

## 011005000



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# NISQUALLY VALLEY Happenings

**THURSDAY, MARCH 5**

• **Hatha yoga** instructor Lee Israel will lead weekly classes at the Nisqually Valley Moose Lodge for students of varied experience levels. Classes are Tuesdays (no classes on the first Tuesday of the month)

at 10 a.m. and 11:30 a.m., Thursdays at 9:30 a.m. and Saturdays at 9 a.m. Drop classes are priced at \$5 and there are no classes on the first Tuesday of the month. These classes are BYOM — bring your own mat! For more information,



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CH605083

visit [www.yogainyelm.com](http://www.yogainyelm.com).

• **Join in on Creative Playtime** at 10:30 a.m. at the Yelm Timberland Library. This is a playtime opportunity for children, aged birth to 6 years old, to participate in fun activities with a participating adult. Come for the building blocks and Magna-tiles, but stay for the model trains, dollhouses and fun memories.

**FRIDAY, MARCH 6**

• **Take part in Chair Yoga** at 10:15 a.m. at the Yelm Timberland Library. Chair yoga is a gentle form of yoga that is practiced sitting on a chair, or standing using a chair for support. Come relax as Helen leads us through calming stretches and balance.

**SATURDAY, MARCH 7**

• **Join the Friends of the Yelm Timberland Library** at their monthly book sale from 10 a.m. to 3 p.m.

• **Hatha yoga** instructor Lee Israel will lead weekly classes at the Nisqually Valley Moose Lodge for students of varied experience levels. Classes are Tuesdays (no classes on the first Tuesday of the month) at 10 a.m. and 11:30 a.m., Thursdays at 9:30 a.m. and Saturdays at 9 a.m. Drop classes are priced at \$5 and there are no classes on the first Tuesday of the month. These classes are BYOM — bring your own mat! For more information, visit [www.yogainyelm.com](http://www.yogainyelm.com).

• **Mat Yoga** will be offered from 10:30 to 11:30 a.m. at the Yelm Timberland Library. Wear comfortable clothing, bring your mat, and be ready to stretch in this floor yoga program.

• **Restorative Yoga** will take place at noon following Mat Yoga at the Yelm Timberland Library. Participants will need

to bring supportive props to allow for deep stretching as this yoga provides both mental and physical restoration through full-body exercises. Suggested props include mats, yoga blocks, blankets and bolsters.

• **From 2 p.m. to 4 p.m., staff** at the Yelm Timberland Library will host free one-on-one tech coaching for those that need help with basic computer skills, tablets, internet, streaming, and other services. Seats for “Tech Basics” are limited. For more information and to register, visit [www.trl.org](http://www.trl.org).

• **Yelm Timberland Library** will host “Gamers & Gamers,” an hour and a half of video games and socialization for teenagers. The event begins at 2 p.m. and no registration is required.

**TUESDAY, MARCH 10**

• **Hatha yoga** instructor Lee Israel will lead weekly classes at the Nisqually Valley Moose Lodge for students of varied experience levels. Classes are Tuesdays (no classes on the first Tuesday of the month) at 10 a.m. and 11:30 a.m., Thursdays at 9:30 a.m. and Saturdays at 9 a.m. Drop classes are priced at \$5 and there are no classes on the first Tuesday of the month. These classes are BYOM — bring your own mat! For more information, visit [www.yogainyelm.com](http://www.yogainyelm.com).

• **Volunteers from AARP Tax Aide** will be present, from 10:30 a.m. to 3:30 p.m., at the Yelm Timberland Library to assist patrons with appointments in preparing and filing federal tax returns. To make an appointment, stop by the reference desk or call 360-559-1349.

• **The Pageturners Book Club** will meet at 7 p.m. at Yelm Timberland Library for their monthly discussion and

book talk. This month, the club will ruminate on the book “Becoming” by Former-First Lady Michelle Obama. This event is for adults, aged 18 and older, and is free to the public.

**WEDNESDAY, MARCH 11**

• **From 10:15 to 11 a.m.,** attend Family Storytime at the Tenino Timberland Library. Babies and toddlers (ages 0-2) and kids in preschool (ages 3-6) are invited. Music, movement and books for the whole family will be offered. Children must be accompanied by participating caregivers.

• **Join in on Creative Playtime** at 10:30 a.m. at the Yelm Timberland Library. This is a playtime opportunity for children, aged birth to 6 years old, to participate in fun activities with a participating adult. Come for the building blocks and Magna-tiles, but stay for the model trains, dollhouses and fun memories.

• **Teenagers of all experiences** and backgrounds are welcomed to the Yelm Timberland Library’s winter campaign of “Dungeons and Dragons: City of Waterdeep.” All materials needed will be provided. Adventure begins promptly at 3:15 p.m.

**THURSDAY, MARCH 12**

• **Hatha yoga** instructor Lee Israel will lead weekly classes at the Nisqually Valley Moose Lodge for students of varied experience levels. Classes are Tuesdays (no classes on the first Tuesday of the month) at 10 a.m. and 11:30 a.m., Thursdays at 9:30 a.m. and Saturdays at 9 a.m. Drop classes are priced at \$5 and there are no classes on the first Tuesday of the month. These classes are BYOM — bring your

■ SEE **EVENTS**, PAGE A3

# Election 2020

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**EVENTS:**

*Continued From Page A2*

own mat! For more information, visit [www.yogainyelm.com](http://www.yogainyelm.com).

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• **The Tenino Timberland Library** will host an afternoon of arts and crafts —

Craftersnoon. At each session, staff will present a new project for attendees to learn and create. All supplies provided and you'll get to take home your creation. The fun starts at 1 p.m. and will run until 2:30 p.m.

• **Volunteers from AARP Tax Aide** will be present, from 3 p.m. to 8 p.m., at the Yelm Timberland Library to assist patrons with appointments in preparing and filing federal tax returns. To make an appointment, stop by the reference desk or call 360-559-1349.

**FRIDAY, MARCH 13**

• **Take part in Chair Yoga** at 10:15 a.m. at the Yelm

Timberland Library. Chair yoga is a gentle form of yoga that is practiced sitting on a chair, or standing using a chair for support. Come relax as Helen leads us through calming stretches and balance.

**SATURDAY, MARCH 14**

• **Hatha yoga** instructor Lee Israel will lead weekly classes at the Nisqually Valley Moose Lodge for students of varied experience levels. Classes are Tuesdays (no classes on the first Tuesday of the month) at 10 a.m. and 11:30 a.m., Thursdays at 9:30 a.m. and Saturdays at 9 a.m. Drop classes are priced at \$5 and there are no classes on the

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Suggested props include mats, yoga blocks, blankets and bolsters.

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**PRESTIGE SENIOR LIVING ROSEMONT**



**Why You Need an Estate Plan**

**Thursday, March 19**  
5:30 – 7:00 p.m.

This presentation will walk people through some scenarios they can relate to and how having an estate plan in place can help them and their family.

Special guests **Dan Crowe**, Attorney at Crowe Law Offices, and **Pam Ferris**, Financial Advisor with Edward Jones, will share best practices for estate planning.

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NISQUALLY VALLEY

**HOME & GARDEN SHOW**

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**April 25th & 26th**

Sat. 10-4 • Sun. 10-3 • Yelm High School

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**Vendor Setup Starting at 5:00pm, Friday, April 24th\***

\*NO ADVANCE SETUPS

CH03074



# SERVICES DIRECTORY

Your Guide to Professional Services in the Nisqually Valley area

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## CONSTRUCTION



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## COUNSELING

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## EXCAVATING



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A Yelm Property Development LLC Company  
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**SERVICE FUEL,  
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Will trade clearing for  
standing timber,  
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Wanted: Alder, Cedar & Fir, etc.  
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Limbing  
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## TREES

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Call 360-458-2681 for consultation  
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## BEGINS FRIDAY, MARCH 6TH!

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# NISQUALLY VALLEY NEWS AND NISQUALLY VALLEY SHOPPER

# Classifieds

## ANNOUNCEMENTS

### WANT MORE COVERAGE?

Place your ad into:  
Nisqually Valley News  
Nisqually Shopper  
The Chronicle  
The Reflector

10 lines for \$45.00

Call today!  
360-458-2681

## ANNOUNCEMENTS

### SPECIAL NOTICES

**MAKE YOUR AD STAND OUT!**  
\* **ASK** \*  
**CUSTOMER SERVICE**  
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## EMPLOYMENT

### HELP WANTED

PLACE YOUR PET AD HERE!



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your ad in today!  
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### TIMBER WANTED

**TIMBER WANTED**  
Professional, reliable logging & tree service. Don't wait too long, log prices are still high. Call today for a free estimate. 253-310-5923

## MERCHANDISE

### FURNITURE & HH Goods

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**GET YOUR AD NOTICED. BOX IT. BOLD IT. ADD A GRAPHIC TO IT. MAKE IT STAND OUT! CALL 458-2681 FOR MORE INFORMATION.**

### VEHICLE FOR SALE AD SPECIAL OFFER!



Do you have a vehicle you need to sell?  
3 weeks print & online at yelmonline.com!  
**\$30!**

Call now to place over the phone, 360-807-8203, or stop by the office! 321 N. Pearl St., Centralia.  
Excludes RV's & motor-homes. 1 vehicle per ad. Prepayment Required.

## List Your Easter Egg Hunt

Place your Easter Egg Hunt in  
**The Nisqually Valley News & Nisqually Shopper!**  
**Call 360-485-2681 - Deadline is April 2 by noon!**

Each space will be **\$10.00** and will include a 30 word message,

**Double the size and words for \$20.00.**

**ADS WILL RUN ON APRIL 9TH.**

Send your ad in with the following information  
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Your message (30-60 words): \_\_\_\_\_

\_\_\_\_\_

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Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

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Payment Method: ☐ Check ☐ Visa ☐ Master Card  
American Express Discover

Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Code: \_\_\_\_\_

Signature: \_\_\_\_\_



### It's Egg Hunting Time!

## EASTER EGG HUNT

Come Join the fun.  
Children of all ages welcome  
**11am-2pm**  
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(SINGLE SIZE 30 WORDS)

**See You There!**  
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NISQUALLY  
VALLEY NEWS

Stop by The Chronicle or call customer service at 360-807-8203 • Mail: The Chronicle, 321 N. Pearl St., Centralia, WA 98531 or email to: class@yelmonline.com

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