Penfield Richard & Ethel Gahan Helen Wolniewicz Leo & Barbara Manning Henry Stock A. R. & Virginia Thompson P. W. & Margaret Eichholtz Elisabeth & Guido Bell John T. McCormick Don & Shirley Olson Rocky Bay Health Care Facility Capitol Lumber Virginia Lee Porterfield Loyd & Sharon Miller Dolores & Wayne Argabright John & Marcia Nolan, Jr. Deming & Glenora Brown Neldo & Juanita Saathoff Mr. & Mrs C.W. Burhans, Jr. Terese Jackson C. C. & Lydia Gordon Marie Magnuson Daniel & Peggy Shaffer Richard W. Gormly Richard & Gene Marie Scott Patrick & Loraine Kelley Tom & Mary Ann Huff Gary & Colleen Franz Marjorie Hurley James & Marialice Nobles Everett & Patricia Burkhart Michael & Pamela Abernathy Chuck & Joyce Niemann James Blundell D. C. & S. J. Newhouse Frederick Haley</p>
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Reynold's Roost

by Howard Reynolds



Traffic Officer: "Don't you know what I mean when I hold up my hand?"

Kind Old Lady: "Well I ought to; I was a school teacher for 35 years."

November Nocturnes Scheduled At Grace Presbyterian Church

On November 1st, an evening program, "November Nocturnes" will be presented by the Praise Choir of Grace Presbyterian Church, meeting at Miracle Ranch on Horseshoe Lake. Join us for a time of music and evening prayer, beginning at 4:00 PM. Sunday School classes, adult Bible Study, choir and a noon prayer meeting are weekly events. A monthly prayer breakfast is held in homes of members.

A worship service will be held on Thanksgiving Day at 10:00 AM.

Everyone is welcome to attend. For further information, call 857-7284.

A Closer Look At...

Volunteers

by Krys Wylie

Volunteers on the Key Peninsula happen to be the life blood of our community, due to the amount of organizations and clubs that depend on volunteers, whether wholly or partially. Volunteers are a complete separate entity unto themselves in the fact that they give of themselves whether physically, time wise, financially, or mentally, to the organization or club that they truly believe in. Some volunteers lend their mind and body, while others lend only their ideas, still even others lend financial support, or donations of items. These people are a vital part of the community, and yet aside from the annual Citizens of the Year Banquet (sponsored and put together by the Key Peninsula Lions), they tend to go unrecognized.

I was first introduced to volunteering through the Key Peninsula's Fire Department Volunteer program, and later introduced to the community at large by both Irene Zimmer, the Civic Center Manager, and our dear departed friend, Wilma Haines. What many people don't understand about volunteers, is that their time is their

own, and you are giving a precious piece of your time on earth to help another, or in some cases many. It is hard for a volunteer to come into an organization as an outsider, because they tend to be scrutinized for everything they say and do, especially in a small town. As a community we need to accept each other for who we are and try to ignore the things about one another that are annoying. I have learned that when you are dealing with a variety of different people with different habits, backgrounds, and personalities, you have to learn to accept people for face value and not let them irk you. Most people are friendly and will not only strike up a conversation, but some will lend a hand if you need it.

If you know a volunteer, give them a pat on the back and say "good job!" Let them know that as a whole, volunteers are both needed and appreciated. If you're interested in becoming a volunteer, the Civic Center can get you started at 884-3456, also the area's Community Services at 884-4440. The Angel Guild, Civic Center, local Food Banks, and many more all depend on volunteer support, one way or another.

Close to Home



ESPRESSO

Mon. - Thurs., 6:00 AM - 5:00 PM

Fri. - 6:00 AM - 5:30 PM

Sat. - 7:30 AM - 5:00 PM

Sun. - 8:00 AM - 4:00 PM

Next to Walt's in Key Center

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RENTAL
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1998

CHRISTMAS BAZAAR

NOVEMBER 28TH - 9:00 AM TO 4:00

The Key Peninsula Civic Center presents the 1998 Christmas Bazaar in Vaughn, Washington. You can participate in the Bazaar by filling out this form and returning it by **NOVEMBER 25th, 1998**, with the appropriate payment to:

THE KEY PENINSULA CIVIC CENTER
P.O. BOX 82
VAUGHN, WA 98354
Phone: 253/884-3156
FAX: 253/884-4053



Tables are reserved on a first-come, first-served basis. Please read all conditions carefully and sign below. Make checks or Money Orders out to "K.P.C.C.A."

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: HOME () _____ WORK () _____

MARK HOW MANY TABLES AND/OR SPACES NEEDED.

6 FOOT TABLE(S) - (use our tables) ----- \$20.00 each

6 FOOT TABLE SPACE - Provide own table ----- \$15.00 each

DESCRIBE ITEMS FOR SALE: _____

NO SALES OF HOME MADE EDIBLE ITEMS WITHOUT AN INDIVIDUAL FOOD PERMIT FROM THE HEALTH DEPARTMENT. A REPRESENTATIVE OF THE HEALTH DEPARTMENT WILL BE PRESENT TO MAKE SURE THESE RULES ARE FOLLOWED. Each vendor is responsible for set up and clean up of the area used. This is considered to be a binding contract when signed.

SIGNATURE: _____ DATE: _____

HAPPY THANKSGIVING!

From



ALDERBROOK INN
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JOIN US ON
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FOR A FEAST!

Featuring

Slow Roasted Turkey & Honey Cured Ham
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Desserts, and Other Traditional Favorites

11 AM to 8 PM

Adults \$13.50; Seniors \$11.95

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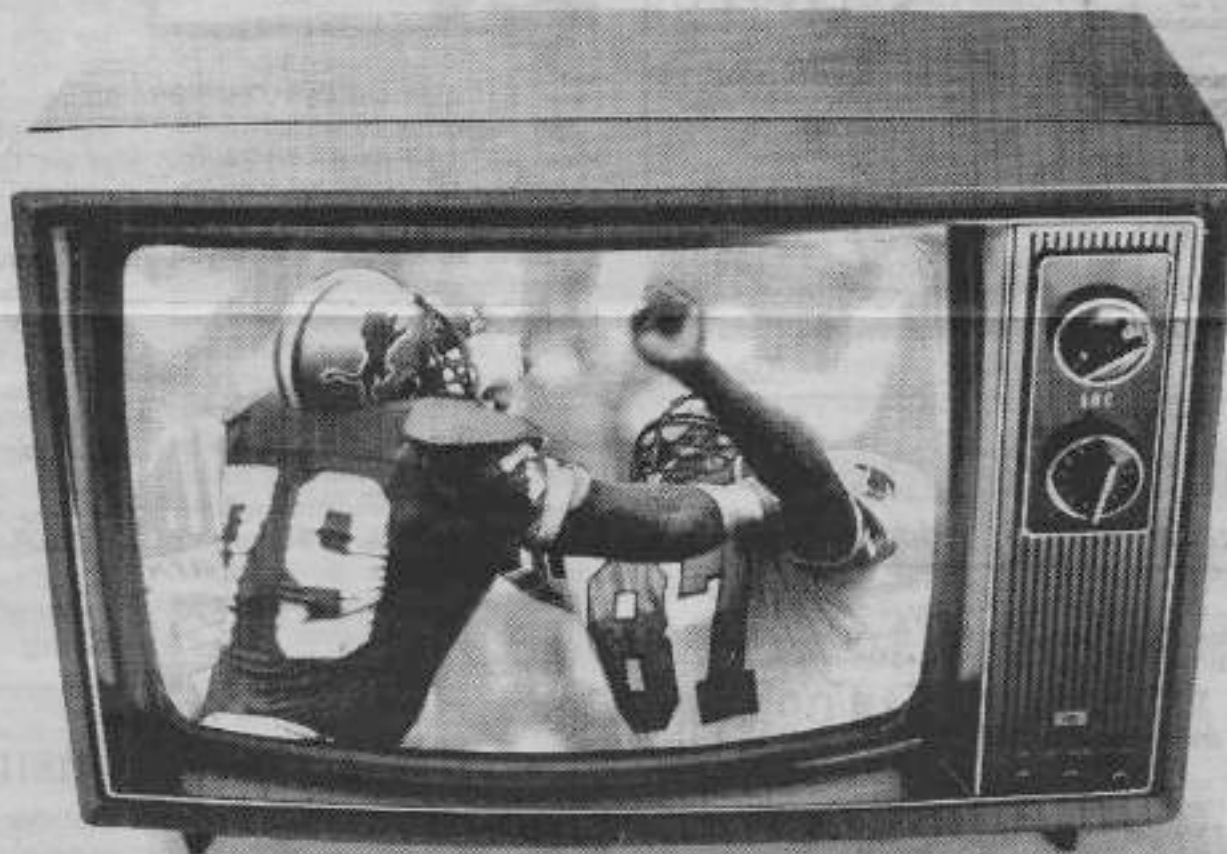
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2000 years later, Christianity's biggest competition is still the Lions.

Before you sit down for an afternoon with the Lions, Bears, Dolphins, Rams, Cowboys or Vikings, come spend an hour with some very nice Christians in the love, worship and fellowship of Jesus Christ.



Key Peninsula Lutheran Church

at the corner of Key Peninsula Highway & Lackey Road

Sunday School for all ages 9:15 am

Worship 10:30 am

November 25, Thanksgiving Eve Worship 7:00 pm

Your Fire Department's Angel Tree Program

by Don Blischke

Brrrrr!As I stepped from the warmth and security of my humble but well heated home Thursday morning I had our Angel Tree Program in mind. I was greeted with a chilling, damp and blustery autumn day and I was thankful. I truly enjoy the seasonal dress of our peninsula and upon stepping outside, I was particularly thankful for the warm coat and umbrella on my back and over head. I was also saddened with the knowledge that there are individual children and whole families struggling without these simplest of comforts.

I do not judge and I ask you not to judge for there are a multitude of reasons these families are without. What I can tell you is that our community came together last year as in years past to help these folks. And I'm here to tell you that some of the helpers were folks previously in need. It was so touching and encouraging to talk with these people and hear how through our community support and a good deal of hard work they overcame their difficult times.

This is what your Fire Department's Angel Tree Program is all about!

We match families in need with sponsors like yourself or through your

cash and gift donations provide needed and often essential items. These children and families come to our attention through a network of community service organizations including our own schools. And at times it's these very organizations that become overwhelmed and are themselves in need of additional support. In addition to cash, food, clothing and toys last year our Angel Tree Program provided a new fax machine for one of our community food banks. This allows better communication with their counterparts and assured a balanced distribution of food and necessities to those truly in need.

A beautiful season to teach the lesson of sharing

The Holiday Season is a wonderful time to join in a community-based project your whole family can participate in. When sponsoring a child or family you are provided with the child's age, gender, favorite color and a couple of need and want items. There is an immense feeling of warm satisfaction in knowing you have made a tangible difference in someone's life.

It's easy to help! Here's how

1. Call me, Don Blischke at 884-9057
2. Call the Key Peninsula Fire Department at 884-2222
3. Stop by the Fire Department Headquarters in Key Center

Happy Holidays



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A SACRED CIRCLE DANCE
workshop will be led by Shasta Swanson and Ilgvar Daga, Wednesday, November 11th, at 7:00 PM at the Key Center Library.

Sacred Circle Dance is a body of dances from around the world. The dances are not different from those danced by international folk dance groups. It is the contemplative atmosphere with little or no talking that makes the difference. Eight dances will be taught in a two hour session: ancient dances from Greece and Macedonia, Gypsy dances, and women's troubadour dances from medieval Spain. Some dances are contemporary from England to Chicago, some are

danced to old music and some to new.

Shasta and Ilgvar hail from Bainbridge Island where they integrate their family and lives through the sacred circle dances and organic farming. Ilgvar Daga, artist and gardener, has been a student of Feng Shui for ten years, learning from several leading practitioners in the United States, including Professor Lin Yun, the head of the Tibetan Buddhist Black Hat tradition. Harmonious relationships with interior and exterior environments is their goal.

This free workshop is sponsored by Friends of the Key Center Library.

Please Note: The Pierce County Library and all of the branch libraries will be closed the following days in November: Friday, November 6th, a library system meeting day; Wednesday, November 11th, Veteran's Day. (The meeting room will be available for the dance workshop); Thursday & Friday, November 26th & 27th, Thanksgiving.

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Are You In Business?

The Key Peninsula Business Association invites you to join their organization. Meet other business leaders in the area. Network, promote your business and get involved in local issues. Regular business meetings are held the 1st Friday of each month at the Homeport Restaurant in Home at 7:30 a.m. Regular luncheon meetings are held the 3rd Friday of each month at the Horseshoe Lake Restaurant at noon. Luncheon meetings always present guest speakers from local agencies, business, government and other special interests important to our local business and community environment. For more information please call Lori Deacon at 884-4412 or drop in on our next meeting.

**Key
PENINSULA
BUSINESS ASSOCIATION**



IN THE CRITTER CORNER

by Jeffery W. Irwin, DVM

Salmon Disease

Fall in the Northwest brings with it dark mornings, chilly temperatures, bare trees, and of course, soggy weather. This is also the time of year that veterinary hospitals begin to see dogs infected with Salmon Disease.

Salmon Disease or Salmon Poisoning is caused by rickettsial (bacteria-like organism called *Neorickettsia helminthoeca*). This organism lives in the fluke or flat worm that becomes encysted in the muscles of some Chinook, Silver, Chum or Dog salmon and Brook, Speckled, Cutthroat, Mountain, Rainbow or Steelhead trout.

Dogs become infected by eating infested raw fish. The signs of illness develop about 5-8 days after ingestion of the tainted fish. The dogs initially become very febrile, lethargic and often do not want to eat. This is sometimes the only symptoms noted by owners who present their pets early in the course of the disease. Later, symptoms usually progress to vomiting and diarrhea. The diarrhea is often very runny and yellow in color and in other cases, blood-tinged. After a day or two of diarrhea, many animals appear to improve, albeit temporarily. In time the pet's temperature falls to subnormal. At this time the animal is so emaciated and weak that it can hardly stand alone. Many untreated animals die within 6-10 days after the appearance of the first symptoms.

Treatment for Salmon Disease is very effective if the pet is presented

soon after the symptoms develop. In some cases, before vomiting and diarrhea develops, dogs can be treated at home with antibiotics. Tetracycline usually works the best. If vomiting and diarrhea have already developed however, hospitalization with fluid replacement and injectable antibiotics is necessary to get the pet well.

Unfortunately, there is no vaccine or preventative for Salmon Disease. However, most dogs that get sick with the disease and survive, are often naturally immunized and therefore protected against subsequent infection if exposed to the deadly organism again.

There are many residents in the Key Peninsula area that live on the water and as such, their dogs are at a higher risk for exposure to infested fish, especially if they live in an area where fish are sometimes washed up on the shore. We as pet owners can't always account for our dogs' whereabouts all day long and what they may have ingested while attended, but we can adhere to some simple rules regarding what we feed our pets. Do not feed your dog raw salmon or trout. You are inviting trouble if you do. Also, do not feed your pet uncooked, smoked salmon or trout.

If you believe your dog has been exposed to the Salmon Disease organism or is having symptoms of the disease, see your veterinarian. We can provide a happy ending if your cherished pet is presented promptly.

Report From The Morning T.O.P.S. Group

by Mary Nelson

This month has been an exciting one for those working so hard to reach their weight loss goal. One of the great things about T.O.P.S. (Take Off Pounds Sensibly) is that there are lots of opportunities for recognition for everyone along the way.

October is the month that Fall Rally is held, where each T.O.P.S. group in Western Washington is considered for awards in many categories. Each category has divisions to make the judging fair and we at T.O.P.S. #WA 1325, Lakebay are honored to have received two of those awards. We were presented with a trophy for **Second Place in Average Weight Loss Per Member - 10.3 Pounds*** and **Fourth Place in the Publicity Division.**

Lila Garrison represented our group as Chapter "JOY". Lois Crandall exemplified the goal we are all working toward as she stood on stage with the other **Successful K.O.P.S. (Keep Off Pounds Sensibly).**

In our own group Merit Certificates were awarded to:

Division #1 - Mary Nelson - 2nd Place, #2 - Darlene Lytel - 1st Place, Lisa Garrison - 2nd Place, #3 - Laurie Frayne - 1st Place, #4 - Ruth Matthews - 2nd Place and #8 - Annie Garrison - 1st Place.

This month our best loser was Jan Glover. Second, by only 1/2 a pound, was Lila Garrison. We see "less and less" of you every month, girls. Way to go!!! Both of these successful women have lost over 50 pounds. What an example for the rest of us!

You can add your success story to this list. Just stop by the Longbranch Improvement Club (YES, WE MOVED), south of Evergreen Elementary School on the Key Peninsula Highway, between 9:00 and 10:30 AM, or call Delores at 884-2620. T.O.P.S. is open to all ages, male or female. You are welcome to tap in on the personal support that we are sharing.

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PEP-C Emergency Water Supply Barrels Missing

by Hugh McMillan

For over a year, PEP-C (Gig Harbor-Key Peninsulas Emergency Preparedness Committee) has made blue, plastic barrels available for sale to the public as containers for emergency water supplies.

During October's "Sound Shake" event, Marsh Allen, PEP-C's Chair for emergency water supply preparations, discovered that 48 of the barrels were missing. They had been stored at the parking area of the Gig Harbor fire station on Kimball drive.

PEP-C, a non-profit, all volunteer organization dedicated to preparing the peninsulas to survive a major calamity - like an earthquake - sells the barrels for \$10 for a 55 gallon barrel and \$5 for a 15 gallon one, or free to those with chits from their food banks. All proceeds support PEP-C's efforts to prepare for impending emergencies. Just to recover the cost or this loss, PEP-C will have to sell 150 barrels.

Please call 851-3843, 851-2236, 884-3319 or 857-3700 if you can tell

PEP-C what happened to the 48 barrels. They are needed to help prepare our communities to survive an emergency. PEP-C has no barrels left to meet these needs and a re-supply is not anticipated before January 1999. Your call can be anonymous.

Congratulations To Elizabeth Soule

Elizabeth is a 4th grader at Minter Elementary School. She was a big winner at the Western Washington State Fair in Puyallup. The first day she won the Junior Grand Champion in Fitting and Showing with her dog, Cameo. Elizabeth and Cameo are the 4-H Junior Grand Champions in Fitting and Showing for the dog project in the State of Washington. They earned this title at the 4-H State Fair at Puyallup. Congratulations Elizabeth!

Elizabeth's mom teaches Dog Obedience Classes at the Key Peninsula Civic Center.

NOVEMBER 1998

1 9:00 AM KP Baptist Church 5:00 PM Friendship Dinner 6:30 PM Outreach Bible Fellowship	2 7:00 PM Karate	3 8:00 AM - 4:00 PM WIC 6:00 PM T.O.P.S. 7:00 PM Dog Obed.	4 10:00 AM Yoga 4:00 PM - 5:30 PM Tribal Dance 6:30 PM AWANA 6:30 PM Lions Club 7:00 PM Bible Study	5 12:00 PM Seniors 1:00 PM - 4:00 PM Museum OPEN! 6:00 PM Boy Scouts 7:00 PM Karate	6 10:00 AM - 11:30 AM Tribal Dance	7 1:00 PM - 4:00 PM Museum OPEN!
8 9:00 AM KP Baptist Church 5:00 PM Friendship Dinner 6:30 PM Outreach Bible Fellowship	9 7:00 PM Karate	10 8:00 AM - 4:00 PM WIC 6:00 PM T.O.P.S. 7:00 PM Dog Obed.	11 10:00 AM Yoga 4:00 PM - 5:30 PM Tribal Dance 6:30 PM AWANA 7:00 PM Bible Study	12 12:00 PM Seniors 1:00 PM - 4:00 PM Museum OPEN! 6:00 PM Boy Scouts 7:00 PM Karate	13 10:00 AM - 11:30 AM Tribal Dance	14 1:00 PM - 4:00 PM Museum OPEN!
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22 9:00 AM KP Baptist Church 5:00 PM Friendship Dinner 6:30 PM Outreach Bible Fellowship	23 7:00 PM Karate	24 8:00 AM - 4:00 PM WIC 6:00 PM T.O.P.S. 7:00 PM Dog Obed.	25 10:00 AM Yoga 4:00 PM - 5:30 PM Tribal Dance 6:30 PM AWANA 7:00 PM Bible Study	26 3:00 PM VFW FREE THANKSGIVING DINNER! Call 884-4551	27 10:00 AM - 11:30 AM Tribal Dance	28 9:00 AM - 4:00 PM CHRISTMAS BAZAAR! 1:00 PM - 4:00 PM Museum OPEN!
29 9:00 AM KP Baptist Church 5:00 PM Friendship Dinner 6:30 PM Outreach Bible Fellowship	30 7:00 PM Karate					



Happy Thanksgiving

Second Concert Announced By Peninsula United Music Association

The Peninsula United Music Association announces the second concert of the 1998-99 season scheduled for Sunday, November 15th at 7:00 PM in Agnus Dei Lutheran Church in Gig Harbor. Mark Salman, pianist, and Rajan Krishnaswami, cellist, will play music by Beethoven and Brahms.

Mark Salman is regarded by music critics as a virtuoso pianist. With his 1990-91 New York performances of the thirty-two Beethoven sonatas, he became one of the few master pianists to play the complete cycle, and at the

age of twenty-eight, one of the youngest. He has performed throughout the United States and in Europe and is known for his original artistry and extensive repertoire. Since moving to the Northwest in 1994, in addition to his solo recitals, Mr. Salman has appeared with Orchestra Seattle, Northwest Sinfonietta, and the Federal Way Philharmonic. He resides in Seattle with his wife and two sons. In December Mr. Salman performed in the Peoples' Republic of China, offering solo recitals, master classes,

and duos with cellist Rajan Krishnaswami.

Playing on a cello by Carlo Giuseppe Testore, made in 1721 in Milan, Italy, Mr. Krishnaswami has given recitals in Europe as well as many major cities of the United States. Reports of his 1992 debut recital in New York emphasized his artistic maturity, poetic expression, ferocious energy, and called him first-rate. He was born in California, grew up in Ottawa, Canada, and holds Bachelor and Master of Music de-

grees from the Juilliard School in New York. Mr. Krishnaswami is currently on the faculty of the University of Washington, Cornish College of the Arts, and Seattle Conservatory of Music as well as appearing regularly with the Seattle Symphony and Opera.

Tickets for the concert go on sale November 9th at Mostly Books and the Cultural Arts Commission kiosk in the Historical Museum, and will be available at the door. Prices are \$10 for adults, \$5 for students.

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