

Gore-te Bella!



Homes around Corte Bella, like this one on Nogales Drive, are definitely ready for Halloween. As far back as 1893, the Arizona Republican newspaper in its Nov. 2 edition that year regaled coverage of a Halloween social that took place in Phoenix almost 20 years before Arizona even became a state. The party featured costumes of the time including those dressed as Marquis de La Fayette and Israel Putnam, not to mention others that “were rich though grotesque.” “The happy party dispersed with regrets that Halloween comes but once a year.” (Independent Newsmedia/Steve Stockmar)

Corte Bella massage therapy spa reopens after construction closure

**Miller Massage
resumes services as
research highlights
potential health and
wellness benefits for
older adults**

By Steve Stockmar
INDEPENDENT NEWSMEDIA

After closing for September because of construction work at its Corte Bella location, Miller Massage Therapy has reopened, offering residents treatments aimed at relaxation, pain relief and muscle discomfort.

Miller Massage, located inside the Corte Bella Country Club spa at 22143 N. Mission Drive, resumed operations this month following renovations to the building, including

• See **Massage** Page 8

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NEWS IN BRIEF



MORE ONLINE

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New Eagles Club opens to Corte Bella residents

Residents from Corte Bella, Sun City, Sun City West, The Grand and any senior residents of nearby communities are invited to a two-day open house at the newest Eagles club in the West Valley.

The Surprise Eagles and the Osborne Eagles partnered to create the newest Fraternal Order of Eagles Club in the West Valley. A "Senior Tour" of the new club is Saturday, Nov. 14, and Sunday, Nov. 15, at 10050 W. Bell Road, Suite 49, Sun City, near the near Arby's on Bell Road.

Surprise Eagles Fraternal Order of Eagles No. 4534 Past President Ray Wilkins and his wife Pat said the club is all-inclusive for the neighboring communities.

Some of the events and offerings at the new club include beer, wine and spirits; daily \$6 lunch specials on Tuesday through Sundays; Thursday taco and trivia; Friday bar bingo; and more.

Call 623-584-1660 during business hours 11 a.m.-8 p.m. Tuesday-Saturday and 10 a.m.-6 p.m. Sunday for more information.

Corte Bella's Italian roots reflected in name, design

In honor of Italian-American Heritage and Culture Month, celebrated each October, Corte Bella residents might appreciate a little history behind their community's Italian-inspired name and Mediterranean architecture, which have been part of its identity since its earliest days.

Originally proposed by Del Webb in 2001 as Pleasant Valley Country Club, the development underwent a transformation before opening. A Feb. 6, 2003, Maricopa County



Shepherd of the Hills United Methodist Church Missions Teams member Karen Kucharik helps pack kindness kits as part of a twice a year program the church offers. (Independent Newsmedia/Jennifer Jimenez)

Planning and Development memorandum documented the change from Pleasant Valley to Corte Bella as part of a "Mediterranean design theme." The community's courtyards, fountains and architectural details reflected the new identity, which accompanied Del Webb's plans for a smaller, more intimate country club community.

The name itself combines two Italian words: "corte," meaning courtyard or court, and "bella," meaning beautiful. Together, they suggest a "beautiful courtyard."

Shepherd of the Hills makes 200 kindness kits

Members of the Shepherd of the Hills United Methodist Church, in Sun City West, helped pack 200 kindness kits to support Circle the City.

As members headed into fellowship hour, each picked up a plastic bag to fill with water, socks, body wash, deodorant, snack bar, sunscreen, toothbrush, toothpaste, sanitizer, lip balm and a handwritten note from the congregation. Last

May, 200 kits were also assembled which Julie Killebrew, head educator for Shepherd of the Hills, said was the first of two packings.

Circle of the City picks up the packages to deliver to individuals facing homelessness in Maricopa County.

Every Monday at 8 a.m. the congregation makes peanut butter and jelly and ham and cheese sandwiches for the Justa Center. Everyone from the community can join.



THIS DAY IN HISTORY

Oct. 30, 1942: Future

World War II fighter aces Carl J. Luksic and Virgil K. Meroney were commissioned as second lieutenants and awarded their pilot wings at Luke Field, now Luke Air Force Base. Both later flew with the 352nd Fighter Group in Europe, where Luksic was credited with 8.5 aerial victories and Meroney with nine.



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Letters judged as personal attacks or complaints about neighbors, businesses or other opinion writers will not be considered. No person may submit more than two opinions for publication during a calendar month. Two submissions in the same issue will not be published. Letter content is the responsibility of the person who submitted it.

SPEAK UP

We support the use of pen names. Too many people do not speak up because they fear intimidation or even danger to their families and/or careers. Pen names are an important part of our nation's history.

CORRECTIONS

We promptly correct factual errors. We offer a "right of reply" to the people we cover. Readers who disagree with a news story may respond with a letter.

Reader ponders north Peoria roadway projects

The El Mirage Road extension north from Loop 303 to Jomax Road has been a top priority to ease traffic congestion in north Peoria.

Certainly, the Happy Valley Parkway and Vistancia Boulevard intersection is in need of change to accommodate rush-hour traffic. To do this with minimal inconvenience and added traffic elsewhere it seems to me the original plan to extend El Mirage Road made a great deal of sense.

If the El Mirage extension were completed first, the intersection at Happy Valley could be completely closed with minimal disruption. In addition, the construction work could be done in a more efficient and safer manner with traffic completely closed.

Maybe the extension could be completed in two phases. First from Loop 303 to Happy Valley and then the section from Happy Valley to Jomax.

Unfortunately, I was unable to attend the Oct. 21 public meeting on the project, so I don't know if any of this has been discussed.

I have been very happy with the planning that has been done in north Peoria over the years, excluding the Amkor plan for Vistancia. It seems the city was planning for growth appropriately. Lately, I'm not sure that same diligence has been used.

I hope we don't use haphazard planning and end up with a traffic situation like the one at U.S. 60 and Loop 303.

Arwin Roe
PEORIA

Midterms are really about who controls the money

Less than two weeks from Election Day, every headline is heads down: polls, turnout, which party takes which

ATTENTION PLEASE!

We are committed to publishing a variety of reader opinions, as long as they meet our Civility Guidelines

Please send comments to azopinions@iniusa.org. More letters are on yourvalley.net.

chamber. That is my disappointment with mainstream media. Perception over perspective. Superficiality over substance. Transactional thinking over strategic thinking.

Men and women of both parties are on this ballot, and the coverage treats them like a horse race: who's up, who's down, who said what. But look at what they are actually running for. Congress holds the power of the purse: spending, taxes, debt and oversight of the Federal Reserve. This election is about who controls the money.

My read: The world's financial system is heading toward a restructuring, a reset in how money moves and how nations trade. Forget the labels. They obscure the truth.

Consider the absurdity. We can send an email across the planet in a second, yet sending money overseas takes days, costs fees and passes through a chain of middlemen. Make that make sense. It doesn't, unless the old system serves those who run it.

History says to expect a slow walk. The Panic of 1907 forced the issue. A quiet 1910 meeting at Jekyll Island drafted the blueprint. The Federal Reserve Act passed in 1913, and most Americans didn't grasp what had changed until it was done. Big financial changes rarely arrive with a press conference.

So before Nov. 3, ask a better question than "who's winning?" Ask who will control the money, what is being built and who is explaining it to

you. Paul Harvey would have told us the rest of the story. He's gone, so we have to do the work ourselves.

Zoom out. Then vote.

Rob Murray
SUN CITY

What a coyote might say to its neighbors

If a coyote could have a cordial conversation with its neighbors in The Grand, I imagine that this is what it might say:

My name is Wyly, and I would like you to know that I have as much right to be here as any of you, perhaps more. My greatest pleasure, as I stroll through the streets and backyards of the Grand neighborhoods in search of food for me and my family, is to find a rodent, rabbit, pigeon or anything else that will sustain us until our next meal.

There are times when I, or one of my friends, may be confronted by one of you humans, but my position is not to be in your business as long as you stay out of mine.

Just as many of you, if confronted by what may be considered threatening, I may respond in kind. On the other hand, in most circumstances, I'll probably run the other way.

After all, when you're on your morning stroll and you're approached and threatened by someone else, what would your reaction be?

Answer that, and you might understand my position. I may not have the same level of intelligence as you, but my instincts are to protect myself from any threat, just as you might.

If you feel you can get close enough to me to see my scars, you're too close. So maybe back off and just realize that we can coexist without conflict.

Joe Pasta
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Massage

• From page 1

roof work. Owner Nicole Miller said the closure interrupted business just as the community was preparing for the return of seasonal residents.

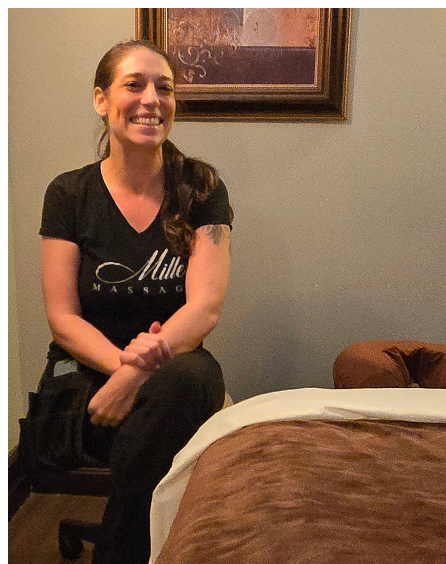
"We're back now and ready to rock and roll and the snowbirds are trickling in," Miller said on Oct. 23.

The reopening also returns focus to the health benefits of massage therapy, particularly for older adults experiencing arthritis, muscle stiffness and limited mobility.

"Everything is always customizable," Miller said of available treatments. "Everybody's different from day to day."

Miller said therapists assess clients during each appointment, reviewing changes in their condition and adjusting treatments accordingly. Her practice offers techniques including hot stone massage and vacuum therapy, a moving form of cupping.

For clients with arthritis or muscle sensitivity, she said hot stone treat-



Nicole Miller sits inside one of the treatment rooms at Miller Massage Therapy, in Corte Bella, on Oct. 23. (Independent Newsmedia/Steve Stockmar)

ments may provide relief without the discomfort sometimes associated with deeper pressure.

Research suggests massage may offer benefits beyond temporary relaxation.

A 2016 literature review indexed

IF YOU GO

What: Miller Massage Therapy

Where: Located inside the Corte Bella Country Club, 22143 N. Mission Drive

Session lengths: 30, 60 and 90 minutes

More Information:

602-832-0864 or email

Millermassagetherapy@gmail.com

by the National Institutes of Health examined 14 studies involving massage therapy for older adults in residential care.

"Clients perceive massage to positively influence factors such as pain, sleep, emotional status and psychosocial health," the researchers wrote.

Miller emphasizes that massage can complement other treatments rather than replace medical care.

"We always do an assessment every time they come in, check how

they're feeling since we saw them last, and we keep notes so we can see the progress that we're making with them," she said.

Depending on individual needs, Miller said massage may work alongside physical therapy or chiropractic treatment. Clients recovering from surgery or managing medical conditions should consult their health care providers before scheduling treatment.

Miller Massage Therapy offers 30-, 60- and 90-minute sessions. Shorter appointments can focus on specific areas, while longer treatments allow therapists to address more widespread muscle tension.

For general relaxation, Miller typically recommends appointments every three to four weeks, although clients with ongoing discomfort may benefit from a different schedule.

The business is approaching its 10th anniversary and has operated inside Corte Bella for about a year.

"We want to do our best for the clients so that they can get the best results," she said.

Residents can share concerns over Southwest Gas rate case

By Jennifer Jimenez

INDEPENDENT NEWSMEDIA

Corte Bella residents can have their voices heard by the Arizona Corporation Commission judge during a public comment opportunity by phone.

At 10 a.m. Tuesday, Nov. 3 residents can call 1-877-309-3457, Passcode 801972877#

To provide public comment to

the Southwest Gas rate case, residents can call in and use the provided passcode and then wait to be called upon to share a three minute opinion on the case.

Kelly McGowan, executive director of Wildfire Arizona, leads a statewide organization advocating for policy change and energy affordability.



Cynthia Zwick, RUCO director, Diane Brown, Arizona PIRG executive director, and Kelly McGowan, Wildfire Arizona executive director, listen to concerned residents on utility rate increases. (Independent Newsmedia/Jennifer Jimenez)

• See Rates Page 12

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WEB: ghostlightaz.com

HALLOWEEN PARTY

ABOUT: 9 a.m. Saturday, Oct. 31 at Sun City Library, 16828 N. 99th Ave., Sun City

INFO: Sun City Library gets into the Halloween spirit with an all-ages party featuring Halloween activities and crafts. The event is drop-in, so no advance registration is required.

WEB: events.mcladaz.org

FALL FASHION

ABOUT: 1-3 p.m. Monday, Nov. 2 at Briarwood Country Club, 20800 N. 135th Ave., Sun City West

INFO: Briarwood Country Club is opening up its Fall Fashion event to the public. Shop for women's clothing and shoes, unique floral creations and decor, jewelry and more. Cash, check, Zelle. Some vendors take cards.

WEB: briarwoodcc.com

VETERANS MEETING

ABOUT: 4 p.m. Thursday, Nov. 5, in the Social Room at Corte Bella,



Diane Perez and Gerri Joncas sort through items up for sale at the 2025 Holidaze Craft Faire in Sun City. This year's event is Nov. 6-7. (Independent Newsmedia/Zev Black)

22155 N. Mission Drive, Sun City West.

INFO: Corte Bella Veterans will hold its monthly business meeting. The nonprofit organization supports veterans and their families through charitable assistance, fundraising and community programs. Corte Bella residents interested in supporting veterans are welcome to learn about the organization.

WEB: cortebellavets.org

HOLIDAZE CRAFT FAIRE

ABOUT: 9 a.m.-2 p.m. Friday, Nov. 6, and Saturday, Nov. 7, at Willowbrook United Methodist Church, 19390 N. 99th Ave., Sun City

INFO: Get an early start on holiday shopping featuring 75+ local artisans and vendors offering handmade crafts, artwork and gifts.

Shoppers can browse booths inside Wilson Hall, on the covered patio and outdoors in tents. Admission is free, and the event is open to the public.

WEB: willowbrookumc.org

WHAM ANNIVERSARY GALA

ABOUT: 5:30-8 p.m. Saturday, Nov. 7, at WHAM Community Art Center, 16560 N. Dysart Road, Surprise

INFO: WHAM (What's Happen'n Art Movement) celebrates 20 years of bringing art to the West Valley. Founded by Connie Whitlock, the nonprofit offers classes, workshops and exhibitions in painting, ceramics, glass art and other disciplines. The public is invited to celebrate the anniversary and support WHAM's efforts to make art accessible to all ages and abilities. RSVP online.

WEB: wham-art.org/rsvp

YOUR EVENTS, PLEASE

We welcome your events for our neighborhood To-Do List page. Please send the following for publication in our calendar: name of the event, time, date and location with address and if there is a cost to attend.

Email us: aznews@iniusa.org

GOLD STAR FATHER'S STORY

ABOUT: 5 p.m. Monday, Nov. 9, at Bella Stanza Social Hall, Corte Bella, 22129 N. Mission Drive, Sun City West

INFO: In recognition of Veterans Day, Gold Star father Grant Coffey will share his family's story and experiences following the death of his son, Keaton Grant Coffey, who was killed by sniper fire after Sept. 11, 2001. The presentation is part of Corte Bella's World of Learning programming.

WEB: cortebellavets.org

WISCONSIN CLUB

ABOUT: 9 a.m. Wednesday, Nov. 11, at The Grove (formerly Tivoli Gardens), 12555 W. Bell Road, Surprise

INFO: Sun City West Wisconsin club breakfast gathering. Register at wiscwclub.wordpress.com the Friday before that date or call Mikey at 623-628-3624. No text. Wear a Wisco badge to enter a drawing of \$15 towards breakfast. Anyone in The Grand, Sun City West, Sun City or Corte Bella is invited to join this social club.

CONTACT: 218-252-2357 or 602-330-8055.



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Corte Bella voters have several nearby Election Day locations

By Steve Stockmar
INDEPENDENT NEWSMEDIA

Corte Bella residents planning to vote in person in the general election will have several nearby voting locations from which to choose.

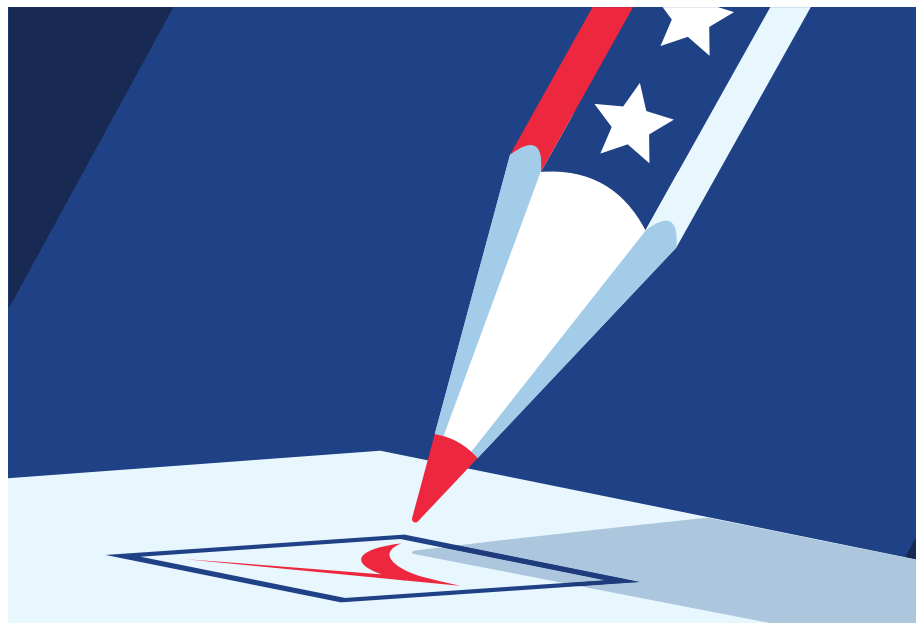
Election Day is Tuesday, Nov. 3, with Vote Centers open from 6 a.m. to 7 p.m. Maricopa County uses a Vote Center system, allowing registered county voters to cast their ballots at any participating location rather than being assigned to a single neighborhood precinct.

According to Maricopa County's published voting-location schedules, the following locations are scheduled to be available to Corte Bella residents on Election Day:

- R.H. Johnson Recreation Center: 19803 N. R.H. Johnson Blvd., Sun City West
- Sheriff's Posse of Sun City West: 20450 N. Stardust Blvd.
- Surprise City Hall: 16000 N. Civic Center Plaza
- Surprise Community and Resource Center: 12641 W. Santa Fe Drive
- Happy Trails Resort: 17200 W. Bell Road, Surprise
- Spirit of Grace Lutheran Church: 15820 W. Clearview Blvd., Surprise
- Lake Pleasant Elementary School: 31501 N. Westland Road, Peoria

The county's published schedule does not identify a Vote Center inside Corte Bella.

Several locations offer voting before Election Day, although opening dates and hours vary. Regular in-person early voting continues



(Metro Creative Connection)

through Oct. 30, followed by emergency voting Oct. 31 through Nov. 2 for eligible voters.

The Sheriff's Posse of Sun City West and Happy Trails Resort are scheduled to open Nov. 2 under emergency-voting procedures. Spirit of Grace Lutheran Church and Lake Pleasant Elementary School open on Election Day.

Emergency voting is available Oct. 31 through Nov. 2 for eligible voters who have an emergency preventing them from voting on Election Day. Voters must sign an affidavit attesting to the emergency but are not required to disclose its nature.

Residents returning completed early ballots may drop their signed ballot envelopes at designated ballot drop-off locations or Vote Centers during operating hours. At participating Vote Centers, vot-

ers may also present acceptable identification and have their ballot envelopes marked as ID-verified, allowing the ballots to bypass the standard signature-verification process.

On Election Day, voters bringing their completed early ballots to a Vote Center may check in, present acceptable identification and have their ballots tabulated on site using equipment designated specifically for early ballots.

Voters casting ballots in person must bring acceptable identification. All early ballots must be received by election officials no later than 7 p.m. Tuesday, Nov. 3.

Voting locations and operating hours are subject to change. Visit Locations.Maricopa.Vote to confirm current locations, hours, directions and estimated wait times before heading to the polls.

Rates

• From page 8

She said the Southwest Gas rate case has not gone through the full hearing yet.

"They are requesting \$101 million in annual revenue and from a bill perspective it is about \$60 a year or \$5 a month," she explained.

That is 10.25% on equity and funding for their shareholders.

Southwest Gas is promising to maintain the rate basic service charge and that will not increase, but the increase comes from usage, McGowan added.

"For Southwest Gas the most recent increase was March 2025 which was approved by the Commission and that was \$80.2 million and about \$3.60 added to your bill," she said.

McGowan said Wildfire is working on behalf of low income consumers and that is why they are intervening in this rate case. She said increases in rates on all utilities challenges affordability for consumers.

"The Southwest Gas Commission staff is citing a much different figure than the company," said McGowan.

She said staff recommended 9.7% as opposed to 10.25%.

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REAL ESTATE



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West Valley housing markets remain cool in September

By Philip Haldiman
INDEPENDENT NEWSMEDIA

As temperatures start to dip in the Valley, so too has the greater Phoenix residential real estate market cooled.

In September, a slowdown in sales continued due to higher mortgage rates, and the month brought a sharper slowdown in new contract activity, according to a monthly report from Phoenix Realtors.

Closed sales dropped 4.9%, and new listings dropped 3.7% in September this year compared to last year, and pending sales fell 40.1%, according to their monthly report.

From a national perspective, closed sales went down 1.2% in September, and greater Phoenix was down 4.9% for the month.

Nationally, inventory of homes for sale rose to its highest level in more than 10 years, up 5.9% from last year, according to the data. In the local region, inventory rose 6.7% despite fewer new listings coming to the market.

"September often marks the start of increased fall activity, but this year people are navigating more affordability pressure and rate uncertainty," said Sammy Glassman, board president of Phoenix Realtors. "Buyers and sellers are still active, but when rates keep moving, it can cause people to pause before making a major financial decision."

Here is a roundup of the real estate market in the West Valley.

Peoria

Glassman said Peoria's numbers



Homes are listed for sale in Corte Bella, as seen on Oct. 23. (Independent Newsmedia/Steve Stockmar)

point to a market experiencing a meaningful slowdown in buyer activity while inventory gradually builds.

Pending sales dropped 49.5%, and closed sales declined 19.5%, making the decline in demand one of the most notable trends in the data, while inventory increased 7.1% and month's supply rose to 4 months, according to the report.

Pricing in Peoria, however, has remained relatively stable, she said.

"The median sales price declined

2.7% to \$515,000 and the average decreased just 0.9% to \$594,996. Sellers also received 98.6% of their asking price, an improvement of 0.8% from last year. That suggests buyers may have more negotiating leverage overall, but well-positioned homes are still selling relatively close to their final asking prices," Glassman said.

Days on market decreased 6.2% to 76 days, another indication the market is not simply slowing across

every measure, she said.

Homes that attract buyers appear to move somewhat faster, even as fewer transactions are occurring overall, Glassman added.

"For sellers, pricing and condition remain critical as buyers have more options," she said. "For buyers, increasing inventory and slower overall sales activity can create opportunities to negotiate concessions or other favorable terms, particular-

• See **Housing** Page 16

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Housing

• From page 14

ly on homes that have been on the market longer."

Goodyear

Jen Taege, vice president of the Board of Phoenix Realtors, said Goodyear's housing market continues to feel the effects of slower buyer demand and competition from new construction throughout the West Valley.

Pending sales have declined 27.7% year over year, and closed sales are down 13.8%. With inventory increasing 4.7%, buyers have more options, leading to downward pressure on home prices which is evident in the data, she said.

Both median and average sales prices have declined, falling 5.2% and 4.3%, respectively, according to the monthly report.

But not all the data is showing negative trends Taege said.

"Despite this downward pressure, homes are selling 10% faster than a year ago, and sellers are receiving an average of 98.6% of their asking price, a slight improvement over last year," she said. "For buyers, this data suggests that Goodyear remains an attractive option for those seeking newer homes that are affordable. For sellers that price competitively and properly prepare their homes, the data shows that they are attracting the buyers that are willing to make a move in this market."

Litchfield Park

Taege said Litchfield Park's overall picture is a market experiencing slower sales activity, but relatively stable pricing.

Pending sales have declined 29.8% year over year, and closed sales are down 12.7%, according to the report.

Taege said Litchfield Park's median sales price has remained stable, declining 0.6%, while the average sales price has increased 6.7%.

"One factor that may contribute to this relative resilience is Litchfield Park's mix of established neighborhoods, distinctive homes and higher-end properties. These characteristics can help differentiate portions of the market from newer home competition" Taege said. "It is worth mentioning that with only 55 closed transactions, a relatively small number of higher-priced sales can impact the median and average sales prices in a positive direction."

She added that for buyers, supply remains high leading to meaningful choices and negotiating opportunities, and that for sellers, positioning their property well, pricing competitively and marketing strategically remain important strategies to attract ready and willing buyers.

Surprise

In September, new listings rose 5% in Surprise, up from a 2.7% year-to-date decline, according to the report.

While pending sales dropped 34.6% from last year, they rose 4.7% year over year for the month. Closed sales fell 9.2% in September from 2025, but rose 10.1% for the first three quarters of 2026 compared with the same period last year, the report said.

The median sales price of a Surprise home held steady at \$430,990 during the first nine months of 2026 compared to the same period last year.

Avondale

Pending sales in Avondale dropped 34.9% in September compared to last year; closed sales fell 17.3% for the month, while new listings rose 6.8%, according to the report.

Comparing the first nine months of 2026 to 2025, closed sales were down 7.7%, pending sales were down 8.7%, and new listings rose 1.4%. The median home price in Avondale was steady, up 0.3% from \$418,000 to \$419,190.

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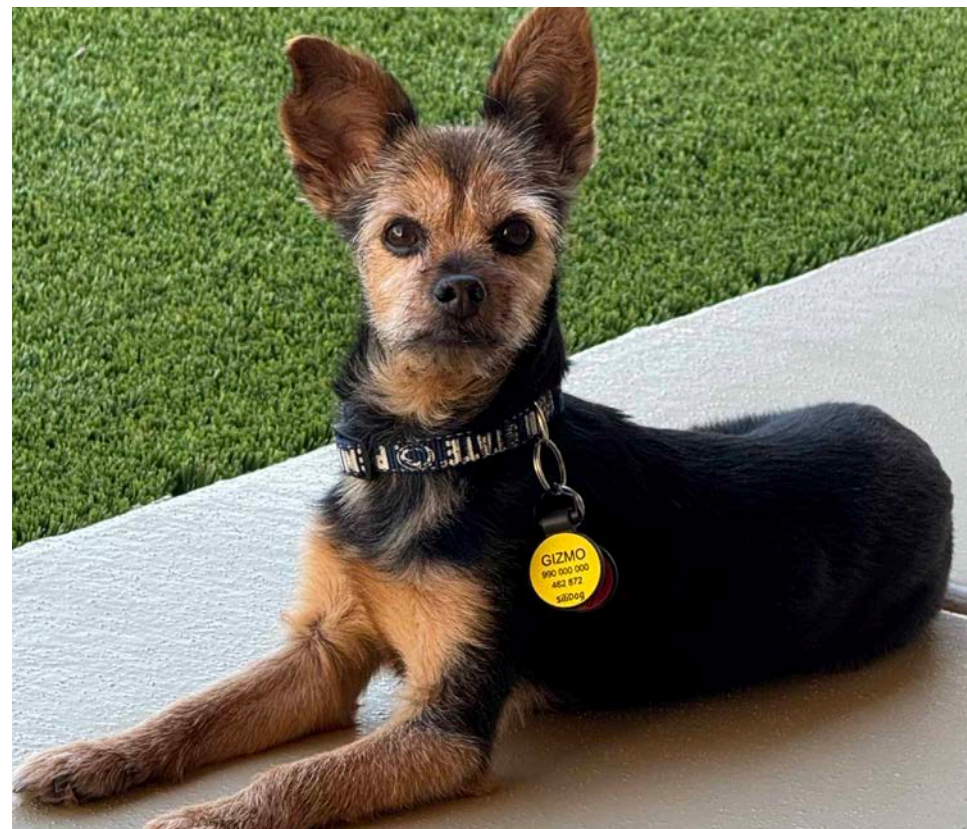
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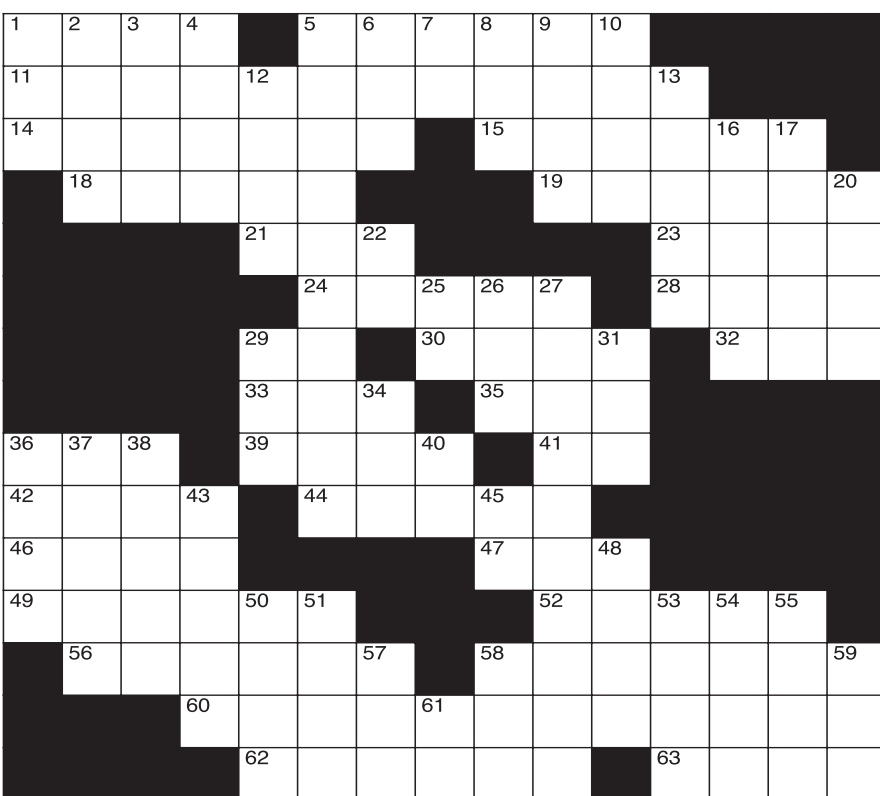
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CROSSWORD BY METRO CREATIVE SERVICES



CLUES ACROSS

1. El Dorado High School
5. A sculpture representing a human or animal
11. A type of return
14. Tie the knot again
15. Washington city
18. Hairlike structures
19. Mark used over a vowel
21. Explosive
23. Popular 500 car race
24. Pile up
28. Currency
29. Commercial
30. A minute amount (Scottish)
32. Mass of fish eggs
33. Baseball stat
35. Licensed accountant
36. Japanese classical theater
39. Gasteyer and de Armas are two
41. Blood group
42. Assist in wrongdoing
44. Language of Cameroon
46. Grayish-white
47. A woolen cap of Scottish origin

49. Microorganism
52. Strong social customs
56. Calm and dependable
58. Congressman
60. Force
62. As a result of this document
63. A main branch of Islam

CLUES DOWN

1. Make a mistake
2. American DJ Rick
3. Fictional Asimov planet
4. Coughed out
5. Singing to one's lover
6. Scotland's longest river
7. One of the six noble gases
8. Body art
9. Two-toed sloth
10. Electronic counter-countermeasures
12. A foolish person
13. Of the wind
16. Mansion
17. Sound
20. English river

22. Business symbol
25. Exclamation of surprise
26. Pouch
27. Individually
29. Satisfaction
31. The bill in a restaurant
34. Japanese delicacy
36. Port in southern Japan
37. Double-reed instruments
38. Center
40. "The Mount Rushmore State"
43. Soldier
45. Indicates position
48. Beauty treatment: __-pedi
50. Nonsense (slang)
51. Republic of Ireland
53. Ballplayers' tools
54. American state
55. Clusters of a fern frond
57. Patriotic women's group
58. A person's brother or sister
59. Breed of sheep
61. Of I

SOLUTION ON PAGE 19



Sun City West

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A crown fails. Another tooth cracks. Gum disease returns. A bridge needs replacement. The repairs become more frequent, more complicated, and more expensive. At the same time, many people begin quietly changing their lifestyle. They avoid nuts, steak, apples, corn on the cob, or other foods they once enjoyed. They chew on one side of their mouth. They decline invitations to restaurants. They smile less.

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The good news is that dentistry has changed dramatically over the last decade. Today's dental implants and advanced restorative materials allow us to do something that wasn't possible for previous generations: rebuild a smile with strength, beauty, and long-term predictability.

For many patients, a well-designed implant-supported restoration can provide greater comfort, improved chewing ability, and less ongoing maintenance than the constant cycle of repairing aging natural teeth. More importantly, it can restore confidence and freedom. Freedom to eat the foods you enjoy. Freedom to smile without hesitation. Freedom from constantly wondering which tooth will cause the next problem.



If you find yourself spending more time fixing dental problems than enjoying life, it may be time to ask a different question. Instead of wondering how to repair the next tooth, ask whether there is a better long-term solution.

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