

The Chronicle entertainment **EXTRA!**

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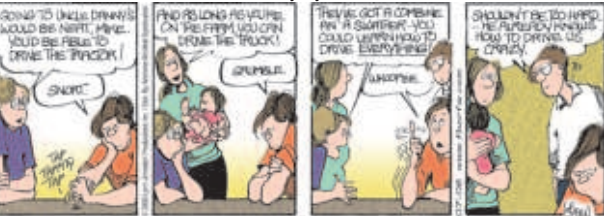
GET FUZZY by Darby Conley



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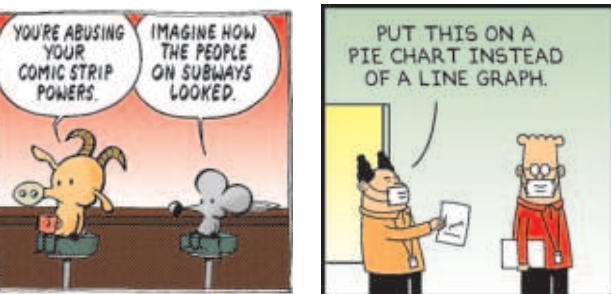
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DILBERT by Scott Adams



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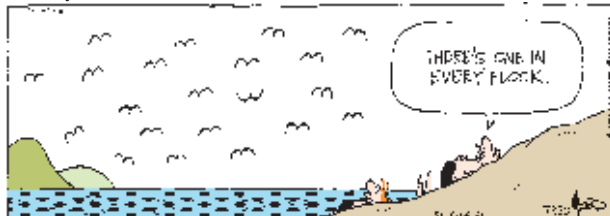
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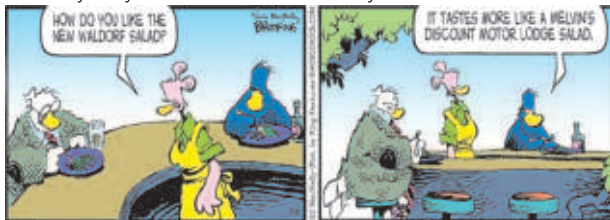
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B.C. by Mastroianni & Hart



SHOE by Gary Brookins & Susie MacNelly



FRANK & ERNEST by Bob Thaves



Business in Focus:

Pe Ell's Jacked Up Coffee Stand Owned by Member of 'Big Coffee Family'

JAVA: Owner Whitney Adolphsen, Whose Parents Both Own Coffee Stands, Was Born to Be Her Own Stand

By Eric Trent
etrent@chronline.com

Editor's Note: The Chronicle is working to assist local businesses suffering from the effects of the COVID-19 virus spread and associated government orders to close or limit commerce. There will be a feature on a local business in each edition of The Chronicle and at chronline.com moving forward. To be considered, email reporter Eric Trent at etrent@chronline.com. Additionally, The Chronicle will continue to offer its coverage of the coronavirus and its effects across the community, state and nation free outside of our payroll at chronline.com.

PE ELL — Whitney Adolphsen has been hanging out in coffee stands since before she could talk or walk. It runs in the family. So it only made sense that one day she'd open her own stand.

She would go to work with her mom as a baby at the now-closed One Moore Cup in Raymond. Now both of Adolphsen's parents own coffee stands, her dad in Castle Rock and her mom in Raymond, for the last 19 years. She started working at her mom's shop, The Daily Perk, officially when she was 16 years old.

"Big coffee family," Adolphsen said. "Both of my sisters worked in it at one point or another, too. I was that kid that grew up in the coffee shop, hanging out with my mom down there. I'm probably the only 30-year-old with 20-plus years experience working in a coffee shop."

That's why when she decided to open Jacked Up in 2018 she chose to base it in



Whitney Adolphsen, who has spent nearly her entire life around coffee stands, opened her own stand, Jacked Up, in 2018.

Pe Ell — the halfway point between her parents.

Adolphsen grew up in Old Willapa and went to Willapa Valley and South Bend high schools, but she did have some history with Pe Ell. A star softball player growing up, she became a Trojan for one year during high school because Valley didn't have a softball program at the time.

That made the transition to the community a little easier. The biggest change was going from longtime employee to

business owner. She was commuting from Lebam when she first opened her shop and was late one day rushing down state Route 6 toward the stand in Pe Ell, worried about being late to open.

"Then it hit me halfway, 'Well, I'm not going to get in trouble,'" Adolphsen said. "The worst thing that's going to happen is I'm going to lose a little bit of money. It's OK."

Now she's been able to relish the independence of being a business owner.

"I have a lot more pride in my work

More Information on Jacked Up

Owner: Whitney Adolphsen
Location: 404 N. Main St., Pe Ell
Phone: 360-245-3920
Hours: Monday to Saturday, 6 a.m. to 5 p.m.; Sunday, 7 a.m. to 4 p.m.
Website: www.facebook.com/jackedupPeEll

Top-selling items at Jacked Up

Latte: \$4/16-ounce
Mocha smoothie: \$4.25/16-ounce
White mocha: \$4.50/16-ounce
Caramel delight: \$4.50/16-ounce
Big train: \$4.50/16-ounce

now that it's my own," Adolphsen said. "That, and getting to set up shop in a whole new area and getting to meet everybody here. That's been cool, too."

It's that community that stood behind her shop once the COVID-19 pandemic hit in mid-March, shutting down non-essential businesses and delivering blows to the economy. The pandemic temporarily dried up her customers and left her wondering about the fate of her stand.

"Eerie," Adolphsen said. "It was really eerie."

There was a two-week standstill where customers trickled in at a snail's pace. Adolphsen panicked and laid off all her employees for that first week. She, along with every other human on earth, was unsure what to expect. She wanted to gauge the level of customers coming in and make sure she'd be able to pay the bills.

Then, all the sudden, business went back to normal. At the same time, Jacked Up tried to be a beacon of normalcy

See page 5.....

Courtesy of Sarah Russell Photography

From page 4

in its customer’s lives as the rest of the world was filled with uncertainty.

“It’s been an interesting thing to live through and work through down here,” Adolphsen said. “I’m just really grateful we didn’t get shut down.”

Luckily, Jacked Up was already following most of the health department guidelines beforehand. It did step up its cleaning and started sanitizing the clipboard each time it went through the window.

Now, her employees are working more hours than ever before. The Pe Ell community has shown its support more than ever, Adolphsen said. One organization included Jacked Up in a scavenger hunt, people were buying gift cards, others

dropped by just to check on Adolphsen and her employees.

Customers who would normally show up once a month were suddenly coming in a couple times a week. Part of it was also people searching for social interaction. There was a month stretch where it was difficult to close at a regular time because customers were dropping by to chat.

“It’s another reason why I’m glad I set up shop in a small town,” Adolphsen said. “There was a huge outpouring of support and small-town camaraderie.”

Jacked Up, which uses Raven’s Brew Coffee from Alaska, is located at 404 N. Main St. in Pe Ell. The local favorite is currently open Monday through Saturday, 6 a.m. to 5 p.m., and Sunday 7 a.m to 4 p.m.



Courtesy of Sarah Russell Photography
A Jacked Up barista prepares a caramel delight, a local favorite, which goes for \$4.50 for a 16-ounce.

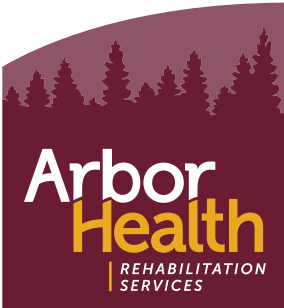
A photograph of two older women in a swimming pool. They are both wearing dark swimwear and are holding white water dumbbells. They appear to be engaged in a water exercise routine. The background shows the blue water of the pool and some pool equipment.

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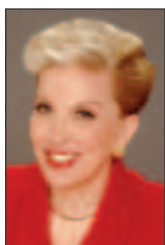


WEEKENDS ARE BACK!



Twin Transit will resume weekend and evening service beginning on July 6, 2020. Bus service will operate Monday - Friday from 7:00 a.m. to 7:00 p.m., and Saturday - Sunday from 7:00 a.m. to 3:00 p.m. Fare collection will resume on July 1. Passes will be available beginning on June 25 through the Token Transit app, at the Centralia Safeway and at Fullers.

Dear Abby



By Abigail Van Buren

DEAR ABBY: Several months ago, a friend of mine behaved badly and offended me and another dinner guest. His wife shut him down fairly quickly. The next day, when I tried to explain to him why what he did was inappropriate, he misinterpreted my comments and, because of his low self-esteem, became of-fended even though he was the offensive person. I immediately apologized but got no response. Anyone who understands basic psychology will recognize this defensive and deflective self-defense mechanism for what it was.

Abby, these are people I love dearly. Now they no longer speak to me, and I'm at a loss about what to do besides continue to pray for them. Advice? — MISSING MY DEAREST FRIENDS

DEAR MISSING: Your former friend appears to be both aggressive and hypersensitive. Continue praying, but be careful what you pray for because this person appears to be very high-maintenance. Surely you can fill the emptiness with friends who are easier to get along with and who are willing to talk out difficult situations like adults. If you do, I guarantee your life will be less stressful.

DEAR ABBY: Our first granddaughter is getting married in six months and has told her parents that no one from either family is invited to the wedding. They want to get married by themselves because they are both shy and don't want to be the center of attention.

At first I was OK with it, but the more I thought about it, the more hurt I felt. The confusing part about this is she wants a pre-wedding party for both families to attend. So I asked her to keep an open mind and think about having the party right after the marriage ceremony. Now she won't talk to me! Was I wrong to suggest an idea?

My husband is now saying he doesn't want to attend any party they will have.

I can't stop thinking about our daughter and how she feels about not being able to see her daughter get married. I'm afraid I may have made things worse, and I'm very depressed. I just want to fix it so everyone is happy. Help! — DEPRESSED IN NORTH CAROLINA

DEAR DEPRESSED: So you have appointed yourself the official family fixer? Your "shy" granddaughter and her fiancé appear to be confirmed introverts. If they prefer to take their vows privately, it's their privilege, and you shouldn't personalize it. That was your mistake.

While I don't think you have committed a cardinal sin and do think your granddaughter overreacted, you shouldn't feel the need to mend any fences. As to how your daughter will feel about not seeing her daughter get married, that is not your problem. Take a step back and let the bride and groom celebrate their day as they wish.

P.S. I find it odd the bride and groom would want ANY party, feeling the way they do about the ceremony.

DEAR ABBY: Why do people feel compelled to ask if my dog was adopted or rescued? I have wanted a dog for at least five years. Because I was in nursing school, I waited until I graduated, and then my partner and I researched extensively.

While I love the idea of adopting, sheltering or rescuing, we wanted a purebred German shepherd puppy. My son and I both have mental health issues, and our dog has been a huge help and an antidepressant all in one.

It is unfair that people ask these questions, or have the audacity to make faces and comments when I say no. I have neither the desire

nor the capacity to mend or train a potentially broken dog. How I got her is no one's business but ours and our vet's.

The best response I have heard when someone asks if a dog is adopted or rescued is, "No, she's biological." I've used it only once, but it got my point across. Please remind your readers that asking these questions is rude. — MYOB IN MASSACHUSETTS

DEAR MYOB: I'm willing to remind them, but whether they'll pay attention is anyone's guess. What these people are doing is expressing the idea that animals who are in need of a good home should take priority. That said, there is nothing wrong with having a purebred animal if that is your preference.

P.S. I hear a lot lately about people adopting dogs during this quarantine period because they are desperate for company. I sincerely hope the animals will not be forgotten or discarded once the quarantine is lifted and folks return to their (somewhat) normal lives.

DEAR ABBY: I recently welcomed my third child, a baby boy who was wanted and planned. We are overjoyed. Our two daughters are just under 10 years old. Over the years, my social circle has consisted mostly of the parents of my daughters' friends.

Abby, my news was met with mixed reactions. Some were thrilled for my pregnancy, while others were shocked. One woman even told me, "I'm just not in that phase of life anymore."

After my son was born, I didn't get visits or even a phone call from some of them. I announced his birth on social media and mailed out a beautiful announcement, but he hasn't been acknowledged nor have I been checked on.

I know he won't really be affected by this and I'm trying to focus on the positives. We have a big family on both sides, and many people within our community have warmly welcomed him. But I have been a good friend to these women, supported them in their times of need and even reached out during this pandemic

to check on them in an effort to reconnect. I'm so disappointed. What am I supposed to say to these "friends" when I run into them again? — NEW MOM AGAIN

DEAR MOM: When you encounter them, be cordial. Make polite conversation and ask how they and their families are doing. If they inquire, tell them you and your family are well. Then move on, recognizing you are dealing with individuals who are solely centered upon themselves. Do not attempt to revive a relationship with anyone who cares so little about you that they would treat you as they have, but DO recognize how fortunate you are that you know not to invest more of your time or yourself in them.

DEAR ABBY: I divorced my abusive ex-husband and am happily remarried. I have a son and daughter from my first marriage. They saw a lot of physical and emotional abuse when they were young. I stayed in the marriage to keep the family together until I realized my children were being hurt in the process. My son witnessed more of the abuse than my daughter.

My son has constantly brought up the past and has never been able to make a decent living. He's married with three children, and they have lived with his mother-in-law for years. I have apologized many times for what happened in the past and asked for forgiveness. I

don't know what else I can do.

I always send birthday and holiday money telling them that I love them, but for some reason they have stopped answering my calls or responding to my texts. I call them three or four times a year. They used to call me when they needed money, but now they don't call at all. Should I stop sending birthday checks? They missed Mother's Day and my heart is broken. I don't know what I've done wrong. — PAYING FOR THE PAST

DEAR PAYING: You will never know what you "did wrong" unless one of your adult offspring decides to tell you. I hope you realize that you are being abused again, this time by two passive-aggressive adults. You are not the reason your son lives with his mother-in-law. As to your daughter, who knows her reason for radio silence?

Please stop flogging yourself. Start living your own life. Bind up that broken heart and focus on happiness with your new husband because, as things stand, you're not going to find much with these two. Send cards if you must, but omit the money. If you do, I'm sorry to say you may hear from them sooner.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

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Lovers in a dangerous time

Period drama 'Beecham House' airs on PBS

By Kyla Brewer
TV Media

Opulent period dramas have seen a resurgence in popularity in recent years, with TV series such as "Downton Abbey" and "The Crown" amassing loyal followings. Luckily for fans of the genre, one of the U.K.'s most buzzworthy period dramas has made its way across the pond to rivet American audiences.

Tom Bateman ("Cold Pursuit," 2019) stars as John Beecham, a former British soldier with a mysterious past who moves into a mansion in Delhi in 1795 in "Masterpiece Classic: Beecham House," airing Sunday, July 19, on PBS. He brings with him a biracial baby, causing a stir among the estate's staff.

As the series unfolds, Beecham welcomes his overbearing mother, Henrietta (Lesley Nicol, "Downton Abbey"), rebellious brother, Daniel (Leo Suter, "Victoria"), and others to his new home, all the while falling for English governess Margaret Osbourne (Dakota Blue Richards, "The Golden Compass," 2007). The enigmatic Chandrika (Pallavi Sharda, "Lion," 2016) soon arrives as well and wastes no time exerting her authority in the house. John's staff includes the beautiful Chanchal (Shriya Pilgaonkar, "Fan," 2016), the baby's nursemaid.

Combining mystery and romance with lavish sets and intricate costumes, the six-episode miniseries was originally produced for the U.K.'s ITV. Director Gurinder Chadha ("Bend It Like Beckham," 2002), who co-created "Beecham House" with her husband Paul Mayeda Berges ("Blinded by the Light," 2019) and author Shahrulk Husain ("In Custody"), explained that she came up with the idea for the miniseries while working on the script for the 2017 film "Viceroy's House."

"'Downton Abbey' was very popular at the time and I always loved 'Upstairs, Downstairs,' so I thought I'd like to do my own version of one of those shows with a twist," Chadha said in an interview on "Masterpiece's" official website.

While many of Chadha's past films focus on Indians living in England, "Beecham House" turns the tables on her usual MO to explore the life of an Englishman living in India who is determined to make a name

for himself as a trader while living a quiet, peaceful life with his family.

"Masterpiece" executive Rebecca Eaton had high praise for the miniseries in a news release announcing that it would be airing on the PBS flagship series.

"I haven't seen a series as visually sumptuous as 'Beecham House' in a long time," she said. "This is a new time and place for our audience ... India in 1795, before the Raj. There is love and passion, too, and a storyline full of deepening mystery."

In the aforementioned interview, Chadha made it clear that she was determined to film at least part of the series in India, explaining that the setting couldn't really be duplicated anywhere else.

"You can't beat India on camera," Chadha explained. "One of the things about India that existed long before the British came along and carried on long after they left, and will carry on, is their architecture, the palaces, the forts. We have used many, many shots of those amazing buildings, and that is India, for me. You cannot shoot that anywhere else."

The setting is one thing. But the cast is equally impressive. Bateman starred in Sky TV's "The Tunnel" in 2013, the same year he began his run as Giuliano Medici in the TV series "Da Vinci's Demons." He gained notoriety for his role as the title character in 2015's "Jekyll & Hyde" TV series. Bateman also starred in the Hollywood films "Snatched" (2017) and "Murder on the Orient Express" (2017) before returning to TV in ITV's "Vanity Fair." Up next, he's set to appear in the Netflix series "Behind Her Eyes."

Nicol is, of course, familiar as "Downton Abbey" cook Beryl Patmore. The English actress is a three-time SAG award winner, known for her roles in the BBC's adaptations of "The Lion, the Witch and the Wardrobe" and "The Silver Chair." American audiences may recognize her for her work on such TV series as "Supernatural," "The Catch" and "The Odd Couple."

After getting his start on stage as a boy, Suter appeared in films such as "Maleficent" (2014) and "Fallen" (2016). He has also been seen in the television series "Ransom" and "Sanditon."

Richards began acting as a child as well and landed the role of Lyra in "The Golden Compass" (2007) at the age of 13. She was cast in the



Tom Bateman and Dakota Blue Richards in "Masterpiece Classic: Beecham House"

British teen drama "Skins," as well as the TV movie "Dustbin Baby" (2008) and the fantasy film "The Secret of Moonacre" (2008).

In addition to the Bollywood films "Besharam" (2013) and "Hawaizaada" (2015), Sharda starred opposite Nicole Kidman in the Hollywood film "Lion" (2016) and appeared in the Australian medical drama "Pulse."

The daughter of two actors, Pilgaonkar began her onscreen career at the age of 5 in the Hindu television series "Tu Tu Main Main." She

worked on the French film "Un plus une" (2015) before making her Bollywood debut in "Fan" (2016).

While "Beecham House" was not based on actual events as some have speculated, there is at least one character who was based on a real-life figure, Emperor Shah Alam II (Roshan Seth, "Gandhi," 1982).

Other notable characters include John's friend and business partner, Samuel Parker (Marc Warren, "Band of Brothers"), French mercenary General Castillon (Grégory Fitoussi, "Mr. Selfridge") and Beecham family

friend Violet Woodhouse (Bessie Carter, "Howards End").

The miniseries has not exactly garnered widespread critical acclaim and, despite a cliffhanger ending, the program failed to earn a second season in the U.K. But perhaps it will have better luck with American audiences. In this week's episode, it appears that only the Emperor can save John. When he eventually returns home, it's evident that tragedy has struck again in "Beecham House," airing Sunday, July 19, on PBS.

hulu this week



Sophie Nelisse and Heather Graham in "The Rest of Us"

By Jessica Gosse
TV Media

"My Scientology Movie" (2015)

Many people mock Scientology, saying it isn't a real religion so much as a cult, given its creation in the 1950s by a science fiction author and its mysterious leader. Documentarian Louis Theroux ("When Louis Met... Jimmy," 2000) tries to give viewers an inside look into the world of Los Angeles Scientology with this film, which joins the Hulu lineup on Monday, July 13. With a large number of A-list celebrities among its ranks, such as action star Tom Cruise ("Mission: Impossible"), TV star and weight-loss guru Kirstie Alley ("Cheers") and Oscar nominee Juliette Lewis ("Cape Fear," 1991), it's no surprise that Scientology was and is such a prominent topic of discussion. The documentary shines a light on how secretive the institution is as Theroux is denied access to their facility multiple times, and many members refuse to speak while he is filming. Although Theroux's intention was to gain knowledge, the film comes across almost as a mockumentary, as many of his interviews are with eccentric personalities and spiral into chaos.

"The Rest of Us" (2019)

As an ex, you're expected to hate your former partner's new girlfriend or

wife, right? That's what society tells us, anyway. In this heartfelt drama, premiering Monday, July 13, on Hulu, the connection between first and second wife is deeply explored as an ex-wife and a mistress are brought together by tragedy. Cami's (Heather Graham, "The Hangover," 2009) husband, Craig, left her years ago for another woman, and she is now raising their teenage daughter, Aster (Sophie Nelisse, "The Book Thief," 2013), on her own. Rachel (Jodi Balfour, "For All Mankind"), on the other hand, is the new wife and is living in the house that was once Cami's while raising Tallulah (Abigail Pniowsky, "Channel Zero"), Craig's new daughter. When Craig has a sudden heart attack, his death shocks both of the families, but Rachel's life is turned upside down as she realizes he hadn't paid the mortgage on their house in months, and now she is going to lose her home. In a bold and surprising move, Cami offers to let Rachel and her daughter move in with her and Aster. Tensions rise as the four women struggle to find a connection beyond their deceased husband/father, and secrets begin to come out.

"Into the Dark: The Current Occupant"

On Friday, July 17, don't miss the latest installment of this horror anthology series when it premieres on Hulu. Barry Watson ("Samantha Who?") and Sonita Henry ("Krypton") star in this twisted

tribute to Independence Day that takes place in a psychiatric hospital. One of the residents of the ward is a young man with no memory, but when he becomes convinced that he is the president of the United States, chaos ensues. Believing himself to be part of an intricate political conspiracy, he plots his escape from the hospital in order to return to power and save his sanity.

"Normal People" Season 1

Daisy Edgar-Jones ("Cold Feet") and newcomer Paul Mescal take the lead as modern couple Marianne Sheridan and Connell Waldron in the first season of this BBC drama available now on Hulu. The series follows the pair as they attend school in Ireland and develop a complex relationship. Marianne isn't the most well-liked among the students as she is gifted, overly outspoken and from a very well-off family. Connell on the other hand, while also academically inclined, is quite popular and his mother works for Marianne's family. While on the surface Marianne seems to have a better life thanks to her family's affluence, things aren't what they seem as she struggles with complicated family relationships and being bullied by students who consider her to be odd. Despite the vast differences in their life, Marianne and Connell begin dating but things become complicated as Marianne wants their relationship kept secret and is hurt when



Daisy Edgar-Jones and Paul Mescal in "Normal People"

Connell doesn't stand up for her while she is being bullied at school.

"Forgetting Sarah Marshall" (2008)

Peter (Jason Segel, "How I Met Your Mother") has been in a happy relationship with the beautiful television star Sarah Marshall (Kristen Bell, "The Good Place") for years. But when Sarah returns home from filming on location and breaks up with him to be with rock star Aldous Snow (Russell Brand, "Get

Him to the Greek," 2010), Peter is left devastated in this comedy available now on Hulu. In an effort to get over her, Peter decides to take a much needed vacation in Hawaii. Unfortunately when he goes to check into his hotel, he finds Sarah and Aldous staying at the same resort. Now, as he tries to enjoy Hawaii and avoid his ex-girlfriend, Peter begins spending time with Rachel (Mila Kunis, "Bad Moms," 2016), the cute hotel receptionist. However, the more time Peter spends with Rachel the more jealous Sarah becomes.



Mila Kunis and Jason Segel in a scene from "Forgetting Sarah Marshall"

Pearl Harbor

HBO 1:15 p.m.

Academy Award winner Ben Affleck stars as a dashing pilot who falls for a dedicated nurse before being shipped off to fight in World War II in this epic. The film recounts the events surrounding the bombing of Pearl Harbor. Josh Hartnett also stars.

The League of Extraordinary Gentlemen

SYFY 2:35 p.m.

A comic book comes to life in this fantasy based on the work by Alan Moore. In an alternate universe, several literary characters come together as a team of crime-fighting heroes who wage a war against a mysterious villain. Sean Connery stars.



Lilly Singh hosts "A Little Late With Lilly Singh"

Waves

SHOW 8:00 p.m.

Taylor Russel, Sterling K. Brown and Kelvin Harrison Jr. star in this critically-acclaimed film about a Black suburban family's emotional journey towards forgiveness as they attempt to come together after a devastating loss. Alexa Demie also stars.

A Little Late With Lilly Singh

KING 1:35 a.m.

Stay up a little late for an episode of this fun talk show. From her opening monologue to comedy sketches and celebrity interviews, former YouTube sensation Lilly Singh shines as the first female late night host on a major network.

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	C	D	DT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC KOMO	4	4	4	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune	Jeopardy!	Shark Tank	20/20			News (N)		(:35) J. Kimmel		
CBS KIRO	7	7	7	News (N)	News (N)	News (N)	Ent. Tonight	MacGyver	Magnum P.I. "Day I Met the Devil"			Blue Bloods "Where the Truth Lies"	News (N)	(:35) Colbert	
CW KSTW	11	11	11	The People's Court	Family Feud	Family Feud	Illusion (N)	Masters Illusion	Whose Line Is It	Whose Line Is It	Seinfeld	Seinfeld	Family Guy	Bob's Burgers	
FOX KCPQ	13	13	13	Modern Family	Modern Family	The Big Bang	The Big Bang	WWE SmackDown (N)			Q13 NEWS AT 10 (N)		Most Wanted	The Simpsons	
ION KWPX	15	33	33	NCIS: LA "Hand-to-Hand"	NCIS: Los Angeles	"Fame"	NCIS: Los Angeles	"Hunted"	NCIS: Los Angeles "Burned"			NCIS: Los Angeles "Callen, G"			
KONG TV6	6	16	16	Extra (N)	The List	Inside Ed. (N)	Access H. (N)	Dateline	News (N)	News (N)	News (N)	News (N)	Dr. Phil		
MNT KZJO	10	22	22	Friends	Mom	Mom	Modern Family	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	The Big Bang	The Big Bang	Two and a Half	Two and a Half		
NBC KING	5	5	5	NBC News (N)	KING News (N)	KING News (N)	Evening	The Wall "Essence and Valencia"	Dateline NBC			KING News (N)		(:35) Tonight	
PBS KCTS	9	9	9	PBS NewsHour (N)	Wash. Week (N)	Firing Line (N)	Brown "The Kembleford Dragon"	Great Performances at the Met "The Gershwins' Porgy and Bess" (N)							
PBS KBCT	12	28	28	Vote 2020	Steves' Europe	Northwest Now	Foyle's War "A War of Nerves"	New Tricks "Tiger Tiger"			Death in Paradise		Royal Myths/ Secrets		
SBN KBCB	14	24	-	July Share-a-Thon	Fundraiser for television and radio air time. (L)										
A&E	52	118	265	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars
AMC	67	131	254	(5:15) ⚡ ★★ Grown Ups ('10) Adam Sandler.	⚡ ★★★ Ferris Bueller's Day Off ('86, Comedy) Alan Ruck, Mia Sara, Matthew Broderick.		Morgans (N)	⚡ ★★★ Summer Rental ('85) Rip Torn, John Candy.							
ANPL	43	184	282	River Monsters "Pack of Teeth"	Monsters "Legend of Loch Ness"	RivMonDeadliest "Aquatic Maneaters of Africa" (N)			Monsters "Mekong Mutilator"	River Monsters "Africa's Deadliest"					
BRAVO	66	129	237	B.Deck "All That Glitters Isn't Gold"	Below Deck "Shame Cocoon"	Below Deck "Au Revoir!"		To Be Announced		Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows		
CMT	61	166	327	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Mom	Mom	Mom	Mom	Mom	Mom	Mom	
CNBC	46	208	355	30 Rock	Undercover Boss "Mastec"	Boss "The Tilted Kilt Sports Pub"		Under Boss "O'Neill Clothing"	Undercover Boss "Fatburger"	Dateline "The Good Husband" 1/2					
CNN	44	200	202	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon		Cuomo Prime Time	Cuomo Prime Time	CNN Tonight With Don Lemon					
COM	60	107	249	Tosh.0	Tosh.0	Kevin Hart: Laugh at My Pain	Crank Yankers	South Park	South Park	South Park	South Park	(:45) South Park	South Park		
C-SPAN	24	210	350	Politics & Public Policy Today	Politics & Public Policy Today										
DISC	8	182	278	Bering Sea Gold	Dredged Up "The Heat is Off" (N)		Sea Gold "Claim of Thrones Part 1"	(N)		(:05) Mysteries of the Deep (N)	(N)		(:05) Mysteries of the Deep		
DISN	41	173	291	(:10) Jessie	(:40) Jessie	(:10) Disney Summer Sing-Along	Sydney/(:25) Coop	(:45) Bunk'd	(:15) Fam Jam	(:40) Bunk'd	(:05) Bunk'd	Gabby Duran	Sydney/ Coop	(:45) Bunk'd	
E!	65	114	236	(4:30) ⚡ Never Been Kissed	⚡ ★★ Legally Blonde ('01) Luke Wilson, Reese Witherspoon.		30 Rock		⚡ ★★ Legally Blonde ('01) Luke Wilson, Reese Witherspoon.						
ESPN	32	140	206	(5:00) MLS Soccer	MLS is Back Tournament Col/K.C. (L)	MLS Soccer	MLS is Back Tournament Minnesota vs Salt Lake (L)	SportsCenter (N)		SportsCenter		SportsCenter (N)			
ESPN2	33	143	209	To Be Announced	To Be Announced			KBO Baseball							
FNC	48	205	360	Hannity	The Ingraham Angle		Fox News @ Night		Tucker Carlson Tonight	Hannity		The Ingraham Angle			
FOOD	35	110	231	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	
FREE	39	180	311	(4:30) ⚡ ★★ Jumanji	⚡ ★★ Despicable Me ('10) Voices of Jason Segel, Steve Carell.		⚡ ★★ Despicable Me 2 ('13) Kristen Wiig, Benjamin Bratt, Steve Carell.		The 700 Club						
FS1	408	150	219	WPT Poker World Championship	Boxing Premier Champions		TMZ Sports (N)		Skip and Shannon: Undisputed						
FX	53	136	248	⚡ ★ Ride Along 2 ('16, Act/Com)	Kevin Hart, Tika Sumpter, Ice Cube.	⚡ ★★ Blockers ('18, Comedy) Leslie Mann, Ike Barinholtz, John Cena.		⚡ ★★ Blockers ('18, Comedy) Leslie Mann, Ike Barinholtz, John Cena.							
GOLF	70	401	218	(4:30) PGA Golf	The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio		Golf Central	PGA Golf		The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio					
HALL	19	185	312	⚡ The Mistletoe Secret ('19) Tyler Hynes, Patrick Duffy, Kellie Pickler.	⚡ Mingle All the Way ('18) Ava Grace Cooper, Jesse Arthur Carroll.		⚡ Christmas Next Door ('17, Rom) Fiona Gubelmann, Jesse Metcalfe.								
HGTV	68	112	229	Love/List "Lackluster Lake House"	Love It/List It "Design Intervention"	Dream Home	Dream Home (N)	Color Splash: Hot or Not (N)	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home		
HIST	37	120	269	Ancient Aliens "Dark Forces"	Aliens "Earth's Black Holes"	Aliens "The Doomsday Prophecies"	Ancient Aliens		(:05) Aliens "The Alien Frequency"	(N)		(:05) Aliens "The New Evidence"			
LIFE	51	108	252	⚡ Stolen By My Mother: The Kamiyah Mobley Story	Niecy Nash.	⚡ Maternal Secrets ('18) Kelly McGillis, Brooke Burfitt, Kate Mansi.		(N)		(:05) ⚡ Expectant ('20) Hannah Bamberg, Emmanuelle Vaugier.					
MSNBC	47	209	356	The Rachel Maddow Show	The Last Word	The 11th Hour		The Rachel Maddow Show	The Last Word	The 11th Hour					
NBCSN	34	159	220	IndyCar Auto Racing (L)	IndyCar Post		Monster Jam (N)	MecumPrnt	Powernation	Powernation	Monster Jam				
NICK	40	171	300	The Loud House	The Loud House	You Smarter	You Smarter	⚡ To Be Announced		Friends	Friends	Friends	Friends		
OXY	71	127	251	Dateline: Secrets Uncovered	Dateline: Secrets Uncovered	Secrets Unco "The Landing" (N)		To Be Announced	Snapped "Melissa Stredney"		Snapped "Tammy Cole"				
PARMT	57	241	241	Two and a Half	Two and a Half	Two and a Half	Two and a Half	⚡ To Be Announced		⚡ To Be Announced					
ROOTSNW	31	426	687	MarinersSpot.	MarinersSpot.	MLB Baseball Classics Kansas City Royals vs. Seattle Mariners			MLB Baseball Classics Kansas City Royals vs. Seattle Mariners						
SYFY	59	122	244	(5:00) ⚡ ★★ R.I.P.D.	⚡ ★★ Underworld: Blood Wars ('16) Theo James, Kate Beckinsale.		⚡ Resident Evil: The Final Chapter ('16) Ali Larter, Milla Jovovich.		(:15) Futurama	(:45) Futurama					
TBS	55	139	247	⚡ ★★ The Jungle Book ('16) Bill Murray, Ben Kingsley, Neel Sethi.	⚡ ★★ Black Panther (2018, Action) Michael B. Jordan, Lupita Nyong'o, Chadwick Boseman.		ELeague								
TLC	38	183	280	American Gypsy Wedd	90 Day Fiancé "I'm Not Your Baby"	90 Day Fiancé "More to Love: Drive Me Crazy Like a Roulette Wheel" (N)		90 Fiancé (N)	90 Day Fiancé	90 Day Fiancé					
TNT	54	138	245	Bones	Bones "The Puzzler in the Pit"	⚡ ★★ Rampage ('18) Malin Akerman, Naomie Harris, Dwayne Johnson.		⚡ ★★ Kill Bill: Vol. 1 ('03) Lucy Liu, David Carradine, Uma Thurman.							
TOON	42	177	297	AppOn/ AppOn	Gumball	Gumball	BareBear	Bob's Burgers	Bob's Burgers	American Dad!	American Dad!	Rick and Morty	Rick and Morty	Family Guy	Family Guy
TRAV	36	196	277	The Dead Files "Dark Soul"	The Dead Files "Puppet Master"	The Dead Files		The Dead Files "Violent Visitors" (N)		The Dead Files					
TRUTV	49	242	246	Inside Jokes	Inside Jokes	⚡ ★★ Talladega Nights: The Ballad of Ricky Bobby		Will Ferrell.	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes		
USA	58	105	242	Chicago P.D. "You Wish"	Chicago "I Remember Her Now"	Chicago P.D. "Seven Indictments"		Chicago P.D.	Chicago "Emotional Proximity"		Modern Family		Modern Family		
HBO	551	303	504	(:10) Showbiz Kids	(N)		⚡ ★★ John Wick: Chapter 3 - Parabellum ('19) Halle Berry, Keanu Reeves.		Perry Mason "Chapter Four"		⚡ Fast & Furious Presents: Ho...				
MAX	561	311	516	(5:45) ⚡ ★★ Widows (2018, Crime Story)	⚡ ★★ Us ('19, Horror) Winston Duke, Elisabeth Moss, Lupita Nyong'o.		⚡ ★★ Final Destination 5 ('11) Nicholas D'Agosto.		Movie						
SHOW	576	319	546	(:55) ⚡ ★★ The Upside ('17) Kevin Hart, Bryan Cranston.	⚡ ★★ Waves ('19) Kelvin Harrison Jr, Alexa Demie, Taylor Russell. (P)		(:15) Boxing Classics	Showtime Championship		The Chi					
STARZ	534	351	526	⚡ Charlie's Angels ('19, Act) Naomi Scott, Ella Balinska, Kristen Stewart.	⚡ ★★ Think Like a Man ('12) Gabrielle Union, Kevin Hart, Chris Brown.		(:05) Hightown "Blessed"	(N)		(:05) ⚡ I Can Do Bad All by My...					
STZEN	518	341	536	(5:10) ⚡ ★★ The Jackal	(:15) ⚡ ★★ RoboCop ('87) Peter Weller, Ronny Cox, Kurtwood Smith.	⚡ ★★ Tears of the Sun ('03) Monica Bellucci, Bruce Willis.		(:05) ⚡ ★★ A Simple Plan							
TMC	591	329	554	(:05) ⚡ ★★ The United States of Leland ('03) Ryan Gosling.	⚡ ★★ Steel Magnolias ('89) Dolly Parton, Julia Roberts, Sally Field.		⚡ ★★ My Best Friend's Wedding		Julia Roberts.		Movie				

SATURDAY DAYTIME JULY 18, 2020														SPORTS		MOVIES		NEWS									
	C	D	DTV	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30						
ABC KOMO	4	4	4	GMA Saturday		Wild C.	Ocean	Heroes	Rock Park	World of X Games		To Be Announced					Paid	Paid	KOMO4News (N)		News (N)	News (N)					
CBS KIRO	7	7	7	Mission	Pet Vet	Paid	Paid	CBS Sports Connected		PGA Golf The Memorial		Tournament Site: Muirfield Golf Club (L)					Paid	Paid	Furever	Sports	News (N)	News (N)					
CW KSTW	11	11	11	Natural	Invention	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Career	Paid	Paid	Paid	Queens	Queens	MikeMoll	MikeMoll						
FOX KCPQ	13	13	13	Paid	Paid	Weekend Marketplace				Paid	Paid	Paid	Paid	Paid	Paid	Sm.Town	Sm.Town	Local Programming		Local Programming							
ION KWPX	15	33	33	SVU "Scorched Earth"		SVU "Personal Fouls"		SVU "Blood Brothers"		SVU "Double Strands"		SVU "Missing Pieces"		SVU "True Believers"		SVU "Russian Brides"		SVU "Educated Guess"		SVU "Lost Traveler"							
KONG TV6	6	16	16	VetsSav.	Champion	House	Homeo.	Spaces	Homes	Hazelton	House	Military	Cars.TV	Paid	Paid	Paid	Paid	Paid	Paid	DestinTV	Traveler						
MNT KZJO	10	22	22	(7:00) Q13 News This Morning (N)				Paid	The Great	Paid	Paid	Chicago P.D.		Chicago P.D.		JFL: Gags	Pawn Star	Million?	Million?	Fishing	Pawn Star						
NBC KING	5	5	5	Summer	EPL Soccer (L)				AMA Motocross (L)			AVP Volleyball (L)		Horse Racing		Sp. Net (N)	Earth Od	Earth Od	Roots Less	KING 5 News (N)							
PBS KCTS	9	9	9	Xavier	Let's Go	Cat	Wild Kratt	America's Home Cook		To Be Announced		Great Performances				Il Volo: Ten Years			Neil Diamond								
PBS KBTC	12	28	28	Sew Easy	25titch	Nancy	Quilt Arts	Quilting	F&Porter	Quilt Day	Motor.	Places	Woodwrk	Ask House	Old House	Grown (N)	Mexican	Milk St.	Cook's	TestK	Chef						
SBN KBCB	14	24	-	Gen. of the Cross		Jimmy Swaggart				FWC Music		Donnie Swaggart				Message of the Cross			Frances and Friends								
CABLE																											
A&E	52	118	265	Flipping Vegas		Zombie House Flip.		Zombie House Flip.		Court Cam	Court Cam	Court Cam	📺 ★★★ The Transporter ('02) Jason Statham.				📺 ★★★ Transporter 2 ('05) Jason Statham.				Movie						
AMC	67	131	254	(7:30) 📺 Fool's Gold		2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	📺 ★★★ Summer Rental ('85) John Candy.		📺 ★★★ Ferris Bueller's Day Off									
ANPL	43	184	282	My Cat From Hell		My Cat From Hell		Cat/ Hell "Pee Battle"		My Cat From Hell		My Cat From Hell		My Cat From Hell		My Cat From Hell		My Cat From Hell		My Cat From Hell							
BRAVO	66	129	237	Flipping Out		Flipping Out		Flipping Out		📺 ★★ The Lost World: Jurassic Park ('97) Jeff Goldblum.						📺 ★★ Jurassic Park III ('01) Sam Neill.				📺 Jurassic Park							
CMT	61	166	327	Hot 20 Countdown								📺 ★★★ A League of Their Own ('92) Tom Hanks, Geena Davis.						📺 To Be Announced									
CNBC	46	208	355	Paid	Paid	Paid	Paid	Paid	Paid	Boss "Loehmann's"		Under Boss "Donatos"		Undercover Boss		Boss "Stella & Dot"		Boss "EmpireCLS"		Undercover Boss							
CNN	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		The Situation Room		The Situation Room							
COM	60	107	249	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	📺 To Be Announced					📺 To Be Announced				Movie						
C-SPAN	24	210	350	(7:00) Washington This Week																		Comms.	Washington This Week				
DISC	8	182	278	DirtyJobsRowedTrip		DirtyJobsRowedTrip		DirtyJobsRowedTrip		Myst. of Abandoned		Myst. of Abandoned		Myst. of Abandoned		Myst. of Abandoned		Myst. of Abandoned		Myst. of Abandoned							
DISN	41	173	291	BigCity	Cat Noir	Cat Noir	Bunk'd	CoopCami	Sydney	Jessie	Jessie	Jessie	Jessie	Jessie	Jessie	Bunk'd	(:45) Bunk'd	(:10) Bunk'd	(:35) Bunk'd	Jessie	Jessie						
E!	65	114	236	(8:00) 📺 Fifty Shades Darker		📺 ★★ Fifty Shades Freed ('18) Dakota Johnson.					📺 ★★ Twilight ('08) Robert Pattinson, Kristen Stewart.					(45) 📺 ★★ The Twilight Saga: New Moon											
ESPN	32	140	206	(8:00) Serie A Soccer		Serie A Soccer Sassuolo at Cagliari Site: Stadio Sant'Elia (L)				To Be Announced						UFC UFC Fight Night -- Abu Dhabi, United Arab Emirates (L)											
ESPN2	33	143	209	E:60		KBO Baseball						To Be Announced						To Be Announced				MLS Soccer					
FNC	48	205	360	America's News HQ				America's News HQ		Journal Editorial R.		America's News HQ				Fox Report				Life, Liberty & Levin		Watters World					
FOOD	35	110	231	S. Kitchen	GirlFarm	Pioneer	Pioneer	The Kitchen		Giada (N)	Basics	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games							
FREE	39	180	311	Movie	📺 ★★★★★ Gnomeo and Juliet				📺 ★★★★★ Pocahontas ('95) Irène Bédard.				(25) 📺 ★★★★★ Despicable Me Steve Carell.				📺 ★★ Despicable Me 2 ('13) Steve Carell.				Movie						
FS1	408	150	219	TWIB (N)	TWIB (N)	Horse Racing Site: Saratoga Race Course -- Saratoga Springs, N.Y. (L)																		Refuse to Lose		NASCAR Truck Racing	
FX	53	136	248	MikeMoll	📺 ★★ 22 Jump Street ('14) Jonah Hill, Channing Tatum.					📺 ★ Ride Along 2 ('16) Kevin Hart, Ice Cube.				📺 ★★ The Mummy ('17) Sofia Boutella, Tom Cruise.				📺 Transformers: Age of Extinc...									
GOLF	70	401	218	Pre-game	PGA Golf The Memorial Tournament (L)					Golfer	Golfer	Golfer	Golfer	Golfer	Golfer	Golf Central (N)	PGA Golf The Memorial Tournament										
HALL	19	185	312	(8:00) 📺 Reunited ...		📺 Christmas Connection ('17) Brooke Burns.				📺 Switched for Christmas				📺 With Love, Christmas Aaron O'Connell.				📺 A Christmas Duet ('19) Chaley Rose.									
HGTV	68	112	229	Good Bones		Good Bones		Good Bones		Good Bones		Property Brothers: F		Property Brothers: F		Property Brothers: F		Property Brothers: F		Property Brothers: F							
HIST	37	120	269	Alone "The Rock House"			Alone "The Musk Ox"			UFO Conspiracy: Hunt for the Truth				UFOs: Dangerous Encounters Exposed				Unidentified		UnXplain "Evil Places"							
LIFE	51	108	252	Paid	Paid	Paid	Paid	Married at First Sight		📺 Psycho Ex-Girlfriend ('18) Elisabeth Harnois.				📺 Anniversary Nightmare (2019, Drama)				📺 The Perfect Mother ('18) Sunny Mabrey.									
MSNBC	47	209	356	Weekends-Alex Witt		Weekends-Alex Witt		MSNBC Live		MSNBC Live		MSNBC Live		PoliticsNation		MSNBC Live		MSNBC Live		All in Chris Hayes							
NBCSN	34	159	220	Mecum Auto Auctions: Muscle Cars & More (L)				Count.		NASCAR Auto Racing My Bariatric Solutions 300 (L)				IMSA Auto Racing Cadillac Grand Prix (L)				Racing									
NICK	40	171	300	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Loud H.	Loud H.						
OXY	71	127	251	Criminal Confessions		Criminal "Renton, WA"		Buried in the Backya		Buried "Tangled Web"		Snapped: Killer Coup		Snapped: Killer Coup		Snapped: Killer Coup		Snapped: Killer Coup		Justice "Deadly Affairs"							
PARMT	57	241	241	(8:00) 📺 ★★ Rush Hour		📺 ★★ Rush Hour 2 ('01) Jackie Chan.				📺 ★★ Rush Hour 3 ('07) Chris Tucker.				📺 ★★ Rush Hour ('98) Chris Tucker, Jackie Chan.				📺 ★★ Rush Hour 2									
ROOTSNW	31	426	687	Paid	Paid	MLS Soccer Classics Portland vs Vancouver				WCC/Acc.		NCAA Basket. Classics Gonzaga vs. Santa Clara				NCAA Football Classics Eastern Washington vs. Montana State											
SYFY	59	122	244	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	📺 ★★ Edward Scissorhands Johnny Depp.				(15) 📺 Resident Evil: The Final Chapter Milla Jovovich.				Movie							
TBS	55	139	247	Loves Ray	Loves Ray	📺 ★★ Sherlock Gnomes				(45) 📺 ★★ Night at the Museum: Secret of the Tomb				📺 ★★ Maleficent ('14) Angelina Jolie.				📺 ★★ Black Panther Chadwick Boseman.									
TLC	38	183	280	Cheap "Guide to Love"		Cheap	Cheap	Wait! That's A Dog?		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Yes Dress	Yes Dress						
TNT	54	138	245	NCIS: New Orleans		NCIS: New Orleans		NCIS:NO "Confluence"		NCIS: New Orleans		📺 ★★ Kill Bill: Vol. 1 ('03) Uma Thurman.				(15) 📺 ★★ Kill Bill: Vol. 2 ('04) David Carradine, Uma Thurman.											
TOON	42	177	297	Titans!	Titans!	Craig/ Craig	Craig/ Craig	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Titans!	Titans!	Titans!	Craig/ Craig	Craig/ Craig						
TRAV	36	196	277	My Horror Story		My Horror Story		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		Paranormal		Paranormal							
TRUTV	49	242	246	Adam	Adam	📺 Austin Powers: International Man of M...				📺 Austin Powers: The Spy Who Shagged ...				InsideJoke	InsideJoke	InsideJoke	InsideJoke	Hot One	Hot Ones	InsideJoke	InsideJoke						
USA	58	105	242	NCIS "Oil and Water"		NCIS "Better Angels"		NCIS "Alibi"		NCIS "Gut Check"		📺 ★★ The Bourne Identity ('02) Matt Damon.				(35) 📺 ★★ The Bourne Supremacy ('04) Matt Damon.											
PREMIUM																											
HBO	551	303	504	Movie	📺 ★★ Godzilla: King of the Monsters				(45) 📺 ★★ Cast Away ('00) Helen Hunt, Tom Hanks.				(15) 📺 After Truth: Disinforma...				(50) 📺 ★★ John Q ('02) Denzel Washington.				Movie						
MAX	561	311	516	(8:10) 📺 ★★ Little		📺 ★★ Lying and Stealing		(40) 📺 A Fantastic Fear of Everything				(25) 📺 ★★ First Man ('18) Ryan Gosling.				(50) 📺 Margaret ('11) Matt Damon, Anna Paquin.											
SHOW	576	319	546	(8:15) 📺 Good Will Hunting			📺 ★★ The Terminator				📺 ★★ Terminator 2: Judgment Day				📺 ★★ Red ('10) Bruce Willis.				Outcry								
STARZ	534	351	526	(8:10) 📺 Think Like...		(15) 📺 ★ I Can Do Bad All by Myself				(10) 📺 ★★ Ghost Rider ('07) Nicolas Cage.				(05) Hightown		(05) 📺 ★★ The Notebook Ryan Gosling.				(10) 📺 I Can Do B...							
STZEN	518	341	536	(10) 📺 ★★ A Simple Plan ('98) Bill Paxton.				(15) 📺 ★★ Tears of the Sun ('03) Bruce Willis.				(20) 📺 ★★ Joe Versus the Volcano				(05) 📺 ★★ Bachelor Party				(50) 📺 ★★ The 'Burbs							
TMC	591	329	554	(8:30) 📺 ★★ Beastly		📺 ★★ Falling for Grace ('06) Billy Asher.				📺 ★★ Hampstead ('17) Alistair Petrie.				(55) 📺 ★ Round of Your Life				📺 ★★ Bull Durham				(20) 📺 ★★ Beowulf					

Wait! That's A Dog?

TLC 11:00 a.m.

This rebroadcast special celebrates truly unique dogs. Some of the best groomers around pull out all the stops as they transform curly canines into almost unrecognizable creations, such as a lion, a buffalo, a camel, a roller derby girl and more.

Edward Scissorhands

SYFY 1:00 p.m.

Edward (Johnny Depp) was created by an inventor who died before giving him hands, leaving him with scissors in their place in this Tim Burton film. When a relentlessly cheery Avon Lady meets him, she takes the misunderstood misfit to live in suburbia.



Sylvester Stallone in "Rocky"

Rocky

SHOW 7:00 p.m.

In this inspirational story of seeking the American dream, small-time boxer Rocky Balboa (Sylvester Stallone) finally gets his chance to prove his worth when he is granted a fight with heavyweight champion Apollo Creed (Carl Weathers).

Line of Duty

AMC 11:00 p.m.

The AC-12 is sent after the trail of a highly corrupt officer whose ties to organized crime are put out in the open after a witness testimony in this new episode. Martin Compston and Vicky McClure take the lead in this unique procedural's third season.

SATURDAY PRIMETIME JULY 18, 2020										SPORTS		MOVIES		NEWS	
	C	D	DT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC KOMO	4	4	4	KOMO4News (N)		Wheel Fortune	Jeopardy!	America's Funniest Home Videos		Shark Tank		The Good Doctor "Influence"		News (N)	(:35) Wrestle
CBS KIRO	7	7	7	News (N)	News (N)	Entertainment Tonight Weekend		Bull "The Good One"		48 Hours		48 Hours		News (N)	(:35) Wipeout
CW KSTW	11	11	11	2 Broke Girls	2 Broke Girls	Family Feud	Family Feud	Bob's Burgers	Bob's Burgers	Family Guy	Family Guy	NCIS: New Orleans "The Asset"		Madam Secretary "The Unnamed"	
FOX KCPQ	13	13	13	Local Programming		The Big Bang	The Big Bang	Beat Shazam		Tag "Only the Toughest Endure"		News (N)	Most Wanted	Ultimate Tag "Real Men Do Cry"	
ION KWPX	15	33	33	Law&Order: SVU "Spiraling Down"		Law&Order: SVU "Theater Tricks"		Law&Order: SVU "Official Story"		Law&O: SVU "Father's Shadow"		Law&O: SVU "Home Invasions"		Law&O: SVU "Hunting Ground"	
KONG TV6	6	16	16	Raw Travel (N)	Carbonaro	Street Magic	Carbonaro	American Ninja Warrior		Dateline		News (N)	Band in Seattle	More Music (N) Comedy.TV	
MNT KZJO	10	22	22	Pawn Stars	Pawn Stars	Modern Family	Modern Family	Modern Family	Modern Family	Q13 News (N)	Most Wanted	Funny Weather	Funny Weather	Be Millionaire?	Met Mother
NBC KING	5	5	5	NBC News (N)	KING News (N)	L.M. Traveler	Raw Travel (N)	Dateline NBC				Saturday Night Live		KING News (N)	Sat. Night Live
PBS KCTS	9	9	9	Newshour. (N)	Burt Wolf 1/2	Antiques Roadshow		Vera "Cuckoo"		Inspector Morse		Promised Land"	Inspector Morse	Promised Land"	CordiallyInvited
PBS KBTC	12	28	28	Royal Myths/ Secrets		Appearances	Appearances	Time Goes By	Time Goes By	Summer Wine	Summer Wine	Being Served?	Hold the Sunset	Doctor Who 3/4	Doctor Who 4/4
SBN KBCB	14	24	-	FWC Music		Family Worship Center		FWC Music		Crossfire Service		Jimmy Swaggart Ministries			
A&E	52	118	265	(5:30) ♫ ★★★★★ Jack Reacher: Never Go Back ('16) Tom Cruise.		♫ ★★★★★ Wanted (2008, Action) Morgan Freeman, Angelina Jolie, James McAvoy.						Court Cam		Court Cam	Court Cam
AMC	67	131	254	(4:30) ♫ Ferris Bueller's Day Off		♫ ★★★★★ The Green Mile ('99) David Morse, Tom Hanks. Death row guards form a relationship with an inmate who possesses extraordinary powers.						Line of Duty "Move On" (N)			
ANPL	43	184	282	Cat/ Hell "Posey the Terror"		Cat/ Hell "Philly's Forgotten Cats"		My Cat From Hell "Meow Mates"		Cat/ Hell "Cat Sh#t Crazy!" (N)		My Cat From Hell: Worst Cat-astrophes "Homes Divided" (N)			
BRAVO	66	129	237	(5:00) ♫ ★★★★★ Jurassic Park ('93) Sam Neill.		♫ ★★★★★ Jurassic Park (1993, Sci-Fi) Laura Dern, Jeff Goldblum, Sam Neill.						♫ ★★ The Lost World: Jurassic Park ('97) Jeff Goldblum.			
CMT	61	166	327	♫ ★★★★★ A League of Their Own		(1992, Comedy/Drama) Tom Hanks, Madonna, Geena Davis.				♫ To Be Announced					
CNBC	46	208	355	Undercover Boss "Donatos"		Boss "Bikinis Sports Bar and Grill"		Undercover Boss "Stella & Dot"		Undercover Boss "EmpireCLS"		Under Boss "The Dwyer Group"		Paid Program	Paid Program
CNN	44	200	202	The Situation Room		United Shades Of America		United Shades Of America		CNN Newsroom		The Situation Room		CNN Newsroom	
COM	60	107	249	(5:30) ♫ To Be Announced		(4:45) ♫ To Be Announced						South Park		South Park	South Park
C-SPAN	24	210	350	Public Affairs Events				Public Affairs Events							
DISC	8	182	278	Abandoned "American Atlantis"		Mysteries of the Abandoned		Expedition Unknown (N)				Expedition Unknown		Abandon. "Wild West Apocalypse"	
DISN	41	173	291	(4:20) Disney Summer Sing-Along		(4:10) BigCity	(4:35) BigCity	BigCity/ Amphib. (4:45) Owl (N)	(4:05) Owl House	(4:40) Amphibia	(4:05) BigCity	Big City Greens	BigCity/ Amphib. (4:45) Owl House		
E!	65	114	236	Movie	(4:45) ♫ ★★ The	Twilight Saga: Eclipse (2010, Drama) Robert Pattinson, Taylor Lautner, Kristen Stewart.		♫ ★★ The Twilight Saga: Breaking Dawn Part 1 ('11) Kristen Stewart.							
ESPN	32	140	206	To Be Announced		MLS Soccer MLS is Back Tournament Los Angeles vs Los Angeles FC (L)		SportsCenter (N)				SportsCenter (N)		SportsCenter (N)	
ESPN2	33	143	209	(5:00) MLS Soccer		To Be Announced		E:60 "Pro Basketball Stories"		UFC UFC Fight Night					
FNC	48	205	360	Justice With Judge Jeanine		The Greg Gutfeld Show		Watters World		Justice With Judge Jeanine		The Greg Gutfeld Show		Watters World	
FOOD	35	110	231	Diners "Takeout: Culinary All-Stars"		Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives
FREE	39	180	311	(5:40) ♫ ★★★★★ The Princess and the Frog		(4:45) ♫ ★★★★★ Brave ('12) Voices of Billy Connolly, Kelly Macdonald.		(4:50) ♫ ★★★★★ Tangled ('10, Comedy) Voices of Zachary Levi, Donna Murphy, Mandy Moore.							
FS1	408	150	219	(5:00) NASCAR Truck Racing SpeedyCash.com 400 (L)		NASCAR Truck Racing SpeedyCash.com 400 Site: Texas Motor Speedway				Roller Games (N)		WWE SmackDown			
FX	53	136	248	(4:30) ♫ ★★ Transformers: Age of Extinction ('14) Mark Wahlberg.		♫ ★★ Transformers: The Last Knight (2017, Action) Anthony Hopkins, Laura Haddock, Mark Wahlberg.								Baskets	
GOLF	70	401	218	(4:00) PGA Golf The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio				PGA Golf The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio							
HALL	19	185	312	♫ Holiday Date (2019, Romance) Matt Cohen, Brittany Bristow.		♫ Write Before Christmas ('19) Chad Michael Murray, Torrey DeVitto.		♫ Christmas in Rome (2019, Romance) Sam Page, Lacey Chabert.							
HGTV	68	112	229	Property Brothers: Forever Home		Property Brothers: Forever Home		Scott's Vacation House Rules (N)		Love It/List It "A One Storey Story"		Love/List "Home Working Woes"		Love/List "New Kid on the Block"	
HIST	37	120	269	UnXplained "Mysterious Stones"		UnXplained "The Oak Island Curse"		UnXplain "The Greatest Escapes"		UnXplain "Superhuman Senses" (N)		(4:05) Unidentified		(4:05) The UnXplained	
LIFE	51	108	252	♫ Killer Vacation (2018, Thriller) Jacob Young, Alexa Havins.		♫ Murder in the Vineyard ('20) Emma Fuhrmann, Helena Mattsson.		(4:05) ♫ Driven to the Edge ('20) Danielle Burgess, Taylor Spreitler.							
MSNBC	47	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		Dateline	
NBCSN	34	159	220	(5:30) IndyCar Auto Racing Iowa 250 (L)		IndyCar Post		Mecum Auto Auctions: Muscle Cars & More The fine car auction industry has evolved around the multi-day marathon for years. (N)							
NICK	40	171	300	The Loud House [The Loud House		The Loud House	SpongeBob	Young Dylan (N) [Nick/Unfiltr (N)	All That (N)	SpongeBob	Friends	Friends	Friends	Friends	Friends
OXY	71	127	251	To Be Announced		Accident "Young Deadly Love" (N)		Accident, Su "The Sinister Minister"		Accident, Su "Young Deadly Love"		Killer Siblings "Vues"		Snapped "Lateisha Jandreau"	
PARMT	57	241	241	(5:00) ♫ ★★ Rush Hour 2		♫ ★★ Get Hard (2015, Comedy) Kevin Hart, Alison Brie, Will Ferrell.		♫ ★★ Get Hard (2015, Comedy) Kevin Hart, Alison Brie, Will Ferrell.							
ROOTSNW	31	426	687	Sports Stars	P1 AquaX USA	P1 APBA Offshore "Cocoa Beach"		The Ten "Upsets" (N)		Mariners Access		MLB Baseball Classics Oakland Athletics vs. Seattle Mariners			
SYFY	59	122	244	(4:30) ♫ ★★★★★ Harry Potter and the Deathly Hallows: Part 1 ('10) Daniel Radcliffe.		(4:35) ♫ ★★★★★ Harry Potter and the Deathly Hallows: Part 2 ('11) Emma Watson, Daniel Radcliffe.								(4:35) Futurama	
TBS	55	139	247	(4:00) ♫ ★★★★★ Black Panther		♫ ★★ Uncle Drew ('18, Comedy) Nick Kroll, Kyrie Irving, Lil Rel Howery.		The Big Bang		The Big Bang		The Big Bang		Full Frontal	Laughs (N)
TLC	38	183	280	Say Yes-Dress	Say Yes-Dress	Yes Dress "A Birthday Surprise" (N)		Yes Dress "I Wanna Be Naked" (N)		To Be Announced		90 Day Fiancé: The Other Way		90 Day Fiancé	
TNT	54	138	245	♫ ★★ Rampage ('18) Malin Akerman, Naomie Harris, Dwayne Johnson.		♫ ★★★★★ Captain America: Civil War (2016, Action) Robert Downey Jr., Scarlett Johansson, Chris Evans.		(4:15) ♫ ★★ The Wolverine							
TOON	42	177	297	Gumball	Gumball	BareBear	BareBear	Dragon Ball Z	Dragon Ball Z	American Dad!	American Dad!	American Dad!	Rick and Morty	Family Guy	Family Guy
TRAV	36	196	277	Paranormal Emergency		Paranormal "Scared to Death"		Paranormal "It Can See Me"		Believers "Nervous Wreck" (N)		Hotel Paran "A Dark History" (N)		Paranormal Emergency	
TRUTV	49	242	246	Inside Jokes	Inside Jokes	Imp. Jokers	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers "British Invasion"	
USA	58	105	242	♫ ★★★★★ The Bourne Ultimatum (2007, Action) David Strathairn, Matt Damon.		♫ ★★ American Sniper (2014, War) Sienna Miller, Luke Grimes, Bradley Cooper.								Movie	
HBO	551	303	504	(5:50) ♫ ★★ Ad Astra (2019, Sci-Fi)		♫ ★★ Harriet ('19, Biography) Leslie Odom Jr., Joe Alwyn, Cynthia Erivo.		(4:05) Destroy		(4:35) Destroy		(4:10) Perry Mason "Chapter Four"			
MAX	561	311	516	(4:20) ♫ ★★ Life on the Line ('16) Kate Bosworth, John Travolta.		♫ ★★★★★ Rise of the Planet of the Apes		(4:50) ♫ ★★ Halloween ('18) Judy Greer, Jamie Lee Curtis.						Movie	
SHOW	576	319	546	The Chi "Gangway"		♫ ★★★★★ Rocky ('76) Burt Young, Burgess Meredith, Sylvester Stallone.		♫ ★★★★★ Casino (1995, Crime Story) Sharon Stone, Joe Pesci, Robert De Niro.							
STARZ	534	351	526	(5:10) ♫ ★★ I Can Do Bad All by ...		(4:05) ♫ ★★ Venom ('05) Jonathan Jackson, Agnes Bruckner.		Hightown "#Blessed"		♫ ★★ Think Like a Man ('12) Gabrielle Union, Kevin Hart, Chris Brown.					
STZEN	518	341	536	Movie	(4:35) ♫ ★★★★★ Forrest Gump (1994, Comedy/Drama) Sally Field, Gary Sinise, Tom Hanks.			♫ ★★★★★ Philadelphia ('93) Denzel Washington, Tom Hanks.				(4:10) ♫ ★★ No Way Out			
TMC	591	329	554	(5:20) ♫ ★★ Beowulf		(4:15) ♫ ★★ Peppermint ('18) Tyson Ritter, Jennifer Garner.		♫ ★★ The Final Girls ('15) Malin Akerman.		(4:35) ♫ ★★ Blood Fest ('18) Robbie Kay.					

prime video this week



Stana Katic stars in "Absentia"

By Breanna Henry
TV Media

"Absentia" Season 3

Stana Katic ("Castle") returns as FBI agent Emily Byrne in Season 3 of this thrilling crime drama premiering Friday, July 17, on Prime. Back in Season 1, we were introduced to Emily as an agent who was declared dead when she went missing while on the case of a notorious serial killer, only to be found in a cabin six years later with no memory of the past few years. Since then, we have seen her try to recover her memory while being implicated in a series of murders, not to mention cope with the fact that her husband and fellow agent, Nick (Patrick Heusinger, "Casual"), has remarried, and her now

9-year-old son, Flynn (Patrick McAuley, "The Conjuring 2," 2016), has little to no memory of her. Season 3 is set to pick up three months after the intense events of the Season 2 finale with Emily reaching the end of her suspension from the FBI. Still trying to balance her personal life with casework, Season 3 takes Emily far from home to deal with a professional fixer for an international organization (Geoff Bell, "RocknRolla," 2008) and an MI6 intelligence agent (Josette Simon, "Pokemon Detective Pikachu," 2019) who used to be an instructor at Quantico.

"The Weekend" (2018)

Multi-award-winning Canadian director and screenwriter Stella Meghie ("Everything, Everything," 2017) shows

off her chops in her 2018 TIFF comedy, "The Weekend," starring Sasheer Zamata ("The Last O.G.") in the lead role. Lauded among the best Black films of the decade, "The Weekend" is about a young woman named Zadie (Zamata), a sharp-minded, witty comedienne who finds herself caught between the ex she still has feelings for (Tone Bell, "Little," 2019), his new girlfriend (DeWanda Wise, "She's Gotta Have It"), and a handsome new man (Y'lan Noel, "Insecure") caught up in the middle of it all. The humor is nearly non-stop, down-to-Earth and deeply relatable, as the film explores what it means to be close to someone and the difference between being honest with a friend, versus painfully honest with your best ones. Shining in the role of Zadie's ever-meddling, but well-intending mother Karen, is the prolific animated comedy voice actress Kym Whitley ("Twenties"), who brings yet another layer of heartstring-pulling hilarity to this feel-good (and maybe only a teeny tiny bit bitter) romantic comedy. In case you missed this gem during its limited theater release, you can catch it on Prime on July 15.

"Alias"

Jennifer Garner is among Hollywood's most versatile leading ladies. While she shines as the troubled-wife type in dramas "Pearl Harbor" (2001) and "Dallas Buyers Club" (2013), she can also bring the laughs in comedies such as "13 Going on 30" (2004) and "Dude, Where's My Car" (2000), easily own the screen as a butt-kicking femme fatale in action flicks like "Elektra" (2005) and "Peppermint" (2018), and even takes her talent



Tone Bell and Sasheer Zamata in "The Weekend"

to the recording booth to voice act in "Llama Llama" and "Wonder Park" (2019). It only makes sense that the true catalyst of her path towards becoming one of the most recognizable women on film, would be a series where the entire premise is her ability to play multiple characters. "Alias," which you can (and should) binge all five seasons of now on Prime, is a staple of Top TV lists everywhere from the New York Times to Entertainment Television, and has become a sci-fi and pop culture icon, despite having never done well in the ratings while airing on ABC. Garner stars as Sydney Bristow, an English undergrad student with a rather unique part-time job – moonlighting as a secret agent for a CIA black ops division (at least, that's what she thinks). Sydney must hide her identity from the people on both sides of her work as a double agent, which bleeds into her home life as she hides her career from family and friends, including her father (Victor Garber, "DC's Legends of Tomorrow") and her work partner (Michael Vartan, "The Arrangement"). "Alias" won mul-

multiple awards, and even earned high praise from the real-life CIA's former Chief of Disguise, Jonna Mendez, who in WIRED's popular YouTube series "Technique Critique," Mendez said that Garner's work in the show "could have been used as a training film." Check out this binge-worthy series available on Prime now.

6	1	4	2	8	3	9	7	5
3	2	5	7	6	9	8	4	1
8	7	9	1	5	4	2	3	6
2	8	1	5	9	7	3	6	4
4	5	6	3	2	1	7	9	8
9	3	7	8	4	6	5	1	2
1	4	2	9	3	5	6	8	7
7	9	8	6	1	2	4	5	3
5	6	3	4	7	8	1	2	9



Victor Garber, Michael Vartan, Jennifer Garner and Lena Olin in "Alias"

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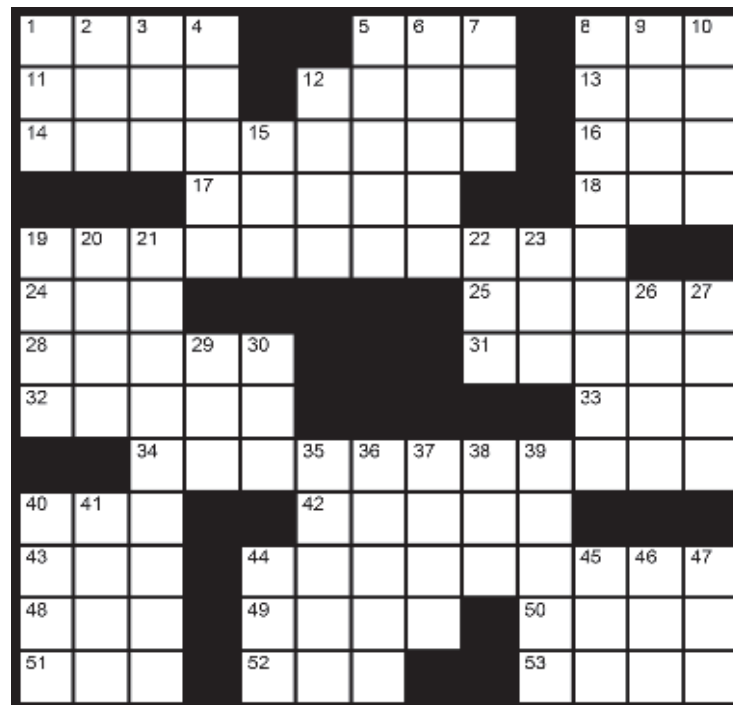
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television crossword



200719

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ACROSS

- 1 Cold war ints.
- 5 Troop grp.
- 8 MSNBC rival
- 11 ___ speak
- 12 Indonesian island
- 13 "Arabian Nights" menace
- 14 "Fantasy Island" star Ricardo
- 16 Ogre-like monster from Japanese folklore
- 17 G-rated show
- 18 Plea at sea
- 19 Animated sitcom about a family-owned restaurant
- 24 Sticky stuff
- 25 Unfamiliar with
- 28 Deplete
- 31 "X-Men" character who can control the weather
- 32 It may be blank
- 33 "The Crying Game's" (1992) Oscar-nominated lead Stephen ___

- 34 Old series that featured an intelligent, indestructible car
- 40 Rock's ___ Leppard
- 42 Underground network for 26 Down
- 43 Bond rating
- 44 "Franklin & Bash" and "Saved by the Bell" star Mark-Paul
- 48 ___-80 (old computer)
- 49 Refusals
- 50 "Molly's Game" (2017) star Idris
- 51 Rental ad abbr.
- 52 Thurman of "The Avengers" (1998)
- 53 W.W. II weapon

DOWN

- 1 American mil. branch
- 2 Great Lakes' ___ Canals
- 3 RR stop
- 4 Univ. military programs
- 5 Storybook and

- 6 cartoon elephant
- 6 Word on the street
- 7 French department
- 8 What you're doing right now
- 9 Taboo
- 10 Drama that stars Mark Harmon
- 12 Chicken cordon ___
- 15 Vatican vestment
- 19 Air conditioner meas.
- 20 Brewer's kiln
- 21 Classic 1985 coming-of-age film "The ___ Club"
- 22 "Star Trek" rank: Abbr.
- 23 Abbr. after a name
- 26 Family unit explored in "Who Do You Think You Are?"
- 27 Actor Epps
- 29 Coffee holder
- 30 Canadian prov. that's the home of Anne of Green Gables
- 35 Beloved for a customer in "Say Yes to the Dress"
- 36 Old Testament book
- 37 Throw away
- 38 Rd. or hwy.
- 39 Former drama series "Rizzoli & ___"
- 40 "Star Trek: The Next Generation" crew member
- 41 Western horror series "Wynonna ___"
- 44 Safari sight
- 45 PC key
- 46 Homer's dad
- 47 Dashed

Solution on page 22

SUNDAY DAYTIME JULY 19, 2020													SPORTS		MOVIES		NEWS							
	C	D	DTV	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30			
ABC KOMO	4	4	4	This Week		Measure	Heartland	To Be Announced						Paid	Paid	Seattle	Seattle	KOMO4News (N)		News (N)	News (N)			
CBS KIRO	7	7	7	(8:30)FaceNt	CBS Sports Special	WTT Tennis (L)					PGA Golf The Memorial Tournament Site: Muirfield Golf Club (L)							Lucky Dog	Pets.TV	News (N)	News (N)			
CW KSTW	11	11	11	P. Stone	R.Jeffress	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Y. Icons	Paid	Paid	Paid	Major Crimes		Evergreen Speedway				
FOX KCPQ	13	13	13	NHRA Drag Racing Site: Lucas Oil Raceway Park -- Indianapolis, Ind. (L)					Paid	Paid	Paid	Paid	Paid	Paid	Pawn Star	Pawn Star	Pawn Star	Pawn Star	Pawn Star	Fishing	Modern			
ION KWPX	15	33	33	NCIS: LA "Windfall"		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: LA "Borderline"		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: LA "Standoff"		NCIS: LA "Anonymous"		NCIS: LA "Bounty"				
KONG TV6	6	16	16	Press (N)	Matter	Meet the Press		J.Osteen	Retire	News (N)	Think Big	Biz Kid\$	Into Wild	Hollywd.	Paid	Paid	Paid	Paid	Paid	Paid	Hollywd.			
MNT KZJO	10	22	22	(7:00) Q13 News This Morning (N)				David Jer.	Paid	Paid	Paid	Chicago P.D.		Chicago P.D.		Million?	Million?	Last Man	Last Man	Goldberg	Goldberg			
NBC KING	5	5	5	(7:00) KING News (N)		Dog Challenge		EPL Soccer (L)				Goal Zone			AVP Beach Volleyball (L)		Sp. Net (N)	Consumer	Traveler	RawTrav.	KING 5 News (N)			
PBS KCTS	9	9	9	Xavier	Let's Go	Cat	Wild Kratt	Nova		Americas	GoodRoad	Longevity Paradox			Nova "Inner Worlds"			Ken Burns: The National Parks						
PBS KBTC	12	28	28	Suze Orman's Ultimate Retirement Guide				Dr. Fuhrman's Food as Medicine				AgingBackwards		A Salute to Vienna			Rick Steves' Heart of Italy							
SBN KBCB	14	24	-	(7:30) F. Worship (L)		FWC Music		Gen. of the Cross		Family Worship Center "Morning Service"					FWC		Crossfire Service		Family Worship "Morning Service" FWC					
CABLE																								
A&E	52	118	265	Hoarders		Hoarders "Doug/ Ruth"		Hoarders		Hoarders		Hoarders		Court Cam	Court Cam	The First 48		The First 48		The First 48				
AMC	67	131	254	(7:50) 🏆 Mission to ...		(:20) 🏆 ★★ Pitch Black ('00) Cole Hauser, Vin Diesel.					(:45) 🏆 ★★ X2: X-Men United ('03) Hugh Jackman, Patrick Stewart.					(:45) 🏆 ★★ The Dark Knight Rises ('12) Anne Hathaway.								
ANPL	43	184	282	North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		Lone Star Law		Lone Star Law		Star Law "Submerged"		Lone Star Law				
BRAVO	66	129	237	Shahs of Sunset		Shahs of Sunset		Shahs of Sunset		Shahs of Sunset		Shahs of Sunset		Shahs of Sunset		Shahs "Vida's Court"		Shahs of Sunset		Shahs of Sunset				
CMT	61	166	327	Hot 20 Countdown					🏆 To Be Announced					🏆 To Be Announced										
CNBC	46	208	355	Paid	Paid	Paid	Paid	Paid	Paid	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank				
CNN	44	200	202	State of the Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		The Situation Room		The Situation Room				
COM	60	107	249	The Office	The Office	The Office 🏆 To Be Announced					🏆 To Be Announced					(:15) 🏆 To Be Announced					Movie			
C-SPAN	24	210	350	(7:30) Washington This Week																	NewsmaKr	Washington This Week		Q & A
DISC	8	182	278	Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Naked and Afraid		Naked and Afraid		Naked and Afraid				
DISN	41	173	291	BigCity	Cat Noir	Cat Noir	Bunk'd	Summer	(:50) Jessie	(:20) Jessie	(:50) Jessie	(:20) Jessie	(:50) Jessie	(:20) Jessie	(:50) Raven	(:20) Raven	(:50) Raven	(:15) Raven	(:40) Raven	(:05) Raven	Sydney			
E!	65	114	236	(7:30) 🏆 Fifty Shad...		🏆 ★★ Twilight ('08) Robert Pattinson, Kristen Stewart.					(:45) 🏆 ★★ The Twilight Saga: New Moon ('09) Kristen Stewart.					(:45) 🏆 ★★ The Twilight Saga: Eclipse Kristen Stewart.								
ESPN	32	140	206	SportsCenter (N)		Serie A Soccer Torino at Fiorentina (L)					To Be Announced					Baseball Tonight		To Be Announced						
ESPN2	33	143	209	(8:00) Serie A Soccer		To Be Announced				E:60		To Be Announced			F1 Auto Racing British Grand Prix Site: Silverstone Circuit			To Be Announced						
FNC	48	205	360	America's News HQ		America's News HQ		Fox News Sunday		Journal Editorial R.		America's News HQ		Greg Gutfeld Show		Fox Report		Fox News Sunday		Life, Liberty & Levin				
FOOD	35	110	231	Pioneer	Pioneer	Pioneer	Pioneer	GirlFarm	Cooking	Guy's R.	Guy's R.	The Kitchen		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Game "Cheesier"				
FREE	39	180	311	🏆 ★★★★★ Pocahontas ('95) Irène Bédard.				🏆 ★★ Puss in Boots ('11) Antonio Banderas.				🏆 ★★ Hercules ('97) Tate Donovan.				(:05) 🏆 ★★ The Princess and the Frog				(:10) 🏆 ★★ Brave				
FS1	408	150	219	Red Bull Hare Scramble		Horse Racing Site: Saratoga Race Course -- Saratoga Springs, N.Y. (L)															NHRA Drag Racing Site: Lucas Oil Raceway Park			
FX	53	136	248	(7:30) 🏆 ★★ Selma			🏆 ★★ The Mummy ('17) Sofia Boutella, Tom Cruise.					🏆 ★★ Transformers: Age of Extinction ('14) Nicola Peltz, Mark Wahlberg.					🏆 Transformers: The Last Knight							
GOLF	70	401	218	(8:00) Golf Pre. (L)		PGA Golf The Memorial Tournament (L)					Golfer	Golfer	Golfer	Golfer	Golfer	Golfer	Celebrating the Open		Golf Central (N)		PGA Golf			
HALL	19	185	312	(8:00) 🏆 Picture a P...		🏆 ★ Christmas at Dollywood				🏆 ★ The Nine Lives of Christmas				🏆 ★ A Crown for Christmas Danica McKellar.				🏆 ★ Christmas at the Plaza Ryan Paevy.						
HGTV	68	112	229	Bargain Mansions		Bargain Mansions		Bargain Mansions		Bargain Mansions		Home Town		Home Town		Home Town		Home Town		Home Town				
HIST	37	120	269	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		AmericaDefine				
LIFE	51	108	252	J.Osteen	Paid	🏆 Deadly Mile High Club Kimberly Arland.					🏆 Her Husband's Betrayal				🏆 Fatherly Obsession ('17) Molly McCook.			🏆 ★ My Wife's Secret Life Kate Villanova.						
MSNBC	47	209	356	Weekends-Alex Witt		Weekends-Alex Witt		MSNBC Live (N)		MSNBC Live (N)		MSNBC Live (N)		PoliticsNation		Meet the Press		Kasie DC						
NBCSN	34	159	220	(3:00) To Be Announced				NASCAR	Count.	NASCAR Auto Racing O'Reilly Auto Parts 500 Cup Series Site: Texas Motor Speedway (L)										Post-Race "Texas" (L)		FIM Motorcycle Race		
NICK	40	171	300	LEGO (N)	Sponge	🏆 The SpongeBob Movie: Sponge Out of...				Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Loud H.	Loud H.	Loud H.	Loud H.			
OXY	71	127	251	Snapped "Eve Nance"		Snapped		Snapped		Snapped "Amy Fisher"		Snapped "Liz Golyar"		Snapped		Snapped		Snapped		Snap. "Betty Broderick"				
PARMT	57	241	241	Bar Rescue		Bar Rescue		🏆 ★★★★★ Raiders of the Lost Ark ('81) Harrison Ford.					🏆 ★★ Indiana Jones and the Temple of Doom					🏆 ★★★★★ Raiders of the Lost Ark						
ROOTSNW	31	426	687	Paid	Paid	MLS Soccer Classics Portland vs Chivas				NCAA Football Classics Montana State vs. Eastern Washington								In Depth	Stories	Stories	Root Sports			
SYFY	59	122	244	🏆 ★★ Edward Scissorhands Johnny Depp.				(:15) 🏆 ★★ A Knight's Tale ('01) Mark Addy, Heath Ledger.					(:15) 🏆 ★★ Harry Potter and the Deathly Hallows: Part 1 Daniel Radcliffe.					Movie						
TBS	55	139	247	TournamentLaugh		🏆 ★★ Norbit ('07) Eddie Murphy.					🏆 ★★ The Longest Yard ('05) Chris Rock, Adam Sandler.				🏆 ★★ Central Intelligence				🏆 ★★ Star Wars: The Last Jedi					
TLC	38	183	280	Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		90 Day Fiancé				
TNT	54	138	245	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		🏆 ★★ The Legend of Tarzan ('16) Alexander Skarsgård.				🏆 ★★ Ant-Man ('15) Michael Douglas, Paul Rudd.								
TOON	42	177	297	Titans!	Titans!	Ben10	Power	Titans!	Titans!	Titans!	Titans!	Gumball	Gumball	Gumball	Gumball	Unikit	DCSuper	Titans!	Titans!	Titans!	Titans!			
TRAV	36	196	277	Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Paranormal		Paranormal		Paranormal		Paranormal		Paranormal		Paranormal				
TRUTV	49	242	246	Funniest	Funniest	Funniest	Funniest	Tacoma	Tacoma	Tacoma	Tacoma	Tacoma	Tacoma	Jokers	Jokers	Jokers	Jokers	At Home	Jokers	Jokers	Jokers			
USA	58	105	242	SVU "Manipulated"		Law&O: SVU "Fault"		Law&O: SVU "Recall"		Law&O: SVU "Uncle"		SVU "Confrontation"		SVU "Infiltrated"		SVU "Underbelly"		Law&O: SVU "Cage"		SVU "Choreographed"				
PREMIUM																								
HBO	551	303	504	Movie	(:25) 🏆 ★★ Unstoppable			(:10) 🏆 ★★ Yesterday ('19) Himesh Patel.			(:10) Showbiz Kids			(:50) 🏆 ★★ In Time ('11) Justin Timberlake.			(:45) 🏆 ★★ The Good Liar							
MAX	561	311	516	(8:15) 🏆 Rounders		(:15) 🏆 ★★ The Astronaut Farmer			🏆 ★★ Sling Blade ('95) Billy Bob Thornton.			(:15) 🏆 ★★ The Ice Harvest			MotButtr		(:05) 🏆 ★★ The Hurt Locker Jeremy Renner.							
SHOW	576	319	546	Movie	🏆 ★★ The Ring ('02) Naomi Watts.				(:25) 🏆 Scary Stories to Tell in ...			(:15) 🏆 ★★ The Grey ('11) Liam Neeson.			(:15) 🏆 ★★ Die Another Day ('02) Pierce Brosnan.						Outcry			
STARZ	534	351	526	Movie	(:35) 🏆 ★★ Killer Elite ('11) Jason Statham.			(:35) 🏆 ★★ American Gangster Denzel Washington.			(:15) Hightown			(:15) 🏆 ★★ Once Upon A Time...In Hollywood Leonardo DiCaprio.										
STZEN	518	341	536	(8:15) 🏆 Night at t...		🏆 ★★ Bandolero			(:50) 🏆 ★★ Kindergarten Cop			(:40) 🏆 ★★ Philadelphia ('93) Tom Hanks.			(:50) 🏆 ★★ Forrest Gump ('94) Sally Field, Tom Hanks.									
TMC	591	329	554	Movie	🏆 ★★ The Perfect Score			(:05) 🏆 ★★ Rocky ('76) Sylvester Stallone.			(:05) 🏆 ★★ Rocky Balboa Sylvester Stallone.			🏆 The Murder of Nicole Brown...		🏆 ★★ The Big Chill								

Cannonball

KING 7:00 p.m.

It's not your normal day of fun in the sun as contestants fight for a \$10,000 prize on an extreme obstacle course in this series premiere. Hosted by Rocsi Diaz and "The Miz," the course features waterslides, flyboarding and the world's fastest drop tower.

Celebrity Family Feud

KOMO 8:00 p.m.

Two celebrity families face off against each other in this Steve Harvey-hosted modern spin on the classic game show. Bringing his signature wit and charm, Harvey pokes at himself, the audience and the contestants as they try to win money for charities.



The Miz hosts "Cannonball"

Outcry

SHOW 9:55 p.m.

In this new episode, Greg Kelley gets his hearing from the district attorney which ends up putting the entire case under a microscope. Disturbing holes and legal lapses crop up, while the Texas Rangers begin an independent investigation.

I'll Be Gone in the Dark

HBO 10:00 p.m.

Michelle is granted access to the Orange County Sheriff Department's East Area Rapist/ Original Night Stalker evidence room, in this new episode. As a result, she comes to an agreement with her editors to push back the deadline of her book.

SUNDAY PRIMETIME JULY 19, 2020										SPORTS		MOVIES		NEWS										
	C	D	DT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30									
ABC KOMO	4	4	4	KOMO4News (N)		America's Funniest Home Videos		Celebrity Family Feud		Your Luck "They're Baaaack!" (N)		Match Game		News (N)		(:35) Measure								
CBS KIRO	7	7	7	News (N)		News (N)		60 Minutes		To Be Announced		NCIS: Los Angeles "High Society"		NCIS: New O. "Bad Moon Rising"		News (N)	(:35) News (N)							
CW KSTW	11	11	11	(5:00) Evergreen Speedway		Family Feud		Family Feud		DC's Stargirl		Penn & Teller: Fool Us		Seinfeld		NCIS: New O. "Dead Man Calling"								
FOX KCPQ	13	13	13	Modern Family		Modern Family		Last Man St.		Duncanville		The Simpsons		Bless the Harts		Bob's Burgers		Family Guy	News (N)	Q It Up Sports	News (N)	The Divide		
ION KWPX	15	33	33	NCIS: LA "Absolution" 1/2		NCIS: LA "Deliverance" Pt. 2 of 2		NCIS: Los Angeles "Disorder"		Chicago P.D. "Turn the Light Off"		Chicago P.D. "8:30"		Chicago P.D. "My Way"		Sheriffs:		Sheriffs:		Sheriffs:				
KONG TV6	6	16	16	Access Hollywood Weekend (N)		Extra Weekend (N)		American Ninja Warrior		Dateline		News (N)		Inside Ed. (N)		Two and a Half		Two and a Half		Two and a Half				
MNT KZJO	10	22	22	Black-ish		Black-ish		The Big Bang		The Big Bang		Q13 News (N)		Q It Up Sports		Mom		Mom		KING News (N)		(:35) Band		
NBC KING	5	5	5	KING News (N)		NBC News (N)		Cannonball		The Titan Games		America's Got Talent "Auditions 7"		KING News (N)		Before We Die		ADD & Loving It						
PBS KCTS	9	9	9	Newshour. (N)		History		Royal House "Shadow of a King"		Pride and Prejudice		Masterpiece "Grantchester" (N)		Masterpiece "Beecham House" (N)		Before We Die								
PBS KBTC	12	28	28	Rick Steves' The Holy Land: Israelis and Palestinians Today		Rick Steves' The Story of Fascism in Europe		Suze Orman's Ultimate Retirement Guide		ADD & Loving It														
SBN KBCB	14	24	-	Story Song		Family Worship Center "Morning Service"		FWC Music		Jimmy Swaggart Ministries														
A&E	52	118	265	The First 48		First 48 "Snake Eyes/ No Way Out"		The First 48		The First 48 "Uncommon Valor"		The First 48 "Blood Feud"		The First 48 "Shattered"										
AMC	67	131	254	(3:45) ★★ The Dark Knight Rises		(4:55) ★★★★★ John Wick ('14, Act) Adrianne Palicki, Bridget Moynahan, Keanu Reeves.		NOS4A2 "Bruce Wayne McQueen"		NOS4A2 "Bruce Wayne McQueen"		NOS4A2 "Bruce Wayne McQueen"		NOS4A2 "Bruce Wayne McQueen"										
ANPL	43	184	282	Lone Star Law "Fawn Stars"		Lone Star Law "Stray Bullets"		Lone Star Law "Wild Call" (N)		Lone Star Law "Stag Poaching" (N)		Lone Star Law "Bucks and Bows"		Lone Star Law "Back in the Wild"										
BRAVO	66	129	237	Shahs "Le'ing with the Devil"		Shahs of Sunset		Shahs "Behind The Episode 813"		Shahs "Reunion Part One" (N)		Watch What Happens Live (N)		Beverly Hills										
CMT	61	166	327	★ To Be Announced				★ To Be Announced																
CNBC	46	208	355	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Paid Program		Paid Program								
CNN	44	200	202	The Situation Room		CNN Special		United Shades Of America		CNN Special		CNN Special		CNN Newsroom										
COM	60	107	249	(5:45) ★ To Be Announced				★ To Be Announced				South Park		South Park		South Park								
C-SPAN	24	210	350	PM's Questions		(:40) Public Affairs Events		Q & A		PM's Questions		(:40) Public Affairs Events												
DISC	8	182	278	Naked and Afraid "All Falls Down"		Naked and Afraid XL (N)		Naked and Afraid XL (N)		Naked and Afraid Foreign		Naked and Afraid Foreign		(:05) Naked and Afraid										
DISN	41	173	291	Sydney/ Coop		(:45) CoopCami		(:10) CoopCami		(:35) Bunk'd		Bunk'd (N)		FamJam/ Sydney		(:15) CoopCami		(:40) Bunk'd		(:05) Bunk'd		Gabby Duran	Bunk'd/ Fam Jam	(:45) Sydney
E!	65	114	236	Movie		★ ★★ The Twilight Saga: Breaking Dawn Part 1		('11) Kristen Stewart.		★ ★★ The Twilight Saga: Breaking Dawn Part 2		('12) Taylor Lautner, Robert Pattinson.		Movie										
ESPN	32	140	206	(4:00) To Be Announced		SportsCenter (N)		SportsCenter (N)		SportsCenter		SportsCenter		SportsCenter										
ESPN2	33	143	209	(5:00) To Be Announced		To Be Announced		To Be Announced		To Be Announced		To Be Announced		To Be Announced										
FNC	48	205	360	The Next Revolution		To Be Announced		Life, Liberty & Levin		The Next Revolution		To Be Announced		Fox News Sunday										
FOOD	35	110	231	Guy's Game "Grill Or Be Grilled"		Guy's Game "Big Bacon Battle 2"		Guy's Game "Pizza Play-Offs"		W.Cooks "The Cost of Cooking" (N)		Beat Bobby Flow		Beat Bobby Flow		Beat Bobby Flow		Beat Bobby Flow						
FREE	39	180	311	(5:10) ★ ★★ Brave		(:15) ★ ★★ Tangled ('10, Comedy)		Voices of Zachary Levi, Donna Murphy, Mandy Moore.		(:25) ★ ★★ Shrek ('01) Voices of Eddie Murphy, Mike Myers.		★ Cars 3 ('17)												
FS1	408	150	219	(3:30) Drag R.		PBA Bowling Strike Derby		PBA Bowling Summer Clash		NHRA Drag Racing														
FX	53	136	248	(4:30) ★ ★★ Transformers: The Last Knight ('17) Mark Wahlberg.		★ ★★ Jumanji: Welcome to the Jungle ('17) Karen Gillan, Jack Black, Dwayne Johnson.		★ ★★ Jumanji: Welcome to the Jungle																
GOLF	70	401	218	(5:00) PGA Golf Professional Championship		PGA Golf The Memorial Tournament Final Round Site: Muirfield Village Golf Club -- Dublin, Ohio																		
HALL	19	185	312	★ Pride, Prejudice and Mistletoe ('18) Brendan Penny, Lacey Chabert.		★ Christmas Under Wraps ('14) Candace Cameron Bure.		★ A Shoe Addict's Christmas ('18) Candace Cameron Bure.																
HGTV	68	112	229	Home Town		Home Town		Renovat "This Build Is a Beach" (N)		Mexico Life (N)		Mexico Life (N)		Beach (N)		Beach (N)		LakeBargain (N)		LakeBargain (N)				
HIST	37	120	269	(5:00) AmericaDefiningHours		America: Our Defining Hours "Birth of Freedom" Pt. 2 of 3 cont'd next		AmericaDefiningHours "Nothing to Fear but Fear Itself" (F) Pt. 3 of 3 (N)		(:05) ★ ★★ Killer in the Guest House ('20) Chelsea Hobbs.		Dateline		Dateline										
LIFE	51	108	252	★ Murder in the Vineyard ('20) Emma Fuhrmann, Helena Mattson.		★ Mile High Escorts (2020, Thriller)																		
MSNBC	47	209	356	To Be Announced		To Be Announced		To Be Announced		To Be Announced		Dateline		Dateline										
NBCSN	34	159	220	(5:00) M.Racing		Mecum Auto Auctions: Muscle Cars & More The fine car auction industry has evolved around the multi-day marathon for years. (N)																		
NICK	40	171	300	The Loud House		The Loud House		Nick/Unfiltered		Young Dylan		★ ★★ The SpongeBob Movie: Sponge Out of Water		Friends		Friends		Friends		Friends 1/2				
OXY	71	127	251	Snapped "Annette Cahill" (N)		Snapped "The Case Continues: Jodi Arias"		Snapped "Annette Cahill"		Snapped "Betty Broderick"		Snapped: Killer Couples												
PARMT	57	241	241	Movie		★ ★★ ★ Indiana Jones and the Last Crusade ('89) Sean Connery, Harrison Ford.		Yellowstone (N)		Yellowstone		Yellowstone		★ Indiana Jones & the Last C...										
ROOTSNW	31	426	687	(5:00) RSports "Felix Hernandez's 2012 Perfect Game"		Root Sports Sunday Night Classics "1979 MLB All-Star Game"		Mariners Access		Mariners "Dueling With Detroit"														
SYFY	59	122	244	(5:30) ★ ★★ Harry Potter and the Deathly Hallows: Part 2 ('11) Daniel Radcliffe.		(:25) ★ ★★ Tomb Raider ('18, Act) Hannah John-Kamen, Walton Goggins, Alicia Vikander.		Futurama		Futurama		Futurama		Futurama										
TBS	55	139	247	(4:30) ★ ★★ Star Wars: The Last Jedi ('17) Mark Hamill, Daisy Ridley.		The Big Bang		The Big Bang		The Big Bang		The Big Bang		Laughs "The Exceptional 8" (N)		★ ★★ Central Intelligence								
TLC	38	183	280	(5:00) 90 Day Fiancé		90 Day Fiancé		90 Day Fiancé: Happily Ever After?		"Ultimatums and Ugly Truths" (N)		sMothered		90 Day Fiancé										
TNT	54	138	245	★ ★★ Ocean's 8 (2018, Action) Cate Blanchett, Mindy Kaling, Sandra Bullock.		The Alienist "Ex Ore Infantium" (N)		Alienist "Something Wicked" (N)		The Alienist "Ex Ore Infantium"														
TOON	42	177	297	Gumball		Gumball		Gumball		Gumball		Birdman/ Birdman		American Dad!		Bob's Burgers		Bob's Burgers		Family Guy		Family Guy	Rick and Morty	
TRAV	36	196	277	Paranormal Caught on Camera		Paranor. "Ghost Dogs and More"		Paranormal Caught on Camera		Paranormal Caught on Camera		Paranormal "Cursed Cabin, Poltergeist Plays with Lights and More" (N)												
TRUTV	49	242	246	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers				
USA	58	105	242	Law&Order: SVU "Remember Me"		Law&O: SVU "Remember Me Too"		Law & Order: S.V.U. "Man Up"		Law & Order: S.V.U. "Man Down"		Law & Order: S.V.U. "Caretaker"		Modern Family		Modern Family								
HBO	551	303	504	Movie		(:45) ★ ★★ Harriet (2019, Biography) Leslie Odom Jr., Joe Alwyn, Cynthia Erivo.		Perry Mason (N)		GoneDark "The Motherlode" (N)		Last Week (N)		Gone in Dark										
MAX	561	311	516	(:20) ★ ★★ The Whole Ten Yards ('04) Matthew Perry, Bruce Willis.		★ ★★ Dark Water ('05) Jennifer Connelly.		(:45) ★ ★★ Ma ('19, Hor) Diana Silvers, Juliette Lewis, Octavia Spencer.		Movie														
SHOW	576	319	546	(5:30) Outcry		Black Monday		The Chi "Gangway"		BlackMon (SF)		Black Monday		The Chi "Terror Town" (N)		(:55) Outcry (N)		DesMero (N)		The Chi				
STARZ	534	351	526	(:55) ★ ★★ Think Like a Man ('12) Gabrielle Union, Chris Brown.		P-Valley "Scars" (N)		P-Valley "Scars"		(:05) ★ Charlie's Angels ('19) Naomi Scott, Kristen Stewart.														
STZEN	518	341	536	(:15) ★ ★★ Night at the Museum: Battle of the Smithsonian		★ ★★ Miss Bala ('19) Gina Rodriguez.		(:45) ★ ★★ The Girl With the Dragon Tattoo ('11) Rooney Mara, Daniel Craig.																
TMC	591	329	554	(:15) ★ ★★ My Best Friend's Wedding ('97) Julia Roberts.		★ ★★ Rocky ('76) Burt Young, Burgess Meredith, Sylvester Stallone.		★ ★★ Rocky Balboa ('06) Sylvester Stallone.		Movie														

Weekday Daytime July 17, 2020 to July 23, 2020											SPORTS		MOVIES		NEWS																																																								
	9 AM		9:30		10 AM		10:30		11 AM		11:30		12 PM		12:30		1 PM		1:30		2 PM		2:30		3 PM		3:30		4 PM		4:30		5 PM		5:30																																				
ABC KOMO	Live With Kelly and Ryan				The View				KOMO 4 News at 11:00 a.m.				GMA3: What You Need to Know				General Hospital				The Kelly Clarkson Show				Seattle Refined		KOMO4-News		KOMO 4 News at 4:00 p.m.		KOMO4-News		ABC World News																																						
CBS KIRO	Let's Make a Deal				The Price Is Right				The Young and the Restless				KIRO 7 News at Noon				The Talk				Bold-Beautiful		Right This Minute		Judge Judy		Judge Judy		Judge Judy		Judge Judy		KIRO 7 News		KIRO 7 News																																				
CW KSTW	The King of Queens	The King of Queens	Mike & Molly	2 Broke Girls	Paternity Court	Couples Court			Injury Court	Protection Court			The Jerry Springer Show				Hot Bench		Hot Bench		Mike & Molly		2 Broke Girls		The People's Court		Family Feud		Family Feud		Family Feud																																								
FOX KCPQ	Q13 NEWS THIS MORNING 9:00 am				The Wendy Williams Show				Tamron Hall				The Mel Robbins Show		25 Words or Less		25 Words or Less		Daily Mail TV		Daily Mail TV		TMZ Live!				Q13 NEWS AT 4		Q13 NEWS AT 5																																										
ION KWPX	(F W Th) LawOrder/(M) CSI:Miami/(Tu) L&O: CI				(F W Th) LawOrder/(M) CSI:Miami/(Tu) L&O: CI				(F W Th) LawOrder/(M) CSI:Miami/(Tu) L&O: CI				(F W Th) LawOrder/(M) CSI:Miami/(Tu) L&O: CI				Various				Various				Various				Various																																										
KONG TV6	The 700 Club				The Rachael Ray Show				Daily Blast Live		Daily Blast Live		New Day Northwest		KING 5 News Noon				The Dr. Oz Show				Dateline		Forensic Files		Forensic Files		True Crime Files																																										
MNT KZJO	Judge Mathis				Caught in Providence		Caught in Providence		Judge Mablean		The Verdict		Judge Jerry		Judge Jerry		The Steve Wilkos Show		Maury		The Goldbergs		Black-ish		Last Man Standing		Black-ish		The Goldbergs		Modern Family																																								
NBC KING	Today III				Today With Hoda and Jenna				New Day Northwest		KING 5 News		Days of Our Lives		Dr. Phil		The Ellen DeGeneres Show		KING 5 News				KING 5 News				KING 5 News																																												
PBS KCTS	Xavier	Let's Go	Daniel	(F) Sesame	Sesame	Pinkalicious		Various	Dining/	Various		S.Dead/	(Th) Vera	(F) Nova/(M) M'piece/(Tu)	Various		News/B-		BBC News																																																				
PBS KBTC	Sit and Be Fit	Various	Various	Various	Hero Elementary	(F) Sesame St./D.Tiger	Sesame Street	Pinkalicious-Peterr	Xavier Riddle	Molly of Denali	The Cat in the Hat	Let's Go Luna!	Clifford-Red Dog	Curious George	Wild Kratts	Arthur	Nature Cat	Odd Squad																																																					
SBN KBCB	(M-W) FWC Music	(M-W) Word	(M W) Swaggart/(Tu) Worship/(Th) FWC		FWC/ Word		(Th) FWC Music	FWC/ Story/ Crosfire	(W) FWC Music	(M W) Jimmy Swaggart	Crusade Classics / (Tu Th) Donnie Swaggart				Insight/ FWC		A Study in the Word		Frances/ FWC		(Th) SBNCamp	(W) SBN Family Camp																																																	
CABLE CHANNELS																																																																							
A&E	Various	S. Wars	Various	S. Wars	Various	S. Wars	Various	S.Wars	Various	S. Wars	Various	S.Wars	Various	S. Wars	Various	S. Wars	Various	S. Wars	Various	S. Wars																																																			
AMC	F	Various	(:45) ⚡★★ The Secret Life of Walter Mitty ('13) Ben Stiller. ⚡										(:15) ⚡★★ Road House ('89) Sam Elliott, Patrick Swayze. ⚡										(:45) ⚡★★★ Lethal Weapon ('87) Mel Gibson. ⚡										(:15) ⚡★★ Grown Ups																																						
	M	⚡★★★★ X2: X-Men United ('03) Patrick Stewart. ⚡										(:45) ⚡★★ The Dark Knight Rises (2012, Action) Christian Bale, Tom Hardy, Anne Hathaway. ⚡										(:45) ⚡★★★★ John Wick ('14) Keanu Reeves. ⚡																																																	
	T	⚡★★★★ Escape From New York										⚡★★ Young Guns II ('90) Kiefer Sutherland, Emilio Estevez. ⚡										⚡★★★★ Young Guns ('88) Kiefer Sutherland, Emilio Estevez. ⚡										⚡★★ The Hunted ('03) Tommy Lee Jones. ⚡										Movie																													
	W	⚡★★★★ Gravity ('13) Sandra Bullock. ⚡										⚡★★★★ Dances With Wolves (1990, Epic) Mary McDonnell, Graham Greene, Kevin Costner. ⚡										⚡★★ Escape Plan ('13) Sylvester Stallone. ⚡										Movie																																							
	TH	Stooges		⚡★★ Gangster Squad ('13) Ryan Gosling, Sean Penn. ⚡										⚡★★ Pitch Black ('00) Cole Hauser, Vin Diesel. ⚡										⚡★★★★ The Book of Eli ('09) Denzel Washington. ⚡										⚡★★★★ The Fugitive																																					
ANPL	Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		Various		Various																																								
BRAVO	F	Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡																																							
	M	Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡		Below Deck ⚡																																							
	T	Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡		Million Dollar List ⚡																																							
	W	Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡		Beverly Hills ⚡																																							
	TH	Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡		Real Housewives ⚡																																							
CMT	Roseanne	Roseanne	Roseanne	Roseanne	G. Girls	G. Girls	G. Girls	G. Girls	Queens	Queens	Queens	Queens	Queens	Queens	Queens	Queens	Last Man	Last Man	Last Man	Last Man																																																			
CNBC	Fast Money Halftime		Exchange/(Th) Exchange		Power Lunch		Closing Bell		Money		(F) Options		Mad Money		Jay Leno/ Report/ Shark T.		(F) Jay Leno/Shark Tank																																																						
CNN	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		The Lead		The Situation Room		The Situation Room		OutFront		(F) Cuomo/A. Cooper																																																						
COM	SouthPk	Various	SouthPk	SouthPk	SouthPk	SouthPk	SouthPk	SouthPk	SouthPk	Various	Various	Various	Office	Various	Daily Show	Various	Various	Various	Various																																																				
C-SPAN	(M) U.S. House of Representatives										(F) Public Affairs Events																																																												
DISC	F	Exp. Unkown 2/2 ⚡		Exp. Unkown ⚡		Exp. Unkown ⚡		Exp. Unkown ⚡		Exp. Unkown ⚡		Exp. Unkown ⚡		Exp. Unkown ⚡		Exp. Unkown ⚡		Bering Sea Gold ⚡		Bering Sea Gold ⚡																																																			
	M	OutlawsMemphis ⚡		OutlawsMemphis ⚡		OutlawsMemphis ⚡		OutlawsMemphis ⚡		OutlawsMemphis ⚡		OutlawsMemphis ⚡		OutlawsMemphis ⚡		OutlawsMemphis ⚡		Street Outlaws ⚡		Street Outlaws ⚡																																																			
	T	Dual Survival ⚡		Dual Survival ⚡		Dual Survival ⚡		Deadliest Catch ⚡		Deadliest Catch ⚡		Deadliest Catch ⚡		Deadliest Catch ⚡		Deadliest Catch ⚡		Deadliest Catch ⚡		Deadliest Catch ⚡																																																			
	W	Homestead Rescue ⚡		Homestead Rescue ⚡		Homestead Rescue ⚡		Homestead Rescue ⚡		Homestead Rescue ⚡		Homestead Rescue ⚡		Homestead Rescue ⚡		Exp. Unkown ⚡		Exp. Unkown ⚡		Exp. Unkown ⚡																																																			
	TH	Naked and Afraid ⚡		Naked and Afraid ⚡		Naked and Afraid ⚡		Naked and Afraid ⚡		Naked and Afraid ⚡		Naked and Afraid ⚡		Naked and Afraid ⚡		Naked and Afraid ⚡		Homestead Rescue ⚡		Homestead Rescue ⚡																																																			
DISN	Mira	PupPals	Mickey	Miraculous	BigCity	Amphibia	BigCity	Bunk'd	Raven	Raven	CoopCami	Coop	(:15) Bunk'd		(:40) BigCity		BigCity	Jessie	Jessie	Jessie																																																			
E!	Various		Parks		Various		Chrisley		Various		Daily Pop		Various		Botched		Various		Botched		Kardash		Botched		Various		Various		Kardash		(Tu) Chrisley																																								
ESPN	F	1stTake	SportsCenter (N) ⚡			NFL Live (L) ⚡			The Jump			FT Extra			J & J			(:40) Horn			SportsCenter (N) ⚡			SportsCenter (N) ⚡			SportsCenter (N) ⚡			Soccer MLS																																									
	M	(8:00) First Take (L) ⚡		SportsCenter (N) ⚡			NFL Live (L) ⚡			The Jump			FT Extra			J & J			(:40) Horn			SportsCenter (N) ⚡			SportsCenter (N) ⚡			To Be Announced																																											
	T	(8:00) First Take (L) ⚡		SportC (N)			(:25) Soccer Serie A Bologna at Atalanta (L) ⚡			FT Extra			J & J			(:40) Horn			SportsCenter (N) ⚡			SportsCenter (N) ⚡			NFL Live ⚡			Documentary ⚡																																											
	W	(8:00) First Take (L) ⚡		SportsCenter (N) ⚡			NFL Live (L) ⚡			The Jump			Soccer Serie A Genoa at Sampdoria (L) ⚡						SportsCenter (N) ⚡			SportsCenter (N) ⚡			Soccer MLS																																														
	TH	1stTake	SportsCenter (N) ⚡			NFL Live (L) ⚡			The Jump			Soccer Serie A Cagliari at Lazio (L) ⚡						SportsCenter (N) ⚡			NFL Live ⚡			To Be Announced																																															
ESPN2	1st Take/ SprtC		(M-W) First Take			(F) Baseball/(Th) SportC			Various			(Tu) NFL L			J & J			Jump/ Horn			Various			(:40) Horn			Daily Wager			NFL/ Reload/ TBA			(F) E:60/(M W) TBA																																						
FNC	Outnumbered		Outnumbered			The Daily Briefing			Bill Hemmer Reports			Your World			The Five			Special Report			The Story			Tucker Carlson Tonight																																															
FOOD	Various		Various		Various		(W) Pioneer		Various		(W) Pioneer		Various		(F) Diners		Various		(F) Diners		Various		(F) Diners		Various		Diners		Various		Diners																																								
FREE	Daddy		700 Club		The 700 Club		Movies						Middle		Various		Various		Various		Various		Various		Various		Fam.Guy		Movie		Movie		Movie																																						
FS1	F	The Herd With Colin Cowherd (L) ⚡										Speak for Yourself (L)										Skip and Shannon: Undisputed ⚡										Safe (N)										FB Q&A (N)										Poker WPT										Poker WPT									
	M	The Herd With Colin Cowherd ⚡										Speak for Yourself										Skip and Shannon: Undisputed ⚡										NASCAR Race Hub ⚡										Indoor										To Be Announced																			
	T	The Herd With Colin Cowherd ⚡										Speak for Yourself										Skip and Shannon: Undisputed ⚡										NASCAR Race Hub ⚡										To Be Announced																													
	W	The Herd With Colin Cowherd ⚡										Speak for Yourself										Skip and Shannon: Undisputed ⚡										NASCAR Race Hub ⚡										To Be Announced																													
	TH	The Herd With Colin Cowherd ⚡										Speak for Yourself										Skip and Shannon: Undisputed ⚡										NASCAR Race Hub ⚡										RaceClsc										Home										To Be Announced									
FX	MikeMoll		Various		Movie		MikeMoll		Movie		(F) Movie		Movie		(M) Movie		(W) Movie		(Tu) Movie		(F) Movie / (M) Movie / (Th) Movie		Movie		(M) Movie																																														
GOLF	F	(8:00) Golf's Greatest Rounds ⚡										Golf Pre.										Golf PGA The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio (L) ⚡										Golf Central (N) ⚡										Golf PGA																													
	M	(8:00) Golf PGA The Memorial Tournament Site: Muirfield Village Golf Club										Golf Pre.										Golf PGA Professional Championship (L) ⚡										Golf Central (N) ⚡										Open for the Ages ⚡																													
	T	Feherty ⚡		Golf Highlights (N) ⚡			The CUT			SwingEx.			The CUT			Golf Pre.			Golf PGA Professional Championship (L) ⚡										Golf Central (N) ⚡										Greatest Rounds (N) ⚡																																
	W	(7:00) Golf EPGA		MeMyGolf P. Lessons			The CUT			Golf Pre.			Golf PGA Professional Championship (L) ⚡										Golf Central (N) ⚡										P. Lessons										The CUT			Golf																									
	TH	(7:00) Golf EPGA		Golf Central Pre-game (L) ⚡			Golf PGA 3M Open Site: TPC Twin Cities -- Blaine, Minn. (L) ⚡													Golf Central (N) ⚡										Golf PGA 3M Open ⚡																																									

WEEKDAY DAYTIME JULY 17, 2020 TO JULY 23, 2020										SPORTS		MOVIES		NEWS					
	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
HALL	Movies		Various				Movies				Movies				Movies				
HGTV	Various		Various		Various		Various		Various (Th) Flipping		Various (Th) Flipping		Various (Th) Flipping		Various (Th) Flipping		Various (Th) Flipping		
HIST	Various	Pawn	Various	Pawn	Various	(W) Count.	Various	(W) Count.	Various	(W) Count.	Various		Various		Various		Various		
LIFE	Queens	(F) Queens	Queens	(F) Queens	Queens	(F) Queens	Queens	(F) Queens	Various	(F) Queens	Various	(F) Queens	Various	(F) Queens	Various		Grey's/ W. Swap/ Married		
MSNBC	Andrea Mitchell		MSNBC Live		MSNBC Live		News		Deadline: White House		MTP Daily		The Beat		Decision 2020		All in With Chris Hayes		
NBCSN	(F) Mecum Auto Auctions: Muscle Cars & More / The Rich Eisen Show						Various		(W Th) Happy Hour		Happy	(F) Racing	Dale Jr.	NASCAR	Various	Various	Various	Pre-race	
NICK	PAW	PAW	PAW/ PAW	Shorts/ PAW	PAW	PAW	PAW	RyanPly	LEGO	Loud H.	PAW	RyanPly	Sponge	Sponge	PAW	RyanPly	Loud H.	Loud H.	
OXY	Murder/ NCIS: LA/ Chicago		Various		Various		Various		Various		Various		Various		Various		Various		
PARMT	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	2½ Men	2½ Men	2½ Men	2½ Men	
ROOTSNW	F	Tennis Classics ATP 2019 Nitto Finals 📺						Paid	Paid	Footvll		Sports	Football Classics NCAA Montana State vs. Eastern Washington 📺						
	M	Tennis ATP 2019 Nitto Finals 📺		The Ten		In Depth		Paid	Paid	Footvll		Tennis Classics ATP 2019 Nitto Finals 📺						BasketC. NCAA	
	T	Tennis Classics ATP 2019 Nitto Finals 📺						Paid	Paid	Footvll		P1 APBA Offshore		MMA		Football NCAA 1995 Division II Tournament			
	W	Tennis Classics Champions 2019 Legends 📺				Icons (N)		In Depth		Paid	Paid	Footvll		POutdoor	Epic Trails	Football Classics NCAA Idaho State vs. Idaho 📺			
	TH	Kickboxing Glory 45 📺				Fight: Kickboxing		Paid	Paid	Footvll		BreakPar	Football Classics NCAA Montana State vs. Eastern Washington 📺						
SYFY	(M) Twilight	Various	Xena	Various	Movie	(F) (:35) CSI	(W) Movie	Movie	(M) (:15) Movie		(Th) Movie	Movies	(M) (:15) Movie		(Th) (:15) Movie		Movie	Movie	
TBS	Sein.	Sein.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Am.Dad	Am.Dad	Various	Fam.Guy	
TLC	Various	Coupon	Various	Coupon	Various	Coupon	Various	(Tu) Coupon	Wedding/ Medium/ Pimple		Various		Wedding/ Medium/ Pimple		Various		(Tu) Medium/ (Th) Pimple		
TNT	Charmed		(F) NCIS:NO/Super.		(F) NCIS:NO/Super.		NCIS:NO/ Movie/ Super.		NCIS:NO	Movie	(F) NCIS: New Orlean...		(F Th) Bones		(F Th) Bones		Bones/ Ins. NBA		
TOON	Titans!	Titans!	Craig	Victor/Craig	Titans!	Titans!	Titans!	MaoMao	Gumball	Gumball	Gumball	Gumball	Craig/Titans!	Craig/Titans!	Drama	Various	Various	Various	
TRAV	Various		Various		Various		Various		Various		Various		Various		Various		Various		
TRUTV	Jokers	Jokers	Jokers	Jokers	Dumbest	(Th) Tacoma	Dumbest	(Th) Tacoma	Dumbest	(Th) Tacoma	Dumbest/ (Th) Jokers		Carbon.	Carbonaro	Carbon.	Carbonaro	Jokes/ Jokers	Jokes/ Jokers	
USA	F	Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺	
	M	Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺		Chicago P.D. 📺	
	T	Law & Order: S.V.U. 📺		Law & Order: S.V.U. 📺		Law & Order: S.V.U. 📺		Law & Order: S.V.U. 📺		Law & Order: S.V.U. 📺		Law & Order: S.V.U. 📺		Law & Order: S.V.U. 📺		Law & Order: S.V.U. 📺		Law & Order: S.V.U. 📺	
	W	NCIS 📺		NCIS 📺		NCIS 📺		NCIS 📺		NCIS 📺		NCIS 📺		NCIS 📺		NCIS 📺		NCIS 📺	
	TH	(8:30) NCIS	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Law & Order: S.V.U. 📺	Movie	
PREMIUM CHANNELS																			
HBO	F	(:15) Andre the Giant 📺			(:40) 📺 ★★★ Armageddon ('98) Liv Tyler, Bruce Willis. 📺				(:15) 📺 ★★★ Pearl Harbor ('01) Kate Beckinsale, Josh Hartnett, Ben Affleck. 📺				(:20) 📺 ★★★ Last Christmas Madison Ingoldsby.						
	M	(8:25) 📺 ★★★ Ford V. Ferrari Matt Damon. 📺			📺 ★★★★★ La La Land ('16) Emma Stone. 📺				(:15) 📺 ★★★ Friday Night Lights				(:15) 📺 ★★★ This Means War				Last Week	P. Mason	
	T	📺 ★★★ Fantastic Four			(:45) Andre the Giant 📺			(:10) 📺 ★★★ Cowboys and Aliens Daniel Craig. 📺			(:10) 📺 ★★★ Ad Astra (2019, Sci-Fi) 📺				(:15) Perry Mason 📺			(:15) 📺 Cast Away	
	W	(8:15) 📺 School of Rock		(:05) 📺 ★★★ Unstoppable			(:45) 📺 ★★★ Fast Five ('11) Paul Walker, Vin Diesel. 📺				📺 Midway ('19) Patrick Wilson, Woody Harrelson, Ed Skrein. 📺				(:25) 📺 ★★★ Armageddon				
	TH	(8:20) 📺 Jane Eyre		(:20) 📺 ★★★ Pearl Harbor (2001, War) Kate Beckinsale, Josh Hartnett, Ben Affleck. 📺					(:25) 📺 ★★★ Fahrenheit 451			(:05) 📺 ★★★ John Q ('02) Denzel Washington. 📺			(:05) 📺 X-Men: Dark P...				
MAX	F	(8:05) 📺 ★★★ Backdraft			(:25) 📺 ★★★ Replicas			(:15) 📺 ★★★ The Mule ('18) Clint Eastwood. 📺			(:15) 📺 ★★★ The Rundown Dwayne Johnson. 📺			📺 ★★★ Don't Let Go			Movie		
	M	(8:10) 📺 Night School		(:05) 📺 ★★★ Alfie ('04) Marisa Tomei, Jude Law. 📺			(:55) 📺 ★★★ Madison			(:35) 📺 ★★★ Widows (2018, Crime Story) 📺			(:45) 📺 ★★★ First Man ('18) Claire Foy, Ryan Gosling. 📺						
	T	(:20) 📺 ★★★ Little ('19) Issa Rae, Regina Hall. 📺			(:10) 📺 ★★★ The Shadow ('94) Alec Baldwin. 📺			📺 ★★★ Dark Water			(:45) 📺 ★★★ Shanghai Knights ('03) Jackie Chan. 📺			(:45) 📺 ★★★ The Darkest Hour					
	W	📺 ★ Cost of a Soul Chris Kerson. 📺		(:50) 📺 ★★★ Halloween III: Season of the Witch			📺 ★★★★★ Shutter Island ('09) Leonardo DiCaprio. 📺			(:50) 📺 ★★★ The Dead Don't Die Bill Murray. 📺			(:35) 📺 ★★★★★ The Rundown						
	TH	(8:40) 📺 ★ Ski School		(:10) 📺 ★★★ Still of the Night			(:45) 📺 ★★★ Indignation ('16) Logan Lerman. 📺			(:40) 📺 ★★★ American Beauty Kevin Spacey. 📺			(:45) 📺 ★★★★★ Jobs ('13) Dermot Mulroney, Ashton Kutcher. 📺						
SHOW	F	(8:10) 📺 Back to the F...		📺 ★★★★★ Back to the Future III Michael J. Fox. 📺			📺 ★★★ Daybreakers Jay Laga'aia. 📺			(:40) 📺 ★★★★★ Ghost ('90) Demi Moore, Patrick Swayze. 📺				📺 ★★★★★ Back to the Future ('85) Michael J. Fox. 📺					
	M	(8:20) 📺 Pretty in Pink		📺 ★★★★★ The Pelican Brief ('93) Julia Roberts. 📺					(:25) 📺 ★★★★★ Blue Streak			BlackMon		📺 ★★★★★ Minority Report ('02) Colin Farrell, Tom Cruise. 📺			The Chi 📺		
	T	(8:30) 📺 ★★★ Carriers		📺 ★★★★★ Outbreak ('95) Dustin Hoffman. 📺				(:15) 📺 ★★★★★ Red ('10) Bruce Willis. 📺			(:15) 📺 ★★★★★ Waves ('19) Kelvin Harrison Jr, Taylor Russell. 📺			The Chi 📺		BlackMon			
	W	Movie	(:45) 📺 ★★★ Die Another Day ('02) Pierce Brosnan. 📺				📺 ★★★★★ Coach Carter ('05) Samuel L. Jackson. 📺			📺 ★ Kobe Bryant's Muse				📺 ★★★ The Spectacular Now			Movie		
	TH	(8:35) 📺 ★★★★★ Dragnet			📺 ★★★ Laggies Keira Knightley. 📺			(:15) 📺 ★★★ Daybreakers ('09) Jay Laga'aia. 📺			📺 ★★★★★ The Terminator				📺 ★★★ The Firm ('93) Tom Cruise. 📺				
STARZ	F	Movie	(:50) 📺 ★★★ Nanny McPhee Returns			(:40) 📺 Charlie's Angels ('19) Kristen Stewart. 📺			(:45) Hightown 📺			(:40) 📺 ★★★ Taxi Queen Latifah. 📺			(:20) 📺 ★★★ Ghost Rider: Spirit of Vengeance				
	M	Movie	(:50) 📺 ★★★ McFarland, USA ('15) Maria Bello, Kevin Costner. 📺			(:05) 📺 ★★★ Piranha 3DD			📺 Charlie's Angels ('19) Kristen Stewart. 📺			📺 ★★★ Welcome Home, Roscoe Jenkins			Movie				
	T	Movie	(:40) 📺 ★★★ Venom ('05) Agnes Bruckner. 📺			(:35) 📺 ★★★ The Wolfman			(:25) 📺 ★★★ Pirates of the Caribbean: On Stranger Tides			(:40) 📺 ★★★★★ The Forgotten			(:15) 📺 Friends With Be...				
	W	(:05) 📺 Jumanji: The Next Level				(:10) 📺 ★★★★★ Once Upon A Time...In Hollywood					(:50) 📺 ★★★ The Grudge Sarah Michelle Gellar. 📺			📺 ★★★ Zoom ('06) Tim Allen. 📺			📺 Men in Black: Inter...		
	TH	Movie	(:40) 📺 ★★★ Meet the Parents ('00) Ben Stiller. 📺			(:35) 📺 ★★★ Zoom ('06) Tim Allen. 📺			(:05) 📺 ★★★ Think Like a Man ('12) Chris Brown. 📺			(:10) 📺 ★★★ The Girl in the Spider's Web			(:10) 📺 Meet the Parents				
STZEN	F	(8:40) 📺 The Whole Ni...		(:25) 📺 ★★★★★ RoboCop ('87) Kurtwood Smith. 📺			(:10) 📺 Harley Davidson & the Marl...			(:50) 📺 ★★★ Action Jackson ('88) Carl Weathers. 📺			(:25) 📺 ★★★ Snake Eyes			(:10) 📺 The Jackal			
	M	(8:30) 📺 ★★★★★ The Girl With the Dragon Tattoo			(:10) 📺 ★★★ Beverly Hills Ninja			(:40) 📺 ★★★ X-Men Origins: Wolverine			📺 ★★★ Seven Pounds ('08) Will Smith. 📺			(:40) 📺 The Girl With the Dragon Ta...					
	T	(8:25) 📺 Hollywood Ho...		(:25) 📺 ★★★★★ For a Few Dollars More ('66) Clint Eastwood. 📺				(:40) 📺 ★★★ White Boy Rick			📺 ★★★★★ The Shawshank Redemption ('94) Tim Robbins. 📺			(:55) 📺 Hollywood Ho...					
	W	(:10) 📺 ★★★★★ The Jackal ('98) Bruce Willis. 📺			(:20) 📺 ★★★ Tears of the Sun ('03) Bruce Willis. 📺			(:20) 📺 ★★★★★ The Whole Nine Yards			(:05) 📺 ★★★ Slaughterhouse Rulez			(:50) 📺 ★★★★★ A Simple Plan					
	TH	(:15) 📺 Legally Blonde 2: Red, Whit...		(:50) 📺 ★★★ Little Man Keenen Ivory Wayans. 📺			📺 ★★★ The Mask ('94) Jim Carrey. 📺			(:15) 📺 ★★★ Jack and Jill			(:45) 📺 ★★★ The Stepfather ('09) Dylan Walsh. 📺			Movie			
TMC	F	📺 ★★★ The Stepford Wives			(:35) 📺 ★★★ Mary Magdalene Rooney Mara. 📺			(:35) 📺 The Game of Their Lives			(:20) 📺 ★★★ Cop Land ('97) Sylvester Stallone. 📺			(:05) 📺 The Vanishing of Sidney Hall					
	M	(8:35) 📺 Something's Gotta Give		(:45) 📺 ★★★ The Best of Enemies ('19) Taraji P. Henson. 📺				📺 ★★★ Wieners Kenan Thompson. 📺			(:35) 📺 ★ Candy Corn Tony Todd. 📺		(:05) 📺 ★★★ The Lawnmower Man Jeffrey Fahey. 📺						
	T	📺 ★★★ At Eternity's Gate ('18) Willem Dafoe. 📺			📺 ★★★ Beowulf ('07) Robin Wright. 📺			📺 The Reckoning ('11) Max Beesley. 📺			📺 ★ Round of Your Life Cole Allen. 📺			(:45) Lynnyrd Skynyrd If I 📺					
	W	(:05) 📺 ★★★ Hampstead ('17) Alistair Petrie. 📺			📺 ★★★ The Stepford Wives			(:35) 📺 ★★★ The United States of Leland			📺 ★★★★★ The Big Chill ('83) Glenn Close. 📺			📺 ★★★ The Professor Johnny Depp. 📺					
	TH	(:15) 📺 ★★★ Falling for Grace ('06) Billy Asher. 📺			📺 ★★★ Rust Creek ('19) Hermione Corfield. 📺			📺 ★★★★★ Margin Call ('11) Kevin Spacey. 📺			📺 ★★★ My Best Friend's Wedding			(:45) 📺 ★★★ The Wedding Guest					

The Wall

KING 9:00 p.m.
A mother-daughter duo from Oklahoma City strives for the \$1-million prize in this rebroadcast. Both mother and daughter are nurses that share a love for animals, and together have helped to foster and rescue more than 150 stray and abandoned pets.

Young Guns

AMC 10:30 p.m.
Six young, wayward gunmen taken under the wing of a British gentleman become fugitives when they ambush their employer's murderers in this hit western. The cast includes Kiefer Sutherland as Doc Scurlock, and Emilio Estevez as Billy the Kid



Kiefer Sutherland and Alice Carter as seen in "Young Guns"

MONDAY PRIMETIME JULY 20, 2020										SPORTS		MOVIES		NEWS															
	C	D	DT	6 PM		6:30		7 PM		7:30		8 PM		8:30		9 PM		9:30		10 PM		10:30		11 PM		11:30			
ABC KOMO	4	4	4	KOMO 4 News at 6:00 p.m. (N)		Wheel Fortune		Jeopardy!		The Bachelor: The Greatest Seasons - Ever! "Brad Womack" (N)										News (N)		(:35) J. Kimmel							
CBS KIRO	7	7	7	News (N)		News (N)		News (N)		Ent. Tonight		Neighborhood		Bob Hearts		All Rise "Bye Bye Bernie"				Bull "Her Own Two Feet"				News (N)		(:35) Colbert			
CW KSTW	11	11	11	The People's Court		Family Feud		Family Feud		Whose Line (N)		Whose Line Is It		Penn & Teller: Fool Us (N)				Seinfeld		Seinfeld		Family Guy		Bob's Burgers					
FOX KCPQ	13	13	13	Modern Family		Modern Family		The Big Bang		The Big Bang		9-1-1 "Fools"				9-1-1: Lone Star "Texas Proud"				Q13 NEWS AT 10 (N)				News (N)		The Simpsons			
KION KWPX	15	33	33	CSI: Miami "Bad Seed"		CSI "Dude, Where's My Groom?"										CSI: Miami "Point of Impact"				CSI: Miami "Kill Clause"				CSI: Miami "Count Me Out"				CSI: Miami "Delko for the Defense"	
KONG TV6	6	16	16	Extra (N)		The List		Inside Ed. (N)		Access H. (N)		Dateline		News (N)		News (N)		News (N)		News (N)		Dr. Phil							
MNT KZJO	10	22	22	Friends		Mom		Mom		Modern Family		Q13 News at 8:00 p.m. (N)				Q13 News at 9:00 p.m. (N)				The Big Bang		The Big Bang		Two and a Half		Two and a Half			
NBC KING	5	5	5	NBC News (N)		KING News (N)		KING News (N)		Evening		The Titan Games				The Wall "Alex and Jodie"				Dateline NBC				KING News (N)		(:35) Tonight			
PBS KCTS	9	9	9	PBS NewsHour (N)		Antiques Rd		Antiques Rd		Antiques Roadshow				Harry Potter: A History of Magic				POV "We Are the Radical Monarchs"				Amanpour (N)							
PBS KBTC	12	28	28	Secrets of Althorp: The Spencers		Royal Myths/ Secrets		Masterpiece "Grantchester" (N)				Masterpiece "Beecham House" (N)				Foyle's War "A War of Nerves" 2/2				New Tricks "Tiger Tiger"									
SBN KCBH	14	24	-	The Message of the Cross		Donnie Swaggart		FWC Music				F. Worship "Associate Pastors"				FWC Music													
A&E	52	118	265	Hoarders "Sandra"				Hoarders "Carol" (SP) (N)				Intervention "Melanie" (SP) (N)				Court Cam		Court Cam											
AMC	67	131	254	🔴 ⭐⭐ The Hunted (2003, Thriller)		Connie Nielsen, Tommy Lee Jones.		🔴 ⭐⭐⭐ Demolition Man (1993, Sci-Fi)				Wesley Snipes, Sandra Bullock,		Sylvester Stallone.		🔴 ⭐⭐⭐ Young Guns ('88)		Emilio Estevez.											
ANPL	43	184	282	Last Alaskans "Heart of the Wild"		The Last Alaskans "Circle of Life"		The Last Alaskans: Arctic Refuge				"Under Pressure" (N)				Homestead Rescue: Survival Shelter				"Operation: Storm Shelter" (N)									
BRAVO	66	129	237	Below "Definitely Not Prague"		Below Deck "Oh Snap!"		Below Deck: Mediterranean				Below Deck: Mediterranean (N)				Below Deck: Mediterranean				Watch What (N)		Below Deck							
CMT	61	166	327	Last Man St.		Last Man St.		Last Man St.		Last Man St.		Mom		Mom		Mom		Mom		🔴 ⭐⭐⭐ The Lincoln Lawyer									
CNBC	46	208	355	Shark Tank		Shark Tank		American Greed: Biggest Cons				American Greed: Scam				American Greed "Raffaello Follieri"				American Greed: Biggest Cons				Dateline "Deadly Conspiracy"					
CNN	44	200	202	CNN Special Report		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon				CNN Special Report				CNN Tonight With Don Lemon				CNN Tonight With Don Lemon									
COM	60	107	249	The Office		The Office		The Office		The Office		The Daily Show		The Office		South Park		South Park		(:15) The Daily Show				South Park		South Park			
C-SPAN	24	210	350	Politics & Public Policy Today				Politics & Public Policy Today																					
DISC	8	182	278	Street Outlaws		MemphisFullThrottle (N)		Street Outlaws: Memphis (N)				Street Outlaws				Diesel Brothers (N)				Fast N' Loud									
DISN	41	173	291	(:05) Jessie		(:35) Raven		(:05) Raven		(:35) Raven		Raven's Home		Bunk'd/ BigCity		(:15) BigCity		(:40) Bunk'd		(:05) Bunk'd		Gabby Duran		Raven/ Bunk'd		(:45) BigCity			
E!	65	114	236	Keeping Up With the Kardashians		E! News		Chrisley Knows		Chrisley Knows		Botched "International Disasters"				Chrisley Knows		Chrisley Knows		Nightly Pop (N)		RevengeBody							
ESPN	32	140	206	(4:00) To Be Announced		SportsCenter (N)		SportsCenter (N)				SportsCenter (N)				SportsCenter (N)				SportsCenter (N)									
ESPN2	33	143	209	(5:00) To Be Announced		To Be Announced		NFL Live				UFC Archival				Hannity				Fox News @ Night									
FNC	48	205	360	Hannity		The Ingraham Angle		Fox News @ Night				Tucker Carlson Tonight				Hannity				Fox News @ Night									
FOOD	35	110	231	Diners "Deep-Fried Favorites"		Diners "Meaty Masterpieces"		Diners...Dives		Diners...Dives		Best Ate "Marvelous Meats" (P) (N)				To Be Announced				Chopped "Chopped Family Feud"									
FREE	39	180	311	The Simpsons		🔴 ⭐⭐⭐⭐ Matilda ('96) Danny DeVito, Rhea Perlman, Mara Wilson.				🔴 ⭐⭐ Cars 3 (2017, Animated) Armie Hammer, Nathan Fillion, Owen Wilson.				The 700 Club															
FS1	408	150	219	(4:30) TBA		To Be Announced		Fox Football Now				TMZ Sports				To Be Announced													
FX	53	136	248	(5:30) 🔴 ⭐⭐ The Heat ('13) Melissa McCarthy, Sandra Bullock.		🔴 ⭐⭐⭐ The Greatest Showman ('17) Zac Efron, Hugh Jackman.				🔴 ⭐⭐⭐ The Greatest Showman ('17) Zac Efron, Hugh Jackman.																			
GOLF	70	401	218	(5:00) Open for the Ages		Golf Central		Feherty "Scott Van Pelt"				Feherty "Gary Woodland"				PGA Golf													
HALL	19	185	312	🔴 A Christmas Detour ('15, Rom) Paul Greene, Candace Cameron Bure.		🔴 The Christmas Cottage (2017, Drama) Steve Lund, Merritt Patterson.				🔴 ⭐⭐ The Most Wonderful Time of the Year ('08) Brooke Burns.																			
HGTV	68	112	229	Home Town		Home Town		HomeTown "A Second Chance" (N)				Making It Home (N)				Home Town		Home Town "The Sky's the Limit"											
HIST	37	120	269	Amer. Pickers "Hard Bargain Picks"		American Pickers "Pickin' Safari"		Pickers "Moonshine and Motors"				Pickers "Georgia Wonderland" (N)				(:05) Pawn "A Loose Cannon" (N)		(:05) Pawn Stars											
LIFE	51	108	252	Grey's Anatomy "Crash Into Me"		Grey's A. "Lay Your Hands on Me"				🔴 ⭐⭐ What Happens in Vegas ('08) Ashton Kutcher, Cameron Diaz.				(:05) 🔴 ⭐⭐⭐ Killers ('10) Katherine Heigl, Tom Selleck, Ashton Kutcher.															
MSNBC	47	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour				The Rachel Maddow Show				The Last Word		The 11th Hour											
NBCSN	34	159	220	Poker Central		Poker Central		Poker Central				Poker Central				Mecum Top 10		Mecum Top 10		Mecum Top 10		Mecum Top 10							
NICK	40	171	300	Casagrandes		The Loud House		SpongeBob		SpongeBob		SpongeBob		Nick/Unfiltered		Friends		Friends		Friends		Friends							
OXY	71	127	251	NCIS		NCIS		NCIS				NCIS				Friends		Friends		Friends									
PARMT	57	241	241	Two and a Half		Two and a Half		Two and a Half		Two and a Half		🔴 ⭐⭐⭐ Caddyshack (1980, Comedy) Rodney Dangerfield, Ted Knight, Chevy Chase.				🔴 ⭐⭐⭐ Caddyshack ('80) Chevy Chase.													
ROOTSNW	31	426	687	(5:00) NCAA Basketball Classics		Root Sports Sunday Night Classics		"Randy Johnson's 1990 No Hitter"				Backstories				Mariners Access		Mariners Access		Mariners Mondays									
SYFY	59	122	244	(5:30) 🔴 ⭐⭐ Tomb Raider ('18) Hannah John-Kamen, Alicia Vikander.		🔴 ⭐⭐ Spider-Man 3 (2007, Action) Kirsten Dunst, James Franco, Tobey Maguire.				(:10) Futurama				(:40) Futurama															
TBS	55	139	247	Family Guy		Family Guy		Family Guy		Family Guy		Family Guy				Amer. Dad (N)		American Dad!		Conan		CelebrityShow							
TLC	38	183	280	90 Day Other "Don't Grumpy Stop"		90 Day Fiancé: The Other Way		90 Day Fiancé				90 Day Fiancé: The Other Way				90 Day Fiancé: The Other Way		Find Love LIVE											
TNT	54	138	245	🔴 ⭐⭐⭐ Avengers: Age of Ultron (2015, Action) Scarlett Johansson, Chris Hemsworth, Robert Downey Jr..		The Alienist "Ex Ore Infantium"				The Alienist "Something Wicked"				🔴 ⭐⭐ Hercules Dwayne Johnson.															
TOON	42	177	297	Titans! Titans!		Titans! Titans!		Gumball		Gumball		Home Movies		Bob's Burgers		Bob's Burgers		Rick and Morty		American Dad!		American Dad!		Family Guy		Family Guy			
TRAV	36	196	277	Beyond the Unknown		Beyond the Unknown		Beyond the Unknown				Buried "Curse of the Druids" (N)				Beyond the Unknown				Beyond the Unknown									
TRUTV	49	242	246	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		🔴 ⭐⭐⭐ Blended ('14) Drew Barrymore, Bella Thorne, Adam Sandler.				Imp. Jokers		Imp. Jokers		Imp. Jokers		Hot Ones Game							
USA	58	105	242	Chicago P.D. "Monster"		Chicago P.D. "Rabbit Hole"		WWE Raw (N)				🔴 Psych: The Movie Dulé Hill.																	
HBO	551	303	504	(5:30) P. Mason		(:35) 🔴 ⭐⭐ The Talented Mr. Ripley ('99) Gwyneth Paltrow, Jude Law, Matt Damon.		Destroy You (N)				Last Week		Destroy You		(:35) GoneDark "The Motherlode"		(:35) P. Mason											
MAX	561	311	516	(1:10) 🔴 ⭐⭐⭐ Dante's Peak ('97) Linda Hamilton, Pierce Brosnan.		🔴 ⭐⭐⭐ Backdraft ('91) William Baldwin, Robert De Niro, Kurt Russell.				(:20) 🔴 ⭐⭐ Cursed ('05) Shannon Elizabeth, Portia De Rossi.																			
SHOW	576	319	546	🔴 ⭐⭐⭐ Pineapple Express ('08) James Franco, Seth Rogen.		Dexter "See-Through"				The Chi "Terror Town"				Twenties (N)		Black Monday		Black Monday		Outcry									
STARZ	534	351	526	(5:25) 🔴 The Comedian ('16) Robert De Niro.		(:25) 🔴 ⭐⭐ Holmes & Watson ('18) Will Ferrell.		🔴 ⭐⭐ Welcome Home, Roscoe Jenkins ('08) Martin Lawrence.				(:55) 🔴 ⭐⭐ Venom																	
STZEN	518	341	536	(4:40) 🔴 The Girl With the Dra...		(:20) 🔴 ⭐⭐ Drag Me to Hell ('09) Alison Lohman, Justin Long.		🔴 ⭐⭐ Hollywood Homicide ('03) Josh Hartnett, Harrison Ford.				🔴 X-Men Origins: Wolverine																	
TMC	591	329	554	🔴 The Vanishing of Sidney Hall ('17) Elle Fanning, Logan Lerman.		🔴 ⭐⭐ On the Basis of Sex ('18) Armie Hammer, Felicity Jones.				🔴 ⭐⭐ The Best of Enemies ('19) Sam Rockwell, Taraji P. Henson.																			

Black-ish

KOMO 9:00 p.m.

Dre (Anthony Anderson) worries that he has failed as a father when Jack (Miles Brown) is cut from the basketball team and joins the robotics club in this rebroadcast. Meanwhile, Ruby (Jenifer Lewis) helps Diane (Marsai Martin) with a project for school.

Prodigal Son

KCPQ 9:00 p.m.

Gil (Lou Diamond Philips) begins to worry about Bright's (Tom Payne) mental health after a terrible incident occurs at the precinct in this rebroadcast. As a result, internal affairs shows up to perform a review of Bright's work. Michael Sheen also stars.



Tom Payne in "Prodigal Son"

Conan

TBS 11:00 p.m.

The hilarious comedian Conan O'Brien interviews celebrities ranging from political figures like Barak Obama to famous characters like Kermit the Frog in this late night talk show that also features musical performances and commentary on current events.

The Tonight Show Starring Jimmy Fallon

KING 11:35 p.m.

Hosting his iconic late show from home, Jimmy Fallon continues to bring easy laughs, positivity and incredible guests to viewers. From Hollywood legends and comedians to Broadway stars and pop icons, the show stays fresh even during quarantine.

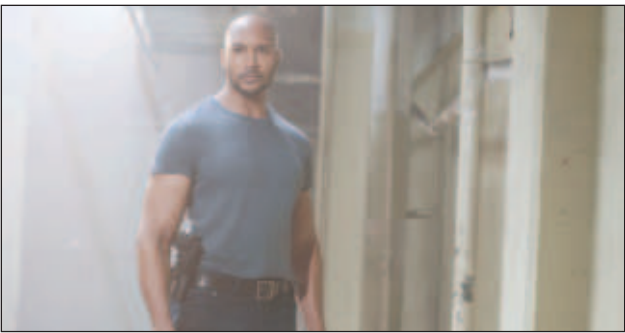
TUESDAY PRIME TIME JULY 21, 2020										SPORTS		MOVIES		NEWS	
	C	D	DT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC KOMO	4	4	4	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune	Jeopardy!	Modern Family	Modern Family	Black-ish	Mixed-ish	What Would You Do?	News (N)	(:35) J. Kimmel		
CBS KIRO	7	7	7	News (N)	News (N)	News (N)	Ent. Tonight	NCIS "Sound Off"	FBI "Fallout"	FBI: Most Wanted	"Prophet"	News (N)	(:35) Colbert		
CW KSTW	11	11	11	The People's Court	Family Feud	Family Feud	DC's Stargirl (N)	Bryan Callen: Complicated Apes	Seinfeld	Seinfeld	Family Guy	Bob's Burgers			
FOX KCPQ	13	13	13	Modern Family	Modern Family	The Big Bang	The Big Bang	Kitchen "Welcome to the Jungle"	Prodigal Son "Internal Affairs"	Q13 NEWS AT 10 (N)	News (N)	The Simpsons			
ION KWXP	15	33	33	Criminal Minds	"Paradise"	Criminal Minds	"Catching Out"	Criminal Minds "The Instincts"	Criminal Minds "Memoriam"	Criminal Minds "Masterpiece"	Criminal Minds "52 Pickup"				
KONG TV6	6	16	16	Extra (N)	The List	Inside Ed. (N)	Access H. (N)	Dateline	News (N)	News (N)	News (N)	News (N)	Dr. Phil		
MNT KZJO	10	22	22	Friends	Mom	Mom	Modern Family	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	The Big Bang	The Big Bang	Two and a Half	Two and a Half		
NBC KING	5	5	5	NBC News (N)	KING News (N)	KING News (N)	Evening	America's Got Talent	World of Dance	KING News (N)	(:35) Tonight				
PBS KCTS	9	9	9	PBS NewsHour	Steves' Europe	Steves' Europe	American Experience "Clinton" Pt. 1 of 2 cont'd July 28	Frontline "COVID's Hidden Toll" (N)	Amanpour and Company (N)						
PBS KBCT	12	28	28	Big Pacific "Passionate"	Nature	Nova "Lost Viking Army"	S.Dead "Viking Warrior Queen"	Black/ White&Brown	Harvey Gantt	Fannie Hamer					
SBN KBCB	14	24	-	The Message of the Cross	Jimmy Swaggart Ministries	FWC Music	Jimmy Swaggart Ministries	Inside Bellingh.	J. Swaggart						
A&E	52	118	265	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars		
AMC	67	131	254	(5:30) ★ ★ ★ Demolition Man	(:93) Wesley Snipes, Sylvester Stallone.	★ ★ ★ Jack Ryan: Shadow Recruit	(:14, Act) Kenneth Branagh, Keira Knightly, Chris Pine.	★ ★ ★ Escape Plan	(:13) Sylvester Stallone.						
ANPL	43	184	282	Finding Bigfoot	"Big Sky Bigfoot"	Bigfoot "Lonestar Squatch"	Finding Bigfoot "Supernatural Bigfoot"	Bigfoot "Squatters for Sasquatch"	Glades "Fists Full of Snakes" (N)						
BRAVO	66	129	237	Listing "Rock and a Hard Price"	Listing "Altman Versus Fredrik"	Million Listing "Storm the Castle"	Listing "Ze Plane, Ze Plane!" (N)	(:15) Watch (N)	(:45) Million Dollar List "Ze Plane, Ze Plane!"						
CMT	61	166	327	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Mom	Mom	Mom	Mom	★ ★ ★ Bruce Almighty			
CNBC	46	208	355	Shark Tank	The Profit	"Mr. Cory's Cookies"	The Profit "Las Vegas Mini Gran Prix"	The Profit "Athans Motors"	The Profit "TankFarm and Co."	Dateline "Written in Blood"					
CNN	44	200	202	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight With Don Lemon						
COM	60	107	249	Drunk History	Drunk History	Drunk History	Drunk History	The Daily Show	South Park	South Park	(:15) The Daily Show	South Park	South Park		
C-SPAN	24	210	350	Politics & Public Policy Today	Politics & Public Policy Today										
DISC	8	182	278	Deadliest Catch	Deadliest Catch	Deadliest Catch: On Deck (N)	Deadliest Catch (N)	Dirty Jobs: Rowe'd Trip (N)	Deadliest Catch	Deadliest Catch					
DISN	41	173	291	(:05) Jessie	(:35) Raven	(:05) Raven	(:35) Sydney	Sydney Max	Coop/ Coop	(:15) Bunk'd	(:40) Bunk'd	(:05) Bunk'd	Gabby Duran	Sydney/ Coop	(:45) CoopCami
E!	65	114	236	Chrisley Knows	Chrisley Knows	E! News	★ To Be Announced	Pearson	Sex and the City						
ESPN	32	140	206	(5:00) ESPN Documentaries	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)					
ESPN2	33	143	209	(4:00) UFC Reloaded	To Be Announced	Ariel Helwani's MMA Show (N)	NFL Live (N)	KBO Baseball							
FNC	48	205	360	Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle						
FOOD	35	110	231	Chopped	Chopped	Chopped "Beasts and Bourbon"	Chopped "Cauliflower Power" (N)	Supermarket Stakeout	Chopped "Late Night Food Brawl"						
FREE	39	180	311	★ ★ ★ ★ Shrek ('01) Voices of Eddie Murphy, Mike Myers.	★ ★ ★ ★ Mary Poppins (1964, Musical) Dick Van Dyke, Glynis Johns, Julie Andrews.	The 700 Club									
FS1	408	150	219	To Be Announced	WWE Backstage	TMZ Sports	Skip and Shannon: Undisputed	WWE Backstage							
FX	53	136	248	(5:00) ★ ★ ★ ★ ★ 13 Hours: The Secret Soldiers of Benghazi	★ ★ ★ Fast & Furious 6 (2013, Action) Paul Walker, Dwayne Johnson, Vin Diesel.	★ Straight Outta Compton									
GOLF	70	401	218	(5:00) Golf's Greatest Rounds	Golf Central	Greatest Rounds "2014 PGA Championship: Rory McIlroy at Valhalla"	PGA: The CUT	PGA Golf Professional Championship							
HALL	19	185	312	★ Christmas Next Door ('17, Rom) Fiona Gubelmann, Jesse Metcalfe.	★ Christmas Town ('19) Tim Rozon, Candace Cameron Bure.	★ The Christmas Club ('19) Cameron Mathison, Elizabeth Mitchell.									
HGTV	68	112	229	Good Bones	Bones "The Little Brick House"	GoodBone "Old Doors, New Wall"	Good Bones (N)	House Hunt. (N)	HouseHunt (N)	House Hunters	House Hunters				
HIST	37	120	269	Pickers "Pick Like a Honey Badger"	American Pickers "Picker's Dozen"	Pickers "Raiders of the Lost Pick"	Amer. Pickers "Dani Goes East"	(:05) American Pickers	(:05) American Pickers						
LIFE	51	108	252	★ Whitney ('15, Bio) Arlen Escarpeta, Yolonda Ross, Yaya DaCosta.	★ ★ ★ Diary of a Mad Black Woman ('05) Steve Harris, Kimberly Elise.	(:05) ★ ★ ★ Good Deeds ('12) Thandie Newton, Tyler Perry.									
MSNBC	47	209	356	The Rachel Maddow Show	The Last Word	The 11th Hour	The Rachel Maddow Show	The Last Word	The 11th Hour						
NBCSN	34	159	220	Dale Jr. Download	Fresh Out/ Time	Fresh Out/ Time	Caf./ Octane	Caf./ Octane	Glory Road	Glory Road	Engine Power	Engine Power	Fresh Out/ Time	Fresh Out/ Time	
NICK	40	171	300	Casagrandes	The Loud House	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	
OXY	71	127	251	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.						
PARMT	57	241	241	Two and a Half	Two and a Half	Two and a Half	Two and a Half	★ To Be Announced	★ To Be Announced						
ROOTSNW	31	426	687	(4:00) Football	Backstories	Root Sports Sunday Night Classics	"Mariners 2012 Combined No-Hitter"	Cuba: Baseball	Warriors	Backstories	Mariners "Midsummer Night Wins"				
SYFY	59	122	244	(5:00) ★ ★ ★ Spider-Man 3 ('07) Kirsten Dunst, Tobey Maguire.	★ ★ ★ ★ Law Abiding Citizen ('09, Crime Story) Gerard Butler, Colm Meaney, Jamie Foxx.	★ ★ ★ ★ Edge of Tomorrow ('14) Tom Cruise.									
TBS	55	139	247	Family Guy	Family Guy	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Celebrity Show-Off (N)	Conan	CelebrityShow			
TLC	38	183	280	(5:00) Long Island Medium	Sextuplets "30,000 Dirty Diapers"	Counting On	Count On "A Duggar Bachelor Pad"	To Be Announced	Daughter "Quints in Quarantine"						
TNT	54	138	245	★ ★ ★ The Hobbit: The Battle of the Five Armies ('14) Richard Armitage, Martin Freeman.	★ ★ ★ Red 2 (2013, Action) Helen Mirren, John Malkovich, Bruce Willis.	(:15) ★ ★ ★ ★ Jack Reacher									
TOON	42	177	297	Titans! / Titans!	Titans! / Titans!	Gumball/ Gumball	Gumball/ Gumball	Home Movies	Bob's Burgers	Bob's Burgers	Rick and Morty	American Dad!	American Dad!	Family Guy	Family Guy
TRAV	36	196	277	Ghost Adventures "Kay's Hollow"	GhostAd. "Nightmare in Antelope"	Ghost Adventures "Haunted Train Station and Resting in Terror" (N)	Ghost Adventures "California Ghoul"								
TRUTV	49	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes (N)	Hot One (N)	Hot Ones (N)	Inside Jokes	Inside Jokes	
USA	58	105	242	Law&O: SVU "American Disgrace"	Law&O: SVU "Pornstar's Requiem"	Law&O: SVU "Spousal Privilege"	Law&O: SVU "Agent Provacateur"	Law&O: SVU "Devastating Story"	Modern Family	Modern Family					
HBO	551	303	504	(5:15) ★ ★ ★ ★ Cast Away ('00) Tom Hanks.	(:40) ★ ★ ★ Fast & Furious Presents: Hobbs & Shaw ('19) Dwayne Johnson.	Real Sports (N)	Perry Mason								
MAX	561	311	516	(:15) ★ ★ ★ Gimme Shelter ('14) Brendan Fraser, Vanessa Hudgens.	★ ★ ★ Don't Let Go ('19) David Oyelowo.	(:45) ★ ★ ★ Killerman ('19) Emory Cohen, Liam Hemsworth.	Movie								
SHOW	576	319	546	★ ★ ★ ★ Back to the Future ('85) Christopher Lloyd, Michael J. Fox.	Ray Donovan "Uber Ray"	City on a Hill	The Loudest Voice "2012"	★ ★ ★ ★ Red ('10) Bruce Willis.							
STARZ	534	351	526	(5:15) ★ ★ ★ Friends With Benefits	(:05) ★ ★ ★ Venom ('05) Jonathan Jackson, Agnes Bruckner.	★ ★ ★ Pirates of the Caribbean: On Stranger Tides Johnny Depp.	(:20) ★ ★ ★ ★ Role Models								
STZEN	518	341	536	(4:55) ★ ★ ★ Hollywood Homicide	(:55) ★ ★ ★ Slap Shot ('77) Michael Ontkean, Paul Newman.	★ ★ ★ ★ For a Few Dollars More ('66) Lee Van Cleef, Clint Eastwood.	(:15) ★ ★ ★ The Shawshank Rede...								
TMC	591	329	554	(4:45) L. Skynyrd	(:25) ★ ★ ★ ★ Blue Streak ('99) Martin Lawrence.	★ ★ ★ Cop Land ('97) Sylvester Stallone.	(:45) ★ ★ ★ War (2007, Action) Jason Statham, John Lone, Jet Li.	★ ★ ★ Peppermint							

Ultimate Tag

KCPQ 9:00 p.m.
The NFL's Watt brothers, Derek, J.J. and T.J., host this intense new athletic competition series. Masters of parkour, speed and agility become the show's "professional taggers," attempting to prevent competitors completing an intense obstacle course.

Chicago Fire

KING 9:00 p.m.
The firefighters of Chicago's Firehouse 51 heat up in this franchise-launching Dick Wolf drama which focuses on the personal and professional lives of the everyday heroes who run headfirst into danger, risking it all to save others. Taylor Kinney stars.



Henry Simmons in "Marvel's Agents of S.H.I.E.L.D."

Marvel's Agents of S.H.I.E.L.D.

KOMO 10:00 p.m.
The Strategic Homeland Intervention, Enforcement, and Logistics Division continues to battle their way through time in the seventh and final season of this superpowered drama set in the MCU. Clark Gregg, Ming-Na Wen and Henry Simmons star.

The Book of Eli

AMC 11:00 p.m.
Eli (Denzel Washington) fights his way across a destroyed world as he attempts to keep the last surviving copy of the King James Bible safe from post-apocalyptic gangs that desire it's destruction. Mila Kunis also stars in this classic action film.

WEDNESDAY PRIMETIME JULY 22, 2020										SPORTS		MOVIES		NEWS	
	C	D	DT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC KOMO	4	4	4	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune	Jeopardy!	United (N)	The Goldbergs	The Conners	Am.Housewife	SHIELD "As I Have Always Been"	News (N)	(:35) J. Kimmel		
CBS KIRO	7	7	7	News (N)	News (N)	News (N)	Ent. Tonight	Tough as Nails	Game On!	SEAL Team	"Siege Protocol: Part 1"	News (N)	(:35) Colbert		
CW KSTW	11	11	11	The People's Court	Family Feud	Family Feud	The 100	Bulletproof (N)	Seinfeld	Seinfeld	Family Guy	Bob's Burgers			
FOX KCPQ	13	13	13	Modern Family	Modern Family	The Big Bang	The Big Bang	MasterChef "Gerron's Wedding"	Ultimate Tag "Never Stop" (N)	Q13 NEWS AT 10 (N)	News (N)	The Simpsons			
ION KWPX	15	33	33	Law & Order "Burn Card"	Law & Order "Bogeyman"	Law & Order "Strike"	Law & Order "Personae Non Grata"	Law & Order "Strike"	Law & Order "Personae Non Grata"	Law & Order "Excalibur"	Law & Order "Rumble"				
KONG TV6	6	16	16	Extra (N)	The List	Inside Ed. (N)	Access H. (N)	Dateline	News (N)	News (N)	News (N)	News (N)	Dr. Phil		
MNT KZJO	10	22	22	Friends	Mom	Mom	Modern Family	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	The Big Bang	The Big Bang	Two and a Half	Two and a Half		
NBC KING	5	5	5	NBC News (N)	KING News (N)	KING News (N)	Evening	Chicago Med	Chicago Fire	Chicago P.D.	KING News (N)	(:35) Tonight			
PBS KCTS	9	9	9	PBS NewsHour (N)	SuperNature "Crowded Skies"	Nature "Animals With Cameras"	Nova "Making North America: Life"	Forces of Nature "Shape"	Amanpour and Company (N)						
PBS KBTC	12	28	28	The Roosevelts: An "A Strong and Active Faith (1944-1962)"	Finding Your Roots "Hard Times"	Before We Die	Last Tango in Halifax	Masterpiece "Grantchester"							
SBN KBCB	14	24	-	(5:00) SBN Family Camp (L)	FWC Music	Frances and Friends	F. Worship "Associate Pastors"	FWC Music							
A&E	52	118	265	The First 48 "Shattered Glass"	The First 48 "Graveyard Love"	The First 48 "The Grudge"	The First 48 "Buried Secrets"	First 48 "Unarmed/ Bad Feeling"	First 48 "Carnage in the Streets"						
AMC	67	131	254	(5:30) ★ ★ ★ Jack Ryan: Shadow Recruit ('14) Chris Pine.	★ ★ ★ The Fugitive (1993, Thriller) Sela Ward, Tommy Lee Jones, Harrison Ford.	★ ★ ★ The Book of Eli									
ANPL	43	184	282	Lone Star Law	Lone Star Law	Lone Star Law: Uncuffed (N)	North Woods Law (N)	North Woods Law							
BRAVO	66	129	237	Beverly Hills	Beverly "Until We Leave Again"	Beverly "Never Before Scene 1010"	Beverly Hills "Kiss and Tell All" (N)	Watch What (N)	Beverly Hills "Kiss and Tell All"	Cash Cab (N)					
CMT	61	166	327	Last Man St.	Last Man St.	Mom	Mom	Mom	Mom	★ ★ ★ The Replacements					
CNBC	46	208	355	Shark Tank	Shark Tank	in the Game "Brian Dunkleman"	Back in the Game "Nicole Eggert"	Back in the Game	Dateline "Secrets in the Mist"						
CNN	44	200	202	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight With Don Lemon						
COM	60	107	249	South Park	South Park	South Park	Crank Yankers	South Park	South Park /(:15) The Daily Show	South Park	South Park				
C-SPAN	24	210	350	Politics & Public Policy Today	Politics & Public Policy Today										
DISC	8	182	278	Expedition Unknown	Expedition Unknown: Uncovered	Expedition Unknown: Uncovered	Expedition Unknown (N)	Mysteries of the Deep (N)	Expedition Unknown (N)						
DISN	41	173	291	(:05) Jessie	(:35) Raven	(:05) Raven	(:35) BigCity	Big City Greens	Amphib./ Owl	(:15) Owl House	(:40) G. Duran	(:05) Bunk'd	Bunk'd	BigCity/ Amphib. (:45) Owl House	
E!	65	114	236	(4:30) ★ To Be Announced	E! News	★ To Be Announced	The Soup (N)	Nightly Pop (N)							
ESPN	32	140	206	(5:00) MLS Soccer MLS is Back Tournament (L)	MLS Soccer MLS is Back Tournament Minnesota vs Colorado (L)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)						
ESPN2	33	143	209	(5:00) To Be Announced	To Be Announced	NFL Live	UFC Archival	UFC Archival	KBO Baseball						
FNC	48	205	360	Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle						
FOOD	35	110	231	Guy's Game "Pressed for Time"	Guy's Game "Food Scientists"	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Game "Judge vs. Judge"						
FREE	39	180	311	(5:00) ★ ★ ★ ★ Mary Poppins ('64) Dick Van Dyke, Julie Andrews.	★ ★ ★ ★ The Blind Side (2009, Sport) Tim McGraw, Quinton Aaron, Sandra Bullock.	The 700 Club									
FS1	408	150	219	(4:00) To Be Announced	To Be Announced	TMZ Sports	Skip and Shannon: Undisputed								
FX	53	136	248	(5:00) ★ ★ ★ Fast & Furious 6 ('13) Paul Walker, Vin Diesel.	★ ★ ★ Breaking In ('18) Billy Burke, Richard Cabral, Gabrielle Union.	★ ★ ★ Breaking In ('18) Billy Burke, Richard Cabral, Gabrielle Union.									
GOLF	70	401	218	(5:00) Golf Classics 2019 ROC City Rumble	Golf Classics 2019 ROC City Rumble Site: Home Team Sports Park -- Rochester, N.Y.	Golf Central	PGA Golf								
HALL	19	185	312	★ Mingle All the Way ('18) Ava Grace Cooper, Jesse Arthur Carroll.	★ ★ Christmas at the Plaza ('19) Elizabeth Henstridge, Ryan Paevey.	★ ★ Christmas Under Wraps ('14) Candace Cameron Bure.									
HGTV	68	112	229	Property Br. "Everyone's Welcome"	Property Brothers: Forever Home	Property Brothers: F (N)	Build Me Up "Glass Half Full" (N)	House Hunt. (N)	House Hunters	House Hunters	House Hunters				
HIST	37	120	269	Forged in Fire "The Partizan"	Forged in Fire	Forged "Tomahawk and Bowie"	Forged in Fire "Japanese Ono" (N)	(:05) Forged in Fire	(:05) Forged Fire "Family Edition"						
LIFE	51	108	252	Married at First Sight "The Story Begins"	Married at (N)	Married at First Sight "I've Never Met My Fiance" (N)	(:05) Happily "Pilot" (P) (N)	(:05) Married at First Sight							
MSNBC	47	209	356	The Rachel Maddow Show	The Last Word	The 11th Hour	The Rachel Maddow Show	The Last Word	The 11th Hour						
NBCSN	34	159	220	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior						
NICK	40	171	300	Casagrandes	The Loud House	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends				
OXY	71	127	251	Secrets "Everything She Knew"	Secrets Uncovered "The Landing"	Dateline: Secrets Uncovered "Blind Justice"	Dateline: Secrets Uncovered "The Great Escape"								
PARMT	57	241	241	Two and a Half	Two and a Half	Two and a Half	Two and a Half	★ ★ ★ ★ E.T. the Extra-Terrestrial (1982, Sci-Fi) Drew Barrymore, Dee Wallace, Henry Thomas.	★ To Be Announced						
ROOTSNW	31	426	687	(3:00) Football	Cape Cod: Jour.	Root Sports Sunday Night Classics	"Felix Hernandez's 2012 Perfect Game"	Backstories	In Depth	The Icons	Mariners "The Final Push"				
SYFY	59	122	244	(5:35) ★ ★ ★ ★ Law Abiding Citizen ('09) Gerard Butler, Jamie Foxx.	★ ★ ★ ★ Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.	★ ★ ★ Clash of the Titans ('10) Sam Worthington.									
TBS	55	139	247	Family Guy	Family Guy	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Full Frontal (N)	Conan	Seinfeld			
TLC	38	183	280	My 600-lb Life "J.T.'s Story"	My 600-lb Life "Janine's Story"	My 600-lb Life "Janine's Story"									
TNT	54	138	245	(4:15) ★ ★ ★ ★ Jack Reacher	Inside the NBA (L)	All Elite Wrestling: Dynamite (N)	★ ★ ★ 2 Guns ('13) Mark Wahlberg, Paula Patton, Denzel Washington.								
TOON	42	177	297	Titans! / Titans!	Titans! / Titans!	Gumball/ Gumball	Gumball/ Gumball	Home Movies	Bob's Burgers	Bob's Burgers	Rick and Morty	American Dad!	American Dad!	Family Guy	Family Guy
TRAV	36	196	277	Paranormal Caught on Camera	Paranormal Caught on Camera	Man vs. Bigfoot (P) (N)	Bigfoot "Knock, Knock, It's Bigfoot"	Bigfoot Is Real "Sasquatch Nests"							
TRUTV	49	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	At Home (N)	Imp. Jokers	Imp. Jokers	Imp. Jokers				
USA	58	105	242	NCIS "A Weak Link"	NCIS "Reveille"	WWE NXT (N)	★ ★ ★ ★ John Wick: Chapter 2 ('17) Common, Keanu Reeves.								
HBO	551	303	504	(4:25) ★ ★ ★ Armageddon	Perry Mason "Chapter Four"	Perry Mason	★ ★ ★ ★ Bohemian Rhapsody ('18) Joseph Mazzello, Rami Malek.	(:15) Destroy	(:50) ShowKidz						
MAX	561	311	516	(:20) ★ ★ ★ Lowriders ('16) Demián Bichir, Eva Longoria, Gabriel Chavarria.	★ ★ ★ Open Range ('03) Kevin Costner, Annette Bening, Robert Duvall.	(:20) ★ ★ ★ ★ Tower Heist ('11) Ben Stiller, Eddie Murphy.									
SHOW	576	319	546	(5:50) ★ ★ ★ ★ King Kong (2005, Action) Naomi Watts, Jack Black, Adrien Brody.	★ ★ ★ Die Another Day ('02) Halle Berry, Pierce Brosnan.	(:15) ★ ★ ★ ★ Mr. Brooks									
STARZ	534	351	526	(5:00) ★ ★ ★ Men in Black: Interna... ('95) ★ ★ ★ ★ The Notebook ('04) Rachel McAdams, Ryan Gosling.	★ ★ ★ Jumanji: The Next Level ('19) Jack Black, Dwayne Johnson.	(:10) ★ ★ ★ The Grudge									
STZEN	518	341	536	Movie	(:55) ★ ★ ★ ★ The Jackal (1998, Action) Richard Gere, Sidney Poitier, Bruce Willis.	★ ★ ★ Marked for Death ('90) Steven Seagal.	(:35) ★ ★ ★ Tears of the Sun ('03) Bruce Willis.								
TMC	591	329	554	(:05) ★ ★ ★ ★ Bull Durham ('88) Susan Sarandon, Kevin Costner.	★ ★ ★ The Stepford Wives ('04) Nicole Kidman.	(:35) ★ ★ ★ Dinner for Schmucks ('10, Com) Paul Rudd, Steve Carell.	Movie								

Holey Moley

KOMO 8:00 p.m.

Contestants who think they have what it takes to be crowned the master of mini-golf take on this fun series' epic course for a shot at \$25,000. Rob Riggle and Joe Tessitore host while Jeannie Mai provides commentary from the sidelines.

Beat Shazam

KCPQ 8:00 p.m.

Teams go ear-to-ear as they race to identify some of the most popular songs of all time in a rebroadcast of this unique game show hosted by Oscar winner Jamie Foxx. The winning team faces off against Shazam, the popular song identification app.



Precious and Myles from "Extraordinary People"

The Real Housewives of New York City

BRAVO 9:00 p.m.

Luann de Lesseps, Ramona Singer, Leah McSweeney, Dorinda Medley and Sonja Morgan let viewers into their over-the-top New York City lives in Season 12 of this iconic reality series. This season also introduces Elyse Slaine as a new member of the group.

Extraordinary People

TLC 10:00 p.m.

In this new episode, Caitlin and Precious prepare to experience the joy of children when Ari and Myles, become pregnant. The couples conquer the unique obstacles of transgender pregnancy and supporting their male partners.

THURSDAY PRIMETIME JULY 23, 2020										SPORTS		MOVIES		NEWS	
	C	D	DT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC KOMO	4	4	4	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune	Jeopardy!	Holey Moley	Don't				To Tell the Truth		News (N)	(:35) J. Kimmel
CBS KIRO	7	7	7	News (N)	News (N)	News (N)	Ent. Tonight	Young Sheldon	The Unicorn	Mom	Mom	NCIS: LA "Commitment Issues"		News (N)	(:35) Colbert
CW KSTW	11	11	11	The People's Court	Family Feud	Family Feud	Killer Camp (N)	Masters Illusion	Masters Illusion	Seinfeld	Seinfeld	Family Guy	Bob's Burgers		
FOX KCPQ	13	13	13	Modern Family	Modern Family	The Big Bang	The Big Bang	Beat Shazam		The Simpsons	Bob's Burgers	Q13 NEWS AT 10 (N)		News (N)	The Simpsons
ION KWXP	15	33	33	Chicago P.D. "An Honest Woman"		Chicago P.D. "Prison Ball"		Chicago P.D.		Chicago "Assignment of the Year"		Chicago P.D. "Called in Dead"		Chicago P.D.	
KONG TV6	6	16	16	Extra (N)	The List	Inside Ed. (N)	Access H. (N)	Dateline		News (N)	News (N)	News (N)	News (N)	Dr. Phil	
MNT KZJO	10	22	22	Friends	Mom	Mom	Modern Family	Q13 News at 8:00 p.m. (N)		Q13 News at 9:00 p.m. (N)		The Big Bang	The Big Bang	Two and a Half	Two and a Half
NBC KING	5	5	5	NBC News (N)	KING News (N)	KING News (N)	Evening	To Be Announced		Blindspot		Law & Order: S.V.U.		KING News (N)	(:35) Tonight
PBS KCTS	9	9	9	PBS NewsHour (N)	This Old House	Ask-Old House	Midsomer Murders	Prime Suspect "The Last Witness"						Amanpour and Company (N)	
PBS KBTC	12	28	28	American Experience "Chasing the Moon"			American Experience "Chasing the Moon"					American Experience "Chasing the Moon"			
SBN KBCB	14	24	-	(4:30) SBN Family Camp (L)	FWC Music		Frances and Friends					Jimmy Swaggart Ministries			
A&E	52	118	265	The First 48 "Blackout"	The First 48		The First 48 "The Visitor"	The First 48 (N)		Court Cam (N)	Court Cam (N)	The First 48 "Spree Killer"			
AMC	67	131	254	(5:00) ★ ★ ★ The Fugitive ('93)	Sela Ward, Harrison Ford.		★ ★ ★ Rambo ('08) Julie Benz, Matthew Marsden, Sylvester Stallone.			★ ★ ★ Total Recall ('12) Bokeem Woodbine, Colin Farrell.					
ANPL	43	184	282	Deadliest Catch "Blood and Guts"	D. Catch "Life or Death Decision"		Deadliest Catch "The Widowmaker: Part 1" Pt. 1 of 2 cont'd next (N)			Deadliest Catch "The Widowmaker: Part 2" Pt. 2 of 2 (N)					
BRAVO	66	129	237	Wives "Eat, Drink, and Be Scary"	Housewives "Not Feeling Jovant"		Wives "Never Before Scene 1214"	The Real Housewives (N)		Watch What (N)	The Real Housewives	Beverly Hills			
CMT	61	166	327	Last Man St.	Last Man St.		★ ★ ★ The Replacements (2000, Sport) Gene Hackman, Orlando Jones, Keanu Reeves.	★ ★ ★ ★ Here Comes the Boom ('12) Kevin James.							
CNBC	46	208	355	Shark Tank	Shark Tank		Shark Tank	Shark Tank		Shark Tank		Dateline			
CNN	44	200	202	Cuomo Prime Time	CNN Tonight With Don Lemon		CNN Tonight With Don Lemon	Anderson Cooper 360		Cuomo Prime Time		CNN Tonight With Don Lemon			
COM	60	107	249	The Office	The Office		The Office	South Park	South Park	(:15) The Daily Show		South Park	South Park		
C-SPAN	24	210	350	Politics & Public Policy Today			Politics & Public Policy Today								
DISC	8	182	278	Homestead Rescue	Naked and Afraid		Bering Sea Gold	Bering Sea Gold		Bering Sea Gold		Bering Sea Gold			
DISN	41	173	291	(:05) Jessie	(:35) Raven	(:05) Raven	(:35) Bunk'd	Bunk'd	FamJam/ Raven	(:15) Raven	(:40) Bunk'd	(:05) Bunk'd	Gabby Duran	Bunk'd/ Fam Jam	(:45) Raven
E!	65	114	236	(4:00) ★ To Be Announced	E! News		★ To Be Announced							Nightly Pop (N)	TBA
ESPN	32	140	206	(5:00) To Be Announced	TBA	MLS Soccer	MLS is Back Tournament Portland vs Los Angeles FC (L)			SportsCenter (N)		SportsCenter		SportsCenter	
ESPN2	33	143	209	(4:00) To Be Announced			NFL Live (N)	UFC Archival		UFC Archival		UFC Archival		KBO Baseball	
FNC	48	205	360	Hannity	The Ingraham Angle		Fox News @ Night	Tucker Carlson Tonight		Hannity		The Ingraham Angle			
FOOD	35	110	231	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Rest. "Revisited: Family Fiasco" (N)		Undercover "Baked in Drama" (N)		Beat Bobby Flay	Beat Bobby Flay		
FREE	39	180	311	(5:30) ★ ★ ★ The Blind Side (2009, Sport) Tim McGraw, Quinton Aaron, Sandra Bullock.	★ ★ ★ ★ Wonder (2017, Drama) Julia Roberts.							The 700 Club			
FS1	408	506	219	(5:00) To Be Announced			Football Now	Home Game	TMZ Sports	WWE Backstage		To Be Announced			
FX	53	136	248	★ ★ ★ Daddy's Home 2 ('17) Will Ferrell, Mel Gibson, Mark Wahlberg.	★ ★ ★ ★ Blockers ('18, Comedy) Leslie Mann, Ike Barinholtz, John Cena.		★ ★ ★ ★ Blockers ('18, Comedy) Leslie Mann, Ike Barinholtz, John Cena.			★ ★ ★ ★ Blockers ('18, Comedy) Leslie Mann, Ike Barinholtz, John Cena.					
GOLF	70	401	218	(4:30) PGA Golf 3M Open Site: TPC Twin Cities -- Blaine, Minn.			PGA Golf 3M Open Site: TPC Twin Cities -- Blaine, Minn.								
HALL	19	185	312	★ A Christmas Duet ('19, Rom) Rome Flynn, Teryl Rothery, Chaley Rose.	★ Christmas in Rome (2019, Romance) Sam Page, Lacey Chabert.		★ ★ The Nine Lives of Christmas ('14) Brandon Routh.								
HGTV	68	112	229	Flipping "Old Houses, New Profits"	Flipping Across America		Flip or Flop	Flip or Flop (N)	Flipping Across America (N)	House Hunt. (N)	House (N)	Design (N)	Design		
HIST	37	120	269	Mountain Men "Turf War"	Mountain Men "Carnage"		Mountain Men "Sink or Swim"	Mountain "Bloody Knuckles" (N)		(:05) Alone "Snared" (N)		(:35) Mountain			
LIFE	51	108	252	Married/First Sight "New Life"	First Sight "New Beginnings"		Married/First Sight (N)	Married at First Sight		(:05) Married at First Sight		(:05) Married at First Sight			
MSNBC	47	209	356	The Rachel Maddow Show	The Last Word		The 11th Hour	The Rachel Maddow Show		The Last Word		The 11th Hour			
NBCSN	34	159	220	(4:30) NASCAR Auto Racing Kansas 400 (L)			Cup Post-Race	Dale Jr. Download	Dale Jr. Download		Dale Jr. Download		NASCAR Special		
NICK	40	171	300	Casagrandes	The Loud House	SpongeBob	SpongeBob	★ ★ ★ Ice Age: Continental Drift ('12) Ray Romano.		Friends	Friends	Friends Pt. 1 of 2			
OXY	71	127	251	Snapped: Killer Couples	Snapped: Killer Couples		Snapped: Killer Couples	Snapped: Killer Couples		Snapped: Killer Couples		Secrets "In the Dead of Night"			
PARMT	57	241	241	Two and a Half	Two and a Half	Two and a Half	Two and a Half	★ To Be Announced		★ ★ ★ Kick-Ass ('10) Clark Duke, Aaron Taylor-Johnson.					
ROOTSNW	31	426	687	Backstories	MarinersSpot.	MLB Baseball Classics	Baltimore Orioles vs. Seattle Mariners	Backstories	MarinersSpot.	Mariners Mondays "June Boom"					
SYFY	59	122	244	(:15) ★ ★ ★ Clash of the Titans ('10, Act) Liam Neeson, Jason Flemyng, Sam Worthington.	★ ★ ★ ★ The Bourne Identity (2002, Action) Franka		Potente, Brian Cox, Matt Damon.	Great Deba (N)	★ Jumper ('08)						
TBS	55	139	247	FamilyGuy 1/3	FamilyGuy 2/3		The Big Bang	The Big Bang	The Big Bang	Lost "Welcome to the Lost Resort"		Conan	Lost Resort		
TLC	38	183	280	Pimple "The World's Largest Lump"	Dr. Pimple "Mic Drop Pop!"		Pimple "Pop Ups: The Last Unicorn"	Dr. Pimple Popper		People "My Pregnant Husband" (N)		Extraordinary People			
TNT	54	138	245	★ ★ ★ ★ San Andreas (2015, Action) Carla Gugino, Alexandra Daddario, Dwayne Johnson.	The Alienist "Ex Ore Infantum"		The Alienist "Something Wicked"	★ ★ ★ ★ San Andreas ('15) Dwayne Johnson.							
TOON	42	177	297	Titans! / Titans!	Titans! / Titans!	Gumball/ Gumball	Gumball	Home Movies	Bob's Burgers	Bob's Burgers	Rick and Morty	American Dad!	American Dad!	Family Guy	Family Guy
TRAV	36	196	277	Ghost Adv. "Mount Wilson Ranch"	Ghost Advn. "London Bridge"		Ghost Adv. "Beneath the Bonanza"	Ghost Adventures		The Dead Files		The Dead Files			
TRUTV	49	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Tacoma FD (N)	Talkoma (N)	Imp. Jokers	Imp. Jokers		
USA	58	105	242	(5:30) ★ ★ ★ ★ John Wick: Chapter 2 ('17) Common, Keanu Reeves.	Cannon "Dare to Cannonball" (N)		Chrisley (N)	(:35) Chrisley	(:05) Chrisley	(:35) Chrisley	(:05) Chrisley	(:35) Chrisley	(:05) Chrisley	(:35) Chrisley	
HBO	551	303	504	(5:05) ★ X-Men: Dark Phoenix	Real Sports With Bryant Gumbel		★ ★ ★ Harriet ('19, Biography) Leslie Odom Jr., Joe Alwyn, Cynthia Erivo.	(:05) GoneDark "The Motherlode"	(:05) Perry Mason						
MAX	561	311	516	(:55) ★ ★ ★ ★ Mary Queen of Scots ('18) Saoirse Ronan.	★ ★ ★ Life on the Line ('16) John Travolta.		(:40) ★ ★ ★ ★ Rise of the Planet of the Apes ('11) James Franco.	Movie							
SHOW	576	319	546	Movie	(:35) ★ ★ Obvious Child (2014, Comedy/Drama) (P)	Shameless "Summer Loving"	BecomingFlorida "Many Masters"	The Chi "Terror Town"		DesMero (N)	Movie				
STARZ	534	351	526	(5:10) ★ ★ ★ Meet the Parents	★ ★ ★ Meet the Fockers ('04) Ben Stiller, Robert De Niro.		★ ★ ★ Think Like a Man ('12) Gabrielle Union, Kevin Hart, Chris Brown.	(:05) ★ ★ ★ Jackie Brown							
STZEN	518	341	536	(5:30) ★ ★ ★ Step Up 3 ('10, Dan)	(:20) ★ ★ ★ Little Man ('06) Marlon Wayans, Keenen Ivory Wayans.		★ ★ ★ Jack and Jill ('11) Adam Sandler.	(:35) ★ ★ ★ The Mask ('94) Jim Carrey.							
TMC	591	329	554	Movie	★ ★ The Murder of Nicole Brown Simpson		★ ★ ★ Captive State ('19) Ashton Sanders, John Goodman.	★ ★ ★ An Acceptable Loss ('18) Tika Sumpter.	Movie						

NETFLIX this week



Jessica Chastain and Oscar Isaac star in "A Most Violent Year"

By Jessica Gosse
TV Media

"Cursed"

Experience the legend of King Arthur from a new perspective with this new drama based on the novel by Frank Miller and Tom Wheeler, premiering Friday, July 17, on Netflix. Katherine Langford ("Knives Out," 2019) stars as Nimué, who fans of the Arthurian legend will know as the enchantress who became the famed Lady of the Lake. "Cursed" puts a new spin on Nimué's role in the legend, though, showing her as a young sorceress who must reunite the legendary sword Excalibur with a powerful sorcerer after her village is invaded. Traveling alone to find Merlin (Gustaf Skarsgard, "Vikings"), the great sorcerer she believes is destined to wield the sword and defeat the evil king who has invaded her land, she meets a charming mercenary named Arthur (Devon Turrell, "The Professor," 2018), and the two team up. As their journey goes on, Nimué begins to wonder about the magic and prophecy of the sword, while it's said to belong to the "one true king," maybe it needs to be wielded by a queen.

"A Most Violent Year" (2014)

On Saturday, July 18, don't miss this intense crime drama when it joins the Netflix roster. Oscar Isaac ("Inside Llewyn Davis," 2013) stars as Abel Morales an immigrant living in New York City in 1981. Despite the ever-growing corruption and violence in the city,

Abel works to support his wife Anna (Jessica Chastain, "Molly's Game," 2017) and their two daughters by running a highly successful fuel distribution business. While Abel maintains his integrity and does honest dealings his competitors are less honorable, hijacking his trucks and trying to scare him out of business. All the while, the city's district attorney has assigned a man

named Mr. Lawrence (David Oyelowo, "Selma," 2014) to investigate and bring down corruption. This puts Abel at risk, as while he runs an honest business his father-in-law who previously owned the business was just as corrupt as his competitors. Now, Abel must fight to save the life he has built for himself and his family.

"Obvious Child" (2014)

Find the humor in life's many ups and downs on Saturday, July 18, when this comedy film joins the Netflix lineup. Aspiring stand-up comedian Donna Stern (Jenny Slate, "Gifted," 2017) has a gift for being unapologetic about who she is and finding the humor in life. But when her boyfriend suddenly breaks up with her to be with one of her friends, she goes into a depressive slump. In her misery, Donna does a terrible act (that is mainly just insults directed at her ex) at her local comedy club. Shortly after her performance she meets Max (Jake Lacy, "High Fidelity"), who (to her joy) didn't see her act and the two quickly hit it off and eventually go back to his place where Donna stays the night only to sneak out the next morning. Flashing forward several weeks, Donna realizes that she is pregnant and decides the best plan is to get an abortion. But when Max finds her again and they begin spending time together she struggles to tell him about the pregnancy and the abortion.



Jenny Slate and Jake Lacy in a scene from "Obvious Child"

"Laggies" (2014)

Keira Knightley ("Collateral Beauty," 2016) stars as Megan, a young woman in the throws of a quarter life crisis in this comedy coming to Netflix on Saturday, July 18. Despite being 28 years old, having a good education and a long-time boyfriend, Megan seems to be drifting in life as she has no real career path and she lacks maturity. When

her boyfriend suddenly proposes to her while at her friends wedding, she begins to panic. Her panic only grows though, when moments later she finds her father having an affair. Unable to process everything that has happened, Megan leaves the wedding and runs into a group of teenage girls who ask her to buy beer for them. Nostalgic for a simpler time in her life, Megan agrees and befriends 16-year-old Annika (Chloe Grace Moretz, "Carrie," 2013) who invites her to join them. The next day, Megan tells her boyfriend that she needs time to think and is going to a week long career seminar, but instead she goes to Annika's house and asks if she can stay with her for a while. Annika tries to sneak her in but they are quickly caught by Annika's father, Craig (Sam Rockwell, "Jojo Rabbit," 2019) who questions their friendship but lets Megan stay. Megan's life only gets more complicated though as she begins to bond with Craig and she sees how her decisions affect Annika and her friends.



Chloe Grace Moretz and Keira Knightley in "Laggies"

U	S	S	R			B	S	A			C	N	N	
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B	O	B	S	B	U	R	G	E	R	S				
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A	P	T				U	M	A			S	T	E	N

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hollywood Q&A

By Adam Thomlison
TV Media

Q: What is the "slop" that the "Big Brother" contestants have to eat?

A: Punishment and light humiliation have been a staple of reality TV from its earliest days. In a figurative sense, that's what "slop" is. But in the literal sense, it's just oatmeal and nutrient powder.

We know this because CBS actually released the recipe, in case fans wanted to get into the shoes of a struggling "Big Brother" resident.

Slop was introduced mid-way through the show's history (though only in the Canadian and American versions, which offers all sorts of joke opportunities about food culture). It exists as a punishment, originally for residents who lose a food competition, though it's since become a sort of hovering threat throughout the show.

The official ingredients are: water, steel cut oats, unflavored protein powder, and vitamin and mineral powder.

Two things jump out from that list: First, the total absence of flavor, hence it being a punishment. Second, it's pretty nutritionally complete. That's on purpose, since unlucky contestants have to eat nothing but this for whole days at a stretch.

However, inoffensive though it is, slop has been the subject of some controversy (like so much else on the show). A contestant in Season 9 passed out, on camera, while on the diet because she has

Sudoku

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3								
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		1		9		3		
		6			1			
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5	6							

200719

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

Solution on page 12

hypoglycemia (that is, she suffers from chronic low blood sugar). The incident forced the show to soften the punishment a bit.

Q: I was just rewatching the mini-series "11.22.63," and I'm wondering who the actor is who played the diner owner. I know I've seen him in things.

A: It's not quite accurate to call Chris Cooper a character actor. Usually when you're watching something and say, "Hey, it's that guy," you've spotted a character actor – a term reserved for actors who disappear into all sorts of different roles. They don't have a "type," they fill whatever hole needs filling.

Cooper, on the other hand, is

definitely an "it's that guy" sort of actor, in that he's had a great and accomplished career as an Oscar-winning supporting star, but he has firmly developed a type. Cooper is your go-to man if you need a grouch.

Maybe it's his growly voice, or his piercing eyes, but he's made a name for himself as a short-tempered, stern authority figure. He'd been kicking around the business for more than a decade, playing lots of different roles, before having his breakout year in 1999. That year would also somewhat define his type, as he got a lot of accolades for playing two hard fathers, in "October Sky"

and "American Beauty."

His type has led to him playing all sorts of military men, such as in 2000's "The Patriot" and 2005's "Jarhead," and spy bureaucrats in "The Bourne Identity" (2002) and "Breach" (2005).

This isn't to say Cooper doesn't have range, as some of his biggest roles have gone against this type. Most notably, he got his Oscar for playing an eccentric, countercultural botanist in 2002's "Adaptation."

Have a question? Email us at questions@tvtabloid.com. Please include your name and town. Personal replies will not be provided.

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Late Laughs

**The Late Show with
Stephen Colbert**
Right now America is basically a
petri dish on the floor of a bus
station men's room.

**The Tonight Show
Starring Jimmy Fallon**
Trump visited the wall today,
because in times of crisis it's
important to be with your loved
ones.

**Late Night With Seth
Meyers**
The aerospace company Virgin
Galactic announced a new
partnership with NASA yesterday
to train astronauts for trips to the
International Space Station.
Though there hasn't been much
interest yet for the trip back.



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R V A H N A M A G E M D I R R
T A A I U C A P B L S I E A W
R L Y M N O I I O L R D L N D
O E S M Y A O N I N A D L D P
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